

VersusSuper: Registered to: ATHLETICS KZN
 Meeting :KZN SENIOR AND MASTERS CHAMPS FINAL at KINGSPARK from 2018/02/23 to 2018/02/24

| Age | Place | Athlete,Birthdate | Team | Results of all Finals and Heats | |
|------|-------|---------------------------|-----------------------------------|---------------------------------|-------|
| Item | 1 | 5:00:00 PM | Heat 1 of 2 Women Senior 200m | 1.3 | Perf |
| | 1 | KHOZA,NONDUMISO, 239 | | KZNA A | 25.52 |
| | 2 | MBHELE,SPHESIHLE, 241 | | KZNA A | 25.96 |
| | 3 | SITHOLE,AMANDA, 209 | | UKZNAC | 26.97 |
| | 4 | MCHUNU,SANELISIWE, 106 | | MGUAC | 27.28 |
| | 5 | MUZAMA,DEBORA, 14 | | CKSAC | 27.76 |
| | 6 | ZULU,NOMCEBO, 61 | | FF | 28.24 |
| | 7 | MZOBE,NOLUTHANDO, 62 | | FF | 29.63 |
| | 0 | MCHUNU,NTBEKO, 122 | | MDAC | DNS |
| Item | 2 | 5:00:00 PM | Heat 2 of 2 Women Senior 200m | 0.9 | |
| | 1 | WILLIAMSON,CASSIDY, 57 | | FF | 25.21 |
| | 2 | MTHEMBU,SAMUKELISIWE, 109 | | MGUAC | 25.38 |
| | 3 | NGEMA,SNETHEMBA, 208 | | UKZNAC | 26.32 |
| | 4 | SIBISI,TAHENJIWE, 238 | | KZNA A | 27 |
| | 5 | POLITE,MALLEKE, 101 | | KZNA A | 27.06 |
| | 6 | FOURIE,TEGAN, 58 | | FF | 27.27 |
| | 7 | NKABINDE,NOKWAZI, 157 | | NEWAC | 27.66 |
| | 0 | MAVUNDLA,LUNGILE, 53 | | FF | DNS |
| Item | 3 | 5:10:00 PM | Semi Final 1 of 7 Men Senior 200m | 1.8 | |
| | 1 | NGCOBO,THUBELIHLE, 67 | | FF | 22.11 |
| | 2 | MANTANGA,LOYISO, 28 | | DAC | 22.15 |
| | 3 | WEBSTER,CHARLES, 227 | | VC | 22.16 |
| | 4 | KHOLWANE,SIPHESIHLE, 243 | | KZNA A | 23.11 |
| | 5 | MQANDA,SIZWE, 215 | | UKZNAC | 23.15 |
| | 6 | DUBE,SCELO, 244 | | KZNA A | 25.73 |
| | 0 | MAZIYA,LINDELAN, 138 | | NEWAC | DNR |
| | 0 | LINDELANI B,MAZIYA, 148 | | NEWAC | DNR |

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| | 0 | | KHESWA,SPHIWE, 114 | | MGUAC | DNR |
| | 0 | | NGCOBO,GOOD-ENOUGH, 1 | | AAC | DNR |
| Item | 4 | 5:10:00 PM | | Semi Final 2 of 7 Men Senior 200m | 2.1 | |
| | 1 | | WANDILE,MBATHA, 226 | | VC | 21.88 |
| | 1 | | THWALA,LINDANI, 147 | | NEWAC | 21.88 |
| | 3 | | NDABEZITHA,ANDILE, 211 | | UKZNAC | 23.07 |
| | 4 | | MANZI,YONGA, 23 | | DAC | 23.14 |
| | 5 | | BEYA,JACQUES, 64 | | FF | 23.16 |
| | 0 | | TSOTETSI,BRAIN, 152 | | NEWAC | DNR |
| | 0 | | GAMEDE,NJABULO, 110 | | MGUAC | DNR |
| Item | 5 | 5:10:00 PM | | Semi Final 3 of 7 Men Senior 200m | 1.5 | |
| | 1 | | MLAMBO,ZIPHOZONKE, 236 | | MADAC | 22.57 |
| | 2 | | MABASO,NKOSINGIPHILE, 139 | | NEWAC | 22.84 |
| | 3 | | NAIDU,NICHOLAS, 24 | | DAC | 23.1 |
| | 4 | | TENZA,MFANELO, 213 | | UKZNAC | 23.5 |
| | 5 | | GAMA,AARON, 135 | | NEWAC | 23.71 |
| | 6 | | MUHANZI,JOSAIS, 72 | | FF | 25.6 |
| | 0 | | SIBISI,THEMJIME, 195 | | TEMPAC | DNS |
| Item | 6 | 5:10:00 PM | | Semi Final 4 of 7 Men Senior 200m | 0.9 | |
| | 1 | | NENE,ZAKITHI, 212 | | UKZNAC | 21.61 |
| | 2 | | SEETAL,KEATON, 30 | | DUT | 22.46 |
| | 3 | | MASEKO,VALETINE, 33 | | DUT | 22.64 |
| | 4 | | KHUMALO,THOKOZANE, 221 | | UDAC | 24.65 |
| | 0 | | CORTERELL,JOSHUA, 69 | | FF | DNR |
| | 0 | | JANSEN,BRANDON, | | UGUD | DNR |
| | 0 | | NKOSI,NDUMISO, 150 | | NEWAC | DNS |
| Item | 7 | 5:10:00 PM | | Semi Final 5 of 7 Men Senior 200m | 1.5 | |
| | 1 | | NGESI,NTOKOZO, 66 | | FF | 21.93 |
| | 2 | | M,MPENDULO, 176 | | ROCKAC | 22.22 |

