

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
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Results of all Finals and Heats

Ordered by Item types

Performance Scores: ASA_2016 table, Electronic Time, Height above sea=10

Item 105	15:55 Final Women 25 100m (Seniors)					+2.0		
1	NDZINISA,PHUMLILE, 205	ESW	12.09	8	0		G	
2	NGEMA,SNETHEMBA, 213	UKZNAC	12.58	7	0		S	
3	DUBAZANE,THEMBELIHLE, 266	UTR	12.78	6	0		B	
4	MUZAMA,DEBORAH, 20	CKS	13.30	5	0			
5	MTHEMBU,NOKUBONGWA, 81	EHAC	13.39	4	0			
6	NDLOVU ,THULILE, 60	DUT	13.42	3	0			
0	KHOZA,NONDUMISO, 257	VCAC	DNS: DNS	0	0			
0	ENGLER,ZOE, 73	EPG	DNS: DNS	0	0			
Item 62	11:40 Heat 1 of 4 Women 25 100m (Seniors)							
1	ENGLER,ZOE, 73	EPG			0			
1	LINDOKUHLE,MAVUNDLA, 391	INA			0			
1	MVUBU,ZAMOKUHLE, 228	UOZ			0			
1	MTHEMBU,NOKUBONGWA, 81	EHAC	13.42		0			
1	NDLOVU ,THULILE, 60	DUT			0			
1	NDZINISA,PHUMLILE, 205	ESW			0			
0	BASI,MBALENHLE, 135	MUT	DNR: DNR		0			
Item 63	11:40 Heat 2 of 4 Women 25 100m (Seniors)							
1	KHOZA,NONDUMISO, 257	VCAC			0			
1	MUZAMA,DEBORAH, 20	CKS			0			
1	MOFOKENG,NONTIANTIA, 227	UOZ			0			
1	DUBAZANE,THEMBELIHLE, 266	UTR			0			
1	NTOZAKHE,SANELISIWE, 47	DUT			0			
1	MAGUBANE,THOBEKA, 42	DUT			0			
0	MHLONGO,SHEREEN, 80	EHAC	DNR: DNR		0			
Item 64	11:40 Heat 3 of 4 Women 25 100m (Seniors)							
1	HLONGWA,STHANDIWE, 265	UKZNAC			0			
1	MDLULI,ANELA, 223	UOZ			0			
0	MKHIZE,STHANDIWE, 43	DUT	DNR: DNR		0			
0	NDWALANE,PRETTY, 45	DUT	DNR: DNR		0			
0	VILAKAZI,THOBILE, 38	DDAC	DNR: DNR		0			
0	CELE,NOBUBELE, 136	MUT	DNR: DNR		0			
Item 65	11:40 Heat 4 of 4 Women 25 100m (Seniors)							
1	NGEMA,SNETHEMBA, 213	UKZNAC			0			
1	LUSHABA,ZAMA, 225	UOZ			0			
0	PRETORIUS,STACEY, 183	RBAC	DNR: DNR		0			
0	MOSIYA ,LETHU , 196	SPEX	DNR: DNR		0			
0	MTAMBO,SPHELELE, 44	DUT	DNR: DNR		0			
0	DETSHE,ZINTLE, 137	MUT	DNR: DNR		0			
Item 83	13:28 Semi Final 1 of 2 Women 25 100m (Seniors)					+3.5		
1	KHOZA,NONDUMISO, 257	VCAC	12.39		0			
2	NGEMA,SNETHEMBA, 213	UKZNAC	12.50		0			
3	MUZAMA,DEBORAH, 20	CKS	13.17		0			
4	MTHEMBU,NOKUBONGWA, 81	EHAC	13.31		0			
5	NDLOVU ,THULILE, 60	DUT	13.33		0			
6	LUSHABA,ZAMA, 225	UOZ	14.04		0			
7	MDLULI,ANELA, 223	UOZ	14.37		0			
8	MAGUBANE,THOBEKA, 42	DUT	15.06		0			
Item 84	13:28 Semi Final 2 of 2 Women 25 100m (Seniors)					+2.6		
1	NDZINISA,PHUMLILE, 205	ESW	11.99		0			
2	DUBAZANE,THEMBELIHLE, 266	UTR	12.88		0			
3	ENGLER,ZOE, 73	EPG	13.19		0			
4	HLONGWA,STHANDIWE, 265	UKZNAC	14.22		0			
5	NTOZAKHE,SANELISIWE, 47	DUT	14.42		0			
6	MOFOKENG,NONTIANTIA, 227	UOZ	15.11		0			
7	MVUBU,ZAMOKUHLE, 228	UOZ	15.91		0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
8		LINDOKUHLE,MAVUNDLA, 391	INA	16.89		0		
Item 106	16:00	Final Men 25 100m (Seniors)				+2.0		
1		GAINES,MARK, 214	UKZNAC	10.57	8	0	G	
2		NGESI,NTOKOZO, 399	DDAC	10.67	7	0	S	
3		MPENDULO,MAKHANYA, 388	OGWINI	10.84	6	0	B	
4		MARLOTH,HEINRICH, 100	FF	10.92	5	0		
5		THANDO,LOLIWE, 1	ACT	10.93	3.5	0		
5		NKOSI,WANDILE, 63	DUT	10.93	3.5	0		
7		SEETAL,KEATON, 65	DUT	11.05	2	0		
0		NDZWANANA,SIMPHIWE, 61	DUT	DNS: DNS	0	0		
Item 66	11:50	Heat 1 of 6 Men 25 100m (Seniors)				+2.0		
1		MASEKO,VALENTINE, 54	DUT	10.57		0		
2		YONGA,MANZI, 39	DDAC	10.64		0		
3		BEYA,JACQUES, 96	FF	10.84		0		
4		XOLO,THOMAS, 84	EHAC	10.92		0		
5		DLODLO,SAKHILE, 122	INAND	10.93		0		
6		MAGWANYANA,KWANELE, 235	UOZ	10.93		0		
7		NDLOVU,NDABEZINHLE, 78	EPG	11.05		0		
8		SEETAL,KEATON, 65	DUT	11.17		0		
Item 67	11:50	Heat 2 of 6 Men 25 100m (Seniors)				+1.5		
1		NDLELA,ANDISWA, 158	NEW	11.50		0		
0		MDEBUKA,ZUKO, 55	DUT	Disq: DISQ		0		
0		JANSEN,MORNE, 15	BBAC	DNR: DNR		0		
0		MKHONZA,SIBUSISO, 156	NEW	DNR: DNR		0		
0		DLAMINI,MTHOBISI, 164	PHA	DNR: DNR		0		
0		NDLELA,ANDISWA, 128	IND	DNR: DNR		0		
0		KHANYILE,DAVID, 140	MUT	DNR: DNR		0		
Item 68	11:50	Heat 3 of 6 Men 25 100m (Seniors)				+1.5		
1		THANDO,LOLIWE, 1	ACT	10.93		0		
2		NDZWANANA,SIMPHIWE, 61	DUT	11.01		0		
3		MTHEMBU,SFISO, 199	SPEX	11.28		0		
4		MABASO,SANDILE, 154	NEW	12.38		0		
0		MBATHA,WANDILE, 258	VCAC	DNR: DNR		0		
0		KHUMALO,SPHAMANDLA, 152	NEW	DNR: DNR		0		
0		TENZA,MFANELO, 210	UKZN	DNR: DNR		0		
