



**KWAZULU-NATAL
ATHLETICS**

2023 CROSS COUNTRY CALENDAR

Leagues & date	Venue & District	Host Club	Chairperson & contact	X-C Captain
Parlauf 17 March 2023	Westville Clubhouse Ethekwini	Westville A.C	Kylie Griffin – 0825630574 director@kzneia.co.za	Kylie Griffin 0825630574
League 1 18 March 2023	Richards Bay Complex King Cetshwayo	Qhakaza A.C	Lilly Dillies- 0824718853 octavedillies@yahoo.com	Stacey Pretorius 0646824742
League 2 01 April 2023	Laddsworth P School Umgungundlovu	Hilton Harriers A.C	Jeff Speed- 0828924215 jeffspeed@telkomsa.net	Jeff Speed 0828924215
League 3 22 April 2023	Ndwedwe Sports Ground Ilembe	Thandolwethu A.C	Cebolenkosi Maphumlo- 0736668441 Maphumulocebo@gmail.com	Nkosingiphile Zuma 0734275797
League 4 22 April 2023	Howick Sports Complex Umgungundlovu	Umngeni Howick Academy A.C	Ntokozo Mlotshwa-0734923882 Numlotshwa 987@gmail.com	Ntokozo Mlotshwa 0734923882
League 5 23 April 20 23	KwaBhukuda Zululand	Edumbe A.C	Busi Dlamini- 0834797780 Dlamini62@gmail.com	Vincent Mthethwa 0760220436
League 6 29 April 2023	KuNyinyani(KwaZuma) Umkhanyakude	Manguzi A.C	Dr Gama Nhlonzi -0721484555 Nhlonzignb@gmail.com	SS Vumase 0731942341
League 7 06 May 2023	UELZEN Primary School Mzinyathi	Biggersburg A.C	Siyabonga Ngobese – 0833778959 ngobesemabonga@gmail.com	Siyabonga Ngobese 0833778959
League 8 06 May 2023	Honey Trails, Monteseel Ethekwini	Kearsney Striders A.C	Andrew Fleming - 0824415897 andrew@flemingcivils.co.za	Peter Edward 0848888444
League 9 13 May 2023	Ulundi Stadium Zululand	Siyathuthuka A.C	Sabelo Ndlovu – 0824338249 Sabelondlovu257@gmail.com	Nkosingiphile Sibiya 0783316632
League 10 13 May 2023	Collegians Club Umgungundlovu	Collegians Harriers	Les Burnard – 0823367244 Collegians.harriers@gmail.com	Les Burnard 0823367244
League 11 20 May 2023	Bulwer Sappi Harry Gwala	Fast Runners A.C	Pinky Zondi – 0722174072 pinkyzondi@gmail.com	Xolisile Didi 0823050538
League 12 20 May 2023	Liv Village Ilembe	Liv 2 Run A.C	Lindi Meyer – 0765732708 run@liv-village.com	Phakamani Madlala 0848367123
League 13 27 May 2023	Nkantolo Madungeni Ugu	Umzumbe Dev A.C	Emmanuel Lushaba – 0829359220 qhawamahle@hotmail.com	Emmanuel Lushaba 0655303820
League 14 03 June 2023	Nquthu Stadium Mzinyathi	Asiyeni A.C	Mpumelelo Zungu- 0710949729 Mzamozungu41@gmail.com	Mpumelelo Zungu 0710949729
League 15 17 June 2023	Newcastle - Avopark Amajuba	Vlam A.C	Mduduzi Vilakazi – 0735326615 mduduzijl@gmail.com	Mduduzi Vilakazi 0735326615
League 16 24 June 2023	Riverview Cricket Field Mkhanyakude	Umfoloji A.C	Sipho Tembe – 0726206313 siphotembe@gmail.com	Sipho Tembe 0726206313
League 17 24 June 2023	Jeffrey Zungu Stadium Harry Gwala	Ixopo A.C	Conrad .T Chemane- 0767721128 Conrad49@live.com	Conrad Chemane 0767721128
League 18 01 July 2023	Utrecht Amajuba	Utrecht A.C	Moses Xulu – 076110926 Vmxulu7323@gmail.com	Moses Xulu 076110926
League 19 01 July	Bushman Bush Ethekwini	Savages A.C	Dave Williams- 031 5643702 Williams6@telkomsa.net	Dave Williams 031- 5643702
League 20 08 July 2023	Sigweje High School Uthukela	Wasbank A.C	Sifiso Nzuza – 0724503481 Sifiso.nzuza60@gmail.com	Sifiso Nzuza 0724503481
League 21 15 July 2023	Gelofte High School Ethekwini	PDAC	Lise Muchna - 0826567707 plumbcare@mweb.co.za	June Watson 0824213037
League 22 22 July 2023	St Patrick's College Harry Gwala	CKS	Tessa van Vuuren – 039 7272888 sport@stpatrickcollege.co.za	Tessa van Vuuren 039 7272888
League 23 22 July 2023	Hutchinson Park Toti Ethekwini	Amanzimtoti A.C	Charles Botha -0828717181 Cbotha01@telkomsa.net	Riaan Vosloo 07845719361
KZNA CHAMPS 5 August 2023	Ulundi Stadium Zululand	Siyathuthuka A.C	Sabelo Ndlovu -0824338249 Sabelondlovu257@gmail.com	Sabelo Ndlovu 0824338249
ASA CHAMPS September	TBC	TBC	TBC	TBC