| Age | Place | Athlete,Birthdate | Team | Perf |
|------|-------|-------------------------|-----------------------------------|---------|
| | 3 | STANDER,GARRICK, 18 | CKSAC | 25.84 |
| | 3 | WANDILE,NGCOBO, 34 | DUT | 25.84 |
| | 0 | MOOSA,MIKHAIL, 228 | VC | DNS |
| | 0 | LUSENGA,ANDILE, 155 | NEWAC | DNS |
| Item | 8 | 5:10:00 PM | Semi Final 6 of 7 Men Senior 200m | 2.5 |
| | 1 | NDELA,ANDISWA, 142 | NEWAC | 22.11 |
| | 2 | MARLOTH,HEINRICH, 63 | FF | 22.18 |
| | 3 | ZOLLIE,MTSHATSHA, 229 | VC | 22.62 |
| | 0 | SHABALALA,DUMISANI, 146 | NEWAC | DNS |
| | 0 | NYAMAKAZI,MPUMEZA, 205 | UGUD | DNS |
| | 0 | SIBIYA,PHAKAMI, 214 | UKZNAC | DNS |
| Item | 9 | 5:25:00 PM | Heat 1 of 2 Men Senior 800m | |
| | 1 | NDLOVU,SYABONGA, 246 | KZNA A | 1:55.91 |
| | 2 | MFULELWA,THABO, 162 | PHAC | 1:56.06 |
| | 3 | MSIBI,WANDILE, 160 | NEWAC | 1:57.43 |
| | 4 | TSANYANE,TSIELO, 117 | MGUAC | 1:57.55 |
| | 5 | MADLALA,PHAKAMANI, 111 | MGUAC | 1:57.79 |
| | 6 | SHANGE,XOLISO, 145 | NEWAC | 1:58.01 |
| | 7 | MUKELANI,NORMAN, 206 | TAC | 1:59.88 |
| | 8 | DE SCALLY,NICHOLAS, 46 | EPG | 2:10.30 |
| | 9 | DUMA,XOLANI, 38 | DUT | 2:35.09 |
| | 0 | TENZA,ROMAN, 65 | FF | DNS |
| | 0 | KOEKEMOER,PIETER, 77 | FF | DNS |
| | 0 | MONAKALI,BALISA, 171 | ROCKAC | DNS |
| | 0 | MAZIBUKO,SITHABISO, 173 | ROCKAC | DNS |
| | 0 | KOOS,MOLUTSI, 249 | KZNA A | DNS |
| Item | 10 | 5:25:00 PM | Heat 2 of 2 Men Senior 800m | |
| | 1 | MKHIZE,SIYANDA, 92 | HOLAC | 1:57.02 |
| | 2 | NGUBANE,NJABULO, 68 | FF | 1:57.12 |
| | 3 | ZUNGU,MUSAWENKOSI, 98 | INQAC | 1:57.31 |
| | 4 | HLATSHWAYO,MILDO, 151 | NEWAC | 2:01.57 |
| | 0 | NORMAN,KHUZWAYO, 104 | MASI | DNS |

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| | | 0 | | SIBISI,THEMJIME, 195 | | TEMPAC | DNS |
| | | 0 | | NDLELA,MTHEMBENI, 113 | | MGUAC | DNS |
| | | 0 | | KUNENE,SIPHESIHLE, 172 | | ROCKAC | DNS |
| | | 0 | | GOBA,SIPHAMANDLA, 175 | | ROCKAC | DNS |
| Item | | | 11 | 5:30:00 PM | Final Women MixAge Discus | | |
| | 56 | 1 | | | RAWLINS,VALERY-ANN, 27 | DAC | 12.31 |
| | 66 | 1 | | | JACOBS,MARLENE, 87 | FYAC | 17.08 |
| | 70 | 1 | | | RZEPECKI,JANA, 235 | AN | 16.75 |
| Item | | | 12 | 5:30:00 PM | Final Men MixAge Discus | | |
| | 45 | 1 | | | LABUSCHAGNE,JOHAN, 20 | CKSAC | 35.5 |
| | 70 | 1 | | | WATSON,ANDY, 233 | WEST | 26.71 |
| | 76 | 1 | | | SLABBER,KOOS, 22 | DCS | 23.76 |
| | 80 | 1 | | | RZEPECKI,ANDRZEJ, 7 | AN | 28.81 |
| Item | | | 13 | 5:30:00 PM | Final Men MixAge TripleJump | | |
| | 25 | 1 | | | MBEWANA,ALU, 25 | DAC | 14.2 |
| | 30 | 0 | | | PHIRRIE,SANDILE, 178 | ROCKAC | NM |
| Item | | | 14 | 5:35:00 PM | Final Women MixAge 5km Walk | | |
| | 36 | 1 | | | LE ROUX,NATALIE, 11 | BOXAC | 25:49.26 |
| | 45 | 1 | | | CORLETT,PAMELA, 88 | HIAC | 35:07.81 |
| | 53 | 1 | | | FUCHS,SHARON, 21 | DCS | 33:20.07 |
| | 55 | 1 | | | ZONDI,CYNTHIA, 225 | VAC | 46:10.73 |
| | 60 | 1 | | | BENNETT,ANTOINETTE, 89 | HIAC | 34:27.14 |
| | 65 | 1 | | | STEWART,ANNE PAMELA, 90 | HIAC | 40:44.14 |
| | 68 | 1 | | | SMOOK,MANDA, 166 | PINAC | 35:46.65 |
| Item | | | 15 | 5:35:00 PM | Final Men MixAge 5km Walk | | |
| | 45 | 1 | | | MOSTERT,MICHAEL, 188 | STAC | 36:41.40 |
| | 69 | 1 | | | WILLIAMS,LES, 50 | EPG | 32:41.79 |

| Age | Place | | Athlete,Birthdate | Team | Perf |
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| | 69 | 2 | SMOOK,HENDRY, 168 | | PINAC 34:32.44 |