0		TSHITEYA,TSHIMANGA, 211	UKZN	DNR: DNR		0		
Item 69	11:50	Heat 4 of 6 Men 25 100m (Seniors)				+1.4		
1		GAINES,MARK, 214	UKZNAC	10.63		0		
2		MPENDULO,MAKHANYA, 388	OGWINI	10.91		0		
3		RORKE,JOHNATHAN, 129	IND	11.29		0		
4		MABASO,KHANYISANI, 50	DUT	11.47		0		
5		NDWANDWE,THOKOZANI, 238	UOZ	11.71		0		
6		NGUBANE,SIYOLUGUNA, 240	UOZ	12.65		0		
7		XABA,NHLANHLA PRIDE, 119	INA	12.84		0		
8		SIBISI,LINDOKUHLE, 66	DUT	13.74		0		
Item 70	11:50	Heat 5 of 6 Men 25 100m (Seniors)				+1.8		
1		NGESI,NTOKOZO, 399	DDAC	10.83		0		
2		MYENI,BONGUMUSA, 259	VCAC	11.25		0		
3		NGQUISEKA,NTOBOKA, 101	FF	11.48		0		
4		MPULO,SANELE, 57	DUT	12.30		0		
5		MALAWU T12,LWANDILE MINUS T12,	UKZNAC	12.49		0		
6		GUMEDE,AYANDA, 232	UOZ	12.86		0		
7		NKOMONDE,NJABULO, 62	DUT	13.48		0		
0		FUNJWA,SIPHIWE, 148	NEW	DNR: DNR		0		
Item 71	11:50	Heat 6 of 6 Men 25 100m (Seniors)				+2.2		
1		MARLOTH,HEINRICH, 100	FF	11.01		0		
2		NKOSI,WANDILE, 63	DUT	11.04		0		
3		KHOLWANE,SIPHESIHLE, 151	NEW	11.40		0		
4		ZONDI,MELULEKI, 67	DUT	12.06		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
5		MABHIDA,MBONGENI, 218	UDAC	12.50		0		
6		NLANANA,SIMPHIWE, 241	UOZ	12.65		0		
0		NGOBESE,NJABULO, 4	AHS	DNR: DNR		0		
0		KHANYILE,SIYABONGA, 32	DDAC	DNR: DNR		0		
Item 85	13:32 Semi Final 1 of 3 Men 25 100m (Seniors)					+2.0		
1		GAINES,MARK, 214	UKZNAC	10.51		0		
2		MARLOTH,HEINRICH, 100	FF	10.80		0		
3		NKOSI,WANDILE, 63	DUT	10.81		0		
4		MASEKO,VALENTINE, 54	DUT	11.14		0		
5		KHOLWANE,SIPHESIHLI, 151	NEW	11.23		0		
6		NGQUISEKA,NTOBOKA, 101	FF	11.30		0		
7		NDWANDWE,THOKOZANI, 238	UOZ	11.74		0		
8		ZONDI,MELULEKI, 67	DUT	12.02		0		
Item 86	13:32 Semi Final 2 of 3 Men 25 100m (Seniors)					+2.0		
1		NGESI,NTOKOZO, 399	DDAC	10.66		0		
2		NDZWANANA,SIMPHIWE, 61	DUT	11.01		0		
3		SEETAL,KEATON, 65	DUT	11.04		0		
4		MYENI,BONGUMUSA, 259	VCAC	11.15		0		
5		XOLO,THOMAS, 84	EHAC	11.20		0		
6		BEYA,JACQUES, 96	FF	11.25		0		
7		DLODLO,SAKHILE, 122	INAND	11.79		0		
Item 87	13:32 Semi Final 3 of 3 Men 25 100m (Seniors)					+2.0		
1		MPENDULO,MAKHANYA, 388	OGWINI	10.76		0		
2		THANDO,LOLIWE, 1	ACT	10.85		0		
3		RORKE,JOHNATHAN, 129	IND	11.25		0		
4		MABASO,KHANYISANI, 50	DUT	11.48		0		
5		MTHEMBU,SFISO, 199	SPEX	12.30		0		
0		NDLELA,ANDISWA, 158	NEW	DNS: DNS		0		
0		YONGA,MANZI, 39	DDAC	DNS: DNS		0		
Item 90	13:55 Final Women MixAge 100m (Masters)					+2.5		
35	1	SHANGE,DUDUZILE, 7	AAC	15.48	8	0	G	
49	1	OGRAM,ROSLYN, 93	FF	15.00	8	0	G	
50	1	SIGUBUDU,NANA, 116	INA	16.63	8	0	G	
69	1	JACOBS,MARLENE, 105	FY	18.59	8	0	G	
Item 91	14:00 Final Men MixAge 100m (Masters H1)					+1.9		
30	1	JANSEN,MORNE, 382	BBAC	13.19	8	0	G	
36	0	DLAMINI,SANDILE, 398	IND	DNF: DNF	0	0		
49	1	DUNN,MARLON, 146	NED	12.45	8	0	G	
49	2	OGRAM,EDMOND, 383	FF	13.20	7	0	S	
59	1	MBEKWANA,ZANDISILE, 106	FY	13.42	8	0	G	
Item 92	14:00 Final Men MixAge 100m (Masters H2)							
60	1	OEOFSE,WALTER, 108	FYAC	16.23	8	0	G	
70	1	MOTALA,YACOOB, 195	SAC	16.70	8	0	G	
80	1	MIEKAUTSCH,HANS, 130	KPAC	17.13	8	0	G	
80	2	BRUCE-BRAND,AVON, 97	FF	18.31	7	0	S	
Item 32	20:10 Final Women 25 200m (Seniors)					+0.3		
1		NDZINISA,PHUMLILE, 205	ESW	24.79	8	0	G	
2		KHOZA,NONDUMISO, 257	VCAC	25.32	7	0	S	
3		MTHEMBU,SAMUKLISIWE, 25	COS	25.45	6	0	B	
4		ENGLER,ZOE, 73	EPG	26.92	5	0		
5		MUZAMA,DEBORAH, 20	CKS	27.10	4	0		
6		MTHEMBU,NOKUBONGWA, 81	EHAC	27.75	3	0		
0		CLOETE,CELINE, 89	FF	DNR: DNR	0	0		
0		NGEMA,SNETHEMBA, 213	UKZNAC	DNR: DNR	0	0		
Item 1	17:00 Heat 1 of 4 Women 25 200m (Seniors)							
1		NOGULA,SIZIPHIWE, 230	UOZ			0		
2		NDZINISA,PHUMLILE, 205	ESW			0		
3		MUZAMA,DEBORAH, 20	CKS			0		
4		ENGLER,ZOE, 73	EPG			0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		MHLONGO,SHEREEN, 80	EHAC	DNR: DNR		0		
0		DUBAZANE,THEMBELIHLE, 266	UTR	DNR: DNR		0		
0		MKHIZE,STHANDIWE, 43	DUT	DNR: DNR		0		
Item 2	17:00 Heat 2 of 4 Women 25 200m (Seniors)							
1		CELE,NOBUBELE, 136	MUT			0		
2		MAGUBANE,THOBEKA, 42	DUT			0		
3		KHOZA,NONDUMISO, 257	VCAC			0		
4		MTHEMBU,NOKUBONGWA, 81	EHAC			0		
5		MCHUNU ,SANELISIWE, 217	UKZNP			0		
0		BOMPASS,JESSICA, 72	EPG	DNR: DNR		0		
0		LUSHABA,ZAMA, 225	UOZ	DNR: DNR		0		
Item 3	17:00 Heat 3 of 4 Women 25 200m (Seniors)							
