

HARAMBE 2040 PRESENTS

GROSS COUNTRY LEAGUE 33

DATE: **20 JULY 2024**

VENUE: **MADADENI,
AMAJUBA TVET STADIUM**

AGE	ENTRY FEE	TEMPORALY LICENSE
8 years & younger	free	free
9-13 years boys and girls	R20,00	free
14- 19 years boys & girls	R20,00	R30,00
20 years upwards	R30,00	R50,00



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DATE: 20 JULY 2024

VENUE: MADADENI, AMAJUBA TVET STADIUM

CONTACT PERSON:

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EVENT	TIME	AGE CATEGORY	DISTANCE
1	9:50	Boys 8 years and younger Girls 8 years and younger	1KM
2	10:00	Boys 9 and 10 years Girls 9 and 10 years	2KM
3	10:20	Boys 11 and 12 years Girls 11,12 and 13 years	3KM
4	10:45	Boys 13,14 , and 15 years Open Men (20- 34 years)+U23 Open women (20- 34 years)+U23 Grand Master Men (75+ years)	4KM
5	11:15	Girls (14 and 15years) Youth Women (16 and 17 years) Masters Women (35+ years)	4KM
6	11:50	Youth Men (16 and 17 years) Grand Master Men (60 - 74 years) Junior Women (18 and 19 years)	6KM
7	12:30	Junior Men (18 and 19 years) Masters Men (35 - 59 years)	8KM
8	13:15	Open Men (20 - 34 years) Open Women (20 - 34 years)	10KM



KWAZULU NATAL ATHLETICS



REGISTRATION: FROM 8:30