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| | 69 | 3 | | PELLEW,WILLIAMS, 191 | | TEMP | 36:37.84 |
| | 80 | 1 | | GOATLEY,RAYMOND, 91 | | HIAC | 38:08.27 |
| Item | | | 16 | 6:30:00 PM | Final Women MixAge Hammer | | |
| | 25 | 1 | | CELE,PHILLIE, 207 | | UKZNAC | 26.9 |
| | 56 | 1 | | RAWLINS,VALERY-ANN, 27 | | DAC | 12.92 |
| | 66 | 1 | | JACOBS,MARLENE, 87 | | FYAC | 20.83 |
| Item | | | 17 | 6:30:00 PM | Final Men MixAge Hammer | | |
| | 45 | 1 | | LABUSCHAGNE,JOHAN, 20 | | CKSAC | 40.77 |
| | 76 | 1 | | SLABBER,KOOS, 22 | | DCS | 23.71 |
| | 80 | 1 | | RZEPECKI,ANDRZEJ, 7 | | AN | 41.45 |
| Item | | | 18 | 6:40:00 PM | Final Women MixAge 300m Hurdles | | |
| Item | | | 19 | 6:50:00 PM | Final Men MixAge 300m Hurdles | | |
| | 70 | 1 | | VARTY,DENNIS, 49 | | EPG | 54.56 |
| Item | | | 20 | 7:00:00 PM | Final Women MixAge 10000m | | |
| | 25 | 1 | | NTSHANGASE,NOKUTHLA, 181 | | SAV | 38:08.61 |
| | 25 | 2 | | NJUNGUZA,ANEDISIWE, 32 | | DUT | 38:14.61 |
| | 25 | 3 | | MKHIZE,THOBILE, 100 | | KZNA A | 39:00.56 |
| | 26 | 1 | | MJOLI,NWABISA, 93 | | HOLAC | 37:29.96 |
| Item | | | 21 | 7:00:00 PM | Final Men MixAge 10000m | | |
| | 25 | 1 | | SOKHELA,NDUMISO, 116 | | MGUAC | 30:55.65 |
| | 25 | 1 | | CHAGWE,THOBANI, 40 | | DUT | 31:59.53 |
| | 25 | 2 | | MOSIEA,PHALANG, 115 | | MGUAC | 31:11.15 |
| | 25 | 2 | | NTOKOZO,ZUKULU, 41 | | DUT | 32:07.17 |
| | 25 | 3 | | MAZIBUKO,MTHOKOZISI, 112 | | MGUAC | 31:26.56 |
| | 25 | 4 | | NTULI,JOHANNES, 177 | | ROCKAC | 32:23.99 |
| | 25 | 5 | | MFUNDISO,MHLONGO, 35 | | DUT | 37:36.70 |
| | 26 | 1 | | MANGUZELA,SAKHIWO, 184 | | SAV | 33:44.42 |
| | 27 | 3 | | PHUNGULA,APHELE, 217 | | UKZNAC | 33:36.84 |
| Item | | | 22 | 7:50:00 PM | Final Women Senior 800m | | |
| | | 1 | | LOFSTRAND,GENA, 73 | | FF | 2:08.54 |
| | | 2 | | DE WIT,LUZAAN, 56 | | FF | 2:14.57 |
| | | 3 | | GWALA,PHUMZILE, 182 | | SAV | 2:24.11 |

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| | 0 | | FOURIE,CERIAN, 59 | | FF | DNS |
| Item | | 23 | 8:00:00 PM | Final Women MixAge 200m | 2.3 | |
| 26 | 1 | | VON BARGEN,BIANCA, 74 | | FF | 25.15 |
| 47 | 3 | | SIGUBUDU,NANA, 45 | | DUT | 34.21 |
| 62 | 2 | | BUSH,LYDIA, 83 | | FF | 31.39 |
| 66 | 5 | | JACOBS,MARLENE, 87 | | FYAC | 40.17 |
| 75 | 4 | | TOMLINSON,MAGDALENA, 189 | | STAC | 36.45 |
| Item | | 24 | 8:05:00 PM | Final 1 of 3 Men MixAge 200m | 3.8 | |
| 26 | 1 | | XAMA,PRIDE, 75 | | FF | 25.99 |
| 35 | 1 | | DLAMINI,SANDILE, 78 | | FF | 23.38 |
| 50 | 0 | | ZONDI,PRINCE, | | FF | DNS |
| 65 | 1 | | MAGNUSSEN,MAX, 29 | | DAC | 31.66 |
| 80 | 1 | | MIEKOUTSCH,HANS, 99 | | KPAC | 36.94 |
| Item | | 25 | 8:05:00 PM | Final 2 of 3 Men MixAge 200m | 2.4 | |
| 30 | 1 | | PHIRRIE,SANDILE, 178 | | ROCKAC | 23.78 |
| 45 | 1 | | NAIDOO,MOSES, 190 | | TEMP | 26.34 |
| 52 | 1 | | SCHROEDER,MICHAEL, 80 | | FF | 25.75 |
| 65 | 0 | | MOTALA,YACOOB, 186 | | SAC | DNS |
| 70 | 1 | | VARTY,DENNIS, 49 | | EPG | 28.73 |
| Item | | 26 | 8:05:00 PM | FinalResults Men MixAge 200m | 3.8 | |
| 26 | 1 | | XAMA,PRIDE, 75 | | FF | 25.99 |
| 27 | 1 | | MALAWU,LWANDILE, 216 | | UKZNAC | 26.1 |
| 30 | 1 | | PHIRRIE,SANDILE, 178 | | ROCKAC | 23.78 |
| 30 | 0 | | MZOTHO,MDUMI, 179 | | ROCKAC | DNS |
| 31 | 1 | | THUSI,XOLANI, 159 | | NEWAC | 25.12 |