1		ZULU,NOMCEBO, 95	FF			0		
2		NGEMA,SNETHEMBA, 213	UKZNAC			0		
3		MTHEMBU,SAMUKLISIWE, 25	COS			0		
4		NTOZAKHE,SANELISIWE, 47	DUT			0		
0		MVUBU,ZAMOKUHLE, 228	UOZ	DNR: DNR		0		
0		DETSHE,ZINTLE, 137	MUT	DNR: DNR		0		
Item 4	17:00 Heat 4 of 4 Women 25 200m (Seniors)							
1		CLOETE,CELINE, 89	FF			0		
2		HLONGWA,STHANDIWE, 265	UKZNAC			0		
0		BLOUNT,NICOLE, 19	CKS	DNR: DNR		0		
0		MDLULI,ANELA, 223	UOZ	DNR: DNR		0		
0		MOSIYA ,LETHU , 196	SPEX	DNR: DNR		0		
0		BASI,MBALENHLE, 135	MUT	DNR: DNR		0		
Item 18	18:25 Semi Final 1 of 2 Women 25 200m (Seniors)							
1		MTHEMBU,SAMUKLISIWE, 25	COS	25.57		0		
2		MUZAMA,DEBORAH, 20	CKS	26.89		0		
3		ENGLER,ZOE, 73	EPG	27.29		0		
4		CLOETE,CELINE, 89	FF	27.85		0		
5		MCHUNU ,SANELISIWE, 217	UKZNP	27.86		0		
6		HLONGWA,STHANDIWE, 265	UKZNAC	29.87		0		
7		MAGUBANE,THOBEKA, 42	DUT	32.29		0		
8		NOGULA,SIZIPHIWE, 230	UOZ	33.87		0		
Item 19	18:25 Semi Final 2 of 2 Women 25 200m (Seniors)							
1		NDZINISA,PHUMLILE, 205	ESW	24.49		0		
2		KHOZA,NONDUMISO, 257	VCAC	25.62		0		
3		NGEMA,SNETHEMBA, 213	UKZNAC	26.48		0		
4		MTHEMBU,NOKUBONGWA, 81	EHAC	27.35		0		
5		ZULU,NOMCEBO, 95	FF	29.16		0		
6		NTOZAKHE,SANELISIWE, 47	DUT	30.84		0		
7		CELE,NOBUBELE, 136	MUT	33.34		0		
Item 33	20:15 Final Men 25 200m (Seniors)							
1		NENE,ZAKITHI, 209	UKZN	21.42	8	0	G	
2		NGESI,NTOKOZO, 399	DDAC	21.57	7	0	S	
3		NDLELA,ANDISWA, 158	NEW	21.84	6	0	B	
4		MBATHA,WANDILE, 258	VCAC	22.02	5	0		
5		MARLOTH,HEINRICH, 100	FF	22.08	4	0		
6		NDZWANANA,SIMPHIWE, 61	DUT	22.26	3	0		
7		NKOSI,WANDILE, 63	DUT	22.55	2	0		
0		THANDO,LOLIWE, 1	ACT	DNR: DNS	0	0		
Item 5	17:10 Heat 1 of 6 Men 25 200m (Seniors)							
1		NDLELA,ANDISWA, 158	NEW	22.05		0		
2		MABASO,SANDILE, 154	NEW	22.58		0		
3		XOLO,THOMAS, 84	EHAC	22.60		0		
4		DUBE,SCELO, 248	UTR	22.77		0		
5		MDEBUKA,ZUKO, 55	DUT	24.73		0		
6		NKOMONDE,NJABULO, 62	DUT	28.21		0		
0		NDLOVU,NDABEZINHLE, 78	EPG	DNS: DNS		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		XABA,NHLANHLA PRIDE, 119	INA	DNS: DNS		0		
Item 6		17:10 Heat 2 of 6 Men 25 200m (Seniors)				+2.8		
1		NGESI,NTOKOZO, 399	DDAC	21.83		0		
2		NDZWANANA,SIMPHIWE, 61	DUT	22.21		0		
3		THWALA,LINDANI, 160	NEW	22.34		0		
4		MABASO,NKOSINGIPHILE, 153	NEW	22.47		0		
5		MYENI,BONGUMUSA, 259	VCAC	22.76		0		
6		NDWANDWE,THOKOZANI, 238	UOZ	24.09		0		
7		MPULO,SANELE, 57	DUT	24.67		0		
8		DLAMINI,MTHOBISI, 164	PHA	28.27		0		
Item 7		17:10 Heat 3 of 6 Men 25 200m (Seniors)				+2.2		
1		MBATHA,WANDILE, 258	VCAC	21.89		0		
2		SEETAL,KEATON, 65	DUT	22.54		0		
3		TENZA,MFANELO, 210	UKZN	23.39		0		
4		RORKE,JOHNATHAN, 129	IND	23.51		0		
5		MAGWANYANA,KWANELE, 235	UOZ	25.84		0		
0		TSHITEYA,TSHIMANGA, 211	UKZN	DNS: DNS		0		
0		SIBISI,LINDOKUHLE, 66	DUT	DNS: DNS		0		
Item 8		17:10 Heat 4 of 6 Men 25 200m (Seniors)				+0.9		
1		NENE,ZAKITHI, 209	UKZN	21.29		0		
2		MARLOTH,HEINRICH, 100	FF	22.40		0		
3		KHOLWANE,SIPHESIHLE, 151	NEW	22.49		0		
4		ALLAN,KAYLYN, 204	SUN	24.10		0		
5		NLANANA,SIMPHIWE, 241	UOZ	26.33		0		
0		ZULU,NHLAKANIPHO, 70	DUT	DNS: DNS		0		
Item 9		17:10 Heat 5 of 6 Men 25 200m (Seniors)				+2.1		
1		NKOSI,WANDILE, 63	DUT	22.60		0		
2		BEYA,JACQUES, 96	FF	23.26		0		
3		ZONDI,MELULEKI, 67	DUT	24.32		0		
4		SITHOLE,SAKHILE, 109	HILL	26.07		0		
5		NGUBANE,SIYOLUGUNA, 240	UOZ	28.18		0		
0		MGOBHOZI,SIHLE, 220	UDAC	DNS: DNS		0		
0		DUBE,SICEO, 31	DDAC	DNS: DNS		0		
Item 10		17:10 Heat 6 of 6 Men 25 200m (Seniors)				+1.7		
1		THANDO,LOLIWE, 1	ACT	21.94		0		
2		NJABULO,GAMEDE, 198	SPEX	22.66		0		
3		MASEKO,VALENTINE, 54	DUT	22.80		0		
4		DLODLO,SAKHILE, 122	INAND	23.81		0		
5		TSANYANE ,TSIELO, 202	SPEX	24.22		0		
0		CLARK,ANTHONY, 22	CKS	DNS: DNS		0		
0		MABHIDA,MBONGENI, 218	UDAC	DNS: DNS		0		
0		KHANYILE,SIYABONGA, 32	DDAC	DNS: DNS		0		
Item 20		18:30 Semi Final 1 of 3 Men 25 200m (Seniors)				+0.6		
1		NENE,ZAKITHI, 209	UKZN	21.24		0		
2		MARLOTH,HEINRICH, 100	FF	21.96		0		
3		THANDO,LOLIWE, 1	ACT	22.09		0		
4		MABASO,NKOSINGIPHILE, 153	NEW	22.56		0		
5		MASEKO,VALENTINE, 54	DUT	22.64		0		
6		KHOLWANE,SIPHESIHLE, 151	NEW	23.16		0		
7		BEYA,JACQUES, 96	FF	23.52		0		