**KWAZULU-NATAL
ATHLETICS**

2023 District Cross Country Championships

Date	Venue	District	Host Club	Chairperson
22 July 2023	Pomeroy Sports Complex	Mzinyathi	Msinga Development A.C	Sabelo Zondi – 0720400084 Sabelozondi1@gmail.com
22 July 2023	Sappi Sports Field	Ilembe	Mandini Harriers A.C	Raymond Nkwanyana-0842296698 Raymond.nkwanyana662gmail.com
22 July 2023	Eshowe Sports Field	King Cetshwayo	Eshowe Striders A.C	Mmiseni Biyela- 0795283750 sbnisimbiyela@gmail.com
29 July 2023	Vulekani Special School	Harry Gwala	Umzimkhulu A.C	Rabaza Ntsikelelo- 0723049629 umzimkuluac@gmail.com
29 July 2023	Ndumo Sports Ground	Mkhanyakude	Manguzi A.C	Dr Gama Nhlonzi- 0721484555 Nhlonzigb@gmail.com
29 July 2023	Protea Sports Centre	Umgungundlovu	Protea Striders	Gorden Pillay-0763883700 comradescoach@gmail.com
29 July 2023	Dannhauser Sports Ground	Amajuba	Fulathela A,C	Nkosinathi Zulu- 0737211655 Nkosinathizulu5@gmail.com
29 July 2023	UKZN Gate 10	Ethekwini	Pantane A.C	Mdu Khumalo-0614363967 Mdu.khumalo@golddev.co.za
29 July 2023	Ulundi Stadium	Zululand	Ulundi Striders	Moses Gazu-0799464465 gazumoses@yahoo.com

DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
15-Jan	Ronnie Davel Memorial	Laddsworth Primary School Hilton	16 km run/walk	Hilton Harriers	C 082 806 6749 jholiday@srk.co.za	John Holliday	07h00
15-Jan	Scottburgh Half Marathon	Scottburgh Golf Club	21.1km run 10km run	Scottburgh Athletic Club	C 083 265 1029 danadaniels303@gmail.com	Dana Daniels	05h30
22-Jan	Kearsney Striders Half Marathon	Kearsney College	21 km run 10 km run/walk	Kearsney Striders	C 083 531 9417 purposedriven@telkomsa.net	Jenny Rigby	06h00
28-Jan	ASA 35km Race Walking Championships and Open International	Cape Town	35km	ASA	C 076 133 6131 ThabangMx@athleticssa.co.za	Thabang Maleka	
29-Jan	PDAC 25km	Watercrest Shopping Centre	25 km run/walk	PDAC	C 082 656 7707 pdacsecretary@gmail.com	Lise Muchna	05h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
04-Feb	Inkamana Half Marathon	Inkamana Athletics Field Vryheid	21.1km run/walk 10km Run/walk 5km run/walk	Inkamana High Athletics Club	C 067 112 8099 thami.sukazi@gmail.com	Thami Sukazi	06h30
05-Feb	DG Panel & Paint Challenge	Barns Road Sports Grounds Sydenham	32 km run 16 km run/walk	Sydenham Sports Club	C 084 254 2468 anita.giquel@gmail.com	Anita Johannes	05h00
11-Feb	Bhekizizwe Joseph Shabalala Marathon	Kirkintulloch Primary School Embuzweni	42.2km run 21.1km run 10km 2km fun run	Ladysmith Athletic Club	C 0794669609/0839455366 info@bjsmarathon.co.za	Vuyo Shabalala	06h00
12-Feb	Hillcrest Marathon	Corner Inanda & Old Main Roads, Hillcrest	42.2 km run 21.1 km run+D11:G11	Hillcrest Villagers AC	C 082 468 4144 secretary@hillcrestvillagers.co.za	Juliette Lewis	05h00
19-Feb	Zabalaza Marathon	George Cato Primary School	42.2km run 21.1 km run 10 km run/walk	Zabalaza Athletic Club	C 073 225 4146 nonjabulo2.ndlovu@gmail.com	Bongani Ndlovu	05h00
19-Feb	Mayoral Half Marathon	Edumbe Regional Stadium Paul Pietersburg	21.1km ru/walk 10km run/walk 5km run/walk	Edumbe Athletic Club	C 076 022 0436 mthethwavincent@gmail.com	Mthethwa Vincent	05h30
25-Feb	Battlefields Marathon	Hutten Park School	42.2km run 21.1km run/walk 10km run/walk	Newcastle Harriers	C 083 652 8779 tax@nmail.co.za	Elsa Grundlingh	06h00
26-Feb	Best of the Best Marathon	Kings Park Stadium	42.2km run 21.1km run/walk 10km run/walk	Ama-Ravens AC	C 082 589 5102 / 083 275 2471 ama.ravens@gmail.com	Mthokoziso Khuzwayo	05h00
26-Feb	KZN Capital City Marathon	Pietermaritzburg City Hall	42.2 km run 21.1 km run 10km run	Phuma KZN	C 082 298 1873 info@capitacity42.co.za racedirector@capitalcity42.co.za	Mafika Dlamini	05h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
04-Mar	RBMAC Race	Richards Bay	10km run/walk	Richards Bay Minerals AC	C 073 442 8185 victor.msimango@riotinto.com	Victor Msimango	07h00
05-Mar	Ice Promotion	Mount Edgecombe Recreational Grounds	21.1 km run 10 km run/walk	Woodview AC	C 081 349 6303 jay@megacon.co.za	Jay Behari	06h00
05-Mar	Mfundo Arnold Lushaba Half Marathon	Luthuli High School	21.1km run 10km run /walk	Umzumbe Development AC	C 082 935 9220 / 065 530 3820 qhawamahle@hotmail.com	Emmanuel Lushaba	06h00 06h30