| Age | Place | Athlete,Birthdate | Team | Perf |
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| 35 | 1 | DLAMINI,SANDILE, 78 | FF | 23.38 |
| 45 | 1 | NAIDOO,MOSES, 190 | TEMP | 26.34 |
| 50 | 1 | MBEKWANA,ZANDISILE, 85 | FYAC | 26.92 |

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| | 50 | 0 | | ZONDI,PRINCE, | | FF | DNS |
| | 52 | 1 | | SCHROEDER,MICHAEL, 80 | | FF | 25.75 |
| | 60 | 1 | | OELOFSE,WALTER, 86 | | FYAC | 29.67 |
| | 65 | 1 | | MAGNUSSEN,MAX, 29 | | DAC | 31.66 |
| | 65 | 0 | | MOTALA,YACOOB, 186 | | SAC | DNS |
| | 70 | 1 | | VARTY,DENNIS, 49 | | EPG | 28.73 |
| | 80 | 1 | | MIEKOUTSCH,HANS, 99 | | KPAC | 36.94 |
| Item | | | 26 | 8:05:00 PM | Final 3 of 3 Men MixAge 200m | | 2.6 |
| | 27 | 1 | | MALAWU,LWANDILE, 216 | | UKZNAC | 26.1 |
| | 30 | 0 | | MZOTHO,MDUMI, 179 | | ROCKAC | DNS |
| | 31 | 1 | | THUSI,XOLANI, 159 | | NEWAC | 25.12 |
| | 50 | 1 | | MBEKWANA,ZANDISILE, 85 | | FYAC | 26.92 |
| | 60 | 1 | | OELOFSE,WALTER, 86 | | FYAC | 29.67 |
| Item | | | 27 | 8:10:00 PM | Final Women Senior 200m | | 3.0 |
| | | 1 | | WILLIAMSON,CASSIDY, 57 | | FF | 23.51 |
| | | 2 | | MTHEMBU,SAMUKELISIWE, 109 | | MGUAC | 24.66 |
| | | 3 | | KHOZA,NONDUMISO, 239 | | KZNA A | 25.34 |
| | | 4 | | MBHELE,SPHESIHLE, 241 | | KZNA A | 25.76 |
| | | 5 | | NGEMA,SNETHEMBA, 208 | | UKZNAC | 26.63 |
| | | 6 | | SITHOLE,AMANDA, 209 | | UKZNAC | 26.82 |
| | | 7 | | SIBISI,TAHENJIWE, 238 | | KZNA A | 26.96 |
| | | 8 | | POLITE,MALLEKE, 101 | | KZNA A | 27.57 |
| Item | | | 28 | 8:15:00 PM | Semi Final 7 of 7 Men Senior 200m | | 1.9 |
| | | 1 | | CELE,AYANDA, 39 | | DUT | 23.39 |
| | | 2 | | MALAWU,LWANDILE, 216 | | UKZNAC | 27.35 |
| Item | | | 29 | 8:15:00 PM | Heat 1 of 3 Men Senior 200m | | |
| | | 1 | | NGCOBO,THUBELIHLE, 67 | | FF | 21.97 |
| | | 2 | | GAMEDE,NJABULO, 110 | | MGUAC | 22.06 |
| | | 3 | | MANTANGA,LOYISO, 28 | | DAC | 22.27 |
| | | 4 | | WEBSTER,CHARLES, 227 | | VC | 22.39 |
| | | 5 | | TENZA,MFANELO, 213 | | UKZNAC | 23.44 |
| | | 6 | | CELE,AYANDA, 39 | | DUT | 23.77 |
| Item | | | 30 | 8:15:00 PM | Heat 2 of 3 Men Senior 200m | | |

