

SAPS KZN ATHLETICS CLUB PRESENTS



AMOR GRILLS 10KM CHALLENGE

SUNDAY

28 JULY 2024

MSUNDUZI ATHLETICS STADIUM

REGISTRATION

ONLINE RACE ENTRY – WWW.FINISHTIME.CO.ZA

ONLINE ENTRIES CLOSING: 23 JULY 2024

Collections: –Fri 26 & Sat 27 (10am - 5pm) AT AMOR GRILLS RESTAURANT (OPPOSITE PRINCE ALFRED PRIMARY SCHOOL)

Maximum Entries: 3000 | NO COLLECTION ON RACE DAY

ROUTE: RACE START AND FINISH AT MSUNDUZI ATHLETICS STADIUM

TIME: 10KM START AT 07:00 AM | 5KM AT 07:15 AM

10KM ENTRY FEE

EARLY BIRD ENTRY FEE: R180

LATE ENTRY FEE R220

TEMP LICENCE R95

5KM ENTRY FEE

EARLY BIRD ENTRY FEE: R100

LATE ENTRY FEE R140

TEMP LICENCE R95

**FOR MORE INFO: SIHLE SHANGE (RACE DIRECTOR +27 73 470 9842)
: ZANDILE KUNENE (082 566 7197)**



10KM RACE PRIZE

OPEN	Male and Female
1	R3,000.00
2	R2,000.00
3	R1,000.00
JNR	Male and Female
1	500.00
2	300.00
3	200.00
35-39	Male and Female
1	R300.00
2	R200.00
40-49	Male and Female
1	R300.00
2	R200.00
50-59	Male and Female
1	R300.00
2	R200.00
60+	Male and Female
1	R300.00
2	R200.00

5KM RACE PRIZE

OPEN	Male and Female
1	R800
2	R500
3	R300

RULES AND GENERAL INFORMATION

- Race held in accordance with WA, ASA and KZNA rules.
- The license number may be covered with the competition issued number.
- Both provincial licenses MUST be worn on the upper part of the vest /crop top (front and back)
- Please bring proof of payment when collecting race number or SMS with allocated race number.
- Tog bag facilities will be provided - use of them is at participant's own risk (race officials / organizers are not liable for loss of personal belongings)
- All participants must wear ASA-approved licenses and relevant age category tags on the upper part of vest / crop top (front and back) to qualify for prizes.
- All relevant age categories must be clearly visible.
- No refunds
- Club kit to be worn
- Participants must obey Marshalls, traffic officials, and race officials.

- All foreign / international athletes must comply with WA rules CR 1.7, TR 4.1, TR 4.2 and ASA rule 9, failure to do so will result in automatic disqualification.
- 10km participants must be from 14 years of age and above.
- Please note, Only athletes who are of age 19 years and younger on the 31st December 2024 are eligible for a junior prize.
- Proof of ID required for prize giving.
- All prize winners must be present at the prize giving ceremony, failure to attend prize giving ceremony will result in forfeiture of prize money.
- Timing will be done from gun to mat.
- The cut off time for 10km is 2 hours (09:00)
- Refreshment stations will be provided at every 2.5km.
- Temporary licenced athletes are not covered by the ASA national insurance policy.
- Temporary licences to be worn on the back of the vest/crop top with the race number on the front.
- Unlicenced athletes running with Temporary Licences must run in neutral colours in accordance with WA and ASA Advertising Regulations
- Holders of Temporary Licences will be eligible for individual prizes and may claim age category prizes, ASA Rule 25.6.13

INDEMNITY

I acknowledge that any payments not honoured by my bank will render me liable for any costs incurred as well as disqualifying me from participation. I'm medically fit to run and fully understand that I now enter at my own risk and indemnify race sponsors and organizers against any claim which may arise from my participation.