12-Mar	Durban International Marathon incorporating ASA Marathon Championships	Toyota, Prospecton Road	42.2km run 10km run	Phantane AC	C 061 436 3967 / 076 133 6131 mdu.khumalo@golddev.co.za thabangmx@athleticsa.co.za	Mdu Khumalo Thabang Maleka	06h05
19-Mar	South Coast Ultra	Ugu Sports Stadium	48 km run 21.1 km run 10 km run	South Coast Striders Athletic Club	C 083 409 9056 katija.essack@gmail.com	Catija Essack	06h00
19-Mar	Umgeni Water Marathon	Midmar Dam Howick	42.2 km run 21.1 km run 10 km run	Collegians Harriers	C 082 750 0822 collegians.harriers@gmail.com	Les Burnard	06h00
25-Mar	Richards Bay Hippo Marathon	Zululand Multi Sports Club	42.2km run 21.1 km run 10 km run/walk	Zululand Multi Sports Club	C 081 796 8771 entry@msem.co.za / info@zmsc.co.za	Casper / Igna	05h30
26-Mar	Durban City Multisport Marathon	Kings Park Athletics Stadium	42.2 km run 21.1 km run 10 km run walk	Durban City Multisport Club	C 082 783 7691 mandla_m@xsinet.co.za	Mandla Makhathini	05h30
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
02-Apr	The Balwin Properties Marathon incorporating the KZNA 21km Championship	Ampitheater Durban Promenade	42.2 km run 21.1 km run 10 km run	Dolphin Coast Striders	info@theroc.co.za C 031 312 9374 jabulani.m@kznathletics.co.za	Barry Holland	05h30
15 & 16 Apr	Two Oceans Marathon	Cape Town	56km	Cape Town	debra@twooceansmarathon.org.za	Debra Barnes	
23-Apr	Rising Sun Chatsworth Freedom Marathon	Chatsworth Stadium	52 km run 25 km run 10km run/walk	Rising Sun Chatsworth Athletic Club	C 082 877 0400 mmpaliamj@gmail.com	Dan Paliam	05h30
30-Apr	Checkstar Challenge with Vitality	Kings Park Stadium	21.1km run 10km run/walk	Checkstar Falcons Athletic Club	C 083 243 5467 amres.moodley@gmail.com	Amres Moodley	06h15 06h45
30-Apr	Prince Mangosuthu Ultra Marathon	Nqutu, Zululand	52km run 21.1km+D33:F33 run/walk 10km run/walk	Biggarsberg Athletic Club	C 083 377 8959 ngobesemabonga@gmail.com	Siyabonga Ngobese	05h30
30-Apr	uMhlathuze Croc's Marathon	Old Mtubatuba Road Empangeni	42.2km run 21.1km run 10km run/walk	Umhlatuze Athletic Club	C 073 238 2403 sikhumbuzogncobo@gmail.com skhumbuzo.ngcobo@kznhealth.gov.za	Siyabonga Ngobese	05h30
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
07-May	Marshall's World of Sport Stella Royal with Vitality	Stella Athletic Club	25km run 10km run/walk 5km run/walk	Stella Athletic Club	C 083 406 3130 kevin.hendrikse@gmail.com	Kevin Hendrikse	06h00 06h30 07h00
13-May	Peace in Africa	Kings Park Athletics Stadium	21.1 km run 10 km run/walk	Mayibuyi Athletic Club	C 083 545 8006 sayouth02@gmail.com	Siviwe Benya	06h30
14-May	Harry Gwala District Marathon	Highflats - R612	42.2km run 21.1km run 10km run	Genius AC	C 072 948 8779 tgumedede@ubuhlebezwe.gov.za	Themba Gumede	07h00
20-May	KZNA AGM	Durban		KZNA	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	09h00
21-May	The Big Walk	Kingspark Athletic Stadium	5km/10km walk	KZNA	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	08h00
27-May	Bhamshela Race	Sgodiphola - Chibini, Ndwedwe	10km run 5km run	14 Fast Movers AC	C 072 348 2934 eliasmkhize27@gmail.com	Elias Mkhize	07h00

