

**UMLAZI AC
&**



**THE SOUTH AFRICAN
RED CROSS SOCIETY -
KWAZULU-NATAL**



presents

UMLAZI CHALLENGE

#CATCH YOU AT THE FINISH LINE



**SATURDAY, 11 MAY 2024
6:30 AM**

UMLAZI COMTECH HIGH SCHOOL

**10KM RUN/WALK - R150
TEMPORARY LICENCE - R60**

5KM FUN RUN - R100

**Medals To All
Finishers Within
The Cut Off Time**

**ENTER ONLINE: www.eventtiming.info
Closing date: 8 May 2024**

LATE ENTRIES & REGISTRATION: Umlazi Comtech High School
Friday 10 May 2024 : 14:00 - 18:00
Saturday 11 May 2024 : From 05:00

AWARENESSES | REFRESHMENTS | ENTERTAINMENT | PRIZES

MORE INFORMATION

**076 769 0857
[KZNRACE@REDCROSS.ORG.ZA](mailto:kznrace@redcross.org.za)**



PLEASE SUPPORT THE RED CROSS SOCIETY

PRIZE MONEY

10 KM RUN – M/F (14yrs + over)

	OPEN	JUNIOR	40-49	50-59	60+	
1	R1200.00	R750.00	R750.00	R750.00	R750.00	
2	R900.00					
3	R750.00					

10 KM WALK - M/F (14yrs + over)

	OPEN	JUNIOR	40-49	50-59	60+	
1	R900.00	R500.00	R500.00	R500.00	R500.00	
2	R700.00					
3	R500.00					

5 KM FUN RUN - M/F (9yrs + over)

LUCKY DRAW PRIZES

RULES

- 1] This race is run in according to the rules as laid down by the WA, ASA, and KZNA and all entrants must abide by these rules. All foreign athletes must abide by WA Rules CR 1.7, TR 4.1, TR 4.2 and ASA Rule 9.
- 2] The minimum age limit of an entrant for the 10km is 14 years and the 5km is 9 years.
- 3] Current ASA licenses, age category and walker tags must be clearly worn on the front and back of the vest/crop top.
- 4] Junior athletes are recognised as being 19 in the full year of competition. Open and above recognised at the age on the day of competition.
- 5] Temporary licenses (if purchased) must be worn on the back of the vest/crop top.
- 6] Temporary licensed athletes are not covered by the National Insurance Policy, ASA Rule 25.6.15.
- 7] Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA and ASA Advertising Regulations.
- 8] Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.
- 9] Club colours must be worn.
- 10] Proof of age **MUST BE PRODUCED** if entrant qualifies for a prize category.
- 11] Race entry fees are not refundable.
- 12] Refreshment tables will be provided. Personal seconding is not permitted.
- 13] No pacing is permitted.
- 14] Marshals, referees and traffic officials must be obeyed.
- 15] All entrants participate at their own risk. Organisers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property lost or damaged on the course or in the changing area.
- 16] Cut-off time 2.5 hours.
- 17] No littering rule (ASA 28.4 AND 28.5) applies.

Name							
Surname							
SA ID Number							
Foreign Passport	(if applicable)						
Gender (X)	Male	Female	Date of Birth	____/____/____			
Licence Number			Province				
Club							
Category (X)	Junior	Open	40 - 49	50 - 59	60 +		
Cell Number							
Email Address							
Distance	10KM Run	10KM Walk	5KM Fun Run				
Entry Fee	R150.00	R150.00	R100.00				
Temporary Licence	R60.00	R60.00					
DONATION							
Total Race Fee							

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer, all staff, consultants, sponsors, volunteer groups, medical personnel, any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities. This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge. Eventtiming, as a service provider to the event organizer, cannot be held liable for any loss or injury during or as a result from the event, or for any loss or damage to property on the course or at the venue.

Signature/Guardian Signature if Under 18

Dated

HOW TO ENTER: Online at www.eventtiming.co.za **OR**

Bank transfer : ATM Cash Deposits @ Capitec can be made:-

Bank : Capitec

Account Holder: Eventtiming (KH Bradfield)

Account No: 1543764345 Clearing Code: 470010

Account type: Savings Branch: Pavillion

Use your Identity Number as reference and whatsapp the deposit slip + entry form with reference endorsed on it to 061 505 1416