



### PRIZE MONEY & AWARDS

Only KZN athletes between the ages of 14 – 19 are eligible to win

#### 10KM MALE & FEMALE

Position	Prize
1	R2 000
2	R1 500
3	R1 000
4	R800
5	R500

Participants must be 14 years on Race Day - 19 years on day 31 December 2024. Must produce proof of age at prize giving.



### DISTRICT COMPETITION

Each Team must comprise of a minimum of 5 athletes.

Schools/Clubs may enter more than one team.

Points will be calculated using the teams first 5 positions.

A recognition award shall be awarded to the top 3 performing districts in the male and females 10km races.

### INDIVIDUAL COMPETITION

All finishers will receive a medal

Top 10 athletes U18 and U20 in the 10km will be selected to compete in the KZNA 5km and 1 mile Championships.

Top 10 athletes U16 in the 5km will be selected to compete in the KZNA 5km and 1 mile Championships.

### PARKING

available at Kingspark Rugby Outer Fields. Enter via Goble Road/ Jacko Jackson Drive



## 8 JUNE 2024 • 08h00

### KINGS PARK RUGBY OUTER FIELDS

Enter Goble Road/ Jacko Jackson Drive

### ENTRY IS FREE

#### AGE RESTRICTION (on Race Day)

10KM - minimum 14 years • 5KM - minimum 9 years

Medals & T-shirts  
for all FINISHERS

**PLEASE NOTE:** No entries will be taken on the day of the race

Run under the rules of WA, ASA & KZNA

Pre-entries close: 1 June 2024 • Online entries close: 1 June 2024

Enter online • [www.finishtime.co.za](http://www.finishtime.co.za)