0		RORKE,JOHNATHAN, 129	IND	DNS: DNS		0		
Item 21		18:30 Semi Final 2 of 3 Men 25 200m (Seniors)				+0.0		
1		NGESI,NTOKOZO, 399	DDAC	21.61		0		
2		NDLELA,ANDISWA, 158	NEW	21.85		0		
3		THWALA,LINDANI, 160	NEW	22.48		0		
4		NJABULO,GAMEDE, 198	SPEX	22.74		0		
5		MYENI,BONGUMUSA, 259	VCAC	23.09		0		
6		TENZA,MFANELO, 210	UKZN	23.31		0		
7		DLODLO,SAKHILE, 122	INAND	23.75		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		SEETAL,KEATON, 65	DUT	DNS: DNS		0		
Item 22	18:30	Semi Final 3 of 3 Men 25 200m (Seniors)				+1.2		
1		MBATHA,WANDILE, 258	VCAC	22.18		0		
2		NDZWANANA,SIMPHIWE, 61	DUT	22.36		0		
3		NKOSI,WANDILE, 63	DUT	22.42		0		
4		XOLO,THOMAS, 84	EHAC	22.61		0		
5		MABASO,SANDILE, 154	NEW	22.77		0		
6		DUBE,SCELO, 248	UTR	23.21		0		
7		NDWANDWE,THOKOZANI, 238	UOZ	24.65		0		
8		ZONDI,MELULEKI, 67	DUT	24.92		0		
Item 30	20:00	Final Women MixAge 200m (Masters)						
69	1	JACOBS,MARLENE, 105	FY	41.92	8	0	G	
Item 31	20:05	Final Men MixAge 200m (Masters)				+4.0		
36	1	DLAMINI,SANDILE, 398	IND	24.19	8	0	G	
49	1	DUNN,MARLON, 146	NED	25.43	8	0	G	
50	1	ZONDI,PRINCE, 104	FF	28.55	8	0	G	
59	1	MBEKWANA,ZANDISILE, 106	FY	27.72	8	0	G	
60	1	OEOFSE,WALTER, 108	FYAC	31.17	8	0	G	
70	1	MOTALA,YACOOB, 195	SAC	34.82	8	0	G	
Item 100	15:35	Final Women 25 400m (Senior)						
1		KHOZA,NONDUMISO, 257	VCAC	0:56.40	8	0	G	
2		MTHEMBU,SAMUKLISIWE, 25	COS	0:57.88	7	0	S	
3		MALULEKE,POLITE, 34	DDAC	0:58.44	6	0	B	
4		SIBISI,THENJIWE, 28	DDAC	0:59.61	5	0		
5		GWALA,PHUMZILE, 189	SAVAC	1:00.84	4	0		
6		CLOETE,CELINE, 89	FF	1:05.08	3	0		
7		KHUZWAYO,THOBEKA, 123	INAND	1:06.23	2	0		
0		MUZAMA,DEBORAH, 20	CKS	DNS: DNS	0	0		
Item 75	13:10	Heat 1 of 2 Women 25 400m (Senior)						
1		MALULEKE,POLITE, 34	DDAC	0:58.80		0		
2		SIBISI,THENJIWE, 28	DDAC	0:59.97		0		
3		GWALA,PHUMZILE, 189	SAVAC	1:01.61		0		
4		CLOETE,CELINE, 89	FF	1:04.54		0		
5		MABUYAKHULU,GUGULETHU, 226	UOZ	1:09.41		0		
6		NOGULA,SIZIPHIWE, 230	UOZ	1:23.29		0		
Item 76	13:10	Heat 2 of 2 Women 25 400m (Senior)						
1		KHOZA,NONDUMISO, 257	VCAC	0:56.20		0		
2		MTHEMBU,SAMUKLISIWE, 25	COS	1:01.12		0		
3		KHUZWAYO,THOBEKA, 123	INAND	1:03.81		0		
4		MUZAMA,DEBORAH, 20	CKS	1:06.82		0		
5		KHOZA,FIKILE, 41	DUT	1:10.53		0		
6		MATHENJWA,AMANDA, 138	MUT	1:33.69		0		
Item 103	15:45	Final Men 25 400m (Senior)						
1		NENE,ZAKITHI, 209	UKZN	0:47.12	8	0	G	
2		THWALA,LINDANI, 160	NEW	0:48.81	7	0	S	
3		MGOBHOZI,SIHLE, 220	UDAC	0:49.34	6	0	B	
4		MABASO,NKOSINGIPHILE, 153	NEW	0:49.91	5	0		
5		ZONDO,THULANI, 68	DUT	0:49.95	4	0		
6		HLATSHWAYO,MILDO, 155	NEW	0:51.01	3	0		
0		NJABULO,GAMEDE, 198	SPEX	DNS: DNS	0	0		
0		DUBE,SCELO, 248	UTR	DNS: DNS	0	0		
Item 78	13:20	Heat 1 of 3 Men 25 400m (Senior)						
1		NENE,ZAKITHI, 209	UKZN	0:48.23		0		
2		THWALA,LINDANI, 160	NEW	0:48.94		0		
3		MABASO,NKOSINGIPHILE, 153	NEW	0:49.77		0		
4		NJABULO,GAMEDE, 198	SPEX	0:50.18		0		
5		NGUBANE,MINENHLE, 385	OGWINI	0:52.26		0		
6		MSIBI,WANDILE, 267	ULUND	0:52.31		0		
7		MALEMBE,MLUNGISI, 53	DUT	0:55.17		0		
Item 79	13:20	Heat 2 of 3 Men 25 400m (Senior)						

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
	1	HLATSHWAYO,MILDO, 155	NEW	0:49.55		0		
	2	DUBE,SCELO, 248	UTR	0:49.58		0		
	3	MTHEMBU,NTOKOZO, 387	OGWINI	0:50.26		0		
	4	PHAKAMANI,MADLALA , 200	SPEX	0:51.88		0		
	5	DLAMINI,SABELO, 30	DDAC	0:52.02		0		
	6	TSANYANE ,TSIELO, 202	SPEX	0:53.64		0		
	7	NDLOVU,LUNGISANI, 143	MUT	0:54.56		0		
Item 102	15:45 Heat 3 of 3 Men 25 400m (Senior)							
	1	MGOBHOZI,SIHLE, 220	UDAC	0:49.83		0		
	2	ZONDO,THULANI, 68	DUT	0:50.40		0		
	3	PHUNGULA,NGCEBO, 26	COS	0:51.82		0		
	4	MASENGULA,JOHNSON, 35	DDAC	0:52.26		0		
	5	GOGI,LESEDI, 98	FF	0:52.60		0		
Item 99	15:30 Final Women MixAge 400m (Masters)							
45	0	JAY ,DELIA, 91	FF	DNS: DNS	0	0		
50	1	SIGUBUDU,NANA, 116	INA	1:25.16	8	0	G	
55	1	ZONDI,CYNTHIA, 117	INA	2:07.03	8	0	G	
Item 101	15:40 Final Men MixAge 400m (Masters)							
30	0	JANSEN,MORNE, 382	BBAC	DNS: DNS	0	0		
30	0	MYAMBO,ADELO SIPHO, 111	HOLL	DNS: DNS	0	0		
40	1	VOSLOO,RIAAN, 3	AMA	0:57.71	8	0	G	
49	1	DUNN,MARLON, 146	NED	0:57.56	8	0	G	
50	0	ZONDI,PRINCE, 104	FF	DNS: DNS	0	0		
59	1	MBEKWANA,ZANDISILE, 106	FY	1:04.41	8	0	G	
