



DRAFT 2024 ASA FIXTURES LIST – 09/05/2024 VERSION 1

Key: I-International; N National; P- Provincial; RR: Road Running

INTERPROVINCIAL		ASA CHAMPIONSHIPS		Olympic games		
Activity	Date	Day	Event	Venue	Organiser	Contact Details
I – RR			IAU 100km World Championships	?	ASA Thabang Maleka	076 133 6131 ThabangM@athletics.co.za
I – RR			IAU 10km Africa Championships	?	ASA Thabang Maleka	076 133 6131 ThabangM@athletics.co.za
I – RR	25 February	Sun	50km Nedbank Runified Breaking Barriers Race –ASA (Label Elite)	Marine Park, GQEBERHA	Nick Bester	082 454 2222 nickb@lantic.net
I-RR	25 February	Sun	Capital City Marathon	Pietermaritzburg Msunduzi Athletics Stadium KZN		
I – TF	01 March	Fri	World indoors	Glasgow - Scotland	ASA	
I – TF	02 March	Sat	World indoors	Glasgow - Scotland	ASA	
I – TF	03 March	Sun	World indoors	Glasgow - Scotland	ASA	
N – RR	10 March	Sat	Motshepe Foundation ASA 10km Championships	Cape town	ASA Thabang Maleka	076 133 6131 ThabangM@athletics.co.za
P – RR	16 March	Sat	Om die Dam Ultra Marathon 50KM & 21KM (AIMS)	Hartbeespoort Holiday Resort, 5 Old Rustenburg Road, BRITS	Jaco Venter	083-222 9448 Jaco.venter@mtn.com
I – TF	21 March	Thu	ASA U/16 –U/20 Track & Field Championships		ASA Thabang Maleka	076 133 6131 ThabangM@athletics.co.za
I – TF	22 March	Fri	ASA U/16 –U/20 Track & Field Championships		ASA Thabang Maleka	076 133 6131 ThabangM@athletics.co.za
I – TF	23 March	Sat	ASA U/16 –U/20 Track & Field Championships		ASA Thabang Maleka	076 133 6131 ThabangM@athletics.co.za
P – RR	24 March	Sun	SPAR Women's Grand Prix Series-ASA (1)	Cape Town	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com

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N – TF	04 April	Thu	ASA Senior Track & Field Championships /Multi Relay		ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
N – TF	05 April	Fri	ASA Senior Track & Field Championships /Multi Relay		ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
N – TF	06 April	Sat	ASA Senior Track & Field Championships /Multi Relay		ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	13-14 April	Sat/Sun	Two Oceans Ultra Marathon 56km (AIMS)	Cape Town		
P – RR	20 April	Sat	Nashua Loskop Ultra-Marathon Series	Mpumalanga	Hein Koch	073 424 5984
	20 April	Sat	World walk Championships	Turkey		
I – RR	21 April	Sun	Absa RUN YOUR CITY GQEBERHA 10K - ASA (1)	Gqeberha	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
	21 April	Sun	World walk Championships	Turkey		
N – RR	27 April	Sun	Durban International Marathon(Label Elite)	Durban,KwaZulu Natal	Simphiwe Nccobo	063 185 3447 info@capitacity42.co.za
N – RR	27 April	Sun	ASA Marathon Championships	Durban,KwaZulu Natal	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
	04 May	Sat	World Relay Championships			
	05 May	Sun	World Relay Championships			
I – RR	12 May	Sun	Absa RUN YOUR CITY CAPE TOWN 10K - ASA (2)	Cape Town	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
P – RR	25 May	Sat	SPAR Women's Grand Prix Series-ASA (2)	Gqeberha	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
N – RR	01 June	Sat	ASA Half Marathon Championships	Pollock Beach, Summerstrand, Gqeberha	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	01 June	Sat	Nelson Mandela Bay Half Marathon –ASA	Pollock Beach, Summerstrand, Gqeberha	Irene van Eeden	irene@ep.co.za
I – RR	09 June	Sun	Comrades Marathon-ASA	Pietermaritzburg	Rowyn James	079 501 0061 rowyn@comrades.com
I – RR	23 June	Sun	SPAR Women's Grand Prix Series –ASA (3)	Durban,KwaZulu Natal	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
National	??	??	ASA ANNUAL GENERAL MEETING	OR Tambo Garden Court	ASA Atlehang Mofokeng	065 911 1482 AtlehangM@athleticssa.co.za
I – RR	07 July	Sun	Absa RUN YOUR CITY DURBAN 10K – ASA (3)	Durban	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
	July 26/11 Aug		Summer Olympics Marathon	Paris		

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I – RR	13 July	Sat	SPAR Women's Grand Prix Series –ASA (4)	Mbombela	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
P – RR	03 August	Sat	SPAR Women's Grand Prix Series-ASA (4)	Tshwane	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
N – RR	17 August	Sat	ASA 5Km and ASA Mile Championships	Bloemfontein	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	25 August	Sun	Absa RUN YOUR CITY TSHWANE 10K - ASA (4)	Tshwane	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
P – RR	24 September	Tue	Absa RUN YOUR CITY JOBURG 10K - ASA (5)	Johannesburg	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
I – RR	06 October	Sun	SPAR Women's Grand Prix Series-ASA (4)	Johannesburg	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
I – RR	14-15 October	Sat /Sun	Sanlam Cape Town City Marathon	Cape Town	Renee Jordaan	083 230 9963 renee@capetownmarathon.com
P – RR	02 November	Sat	Kaapsehoop Marathon	Mbombela		
P – RR	03 November	Sun	Soweto Marathon	FNB Stadium Nasrec, Soweto	Sello Khunou	082 683 6530 sello@sowetomarathontrust.com

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