



KZNA SUB YOUTH TRACK AND FIELD SELECTION CRITERIA

This document sets out the basis on which KZNA will select its teams for the Inter Provincial Sub Youth Championships in Sasolburg, Vaal.

Aims

The aim of KZNA's Selection Policy for the SA Sub is to enter a quality team to represent KZNA. The policy is aligned with the ASA Strategic Plan (2016-2019), and specifically aims to facilitate the following outcomes:

- Selecting athletes that are realistic medal contenders,
- Selecting athletes that are realistic top 10 finishers,
- Providing major Championships experience to potential future Youth National Championships contenders

Policy

All athletes who wish to be considered for selection into the KZNA Team for the Sub Youth Inter Provincial Championships, MUST:

- Participate in the KZNA championships that will be known as the trials on Saturday, 05 November 2022.
- Participate in at least ONE (1) KZNA League Meeting.
- The first TWO athletes who reach the KZNA qualifying standard during the Championships shall automatically be included in the KZNA Team. (Provided they run at least ONE (1) KZNA League Meeting before)
- The THIRD athlete in the final that reach the standard may also be considered for selection, (Provided they run at least ONE (1) KZNA League Meeting before) if number permits.
- Should no athlete reach the KZNA qualifying standard during the Championships, but has reached the qualifying standard during the heats, or an official KZNA, or ASA meeting including the leagues, that



athlete may be considered for selection into the KZNA Team if numbers permit.

- Performances will ONLY be recognised if electronically timed for track events and wind readings are supplied for Sprints, as well as Hurdles and Long & Triple Jump. Hand Times and non-wind-controlled performances (where required) will not be accepted.
- An athlete who did not reach the qualifying standard, but who wins his / her event at the TRIALS, WILL NOT be considered for selection into the KZNA Team
- Athletes that did not participate in at least ONE (1) KZNA League Meeting or the KZNA Championships due to injury must submit a medical certificate issued by a medical practitioner indicating the following, at least by not later than TWO (2) hours before the last event of the Championships:
 - ✚ Nature of injury.
 - ✚ Date sustained.
 - ✚ Prognosis.



KZNA SUB YOUTH MINIMUM QUALIFYING STANDARDS (UPDATED 03 NOV. 2022)

ITEM	GIRLS 7	GIRLS 9	GIRLS 11	GIRLS 13	BOYS 7	BOYS 9	BOYS 11	BOYS 13	ITEM
60M	11,08	9,45			10,00	9,15			60M
80M	14,10	12,40	11,45		13,15	11,87	11,10		80M
100M			14,00	13,50			13,50	12,30	100M
200M				28,44				25,25	200M
600M		2:10,50				2:05,50			600M
800M				2:40,00				2:20,50	800M
1200M			4:10,00				3:12,70		1200M
1500M				05:10,00				04:40,55	1500M
1500MW				10:00,00				09:30,00	1500MW
70MH			12,55				11,96		70MH
75MH				12,54					75MH
80MH								12,50	80MH
200MH				32,30				29,27	200MH
TURBO JAV		14.15m	18.60m			18.54m	22.85m		TURBO JAV
JAV				28.00m				35.00m	JAV
HJ			1.28m	1.45m			1.32m	1.55m	HJ
LJ			4.20m	4.45m			4.30m	5.00m	LJ
SP			9.30m	10.20m			11.00m	11.00m	SP
DIS				31.30m				33.50m	DIS