



# CHILLIE LIFESTYLE 10KM RACE

*"Are you Ready"*



**KINGSPARK STADIUM**

**SUNDAY 16 JUNE 2024**

RACE START: 6AM

**ONLINE RACE ENTRY - [WWW.RACEPASS.COM](http://WWW.RACEPASS.COM)**

Online Entries Closing: 12 June 2024

Collections: Fri 14th & Sat 15th (10:00 - 17:00)

Maximum Entries: 3500 | NO COLLECTIONS ON RACE DAY

**ENTRY FEE: R200 | LATE FEE: R230 | TEMP LICENSE: R70**

ENQUIRIES: CHARMAINE 078 404 6362 / SYANDA 078 639 6234 / [INFO@CHILLIERUNNERS.CO.ZA](mailto:INFO@CHILLIERUNNERS.CO.ZA)



KWAZULU NATAL ATHLETICS

**TSHIRT TO FIRST 1000 ENTRIES • MEDALS TO ALL FINISHERS**

#AreYouReady #ChillieLifeStyle10km #ChillieRunningClub

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### GENERAL RACE INFORMATION

1. The Chillie LifeStyle Race is run in accordance with and subject to WA, ASA and KZNA Rules.
2. Athletes must at least be 14 years or older to participate in the race.
3. One race number will be issued for each participant.
4. The race number contains a chip and must under no circumstance be folded.
5. All entrants must be medically fit and enter the race at own risk.
6. Full result will be available on [www.finishtime.co.za](http://www.finishtime.co.za)

**YOUR ENTRY FEE WILL NOT BE REFUNDED IF YOU DO NOT PARTICIPATE**

### RACE DAY INSTRUCTIONS

1. Licensed Athletes must be members of a club and must be affiliated to ASA, and should wear club colours.
2. 2024 Provincial license numbers must be worn at the front and back of vest/t-shirt.
3. KZNA approved age category tags must be worn at the front and back of vest/t-shirt and must be clearly visible.
4. Junior athletes must be 19 years of age and younger on 31 December in the year of the competition and must wear a "J" on the upper front & back of the vest/t-shirt.
5. Proof of age must be provided for all Age category and Junior winners.
6. All foreign athletes must abide by WA rules CR 1.7, TR 4.1, TR 4.2 and ASA rule 9.
7. All Traffic Officials, Technical officials and marshalls must be obeyed.
8. Timing will be done from gun to mat.
9. The cut off time for the 10km is 2 hours (8:00 am).
10. Refreshment stations will be provided at every 2.5KM within the 10KM Route.
11. DO NOT LITTER!! Litter boxes will be provided for refuse.
12. Temporary licenses must be worn on the back of the vest/crop top.
13. Temporary licensed athletes are not covered by the National Insurance Policy, ASA Rule 25.6.15
14. Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA and ASA Advertising Regulations.
15. Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13

### RACE PRIZES

OPEN		AGE CATEGORIES		JUNIORS	
MALE / FEMALE		1ST MALE / FEMALE		BOYS / GIRLS	
<b>1ST</b>	R5000	<b>35</b>	R500	<b>1ST</b>	R500
<b>2ND</b>	R2000	<b>40</b>	R500	<b>2ND</b>	R250
<b>3RD</b>	R1500	<b>50</b>	R500	<b>3RD</b>	R150
		<b>60+</b>	R500		