

KZN Qualifying standards based on 650 points on APE Tables

	BOYS			GIRLS		
	16	18	20	16	18	20
100m	10.95	10.84	10.68	12.60	12.51	12.34
200m	22.05	21.85	21.53	26.03	25.85	25.50
400m	50.06	49.63	48.88	58.60	58.12	56.32
800m	1.58.12	1.56.90	1.54.54	2.17.76	2.14.24	2.12.92
1500m	4.10.13	4.02.46	3.58.35	4.38.30	4.36.63	4.34.95
3000m	9.05.28	8.55.36	8.53.99	10.24.98	10.11.10	10.37.22
5000m			15.05.39			18.02
Short H	14.56(100)	14.56(110)	14.73	15.08	14.50	14.92
Long H	54.88	54.33	54.96	66.65	65.19	64.41
Steeple.C	6.27.68	6.22.21	10.15.93			11.20.28
Walk	28.10.67	53.26.66	51.32.72	29.35.29	28.30.50	60.44.35
High J	1.94	1.98	2.05	1.60	1.65	1.71
Pole V	4.54	4.64	4.81	3.56	3.63	3.76
Long J	6.66	6.85	7.17	5.42	5.68	5.82
Triple J	12.18	13.46	13.92	11.20	11.50	11.79
Shot p	15.92	16.03	16.07	12.74	13.06	11.92
Discus T	49.32	50.21	46.26	36.56	37.57	39.58
Hammer T	51.69	52.02	46.24	44.07	44.52	39.96
Javelin T	62.42	63.92	63.96	42.65	43.37	43.41