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| | 1 | | MARLOTH,HEINRICH, 63 | | FF | 21.78 |
| | 2 | | M,MPENDULO, 176 | | ROCKAC | 22.08 |
| | 3 | | SEETAL,KEATON, 30 | | DUT | 22.17 |
| | 4 | | ZOLLIE,MTSHATSHA, 229 | | VC | 22.39 |
| | 5 | | MLAMBO,ZIPHOZONKE, 236 | | MADAC | 22.6 |
| | 6 | | MASEKO,VALETINE, 33 | | DUT | 22.78 |
| | 7 | | MABASO,NKOSINGIPHILE, 139 | | NEWAC | 23.98 |
| Item | 31 | 8:15:00 PM | | Heat 3 of 3 Men Senior 200m | 2.1 | |
| | 1 | | NENE,ZAKITHI, 212 | | UKZNAC | 20.98 |
| | 2 | | NDELA,ANDISWA, 142 | | NEWAC | 21.43 |
| | 3 | | NGESI,NTOKOZO, 66 | | FF | 21.67 |
| | 4 | | WANDILE,MBATHA, 226 | | VC | 22.21 |
| | 5 | | MQANDA,SIZWE, 215 | | UKZNAC | 23.66 |
| | 0 | | BEYA,JACQUES, 64 | | FF | DNS |
| | 0 | | MANZI,YONGA, 23 | | DAC | DNS |
| | 0 | | KHOLWANE,SIPHESIHLE, 243 | | KZNA A | DNS |
| Item | 32 | 8:15:00 PM | | Final Men Senior 200m | 2.1 | |
| | 1 | | NENE,ZAKITHI, 212 | | UKZNAC | 20.98 |
| | 2 | | NDELA,ANDISWA, 142 | | NEWAC | 21.43 |
| | 3 | | NGESI,NTOKOZO, 66 | | FF | 21.67 |
| | 4 | | MARLOTH,HEINRICH, 63 | | FF | 21.78 |
| | 5 | | NGCOBO,THUBELIHLE, 67 | | FF | 21.97 |
| | 6 | | M,MPENDULO, 176 | | ROCKAC | 22.08 |
| | 7 | | SEETAL,KEATON, 30 | | DUT | 22.17 |
| | 8 | | WANDILE,MBATHA, 226 | | VC | 22.21 |
| | 9 | | MANTANGA,LOYISO, 28 | | DAC | 22.27 |
| | 10 | | WEBSTER,CHARLES, 227 | | VC | 22.39 |
| | 10 | | ZOLLIE,MTSHATSHA, 229 | | VC | 22.39 |
| | 12 | | MLAMBO,ZIPHOZONKE, 236 | | MADAC | 22.6 |
| | 13 | | MASEKO,VALETINE, 33 | | DUT | 22.78 |
| | 14 | | MQANDA,SIZWE, 215 | | UKZNAC | 23.66 |
| | 15 | | CELE,AYANDA, 39 | | DUT | 23.77 |
| | 16 | | MABASO,NKOSINGIPHILE, 139 | | NEWAC | 23.98 |

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| | 0 | | THWALA,LINDANI, 147 | | NEWAC | DNR |
| | 0 | | STANDER,GARRICK, 18 | | CKSAC | DNR |
| | 0 | | MALAWU,LWANDILE, 216 | | UKZNAC | DNR |
| | 0 | | WANDILE,NGCOBO, 34 | | DUT | DNR |
| | 0 | | NDABEZITHA,ANDILE, 211 | | UKZNAC | DNS |
| | 0 | | MANZI,YONGA, 23 | | DAC | DNS |
| | 0 | | NAIDU,NICHOLAS, 24 | | DAC | DNS |
| | 0 | | KHOLWANE,SIPHESIHLE, 243 | | KZNA A | DNS |
| Item | | 33 | 5:00:00 AM | Final Women MixAge 50km Walk | | |
| Item | | 34 | 5:00:00 AM | Final Men MixAge 50km Walk | | |
| Item | | 35 | 5:30:00 AM | Final Men MixAge 20km Walk | | |
| | 25 | 1 | MDUNGA,VUKANI, 183 | | SAV | 1:41:13.00 |
| | 31 | 1 | HLONGWA,WISMAN, 222 | | UDAC | 2:04:23.00 |
| Item | | 36 | 5:30:00 AM | Final Women MixAge 20km Walk | | |
| | 25 | 1 | SCHULTS,ZELDA, 170 | | PTCE | 1:50:03.00 |
| | 36 | 1 | LE ROUX,NATALIE, 11 | | BOXAC | 1:50:56.00 |
| Item | | 37 | 6:00:00 AM | Final Women MixAge 10km Walk | | |
| | 45 | 1 | CORLETT,PAMELA, 88 | | HIAC | 1:12:42.00 |
| | 50 | 1 | LE FERBOUR,JEANINE, 161 | | PDAC | 1:05:46.00 |
| | 53 | 1 | FUCHS,SHARON, 21 | | DCS | 1:08:51.00 |
| | 60 | 1 | BENNETT,ANTOINETTE, 89 | | HIAC | 1:10:28.00 |
| | 65 | 1 | STEWART,ANNE PAMELA, 90 | | HIAC | 1:25:13.00 |
| Item | | 38 | 6:00:00 AM | Final Men MixAge 10km Walk | | |
| | 45 | 1 | MOSTERT,MICHAEL, 188 | | STAC | 1:25:13.00 |
| | 69 | 1 | WILLIAMS,LES, 50 | | EPG | 1:10:48.00 |
| | 80 | 1 | GOATLEY,RAYMOND, 91 | | HIAC | 1:22:54.00 |
| Item | | 39 | 8:00:00 AM | Final Men MixAge Weight | | |
| | 45 | 1 | LABUSCHAGNE,JOHAN, 20 | | CKSAC | 12.44 |
| | 76 | 1 | SLABBER,KOOS, 22 | | DCS | 6.98 |
| | 80 | 1 | RZEPECKI,ANDRZEJ, 7 | | AN | 17.2 |
| Item | | 40 | 8:00:00 AM | Final Women MixAge 3000m SteepleChase | | |