60	0	OELOFSE,WALTER, 108	FYAC	DNS: DNS	0	0		
Item 29	19:50 Final Women 25 800m (Senior Women ONLY)							
	1	DE WIT,LUZAAN, 90	FF	2:13.32	8	0	G	
	2	MALULEKE,POLITE, 34	DDAC	2:16.85	7	0	S	
	3	GWALA,PHUMZILE, 189	SAVAC	2:20.00	6	0	B	
	4	KHUZWAYO,THOBEKA, 123	INAND	2:36.24	5	0		
	5	KHOZA,FIKILE, 41	DUT	2:44.10	4	0		
	6	MABUYAKHULU,GUGULETHU, 226	UOZ	2:44.42	3	0		
	7	MYENI,ANDISA, 139	MUT	2:58.66	2	0		
	0	LOFSTRAND,GENA, 92	FF	DNR: DNR	0	0		
	0	NKABINDE,BONGIWE, 229	UOZ	DNR: DNR	0	0		
	0	DETSHE,ZINTLE, 137	MUT	DNR: DNR	0	0		
Item 95	14:20 Final Men 25 800m (Seniors)							
	1	NDLOVU,SIYABONGA, 253	UTR	1:50.74	8	0	G	
	2	MTOLO,MDUMSENI, 263	WILL	1:52.43	7	0	S	
	3	ZUNGU,MUSAWENKOSI, 126	INAND	1:53.28	6	0	B	
	4	KUNENE,LETHUKUTHULA, 33	DDAC	1:54.57	5	0		
	5	HIGGINS,OWEN, 77	EPG	1:59.63	4	0		
	6	MSIBI,WANDILE, 267	ULUND	2:01.99	3	0		
	0	SIBIYA,NKOSINATHI, 27	COS	DNS: DNS	0	0		
	0	BREDENKAMP,JOHNATHAN, 206	TUKS	DNS: DNS	0	0		
Item 11	17:25 Heat 1 of 2 Men 25 800m (Seniors)							
	1	SIBIYA,NKOSINATHI, 27	COS	1:55.50		0		
	2	BREDENKAMP,JOHNATHAN, 206	TUKS	1:55.59		0		
	3	ZUNGU,MUSAWENKOSI, 126	INAND	1:55.99		0		
	4	KUNENE,LETHUKUTHULA, 33	DDAC	1:56.32		0		
	5	MSIBI,WANDILE, 267	ULUND	1:57.64		0		
	6	HIGGINS,OWEN, 77	EPG	1:59.89		0		
	7	NDIMANDE,CEBOLENKOSI, 59	DUT	2:07.22		0		
	8	BUTHELEZI,NJABULO, 29	DDAC	2:08.04		0		
	9	LINDA,MTHOKOZISI, 49	DUT	2:36.83		0		
	10	MNGXADI,NKOSINGIPHILE, 56	DUT	2:49.30		0		
	0	WATSON,ANDY, 262	WAC	DNS: DNS		0		
	0	ZUNGU,MSAWENKOSI, 177	PHA	DNS: DNS		0		
	0	NGCOBO,ANDILE, 24	CKS	DNS: DNS		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		DE SCALLEY,NICHOLAS, 75	EPG	DNS: DNS		0		
0		MLAMBO,SIPHO, 252	UTR	DNS: DNS		0		
0		MAHLAMBI ,SIPHO, 249	UTR	DNS: DNS		0		
0		MAKHAYE,NEO, 52	DUT	DNS: DNS		0		
Item 12	17:25 Heat 2 of 2 Men 25 800m (Seniors)							
1		MTOLO,MDUMSENI, 263	WILL	1:59.75		0		
2		NDLOVU,SIYABONGA, 253	UTR	1:59.83		0		
3		ZONDO,THULANI, 68	DUT	2:00.34		0		
4		PHUNGULA,NGCEBO, 26	COS	2:00.56		0		
5		MAJOZI,SANELE, 167	PHA	2:00.61		0		
6		HARVEY,SCOTT, 76	EPG	2:01.35		0		
7		MALEMBE,MLUNGISI, 53	DUT	2:10.29		0		
8		NCALANE,SIZWE, 125	INAND	2:30.36		0		
0		SBONGAKONKE,ZWANE, 174	PHA	DNR: DNR		0		
0		CHAPMAN,ROSS, 21	CKS	DNR: DNR		0		
0		MYAMBO,ADELO SIPHO, 111	HOLL	DNR: DNR		0		
0		FOLAVIO ,SEHOHLE , 133	LOW	DNR: DNR		0		
0		MADIDE,GOODENOUGH, 51	DUT	DNR: DNR		0		
0		DLAMINI,SABELO, 30	DDAC	DNR: DNR		0		
0		MASENGULA,JOHNSON, 35	DDAC	DNR: DNR		0		
Item 93	14:10 Final Women MixAge 800m (Masters)							
45	1	JAY ,DELIA, 91	FF	2:51.08	8	0	G	
Item 94	14:15 Final Men MixAge 800m (Masters)							
30	1	MYAMBO,ADELO SIPHO, 111	HOLL	2:23.41	8	0	G	
40	1	ZULU,SIMPHIWE, 115	HOLL	2:11.02	8	0	G	
50	1	SMITH,MARK, 85	ESKAC	2:58.57	8	0	G	
Item 104	15:50 Final Men 25 1500m (Seniors)							
1		SIBIYA,NKOSINATHI, 27	COS	03:47.21	8	0	G	
2		NDLOVU,SIYABONGA, 253	UTR	03:50.96	7	0	S	
3		BREDENKAMP,JOHNATHAN, 206	TUKS	03:51.21	6	0	B	
4		GOBA,SPHAMANDLA, 184	ROCK	04:15.22	5	0		
5		BUTHELEZI,NJABULA, 29	DDAC	04:39.41	4	0		
0		SBONGAKONKE,ZWANE, 174	PHA	DNS: DNS	0	0		
0		MBANJWA,SIPHO, 169	PHA	DNS: DNS	0	0		
0		MTOLO,MDUMSENI, 263	WILL	DNS: DNS	0	0		
0		NOTSHUSTHA,PHIWOKUHLE, 264	WILL	DNS: DNS	0	0		
0		MSIBI,WANDILE, 267	ULUND	DNS: DNS	0	0		
0		MARIBE,TSHIAMO, 250	UTR	DNS: DNS	0	0		
0		NGWENYA,SABELO, 159	NEW	DNF: DNF	0	0		
Item 47	09:20 Heat 1 of 2 Men 25 1500m (Seniors)							
1		SIBIYA,NKOSINATHI, 27	COS	04:00.00		0		
2		NOTSHUSTHA,PHIWOKUHLE, 264	WILL	04:00.14		0		
3		MARIBE,TSHIAMO, 250	UTR	04:03.98		0		
4		BREDENKAMP,JOHNATHAN, 206	TUKS	04:07.26		0		
5		GOBA,SPHAMANDLA, 184	ROCK	04:15.32		0		
6		MSIBI,WANDILE, 267	ULUND	04:15.99		0		
7		MAKHAYE,NEO, 52	DUT	04:34.15		0		
8		MTHETHWA,WANDILE, 171	PHA	04:44.89		0		
0		NGCOBO,ANDILE, 24	CKS	DNR: DNR		0		
0		ZUNGU,MUSAWENKOSI, 126	INAND	DNR: DNR		0		
0		ZULU,PHUMLANI, 244	UOZ	DNR: DNR		0		
0		FOLAVIO ,SEHOHLE , 133	LOW	DNR: DNR		0		
0		NDIMANDE,CEBOLENKOSI, 59	DUT	DNR: DNR		0		
Item 48	09:20 Heat 2 of 2 Men 25 1500m (Seniors)							
1		MBANJWA,SIPHO, 169	PHA	03:57.09		0		
2		NDLOVU,SIYABONGA, 253	UTR	03:57.35		0		
3		MTOLO,MDUMSENI, 263	WILL	03:57.41		0		