28-May	Chillie Lifestyle Race	Kingspark Athletic Stadium	10km run	Chillie Running Club KZN	C 073 179 6452 kzn@chillirunners.co.za	Nonkululeko Gcabashe	07h00
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03-Jun	Nelson Mandela Bay Half Marathon incorporating ASA Half Marathon Championships	Pollock Beach, Summerstrand Gqerberha	21,1km	ASA	irene@ep.co.za thabangm@athleticsa.co.za	Irene van Eeden Thabang Maleka	
10-Jun	Youth Run	Kings Park Athletic Stadium	10km run 5km run	KZN Athletics	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	08h00
11-Jun	Comrades Marathon	Pietermaritzburg City Hall	90 km run	Comrades Marathon Association	B 033 897 8650 info@comrades.com	Rowyn James	05h30
17-Jun	Nedbank Extra-Mural Gijima	Kings Park Athletic Stadium	10km	Nedbank Running Club	C 073 089 9273 wiseman.sibaya@gmail.com	Wiseman Sibaya	06h30
18-Jun	Manguzi 10km Challenge	Shayina Stadium Manguzi Multisport Complex Manguzi	10km run	Manguzi AC	C 072 543 2249 zenith.vumase@gmail.com manguziathletics@gmail.com	Zenith Vumase	08h00
18-Jun	JL Dube Marathon	Dube Trade Port	21.1km run 10km run/walk	Orcas Running Academy	C 060 496 6781	Prodigal Khumalo	07h00
25-Jun	Durban SPAR Women's 10km Challenge	TBC	10 km run/walk 5 km run/walk	Sydenham AC	C 083 501 0202 brad@unbranded.co.za	Brad Glasspoole	TBC
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
09-Jul	Absa Run Your City 10km	Durban Promenade	10km	eThekwini AC	C 0722218784 nduku@realtimetreading.co.za	Ndokenhle Zulu	08H00
16-Jul	Howick 10km Race	Mpophomeni Shopping Centre	10km run/walk	Umngeni Howick Academy AC	C 073 492 3882 / 064 993 9463 nvmlotshwa987@gmail.com	Ntokozo Mlotshwa	07h00
16-Jul	SA Men Run 10km	King Park Athletics Stadium	10km run	Sisonke AC	C 073 470 9842 / C 084 425 2524 sihle.shange@ymail.com	Sihle Shange Mike Nzimande	06h00
23-Jul	VUM Durban Sunrise Run incorporating the KZNA 10km Championship	Suncoast Sun Deck, Suncoast Casino (Durban Promenade)	21.1km run 10km run	Getfit AC	C 073 741 0218 alison.s.moor@gmail.com 312 9374 jabulani.m@kznathletics.co.za	Alison Moor	06h30
30-Jul	Forest 10km	Forest Hills Sports Club	10km run/walk	Forest Hills Sports Club	C 060 818 5843 jowild@hotmail.com	Jo Wild	06h30
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
06-Aug	Supa Mama Savages 21/10km Challenge	Morningside Primary School	21.1 km run 10 km run	Savages Athletic Club	C 073 281 4957 treasurer@savagesac.co.za	Gordon Diener	06h00
09-Aug	Totalsports Womens Race	Kings Park Athletics Stadium	10km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	08h00
20-Aug	Merewent 15km	Dhubri Road	15km run/walk 5km fun walk	Merewent AC	C 083 659 2537 lenny.govender@vopak.com	Lenny Govender	06h30
20-Aug	Pietermaritzburg SPAR Women's 10km Challenge	Alexandra Park	10km run/walk 5km run/walk	Natal Carbineers	C 082 682 1345 trishbolton92@gmail.com	Trish Bolton	08h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
03-Sep	Park Lane Superspar Capital Climb	Voortrekker High School, Cordwallis Road, Pmb	15km run/walk 5km run/walk	Midlands Athletic Club	C 083 374 9502 capitalclimb@gmail.com	Tony Morrison	07h00
03-Sep	Sisonke Challenge	Inanda Dam	10km run/walk	Sisonke AC	C 0734709842 sihle.shange@ymail.com	Sihle Shange	06h00
09-Sep	Health Wellness Race	Oval Sports Ground	21.1km run	Kokstad Link Pharmacy Runners Club	C 078 907 6631 kokstadlinkpharmacyrunnersclub@gmail.com	Ntsepiseng Mkhize	06h00
10-Sep	SAPS Striders Heritage Race	Kings Park Athletic Stadium	21.1 km run 10 km run/walk	SAPS Striders AC	C 072 881 1975 mntungwathulani@yahoo.com	Thulani Mntungwa	06h30 06h45

