



The Merewent 15km Run/Walk

Sunday

20 August 2023

Starts @ 6.30am

@ Dinapur Road - Merebank

Registration on Saturday from 10.00am to 16.00pm
& On Sunday from 5.00am

Entry Fee R80

Temp license R60

PRIZE MONEY									
OPEN			JUNIORS		SENIORS			WALKERS	
	MALE	FEMALE				MALE	FEMALE		
1 st	R750	R750	1 st	R200	1 st	40-49	R200	1 st	R200
2 nd	R500	R500			1 st	50-59	R200	2 nd	R150
3 rd	R300	R300			1 st	60-69	R200	3 rd	R100
					1 st	70+	R200		

First 200 finishers
will receive a
Commemorative
Tee Shirt

40 years
Commemorative Medal
To all finishers



The Merewent 15km Run/Walk

PERSONAL DETAILS	FIRST NAME																						
	SURNAME																						
	DATE OF BIRTH													AGE							GENDER	M	F
	ID NUMBER																						

RUNNING DETAILS	CLUB NAME												
	LICENCE NUMBER							PROVINCE					

CONTACT DETAILS	E-MAIL																				
	CELL NO																				

EVENT DETAILS	ENTRY FEE	R	TEMP LICENCE	R
	TOTAL			

INDEMNITY I am medically fit to compete and fully understand that I enter at my own risk and the organizers and their sponsors will not be held responsible for any loss or injury during or as a result of the event. I agree to comply with the rules of the World Athletics, Athletics South Africa and KwaZulu-Natal Athletics for my participation in this event. If I am competing with a temporary license, I am not covered by the ASA Athletic Medical Insurance Policy.

SIGNATURE _____ DATE _____

- GENERAL RACE INFORMATION**
- Min entrance age is 14 years old – ASA rule 22.10
 - All licensed runners are required to display 2022 license numbers on the front and back of your vest/crop top with race numbers on the front - ASA Rule 25.4.8.
 - Club colors must be worn by licensed athletes.
 - New ASA/KZNA age category tags (60mm-80mm) must be worn on the front and back of vest/crop top and must be clearly visible to claim prizes.
 - Traffic Officers, Race officials and Marshalls must be obeyed at all times.
 - The race will be run subjected to the rules of WA, ASA and Kwa-Zulu Natal Athletics.
 - Foreign Athletes must abide by WA Rule 4.2, 22.1 & 142 & ASA rule 9.
 - Proof of age must be provided if entrant qualifies for a prize category - ASA Rule 2.14 and 5.14.
 - No Personal Seconding.
 - ASA Rule 25.6.15 - All entrants participate at own risk. Organizers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property lost or damaged on the course or on the premises. Temporary licensed athletes are not covered by ASA Insurance Policy.
 - All unlicensed entrants require a temporary license at R50 which must be worn on the back of the vest/crop-top and the race number must be on the front.
 - Unlicensed entrants to wear plain color vests/crop tops with no advertising.
 - Litter Zones will be enforced at all Water Tables as per ASA Rule 28. There will be 3 water tables with Water and Coke.
 - ASA Rule 34.10.6 For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person may be disqualified without warning

RACE NUMBER COLLECTION

15. Race number collection day, Saturday 19th August 2023. @ Dhubri Road Grounds between 10:00 - 16:00 pm and Sunday, 20th August 2023 @ 5.00 am

IMPORTANT INFORMATION

- Race will start at 6.30am sharp
- Race will finish at Dhubri Road grounds, cut of time 9:00am