

UMZIMKHULU ATHLETICS CLUB



PRESENTS



Kwa-Zulu Natal Athletics

KZNA CROSS COUNTRY LEAGUE 32 - SATURDAY 20TH JULY - 2024

@ VULEKANI SPECIAL SCHOOL

ENTRIES WILL BE TAKEN FROM 10:00AM ON THE RACE DAY

EVENT	TIME	AGE CATEGORY	DISTANCE	2024 ASA LICENSE
1	11H50	Boys 8 years & younger Girls 8 years & younger	1KM	NO
2	12H00	Boys 9 & 10 years Girls 9 & 10 years	2KM	NO
3	12H20	Boys 11 & 12 years Girls 11, 12 & 13 years	3KM	NO
4	12H45	Boys 13, 14 & 15 years Open men (20 – 34 years) + U23 Open women (20 – 34 years) + U23 Grand master men (75+years)	4KM	YES
5	13H15	Girls 14 & 15 years Youth women (16 & 17 years) Masters women (35+ years)	4KM	YES
6	13H50	Youth men (16 & 17 years) Grand master men (60 – 74 years) Junior women (18 & 19 years)	6KM	YES
7	14H30	Junior men (18 & 19 years) Masters men (35 – 59 years)	8KM	YES
8	15H15	Open men (20 – 34 years) Open women (20 – 34 years)	10KM	YES

Enquiries:

Rabaza NP

Cell Number: 072 3049 629

Entry Fee:

* 8 yrs & younger (Boys&Girls): Free Entry

* Juniors 9-13 yrs (Boys&Girls): R20

* Juniors 14-19 yrs (Boys&Girls): R20

* Seniors & Masters 20 yrs upwards: R30

Temporary Licence:

* Free

* Free

* R30

* R50

