



**12 MAY
2024**

STELLA ROYAL 2024

WITH DISCOVERY VITALITY

**25KM
RUN
06H00**

**10KM
RUN/WALK
06H30**

**5KM
FUN RUN
07H00**

**First 1800 Online Entries for 10km and 25km will receive a T-shirt.
Medal to ALL finishers.**

Enter online at www.eventtiming.co.za



RACE INFORMATION

START & FINISH Stella Sports Club, 175 Helen Joseph Road, Glenwood

START TIMES

25KM Run: 06H00

10KM Run/Walk: 06H30

5KM Fun Run: 07H00

ENTRY FEES

5KM Fun Run: R100

10KM Run/Walk: R160 (Late Entries R180)

25KM Run: R220 (Late Entry R250)

Participants over 70: FREE ENTRY

Temporary License 10KM: R60

Temporary License 25KM: R100

NUMBER COLLECTION

11 May 2024: 10H00 - 16H00

12 May 2024: From 04H30

ENTRIES

Enter online at www.eventtiming.co.za

ENTRIES OPEN 1 February 2024

Late Entries - 11 May 2024 10H00 - 16H00

PRIZE MONEY

25KM								10KM							
Open		35-39		40-49		50-59		60+		Run		Walk		Junior	
MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
R1500	R1500	R500	R500	R500	R500	R500	R500	R400	R400	R750	R750	R750	R750	R400	R400
R1000	R1000									R500	R500	R500	R500	R300	R300
R750	R750									R350	R350	R350	R350	R200	R200

RACE RULES & INFORMATION

• The race will be run in accordance with the Rules of WA, ASA and KZNA and all participants to abide by these rules.

• All Foreign Athletes must comply with the WA CR 1.7, TR 4.1, TR 4.2 and ASA Rule 9.

• Refreshments will be provided along the route and no personal seconding will be permitted.

• Runners and Walkers to obey Marshalls, Traffic and Technical Officials.

• Age Restriction 25KM – Participants must be 19 years and older on race day.

• Age Restriction 10KM – Participants must be 14 years and older on race day.

• 5KM Fun Run – Participants under 12 must be accompanied by an adult.

• Proof of Age will be required for age category winners.

• ASA/KZNA approved age category tags and Walker tags must be worn on the top front and back of vest / crop top, to be eligible for prizes and must provide proof of age on race day.

• ASA License Numbers: Organisers/Athletes may NOT replace ASA License numbers with Competition/Race Numbers/Stickers under any circumstances. Where a Competition/Race Number is used, it must be placed so that the ASA License Sponsor and the ASA

Province/Year remains visible above the Competition/Race Number. The License numerals may be covered. Athletes who fail to adhere to this rule may be disqualified (Refer to ASA Rule 26.1.8).

• Temporary Licenses: Temporary Licensed Athletes are not covered by national insurance policy. (Refer to ASA Rule 25.6.15).

• Unregistered athletes running with Temporary Licenses must run in neutral colours and adhere to WA and ASA rules.

• Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.