



Physical Address
Kings Park Athletic Stadium
41 Isaiah Ntshangase Road
Durban
4001

Postal Address
PO Box 47323
Greyville
4023

Telephone: 031 312 9374
Facsimile: 031 303 2728
E-Mail: admin@kznathletics.co.za
Website: www.kznathletics.co.za

KWAZULU-NATAL ATHLETICS

24 NOVEMBER 2022

KZNA CIRCULAR 115 OF 2022

TO : ALL CLUBS

SUBJECT : KZN ATHLETICS 32KM TIME TRIAL TO SELECT THE TEAM TO REPRESENT KZN ATHLETICS AT THE SA MARATHON CHAMPIONSHIP.

Dear All

You are kindly informed that the KZNA 32km Time Trial, to select the KZNA marathon team, will be incorporated into the uMhlathuze Challenge 21km, 10km, 5km on **04 December 2022** in Richards Bay, and hosted by NRB Harriers. **This is the last qualifier.**

INCENTIVES:

Incentives will **only** be awarded to the top 3 senior athletes and first age category athletes who have met the qualifying standard.

Men/ Women

Seniors: 1. R1300
2. R800
3. R400

35-39: 1. R400
40-49: 1. R400
50-59: 1. R400
60+: 1. R400

President: S Mkasi; **Vice President :** M Mngomezulu; **Chairperson Athletes Commission :** S Mthembu; **Chairperson Cross Country Commission :** S Ndlovu; **Chairperson Road Commission :** R Khanyile; **Chairperson Track and Field Commission :** K Buthelezi; **Additional Member :** A Naicker **Additional Member :** T Mazibuko; **Additional Member :** P Hlongwane; **Additional Member :** S Dlamini; ; **Additional Member :** S Nxumalo; ; **Additional Member :** C Winn

QUALIFYING STANDARDS (32KM)

MEN

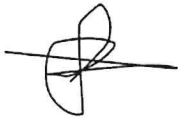
Seniors	35-39	40-49	50-59	60+
1: 42: 00	1:45:00	1:50:00	2:05:00	2:15:00

WOMEN

Seniors	35-39	40-49	50-59	60+
2:00:00	2:10:00	2:15:00	2:20:00	2:35:00

For more information contact the KZNA Office on 031 312 9374

Kind Regards



Jessica Khomo
General Manager
KwaZulu-Natal Athletics