17-Sep	Gaterite Challenge	Kings Park Stadium	21.1km run/walk 10km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	06h30
17-Sep	Msunduzi Half Marathon	Msunduzi Athletic Stadium	21.1km run/walk 10km Run/walk 5km run/walk	Maritzburg City Athletic Club	C 082 797 3999 / 081 795 1421 maritzburgcity.ac1@gmail.com	Lungisani Mhlophe Sihle Zondi	06h00
24-Sep	Mathews Meyiwa Half Marathon	Mpumalanga Regional Stadium	21.1km run 10 km run/walk	Hammsdale AC	C 072 880 5731 thami.mbali@yahoo.com	Richard Bhengu	06h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
01-Oct	Eye Can Walk and Run Charity Challenge	Kings Park Athletic Stadium	10 km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	06h30
08-Oct	Wasbank Marathon	Sigweje High School Ladysmith	42.2km run 21.1 km run/walk	Wasbank Athletic Club	C 072 450 3481 wasbankac@gmail.com sifiso.nzuza60@gmail.com	Sifiso Nzuza	05h30
08-Oct	Township to Township	Umlazi	42.2km run 21.1km Run	Umlazi AC AC Chersterville KwaMashu AC	C 0734709842 sihle.shange@ymail.com	Sihle Shange	05h00
15-Oct	Mkhambathini Half Marathon	Camperdown Area	21,1km run 10 km run/walk	Mkhambathini AC	C 064 937 3380 msizizimu@gmail.com	Msizi Zimu	05h30
15-Oct	Isimangaliso	Bhangazi Gate to Capevidal	32km run 10km run	Mtubatuba AC	C 082 424 6875 ssitholezwe@gmail.com	Sizwe Jobe	07h00
21-Oct	KZNA COUNCIL MEETING	Durban		KZNA	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	09h00
22-Oct	Boxer Day of Races 5km.	Kingspark Athletic Stadium	5km run	Boxer Athletics Club	C 082 991 0045 entries@stillwatersports.com	Stillwater Sports	08h00
29-Oct	Goss & Balfe Sapphire Coast Marathon	Amanzimtoti Athletics Club	42.2km run 21.1km run/walk 10km run/walk	Amanzimtoti Athletics Club	C 082 498 6032 toti.ac.treasurer@gmail.com	Lynette Botha	06h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
04-Nov	ASA 10km Championships	Mbombela Stadium, Mpumalanga	10km	ASA	C 076 133 6131 ThabangMx@athleticsa.co.za	Thabang Maleka	
05-Nov	Hollybets Durban Summer	Kings Park Athletic Stadium	10km run	Hollywood AC	C 087 353 8930 athleticsclub@hollywoodbets.net	Lala / Siphso	06h00
12-Nov	SA Home Loans Oldies 10km	10 Ranleigh Crescent, Durban North	10 km run/walk	DHS Old Boys AC	C 082 941 4004 renvanb@gmail.com	Rene van Breukelen	06h00
19-Nov	Ulundi Striders Half Marathon	Prince Mangosuthu Buthelezi Stadium	21.1km run 10Km run	Ulundi Striders	C 0799464465 gazumoses@yahoo.com	Moses Gazu	06h30
19-Nov	Bluff Marathon	Fynnlads Sports Club 55 Smith Drive, Bluff	42.2km run 21.1 km run/walk 15 km walk	Bluff Athletic Club	C 083 625 3386 C 083 629 2388 info@bluffac.co.za	Lindsay Kapp Vee Maharaj	05h00
19-Nov	Save Orion Race	Save Hyper, 362 Victoria Street, Pietermaritzburg	21.1 km run/walk 10 km run/walk	Save Orion Athletic Club	C 083 262 5121 ajdna@live.com	Ajith Deena	05h30
25-Nov	KZNA Race Walking Championship	Kings Park Athletic Stadium	35km walk 20km walk 10km walk 5km walk	KZNA	C 031 312 9374 jabulani.m@kznathletics.co.za	Jabulani Mhlungu	05h30
25-Nov	Drakensberg Marathon	P288 Bergville	42.2km run 21.1km run 10km run	Drakensberg Athletic Club	C 083 252 0691/083 399 2472 barry@theroc.co.za	Barry Holland	06h00
26-Nov	Durban Runner Challenge	Kings Park Athletic Stadium	21.1km run 10km run	Durban Runner AC	C 082 332 9616 zane@durbanrunner.co.za	Zane	06h00
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02-Dec	Hope Challenge	Kings Park Athletics Stadium	21.1 km run/walk 10 km run/walk	EThekwini AC	C 0722218784 nduku@realtimetreading.co.za	Ndokenhle Zulu	06h00
03-Dec	Beds 2 Go Stainbank Cup	Yellowwood Park Sports Club	15 km run	Yellowwood Park Athletic Club	C 083 384 4053 freds@sa-shipyards.co.za	Fred Schoon	06h00
03-Dec	uMhlatuze Challenge	Richards Bay	21.1km run 10km run/walk 5km run/walk	NRB Harriers AC	C 078 722 7423 nrbarriers@gmail.com	Khulekani Khumalo	06h00
10-Dec	Ilovo Sugar 15km Christmas Challenge	Westville Athletic Club	15 km run/walk	Westville Athletic Club	C 082 414 1783 westvilleathleticclub@gmail.com	Sharon Schubach	06h00
17-Dec	Orcas Ultra	Inanda Dam	50km run 25km run	Orcas Running Academy	C 060 496 6781 C 073 470 9842 sihle.prodhumalo@gmail.com sihle.shange@ymail.com	Prodigal Khumalo Sihle Shange	06h00