4		SBONGAKONKE,ZWANE, 174	PHA	04:11.89		0		
5		NGWENYA,SABELO, 159	NEW	04:13.20		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
6		BUTHELEZI,NJABULO, 29	DDAC	04:31.73		0		
7		VUMASE,BEN, 242	UOZ	04:36.13		0		
8		MZINJANA,KHANYISA, 142	MUT	04:36.31		0		
9		NCALANE,SIZWE, 125	INAND	04:59.96		0		
10		MNGXADI,NKOSINGIPHILE, 56	DUT	05:47.41		0		
0		NGOBESE,SICELO, 113	HOLL	DNS: DNS		0		
0		SENZENI,THOMAS , 201	SPEX	DNS: DNS		0		
0		SEITEI,DONALD, 255	UTR	DNS: DNS		0		
Item 45 09:00 Final Women MixAge 1500m (Masters)								
25	1	MKHIZE,BATHOBILE, 5	AMAAQ	04:38.35	8	0	G	
25	2	BIYELA,NELISWA, 162	PHA	05:06.60	7	0	S	
25	0	MKHIZE,THOBILE, 6	AMAAQ	DNS: DNS	0	0		
25	0	HLONGWANE,SINETHEMBA, 224	UOZ	DNS: DNS	0	0		
25	0	MYENI,ANDISA, 139	MUT	DNS: DNS	0	0		
40	0	MALEMBE,LINDA, 392	INA	DNS: DNS	0	0		
50	1	SIGUBUDU,NANA, 116	INA	06:16.74	8	0	G	
55	0	ZONDI,CYNTHIA, 117	INA	DNS: DNS	0	0		
60	1	FISCHER,LYNETTE, 179	PHO	06:01.53	8	0	G	
60	2	CERONIO,MARIETJIE, 256	VAC	06:03.24	7	0	S	
Item 46 09:10 Final Men MixAge 1500m (Masters)								
25	0	ZUNGU,MTHOKOZISI, 120	INA	DNS: DNS	0	0		
30	1	MYAMBO,ADELO SIPHO, 111	HOLL	04:41.02	8	0	G	
35	1	MAGWA,LONWABO, 124	INAND	04:51.41	8	0	G	
40	1	ZULU,SIMPHIWE, 115	HOLL	04:08.62	8	0	G	
45	1	PHAKU,THUBALETHE, 64	DUT	05:08.30	8	0	G	
50	1	SMITH,MARK, 85	ESKAC	05:48.03	8	0	G	
Item 97 14:35 Final Women MixAge 5000m (Senior & Masters)								
25	1	MKHIZE,THOBILE, 6	AMAAQ	16:36.89	8	0	G	
25	2	MKHIZE,BATHOBILE, 5	AMAAQ	17:26.89	7	0	S	
25	3	MKHIZE,HAPPINESS, 190	SAVAC	18:19.74	6	0	B	
25	0	BIYELA,NELISWA, 162	PHA	DNS: DNS	0	0		
25	0	IKALOFENG,RAPULE, 118	INA	DNS: DNS	0	0		
25	0	THABEDE,NOKWANDA, 231	UOZ	DNS: DNS	0	0		
25	0	MJOLI,NWABISA, 110	HOLL	DNS: DNS	0	0		
25	0	MKHIZE,NONTOKOZO , 8	ART	DNS: DNS	0	0		
25	0	SHOZI,SIYETHEMBA, 48	DUT	DNS: DNS	0	0		
25	0	MTSHALI,NOKUKHANYA, 134	MAC	DNS: DNS	0	0		
25	0	MYENI,ANDISA, 139	MUT	DNS: DNS	0	0		
40	0	MALEMBE,LINDA, 392	INA	DNS: DNS	0	0		
50	0	SIGUBUDU,NANA, 116	INA	DNS: DNS	0	0		
60	1	CERONIO,MARIETJIE, 256	VAC	22:25.13	8	0	G	
Item 98 15:00 Final Men MixAge 5000m (Senior & Masters)								
25	1	MATHANGA,MBULELLI, 168	PHA	13:53.26	8	0	G	
25	2	NAMAKOE,NKASI, 396	NED	14:07.90	7	0	S	
25	3	MBANJWA,SIPHO, 169	PHA	14:31.64	6	0	B	
25	4	MARIBE,TSHIAMO, 250	UTR	14:51.21	5	0		
25	5	NOTSHUSTHA,PHIWOKUHLE, 264	WILL	15:14.21	4	0		
25	6	RAMPA,THATO, 37	DDAC	15:24.40	3	0		
25	7	VUSANI,APHENDWIE, 243	UOZ	15:41.61	2	0		
25	8	MNDABA,NKOSINATHI, 170	PHA	15:42.13	1	0		
25	9	KHAMBULE,THULISANG, 165	PHA	15:52.75	0	0		
25	10	MATHE,MZWANDILE, 185	ROCK	15:59.28	0	0		
25	11	RAPULA,IKALAFENG, 147	INA	16:25.96	0	0		
25	12	CEBO,KHATHI, 163	PHA	16:44.97	0	0		
25	13	ZUKULU,NTOKOZO, 69	DUT	16:46.75	0	0		
25	14	NGWENYA,SABELO, 159	NEW	16:55.68	0	0		
25	15	MZINJANA,KHANYISA, 142	MUT	16:58.57	0	0		
25	16	NGCOBO,SINOVUYO, 132	LIVS	17:00.70	0	0		
25	17	GAMA,SABELA, 149	NEW	17:26.97	0	0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
25	18	SENZENI,THOMAS , 201	SPEX	17:36.12	0	0		
25	19	MANTSHI,ELAJAH, 236	UOZ	17:45.87	0	0		
25	20	MTHETHWA,SPHAMANDLA, 186	ROCK	17:53.77	0	0		
25	21	ZWANE,SIMPHIWE, 144	MUT	21:24.85	0	0		
25	22	MVELASE,SANELE, 58	DUT	21:36.59	0	0		
30	1	MYAMBO,ADELO SIPHO, 111	HOLL	18:46.30	8	0	G	
35	1	MAGWA,LONWABO, 124	INAND	18:42.29	8	0	G	
40	1	ZULU,SIMPHIWE, 115	HOLL	15:03.23	8	0	G	
49	1	VERSTER,RONNIE, 261	WAC	22:37.74	8	0	G	
Item 27	19:00 Final Women MixAge 10000m (Seniors & Masters)							
25	1	SOSIBO,CACISILE, 246	UTR	34:50.02	8	0	G	
25	2	MJOLI,NWABISA, 110	HOLL	35:59.09	7	0	S	
25	3	MKHIZE,NONTOKOZO , 8	ART	37:34.96	6	0	B	
25	4	NJUNGUZA,ANDISIWE, 46	DUT	39:22.67	5	0		
25	5	GCINA,NONTHANDIWA, 222	UMZ	41:41.43	4	0		
25	0	THABEDE,NOKWANDA, 231	UOZ	DNR: DNR	0	0		
40	1	MALEMBE,LINDA, 392	INA	01:01.11	8	0	G	
Item 28	19:00 Final Men MixAge 10000m (Seniors & Masters)							
25	1	MATHANGA,MBULELI, 168	PHA	28:37.30	8	0	G	
25	2	SEUTLOALI,KHWARAHLANE, 395	NED	28:47.60	7	0	S	
25	3	TOKA,BADBOY, 176	PHA	28:48.30	6	0	B	
25	4	NAMAKOE,NKASI, 396	NED	29:28.60	5	0		
25	5	MNCUBE,AYANDA, 88	EAC	30:11.33	4	0		
25	6	NGCOBO,AYANDA, 172	PHA	30:19.90	3	0		
25	7	SOKHELA,NDUMISO , 114	HOLL	30:50.95	2	0		