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| Item | | 41 | 8:30:00 AM | | Final Men MixAge 3000m SteepleChase | | |
| | 25 | 1 | | MSONDO,SIPHESIHLE, 199 | | NEWAC | 09:27.53 |
| | 25 | 2 | | LEBOHANG,MAHLOANE, 250 | | KZNA A | 09:43.45 |
| | 25 | 3 | | YEKELO,SIPHESIHLE, 220 | | UDAC | 10:48.77 |
| | 25 | 4 | | KHUMALO,MLONDI, 2 | | AAC | 11:09.75 |
| | 26 | 1 | | MANGUZELA,SAKHIWO, 184 | | SAV | 10:03.87 |
| Item | | 42 | 9:00:00 AM | | Final Women MixAge 1500m | | |
| | 25 | 1 | | MKHIZE,HAPPINESS, 180 | | SAV | 04:38.01 |
| | 25 | 1 | | MTSHALI,NOMCEBO, 127 | | MUAC | 05:07.39 |
| | 25 | 2 | | NTSHANGASE,NOKUTHLA, 181 | | SAV | 05:11.84 |
| Item | | 43 | 9:10:00 AM | | Final Men MixAge 1500m | | |
| | 41 | 1 | | ZULU,SIMPHIWE, 95 | | HOLAC | 04:06.83 |
| | 50 | 1 | | SMITH,MARK, 52 | | EAPMB | 05:56.16 |
| | 70 | 1 | | SPENCE,ANDREW, 187 | | SCS | 05:51.03 |
| | 70 | 2 | | STRYDOM,TROMPIE WILLEM, 169 | | PINAC | 07:26.84 |
| Item | | 44 | 9:20:00 AM | | Final Men Senior 1500m | | |
| Age | Place | | | Athlete,Birthdate | Team | | Perf |
| | | | | SIBIYA,NKOSINATHI, 245 | | KZNA A | 03:41.93 |
| | | | | MBANJWA,SIPHO, 9 | | BOXAC | 03:55.25 |
| | | | | KOOS,MOLUTSI, 249 | | KZNA A | 04:03.87 |
| | | | | KHAIN,MANHENGE, 248 | | KZNA A | 04:13.50 |
| | | | | MUKELANI,NORMAN, 206 | | TAC | 04:14.84 |
| | | | | NGUBANE,SANELE, 124 | | MDAC | 04:21.10 |
| | | | | DE SCALLY,NICHOLAS, 46 | | EPG | 04:35.07 |
| | | | | HLONGWA,LINDANI, 129 | | MUAC | 04:53.04 |
| Item | | 45 | 9:25:00 AM | | Final Women MixAge 80m Hurdles | | |
| | 47 | 1 | | SIGUBUDU,NANA, 45 | | DUT | 20.5 |
| Item | | 46 | 9:30:00 AM | | Final Women MixAge HighJump | | |

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| Item | | 47 | 9:30:00 AM | Final Men MixAge 200m Hurdles | | |
| Item | | 48 | 9:40:00 AM | Final Women MixAge 400m Hurdles | | |
| | 22 | 1 | KHUMALO,NOMFUNDO, 198 | | MADAC | 1:27.12 |
| | 25 | 1 | MAGUBANE,MBALI, 132 | | NEWAC | 1:17.73 |
| | 26 | 1 | SKHOSANA,THOBKILE, 158 | | NEWAC | 1:20.65 |
| | 47 | 1 | SIGUBUDU,NANA, 45 | | DUT | 1:41.43 |
| Item | | 49 | 9:55:00 AM | Final Men MixAge 400m Hurdles | | |
| | 25 | 1 | BUSH,ETHAN, 71 | | FF | 0:59.83 |
| | 25 | 2 | SIBISI,SANDILE, 149 | | NEWAC | 1:03.78 |
| | 33 | 1 | COUTO,KURT, 121 | | MOZA | 0:51.84 |
| | 33 | 2 | KOEKEMOER,PIETER, 77 | | FF | 0:55.81 |
| Item | | 50 | 10:00:00 AM | Final Men MixAge Shotput | | |
| | 25 | 1 | PILLAY,TYRONE, 16 | | CKSAC | 12.45 |
| | 25 | 1 | ZITHA,LINDELANI, 128 | | MUAC | 11.16 |
| | 25 | 2 | NGUBANE,FANELE, 123 | | MDAC | 7.94 |
| | 45 | 1 | LABUSCHAGNE,JOHAN, 20 | | CKSAC | 13.58 |
| | 70 | 1 | WATSON,ANDY, 233 | | WEST | 9.13 |
| | 76 | 1 | SLABBER,KOOS, 22 | | DCS | 7.56 |
| | 80 | 1 | RZEPECKI,ANDRZEJ, 7 | | AN | 10.73 |
| | 80 | 2 | MIEKOUTSCH,HANS, 99 | | KPAC | 8.42 |
| Item | | 51 | 10:00:00 AM | Final Women MixAge Weight | | |
| | 56 | 1 | RAWLINS,VALERY-ANN, 27 | | DAC | 3.93 |
| Item | | 52 | 11:00:00 AM | Final Women MixAge LongJump | | |
| | 25 | 1 | MHLONGO,SHEREEN, 202 | | EHAC | 4.83 |
| | 25 | 3 | MAGUBANE,MBALI, 132 | | NEWAC | 4.24 |
| | 26 | 2 | SKHOSANA,THOBKILE, 158 | | NEWAC | 4.26 |
| | 55 | 4 | ZONDI,CYNTHIA, 225 | | VAC | 1.73 |
| Item | | 53 | 11:00:00 AM | Heat 1 of 2 Women U18 (Youth) 4X100m Relay | | |
| | | 1 | RELAY TEAM,, | | UMG | 0:56.32 |
| | | 2 | RELAY TEAM,, | | HARRY | 0:57.47 |
| | | 3 | RELAY TEAM,, | | UGUD | 0:57.74 |
| | | 4 | RELAY TEAM,, | | UMZ | 0:57.77 |