Applications Not Received

	Go Beyond For A Child	Stella Sports Club	15 km run/walk 5km fun run
	Marshalls World of Sports Stella Royal with Vitality	Stella Sports Club	25 km run 10 km run/walk
	Ma'am Jila Memorial 10km Challenge	Mgenge Store	10km run
	Jokana Zululand Ultra	Ulundi Airport	56km run 10km run/walk 5km fun run
	Arthur Creswell Memorial Marathon	Bergville Municipal Offices	52km run 21.1km run
	Crescent Challenge	Kings Park Athletics Stadium	21.1 km run 10 km run/walk
	Neighbourhood Race		
	Tronox Marathon	Addison Park, Empangeni	42.2 km run 21.1 km run/walk 10 km run/walk
	Nquthu	Agriculture (GG)	42.2 km run 21.1 km run
	10km Msinga Race	Cwaka R33	10km run/walk
	South Coast Ultra	Ugu Sport & Leisure Centre	48km run 21.1km run/walk 10km run/walk
	Selati Pongola 4 in 1 Sugar Cane Race	Pongola Caravan Park	42.2 km run 21.1 km run/walk 10 km run walk
	Gaterite Challenge	Verulam Recreation Grounds	42.2 km run 21.1 km run/walk 10 km run/walk
	James Nxumalo Challenge	Ndokweni Sports Field	10km run
	Nyanya Race	Enkonjeni Primary School	10km run/walk
	Qapheqolo Save the Rhino	Maclubi Sport Ground	21.1 km run 10 km run/walk 5 km fun run
	Umkhumbane Half Marathon	Umkhumbane Museum	21.1km run 10m run /walk
	Cemetery to Cemetery	Ethembeni, Lincon Meade Cemetery	12km run
	Durban Runner Challenge	Glenwood High School	21.1 km run 10 km run/walk
	Ithuba 21km	Ithuba Office - Kranskop	21.1km run/walk 10km run/walk
	Newcastle Night Race	Newcastle Mall	10km run
	Maritzburg SPAR Women's Race	The Oval	10 km run/walk 5 km run/walk
	Eshowe Vithiza	Eshowe Sports Club	10km run/walk
	Health Wellness Race	Kokstad Oval Grounds	21.1km run 10 km run
	Merewent 10km	Dhubri Road Sports Ground	10km run/walk
	The Mineshaft	Queensburgh Sports Association	15 km run/walk
	LAC Night Race	Ladysmith Athletic Club	21.1km run 10km run/walk

	Amajuba Marathon	Old Monte Vista Casino, Drakensburg Avenue	42.2km run 21.1km run 10km run
	AK 10km	Kloof Country Club	10km run/walk
	Goss & Balfe South Coast Marathon	Scottburgh	42.2 km run 21.1 km run/walk 10 km run/walk
	Abalindi	Ladysmith Athletic Club Office	21km run 10km run
	FNB Durban 10km City Run	Durban Beachfront	10km run/walk
	Hope Challenge	Durban University of Technology	21.1 km 10 km
	Sani Stagger	Sani Pass Hotel	42.2 km run 21.1 km run
	City to Harbour Race	Greyville Racecourse	15km 10 km 5km
	Umhlatuze Race	Empangeni - Richards Bay	10km run/walk 5km run/walk
	Durban City 10km	Kings Park Athletic Stadium	10km run/walk

Orcas Academy
Stella Athletic Club
Zenzeleni AC
Nongoma AC
Ladysmith Athletic Club
Crescent Sporting Club
Abasubathi AC
Umhlatuze Athletic Club
Nquthu Development Athletics
Msinga Development AC
South Coast Striders
Pongola Athletic Club
Verulam Athletic Club
Hlonipha AC
Nigrescens AC
Mtubatuba Athletic Club
Umkhumbane AC
Maritzburg City AC
Durban Runner Athletic Club
Ntunjambili AC
Harambe 2040 AC
Natal Carbineers AC
Eshowe Striders AC
Kokstad Link Pharmacy Runners Club
Merewent Athletic Club
Queensburgh Harriers
Ladysmith Athletic Club