25	8	THOBANI ,CHAGWE, 397	NED	31:10.88	1	0		
Item 88	13:35 Final Women MixAge 2000m SteepleChase (Masters 30)							
25	1	RADEMAN,ISABEL, 14	BBAC	13:39.49	8	0	G	
60	1	FISCHER,LYNETTE, 179	PHO	09:24.44	8	0	G	
Item 89	13:45 Final Men MixAge 2000m SteepleChase (Masters 60+)							
Item 43	08:30 Final Women MixAge 3000m SteepleChase (Snr & Mas)							
25	1	FISCHER,CARLYN, 180	PHO	11:32.91	8	0	G	
25	0	MKHIZE,THOBILE, 6	AMAAQ	DNS: DNS	0	0		
Item 82	13:20 Final Men MixAge 3000m SteepleChase (Senior)							
25	1	NGCOBO,AYANDA, 172	PHA	09:00.97	8	0	G	
25	2	RAMPA,THATO, 37	DDAC	09:14.86	7	0	S	
25	3	MAZIBUKO , MTHOKOZISI, 197	SPEX	09:23.06	6	0	B	
25	4	MKHWANAZI,BONGELENI, 394	INA	09:51.73	5	0		
25	5	MANGUZELA,SAKHIWO, 192	SAVAC	09:56.50	4	0		
25	6	SPHESIHLE,MGAGA, 389	OGWINI	10:38.89	3	0		
25	0	GUMEDE,HLONIPHANI, 384	OGWINI	DNR: DNR	0	0		
25	0	MNDABA,NKOSINATHI, 170	PHA	DNR: DNR	0	0		
25	0	MAJOLA,PHILANI, 131	LIVS	DNR: DNR	0	0		
25	0	NTULI,JOHANNES, 187	ROCK	DNR: DNR	0	0		
35	1	MASONDO,SIPHESIHLE, 251	UTR	09:23.61	8	0	G	
35	2	MAGWA,LONWABO, 124	INAND	11:40.07	7	0	S	
Item 73	12:50 Final Men MixAge 100m Hurdles (Masters 50+)							
Item 74	13:00 Final Men MixAge 110m Hurdles (Senior & Masters -)							
Item 49	09:25 Final Women MixAge 200m Hurdles (Masters 70+)							
Item 51	09:30 Final Men MixAge 200m Hurdles (Masters 80+)							
80	1	MIEKAUTSCH,HANS, 130	KPAC	47.89	8	0	G	
Item 25	18:40 Final Women MixAge 300m Hurdles (Masters 50-69)							
50	1	SIGUBUDU,NANA, 116	INA	75.68	8	0	G	
Item 26	18:50 Final Men MixAge 300m Hurdles (Masters 50+)							
Item 52	09:40 Final Women MixAge 400m Hurdles (Senior & Masters)							

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
25	1	SIBISI,THENJIWE, 28	DDAC	1:06.00	8	0	G	
25	2	SCHUTTE,BEA-MARIE, 94	FF	1:07.68	7	0	S	
25	3	ZULU,NOMCEBO, 95	FF	1:17.17	6	0	B	
25	4	RADEMAN,ISABEL, 14	BBAC	1:42.48	5	0		
Item 53	09:55 Final Men MixAge 400m Hurdles (Senior & Masters)							
25	1	KOEKEMOER,PIETER, 99	FF	0:56.58	8	0	G	
25	2	KUNENE,LETHUKUTHULA, 33	DDAC	0:57.47	7	0	S	
25	3	NGOBESE,SPHELELE, 254	UTR	0:58.11	6	0	B	
40	1	VOSLOO,RIAAAN, 3	AMA	1:02.44	8	0	G	
Item 50	09:30 Final Women MixAge HighJump (Senior & Masters)							
Item 81	13:20 Final Men MixAge HighJump (Seniors & Masters)							
25	1	VALLY,USAAMAH, 212	UKZN	1.90	8	0	G	
25	2	MNCUBE,MBUSO, 36	DDAC	1.75	7	0	S	
25	3	THWALA,SIPHEPELO, 83	EHAC	1.75	6	0	B	
25	4	DEL VALLE ZUMETA,ABEL, 2	AMA	1.70	5	0		
25	5	FUNJWA,SIPHIWE, 148	NEW	1.60	4	0		
25	0	MHLONGO T46,QINISO T46, 127	IND	DNS: DNS	0	0		
60	6	GROVE,PEET, 381	KPAC	1.35	3	0		
80	0	MIEKAUTSCH,HANS, 130	KPAC	DNS: DNS	0	0		
Item 72	12:30 Final Women MixAge LongJump (Senior & Masters)							
19	1	VAN DER WESTHUIZEN,NOSIPHO, 247	UTR	4.30	8	0	G	+3.6
25	1	RADEMAN,ISABEL, 14	BBAC	3.76	8	0	G	+3.0
25	0	PRETORIUS,STACEY, 183	RBAC	DNR: DNR	0	0		
25	0	MTHEMBU,NOKUBONGWA, 81	EHAC	DNR: DNR	0	0		
25	0	MHLONGO,SHEREEN, 80	EHAC	DNR: DNR	0	0		
49	1	OGRAM,ROSLYN, 93	FF	3.98	8	0	G	+2.6
55	1	ZONDI,CYNTHIA, 117	INA	2.30	8	0	G	+1.7
Item 44	09:00 Final Men MixAge LongJump (Senior & Masters)							
25	1	GAINES,MARK, 214	UKZNAC	7.11	8	0	G	+1.8
25	2	MABASO,KHANYISANI, 50	DUT	6.96	7	0	S	+2.4
25	3	THWALA,SIPHEPELO, 83	EHAC	6.03	6	0	B	+1.6
25	4	FUNJWA,SIPHIWE, 148	NEW	5.23	5	0		+1.4
25	5	MHLONGO T46,QINISO T46, 127	IND	5.13	4	0		+2.2
25	6	JANSEN,MORNE, 15	BBAC	4.92	3	0		+0.7
25	0	MKHONZA,SIBUSISO, 156	NEW	DNR: DNR	0	0		
25	0	HLATSHWAYO,MILDO, 155	NEW	DNR: DNR	0	0		
25	0	BERU,JOASH, 208	UKZN	DNR: DNR	0	0		
25	0	USAAMAH,VALLY, 216	UKZNAC	DNR: DNR	0	0		
25	0	KHANYILE,DAVID, 140	MUT	DNR: DNR	0	0		
49	1	OGRAM,EDMOND, 383	FF	4.97	8	0	G	+1.4
50	0	ZONDI,PRINCE, 104	FF	DNR: DNR	0	0		
Item 15	17:30 Final Men MixAge TripleJump (Seniors & Masters)							
25	0	DLAMINI,SIYANDA, 82	EHAC	DNR: DNR	0	0		
Item 61	11:00 Final Women MixAge Shotput (Senior & Masters)							
25	1	MAZIBUKO,SNETHEMBA, 245	UTR	07.30	8	0	G	
59	1	RAWLINS,VALERY-ANN, 40	DAC	05.00	8	0	G	
69	1	JACOBS,MARLENE, 105	FY	06.66	8	0	G	
70	1	DU BRUYN,SUSAN, 207	UGU	07.15	8	0	G	
75	1	RZEPECKA,JANA, 12	AN	06.35	8	0	G	
Item 54	10:00 Final Men MixAge Shotput (Seniors & Masters)							