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| Item | 5 | | RELAY TEAM,, | UMKHA | 1:02.64 |
| | | 54 | 11:00:00 AM | Heat 2 of 2 Women U18 (Youth) 4X100m Relay | |
| | 1 | | RELAY TEAM,, | KING C | 0:55.15 |
| | 2 | | RELAY TEAM,, | UTHUK | 0:55.88 |
| | 3 | | RELAY TEAM,, | ZULU | 0:57.36 |
| | 4 | | RELAY TEAM,, | ILEM | 1:00.06 |
| Item | | 55 | 11:00:00 AM | Final Women MixAge Shotput | |
| | 25 | 1 | DLAMINI,KHOLEKA, 108 | MGUAC | 9.55 |
| | 25 | 2 | CELE,PHILLIE, 207 | UKZNAC | 7.26 |
| | 25 | 3 | PHUNGULA,NONHLANHLA, 107 | MGUAC | 6.68 |
| | 56 | 1 | RAWLINS,VALERY-ANN, 27 | DAC | 5.09 |
| | 66 | 1 | JACOBS,MARLENE, 87 | FYAC | 7.13 |
| | 70 | 1 | RZEPECKI,JANA, 235 | AN | 5.65 |
| Item | | 56 | 11:10:00 AM | Heat 1 of 2 Men U18 (Youth) 4X100m Relay | |
| Age | Place | | Athlete,Birthdate | Team | Perf |
| | 1 | | RELAY TEAM,, | UMG | 0:47.84 |
| | 2 | | RELAY TEAM,, | UMZ | 0:47.90 |
| | 3 | | RELAY TEAM,, | UMKHA | 0:48.67 |
| | 4 | | RELAY TEAM,, | UGUD | 0:48.78 |
| | 5 | | RELAY TEAM,, | HARRY | 0:51.04 |
| Item | | 57 | 11:10:00 AM | Heat 2 of 2 Men U18 (Youth) 4X100m Relay | |
| | 1 | | RELAY TEAM,, | ZULU | 0:46.50 |
| | 2 | | RELAY TEAM,, | KING C | 0:46.53 |
| | 3 | | RELAY TEAM,, | ILEM | 0:48.80 |
| | 4 | | RELAY TEAM,, | UTHUK | 0:48.97 |
| Item | | 58 | 11:20:00 AM | Heat 1 of 2 Women U18 (Youth) Varsity Mixed Medle | |
| | 1 | | RELAY TEAM,, | UMG | 07:28.65 |
| | 2 | | RELAY TEAM,, | UMZ | 07:28.78 |
| | 3 | | RELAY TEAM,, | HARRY | 07:48.64 |
| | 4 | | RELAY TEAM,, | UMKHA | 07:55.11 |

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| Item | 59 | 11:20:00 AM | | Heat 2 of 2 Women U18 (Youth) Varsity Mixed Medle | | |
| | 1 | | RELAY TEAM,, | | UTHUK | 07:32.21 |
| | 2 | | RELAY TEAM,, | | ZULU | 07:49.34 |
| | 0 | | RELAY TEAM,, | | KING C | Disq |
| | 0 | | RELAY TEAM,, | | ILEM | Disq |
| Item | 60 | 11:30:00 AM | | Heat 1 of 2 Men U18 (Youth) Varsity Mixed Medley | | |
| | 1 | | RELAY TEAM,, | | UMZ | 06:02.15 |
| | 2 | | RELAY TEAM,, | | UMG | 06:03.81 |
| | 3 | | RELAY TEAM,, | | UGUD | 06:43.02 |
| | 4 | | RELAY TEAM,, | | HARRY | 06:52.08 |
| | 5 | | RELAY TEAM,, | | UMKHA | 06:54.25 |
| Item | 61 | 11:30:00 AM | | Heat 2 of 2 Men U18 (Youth) Varsity Mixed Medley | | |
| | 1 | | RELAY TEAM,, | | ZULU | 06:03.95 |
| | 2 | | RELAY TEAM,, | | ILEM | 06:04.77 |
| | 3 | | RELAY TEAM,, | | UTHUK | 06:05.69 |
| | 4 | | RELAY TEAM,, | | KING C | 06:12.77 |
| Item | 62 | 11:40:00 AM | | Heat 1 of 2 Women Senior 100m | | |
| | 1 | | MUZAMA,DEBORA, 14 | | CKSAC | 13.94 |
| | 2 | | ZULU,NOMCEBO, 61 | | FF | 14.02 |
| | 3 | | MZOBE,NOLUTHANDO, 62 | | FF | 14.29 |
| | 4 | | NTOZAKHE,SANILISIWE, 37 | | DUT | 16.79 |
| | 0 | | DUBE,THANDEKA, 134 | | NEWAC | DNS |
| | 0 | | NGEMA,SNETHEMBA, 208 | | UKZNAC | DNS |
| | 0 | | MBHELE,SPHESIHLE, 241 | | KZNA A | DNS |
| Item | 63 | 11:40:00 AM | | Heat 2 of 2 Women Senior 100m | | |
| | 1 | | WILLIAMSON,CASSIDY, 57 | | FF | 12.36 |
| | 2 | | MTHEMBU,SAMUKELISIWE, 109 | | MGUAC | 12.86 |
| | 3 | | KHOZA,NONDUMISO, 239 | | KZNA A | 13.05 |
| | 4 | | SITHOLE,AMANDA, 209 | | UKZNAC | 13.35 |
| | 5 | | FOURIE,TEGAN, 58 | | FF | 14.02 |
| | 0 | | NDZINISA,PHUMILE, 133 | | NEWAC | DNS |
| | 0 | | POLITE,MALLEKE, 101 | | KZNA A | DNS |
| Item | 64 | 11:50:00 AM | | Semi Final 1 of 6 Men Senior 100m | | |
| | | | | | | -3.6 |