Newcastle City AC
Athletics Kloof
Amanzimtoti Athletic Club
Abalindi AC
Ethekwini Athletic Club
Ethekwini Athletic Club
Sani Athletic Club
Kindred Sports
NHB Harriers AC
Durban City Multisports Club

KWAZULU-NATAL ATHLETICS

2023 TRACK AND FIELD FIXTURE (version 6 - 30/01/23)

DATE	DAY	EVENT	VENUE	ENTRIES COSES
28 Jan	Sat	KZNA SYYJSM League 1 (14 years and older)	PM Burg	Wed. 24
04 Feb	Sat	KZNA SYYJSM League 2 (14 years and older)	Richards Bay	Wed. 01
11 Feb	Sat	KZNA SYYJSM League 3 (14 years and older)	Amajuba	Wed. 08
18 Feb	Sat	KZNA SYYJSM League 4 (14 years and older)	PM Burg	Wed. 15
25 Feb	Sat	KZNA SYYJSM League 5 (14 years and older)	PM Burg	Wed. 22
25-26 Feb	Fri-Sat	TVET Colleagues Provincial Champs	PM Burg	TBA
03-04 Mar	Fri-Sat	Provincial Champs – Primary Schools (10-13 years)	PM Burg	TBA
10-12 Mar	Fri-Sun	KZNA U16/ U18 & U20 Provincial Champs (14-19 years)	PM Burg	Thur. 23 Feb
		Incorporating High Schools and LSEN Champs (14-19 years)		TBA
17 - 18 Mar	Fri-Sat	KZNA Senior and Masters Provincial Champs (16 & older)	PM Burg	Thur. 02 Mar
19 - 21 Mar	Sun - Tue	Primary Schools National Champs (10-13 years)	KZN	TBA
23 – 25 Mar	Thur-Sat	ASA U16/ U18 & U20 National Championships	PM Burg, KZN	TBA
30 Mar – 01 Apr	Thur-Sat	ASA Senior T&F National Championships	NWU Mc Arthur Stadium	TBA
02-04 April	Sun – Tue	TVET Colleges National Championships	KPA/ PM Burg	TBA
02-05 April	Sun –Wed	High Schools National Champs (14-19 years)	Bloemfontein	TBA



KWAZULU-NATAL ATHLETICS

2023 TRACK AND FIELD FIXTURE (version 6 - 30/01/23)

19 Aug	Sat	KZNA Sub Youth League 1 (7 – 13 years)	PM Burg	Wed. 16
26 Aug	Sat	KZNA Sub Youth League 2 (7 – 13 years)	Ladysmith	Wed. 23
02 Sept	Sat	KZNA SYYJSM League 1 (14 years and older)	Port Shepstone	Wed. 30 Aug
09 Sept	Sat	KZNA Sub Youth League 3 (7 – 13 years)	Amajuba	Wed. 06
23Sept	Sat	KZNA SYYJSM League 2 (14 years and older)	PM Burg	Wed. 20
07 Oct	Sat	KZNA Sub Youth League 4 (7 – 13 years)	Richards Bay	Wed. 04.
14 Oct	Sat	KZNA SYYJSM League 3 (14 years and older)	PM Burg	Wed. 11
21 Oct	Sat	KZNA Sub Youth League 5 (7 – 13 years)	PM Burg	Wed. 18
28 Oct	Sat.	KZNA SYYJSM League 4 (14 years and older)	PM Burg	Wed. 25
04 Nov	Sat	KZNA Sub Youth Provincial Championships	Richards Bay/ PM Burg	Wed. 25 Oct.
11 Nov	Sat	KZNA SYYJSM League 5 (14 years and older)	PM Burg	Wed. 08
TBA	Sat	ASA Sub Youth Inter-Provincial Championships	TBA	TBA
TBA	TBA	SALGA KZN DSAC GAMES	BA	TBA

