



RISING SUN CHATSWORTH A.C



SCAN TO REGISTER



RISING SUN CHATSWORTH FREEDOM MARATHON

CHATSWORTH CRICKET OVAL, DURBAN
SUNDAY, APRIL 21, 2024 AT 5:30AM

52KM RUN



T-shirts
1st Prize

Male : R15 000
Female : R15 000

R30 000

Sponsored By

**THE
KITCHEN
STUDIO**

25KM RUN



T-shirts
1st Prize

Male : R5 000
Female : R5 000

R10 000

Sponsored By

Life
HEALTH CARE *Chatsmed Garden Hospital*

10KM RUN / WALK



T-shirts
1st Prize

Male : R2 500
Female : R2 500

R5 000

Sponsored By

 **RISING SUN PRINTERS**
For Extraordinary Service

Cut Off Times 52km - 6hrs 30 mins • 25km - 3 hrs 30 mins • 10km - 1 hr 30 mins

ONLINE ENTRIES CLOSE ON 17 APRIL 2024

Contact : Dan Paliam - 082 877 0400

ONLINE ENTRIES : www.eventtiming.co.za



Official Qualifier
6hrs 24min 59 sec.

COMMUNITY NEWSPAPERS
RISING SUN
A REEFER ASSOCIATED COMPANY



RACE ENTRIES: WHERE TO ENTER

"Pre-Entry only"

1. Chatsworth Stadium on Tuesdays from 6:00pm to 7:00pm.
2. Online Entries at www.eventtiming.co.za (entries close at midnight on 17 April 2024)
3. Bank Transfer : ATM Cash Deposits @ Capitec can be made, **No Bank Transfers can be made after 17 April 2024**
Bank : Capitec , Account Holder : Eventtiming (K H Bradford), Account Number : 1543764345 , Clearing code : 470010
Account Type : Savings, Branch : Pavillion. Use your Identity Number as reference and Whatsapp the slip with your reference endorsed on it to 061 505 1416

ALSO NOTE

- Race entry tags will not be posted.
- COLLECT on Saturday, 20 April from 10:00am to 4:00pm or race morning from 04:00am to 06:15am at the Chatsworth Cricket Oval.
- Race entry forms can be downloaded from website: www.eventtiming.co.za
- NB: 10km Run/Walk Starts at 5:45am
- NB: 52km/25km Run Starts at 5:30am

OTHER INFORMATION & RULES

- All foreign athletes must abide by WA rules 1.7, 4.1, 4.2 and ASA Rule 9.
- Foreign athletes to contact race organizer.
- The race is run in accordance with and subject to WA, ASA & KZNA rules
- Runners must be 20 years or older for 52km on race day.
- Runners must be 19 years or older for 25km on race day.
- Runners must be 14 years or older for 10km on race day.
- KZNA approved age category and walker tags must be worn on back and front of vest / crop top and must be clearly visible in order to qualify for age category prizes.
- 2024 Licence numbers must be worn on the back and front of the vest / crop top and must be clearly visible.
- Temporary Licence on back of vest / crop top and must be clearly visible with the race number on the front. Temporary licensed athletes are not covered by a national medical insurance policy, ASA Rule 25.6.15. Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA Advertising Regulations. Holders of temporary licenses will be eligible for individual prizes and may claim for age category prizes in keeping with WA and ASA Rules.
- Prize giving will commence at 10:30am.
- 52km is a Comrades qualifier: 6hrs 24min 59 sec.
- Personal seconding will not be allowed.
- Results on clubs website.
- Disqualified athletes will not be eligible for any incentives.
- T-shirts to first 2000 entrants.
- **Cut off point for 52km: 5hrs 30mins at 42km mark (11h00)**
- Those arriving after 5hrs 30mins at this point will be removed from the race. (Traffic authority requirement).
- Proof of age may be required from age category athletes.
- Participants must obey the race officials, marshals and traffic officers.
- Your entry fee will not be refunded if you do not participate.
- The race number must be worn over the permanent licence number on the front of the upper body clothing and be placed so that the ASA Licence sponsor and the ASA Province/year remain visible above the race number (ASA Rule 26.1.7).
- Junior athletes must be 19 years and younger on the 31st December in the year of the competition, must wear a 'J' on the upper front and back of vest or crop top in order to be eligible for prizes and must provide proof of age on race day
- Winners prize money will be paid electronically subject to KZNA clearance.

ENTRY FEE

KM	EARLY BIRD ENTRIES	LATE ENTRIES
52km	R300	R350
25km	R200	R250
10km	R120	R150

70 Years and over: FREE Entry on presentation of ID
Temporary Licence -25km R80 + Entry Fee & 10km R60 + Entry Fee
NO Temp Licence for 52km

Early Bird Entries
Closes 17 April 2024

Late Entries
Up to Saturday 20 April 2024 at 16:00
Hand Delivered Only

NO ENTRIES ON RACE DAY

ENTRY FORM

Distance: 52km 25km Run 10km R W Race No. FOR OFFICIAL USE

Surname

First Name/s

2024 Licence Number Email

S.A Citizen YES NO

Club: Province:

Gender M F Age

Identity Number Or Permanent Residence Number:

Tel(Home): Tel(Work): Cell:

PRIZE MONEY

PRIZE MONEY	MALE / FEMALE : 52KM			MALE / FEMALE : 25KM			MALE / FEMALE : 10KM		
	RUNNERS ONLY			RUNNERS ONLY			RUNNERS / WALKERS		
OPEN	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
40 - 49	R15 000	R3 000	R2 000	OPEN	R5 000	R1500	R500	R2 500	R800
50 - 59	R500	R300	R200	40 - 49	R300		Walkers	R500	R300
60+	R500	R300	R200	50 - 59	R300		Junior	R500	R300
				60+	R300				

DISCLAIMER & INDEMNITY: I am medically fit to run and understand that I enter at my own risk and the organisers will not be held responsible for any injury or illness during or as a result of the races, or for any property lost or damaged on the course or in the changing area. In the event of requiring medical attention, I agree that I will be held responsible for the medical costs. In the event of my participation as a temporary licensed runner, I absolve the Club, Sponsors and KZN Athletics of any liability.

SIGNED: DATE:

ENQUIRIES: www.eventtiming.co.za Dan Pallam : 082 877 0400