40	1	SCHUSTER,OTTO, 188	SANDF	09.75	8	0	G	
59	1	VAN DER WESTHUIZEN,EUGENE, 161	PAC	06.00	8	0	G	
70	1	WATSON,ANDY, 262	WAC	09.39	8	0	G	
80	1	RZEPECKI,ANDRZEJ, 13	AN	10.35	8	0	G	
Item 14	17:30 Final Women MixAge Discus (Seniors & Masters)							
25	0	MAZIBUKO,SNETHEMBA, 245	UTR	DNS: DNS	0	0		
59	1	RAWLINS,VALERY-ANN, 40	DAC	13.45	8	0	G	
69	1	JACOBS,MARLENE, 105	FY	17.11	8	0	G	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
70	1	DU BRUYN,SUSAN, 207	UGU	17.33	8	0	G	
75	1	RZEPECKA,JANA, 12	AN	14.63	8	0	G	
Item 13 17:30 Final Men MixAge Discus (Seniors & Masters)								
25	1	MTHABELA,LUNGISANI, 157	NEW	29.67	8	0	G	
25	0	DLAMINI,SIYANDA, 82	EHAC	DNS: DNS	0	0		
40	0	SCHUSTER,OTTO, 188	SANDF	DNS: DNS	0	0		
59	1	VAN DER WESTHUIZEN,EUGENE, 161	PAC	14.73	8	0	G	
70	1	WATSON,ANDY, 262	WAC	24.47	8	0	G	
80	1	RZEPECKI,ANDRZEJ, 13	AN	26.23	8	0	G	
Item 23 18:30 Final Women MixAge Hammer (Seniors & Masters)								
59	1	RAWLINS,VALERY-ANN, 40	DAC	12.85	8	0	G	
69	1	JACOBS,MARLENE, 105	FY	20.71	8	0	G	
70	1	DU BRUYN,SUSAN, 207	UGU	19.04	8	0	G	
Item 24 18:30 Final Men MixAge Hammer (Seniors & Masters)								
80	1	RZEPECKI,ANDRZEJ, 13	AN	40.31	8	0	G	
Item 96 14:30 Final Women MixAge Javelin (Senior & Masters)								
59	1	RAWLINS,VALERY-ANN, 40	DAC	09.15	8	0	G	
Item 80 13:20 Final Men MixAge Javelin (Senior & Masters)								
25	1	JOUBERT,MATTHEW, 23	CKS	61.92	8	0	G	
25	2	MTHABELA,LUNGISANI, 157	NEW	50.44	7	0	S	
25	0	MADIDE,GOODENOUGH, 51	DUT	DNS: DNS	0	0		
40	1	SCHUSTER,OTTO, 188	SANDF	33.61	8	0	G	
60	1	OELOFSE,WALTER, 108	FYAC	29.70	8	0	G	
70	1	WATSON,ANDY, 262	WAC	26.79	8	0	G	
80	0	RZEPECKI,ANDRZEJ, 13	AN	DNS: DNS	0	0		
Item 55 10:00 Final Women MixAge Weight (Masters)								
59	1	RAWLINS,VALERY-ANN, 40	DAC	04.66	8	0	G	
69	1	JACOBS,MARLENE, 105	FY	08.63	8	0	G	
70	1	DU BRUYN,SUSAN, 207	UGU	08.13	8	0	G	
Item 42 08:00 Final Men MixAge Weight (Masters)								
40	1	SCHUSTER,OTTO, 188	SANDF	08.52	8	0	G	
59	1	VAN DER WESTHUIZEN,EUGENE, 161	PAC	05.71	8	0	G	
80	1	RZEPECKI,ANDRZEJ, 13	AN	17.90	8	0	G	
Item 107 16:10 Final Women 25 4X100m Relay (Seniors)								
Item 110 16:40 Final Men 25 4X100m Relay (Seniors)								
Item 108 16:20 Final Women MixAge 4X100m Relay (Seniors & Master								
Item 109 16:30 Final Men MixAge 4X100m Relay (Seniors & Masters)								
Item 17 17:35 Final Women MixAge 5km Walk (Seniors & Masters)								
50	1	LE FEBOUR,JEANINE, 181	PDAC	33:11.53	8	0	G	
59	1	TROLL,SHARON, 203	STAC	33:57.10	8	0	G	
60	1	SMITH,SUE, 260	WAC	31:42.01	8	0	G	
60	0	VAN ZYL,MARIE, 107	FYAC	DNS: DNS	0	0		
65	1	SMOOK,MANDA, 17	CGDAC	34:37.97	8	0	G	
Item 16 17:35 Final Men MixAge 5km Walk (Seniors & Masters)								
55	1	AFRICA,OXLEY, 16	BOX	28:00.14	8	0	G	
60	0	OELOFSE,WALTER, 108	FYAC	DNR: DNR	0	0		
65	1	SMOOK,HENDRY, 18	CGDAC	34:37.00	8	0	G	
69	1	WILLIAMS,LES, 79	EPG	32:29.85	8	0	G	
80	1	ROWE,JACK, 182	RAC	39:52.78	8	0	G	
Item 37 05:00 Final Women MixAge 10km Walk (Masters)								
50	1	LE FEBOUR,JEANINE, 181	PDAC	1:11:03.00	8	0	G	
50	3	MEMELA,KHETHIWE, 145	NED	1:24:48.00	6	0	B	
59	2	TROLL,SHARON, 203	STAC	1:14:58.00	7	0	S	
Item 38 05:00 Final Men MixAge 10km Walk (Masters)								
25	1	MEMELA,PHELELANI, 219	UDAC	0:53:43.00	8	0	G	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
25	2	MNYANDU,SIPHESIHLE, 221	UDAC	1:03:20.00	7	0	S	
80	1	ROWE,JACK, 182	RAC	1:25:07.00	8	0	G	

Item 36 05:00 Final Women MixAge 20km Walk (Seniors & Masters)**Item 35 05:00 Final Men MixAge 20km Walk (Senior & Masters)**

25	1	NDEBELE,SIZWE, 194	SAVAC	0:01:32.35	8	0	G	
25	2	MAHLANGU,AARON, 191	SAVAC	0:01:39.36	7	0	S	
25	3	NTOMBELA,LINDOKUHLE, 268	UAC	0:01:40.00	6	0	B	
25	4	MDUNGE,VUKANI, 193	SAVAC	0:01:41.40	5	0		
25	5	XIMBA,ANDILE, 269	UAC	0:01:48.35	4	0		
30	1	HADEBE,THAMI, 400	MTAC	0:01:58.55	8	0	G	

Item 39 05:00 Final Women MixAge 30km Walk

30	1	VIDINIA,PHINDILE,	MEAC	3:57:26.00	8	0	G	
40	1	MALEMBE,LINDA, 392	INA	3:20:15.00	8	0	G	

Item 40 05:00 Final Men MixAge 30km Walk**Item 34 05:00 Final Women MixAge 50km Walk (Masters)****Item 41 05:00 Final Men MixAge 50km Walk (Masters)**

55	0	AFRICA,OXLEY, 16	BOX	DNF	0	0		
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