

PROGRAM

Performance Scores: ASA 2020 table, Hand time, Height above sea=36

Seq	Time	Pit	Event	Category	Next	Spec
1	08:00		Final Women 20 5000m			
2	08:00		Final Women MixAge 5000m			
3	08:00		Final Men 20 5000m			
4	08:00		Final Men MixAge 5000m			
5	08:25		Final Girls 16 3000m			
6	08:25		Final Women 18 3000m			
7	08:40		Final Boys 16 3000m			
8	08:40		Final Men 18 3000m			
9	08:45		Final Women U20 LongJump			
10	08:45		Final Women MixAge LongJump			
11	08:45		Final Girls U16 Discus			1kg
12	08:45		Final Women U18 Discus			1kg
13	08:45		Final Women U20 Javelin			600g
14	08:45		Final Women MixAge Javelin			
15	08:45		Final Men U20 Shotput			6kg
16	08:45		Final Men MixAge Shotput			
17	09:00		Final Girls U16 100m			
18	09:05		Final Boys U16 100m			
19	09:10		Final Women U18 100m			
20	09:15		Final Men U18 100m			
21	09:20		Final Women U20 100m			
22	09:25		Final Men U20 100m			
23	09:30		Final Women MixAge 100m			
24	09:35		Final Men MixAge 100m			
25	09:45		Final Boys U16 HighJump			
26	09:45		Final Men U18 HighJump			
27	09:45		Final Girls U16 LongJump			
28	09:45		Final Women U18 LongJump			
29	09:45		Final Girls U16 800m			
30	09:45		Final Women U18 800m			
31	09:45		Final Men U20 Discus			1.75kg
32	09:45		Final Men MixAge Discus			
33	09:45		Final Boys U16 Javelin			600g
34	09:45		Final Men U18 Javelin			700g
35	09:45		Final Women U20 Shotput			4kg
36	09:45		Final Women MixAge Shotput			
37	09:50		Final Boys U16 800m			
38	09:50		Final Men U18 800m			
39	09:55		Final Women U20 800m			
40	09:55		Final Women MixAge 800m			
41	10:00		Final Men U20 800m			
42	10:00		Final Men MixAge 800m			
43	10:15		Final Girls U16 200m			
44	10:20		Final Boys U16 200m			
45	10:25		Final Women U18 200m			



**Meeting :KZNA SYYJSM LEAGUE 1
2023/09/02 at PORT SHEPSTONE (HS SUID-NATAL)**

KWAZULU-NATAL
ATHLETICSKWAZULU-NATAL
ATHLETICS

46	10:30	Final Men U18 200m	
47	10:35	Final Women U20 200m	
48	10:40	Final Men U20 200m	
49	10:45	Final Girls U16 HighJump	
50	10:45	Final Women U18 HighJump	
51	10:45	Final Men U20 LongJump	
52	10:45	Final Men MixAge LongJump	
53	10:45	Final Women MixAge 200m	
54	10:45	Final Boys U16 Discus	1kg
55	10:45	Final Men U18 Discus	1.5kg
56	10:45	Final Men U20 Javelin	800g
57	10:45	Final Men MixAge Javelin	
58	10:45	Final Girls U16 Shotput	3kg
59	10:45	Final Women U18 Shotput	3kg
60	10:50	Final Men MixAge 200m	
61	11:05	Final Girls U16 1500m	
62	11:05	Final Women U18 1500m	
63	11:15	Final Boys U16 1500m	
64	11:15	Final Men U18 1500m	
65	11:25	Final Women U20 1500m	
66	11:25	Final Women MixAge 1500m	
67	11:35	Final Men U20 1500m	
68	11:35	Final Men MixAge 1500m	
69	11:45	Final Women U20 HighJump	
70	11:45	Final Women MixAge HighJump	
71	11:45	Final Boys U16 LongJump	
72	11:45	Final Men U18 LongJump	
73	11:45	Final Women U20 Discus	1kg
74	11:45	Final Women MixAge Discus	
75	11:45	Final Girls U16 Javelin	500g
76	11:45	Final Women U18 Javelin	500g
77	11:45	Final Boys U16 Shotput	4kg
78	11:45	Final Men U18 Shotput	5kg
79	12:00	Final Girls U16 400m	
80	12:05	Final Boys U16 400m	
81	12:10	Final Women U18 400m	
82	12:15	Final Men U18 400m	
83	12:20	Final Women U20 400m	
84	12:25	Final Men U20 400m	
85	12:30	Final Women MixAge 400m	
86	12:35	Final Men MixAge 400m	
87	12:45	Final Men U20 HighJump	
88	12:45	Final Men MixAge HighJump	
89	12:50	Final Girls U16 5km Walk	
90	12:50	Final Women U18 5km Walk	
91	12:50	Final Women U20 5km Walk	
92	12:50	Final Women MixAge 5km Walk	
93	12:50	Final Boys U16 5km Walk	
94	12:50	Final Men U18 5km Walk	



KWAZULU-NATAL
ATHLETICS

Versus: Registered to: KZN Athletics

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Meeting :KZNA SYYJSM LEAGUE 1
2023/09/02 at PORT SHEPSTONE (HS SUID-NATAL)



KWAZULU-NATAL
ATHLETICS

95	12:50	Final Men U20 5km Walk
96	12:50	Final Men MixAge 5km Walk
97	13:00	Final Girls 16 4x100m Relay
98	13:05	Final Boys 16 4x100m Relay
99	13:10	Final Women 18 4x100m Relay
100	13:15	Final Men 18 4x100m Relay
101	13:20	Final Women 20 4x100m Relay
102	13:25	Final Men 20 4x100m Relay
103	13:30	Final Women MixAge 4x100m Relay
104	13:35	Final Men MixAge 4x100m Relay