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|------|-------|----|-------------|--------------------------|-----------------------------------|--------|-------|
| | 1 | | | NDEBELE,ANDISWA, 210 | | UKZNAC | 11.66 |
| | 2 | | | WEBSTER,CHARLES, 227 | | VC | 11.67 |
| | 3 | | | MLAMBO,ZIPHOZONKE, 236 | | MADAC | 11.84 |
| | 4 | | | BEYA,JACQUES, 64 | | FF | 12.01 |
| | 5 | | | MKHIZE,LUYANDA, 3 | | AAC | 13.38 |
| | 0 | | | LUSENGA,ANDILE, 155 | | NEWAC | DNS |
| | 0 | | | LINDELANI B,MAZIYA, 148 | | NEWAC | DNS |
| | 0 | | | DUBE,SCELO, 244 | | KZNA A | DNS |
| Item | | 65 | 11:50:00 AM | | Semi Final 2 of 6 Men Senior 100m | -2.2 | |
| | 1 | | | NGESI,NTOKOZO, 66 | | FF | 11.32 |
| | 2 | | | TENZA,MFANELO, 213 | | UKZNAC | 11.73 |
| Age | Place | | | Athlete,Birthdate | Team | | Perf |
| | 3 | | | KHOLWANE,SIPHESIHLE, 243 | | KZNA A | 12.01 |
| | 4 | | | SANGWENI,SIFISO, 140 | | NEWAC | 12.5 |
| | 5 | | | NGCOBO,GOOD-ENOUGH, 1 | | AAC | 13.05 |
| | 0 | | | ZOLLIE,MTSHATSHA, 229 | | VC | DNS |
| | 0 | | | TSOTETSI,BRAIN, 152 | | NEWAC | DNS |
| Item | | 66 | 11:50:00 AM | | Semi Final 3 of 6 Men Senior 100m | -2.2 | |
| | 1 | | | M,MPENDULO, 176 | | ROCKAC | 11.23 |
| | 2 | | | MARLOTH,HEINRICH, 63 | | FF | 11.34 |
| | 3 | | | NDABEZITHA,ANDILE, 211 | | UKZNAC | 11.65 |
| | 0 | | | MHLOPHE,SIBUSISO, 144 | | NEWAC | DNS |
| | 0 | | | SHABALALA,DUMISANI, 146 | | NEWAC | DNS |
| | 0 | | | MANZI,YONGA, 23 | | DAC | DNS |
| | 0 | | | NDZWANANA,SIMPHIWE, 204 | | DUT | DNS |
| Item | | 67 | 11:50:00 AM | | Semi Final 4 of 6 Men Senior 100m | -4.5 | |
| | 1 | | | NGCOBO,THUBELIHLE, 67 | | FF | 12.4 |
| | 2 | | | DUMA,XOLANI, 38 | | DUT | 13.39 |
| | 0 | | | ZWANE,SIPHIWE, 156 | | NEWAC | DNS |

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| | 0 | | SIBIYA,PHAKAMI, 214 | | UKZNAC | DNS |
| | 0 | | CELE,NATHI, | | UGUD | DNS |
| | 0 | | JANSEN,BRANDON, | | UGUD | DNS |
| Item | 68 | 11:50:00 AM | | Semi Final 5 of 6 Men Senior 100m | -3.4 | |
| | 1 | | WANDILE,MBATHA, 226 | | VC | 11.67 |
| | 2 | | MASEKO,VALETINE, 33 | | DUT | 11.81 |
| | 3 | | MQANDA,SIZWE, 215 | | UKZNAC | 11.88 |
| | 4 | | MUHANZI,JOSAI, 72 | | FF | 13.07 |
| | 0 | | MAZIYA,LINDELAN, 138 | | NEWAC | DNS |
| | 0 | | NYAMAKAZI,MPUMEZA, 205 | | UGUD | DNS |
| Item | 69 | 11:50:00 AM | | Semi Final 6 of 6 Men Senior 100m | -4 | |
| | 1 | | MZOBE,MFUNDO, 218 | | UKZNAC | 11.29 |
| | 2 | | NDELA,ANDISWA, 142 | | NEWAC | 11.57 |
| | 3 | | NGQUSEKA,NTOBELA, 96 | | HOLAC | 11.93 |
| | 4 | | GAMA,AARON, 135 | | NEWAC | 12.5 |
| | 5 | | ISMAIL,UWAIS, 17 | | CKSAC | 13.06 |
| | 0 | | MOOSA,MIKHAIL, 228 | | VC | DNS |
| Item | 70 | 12:05:00 PM | | Final Men MixAge 100m Hurdles | | |
| Item | 71 | 12:10:00 PM | | Final Women MixAge 100m Hurdles | | |
| Item | 72 | 12:15:00 PM | | Final Men MixAge 110m Hurdles | | |
| Item | 73 | 12:20:00 PM | | Heat 1 of 4 Men Senior 400m | | |
| | 1 | | NAIDU,NICHOLAS, 24 | | DAC | 0:52.93 |
| | 0 | | CORTERELL,JOSHUA, 69 | | FF | DNS |
| | 0 | | MOOSA,MIKHAIL, 228 | | VC | DNS |
| | 0 | | SANGWENI,SIFISO, 140 | | NEWAC | DNS |
| | 0 | | ISMAIL,UWAIS, 17 | | CKSAC | DNS |
| | 0 | | DUBE,SCELO, 244 | | KZNA A | DNS |
| | 0 | | MADLALA,PHAKAMANI, 111 | | MGUAC | DNF |
| Item | 74 | 12:20:00 PM | | Heat 2 of 4 Men Senior 400m | | |
| | 1 | | WANDILE,NGCOBO, 34 | | DUT | 0:58.93 |

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| | | 2 | | STANDER,GARRICK, 18 | | CKSAC | 1:10.79 |
| | | 0 | | TENZA,ROMAN, 65 | | FF | DNS |
| | | 0 | | MABASO,NKOSINGIPHILE, 139 | | NEWAC | DNS |
| | | 0 | | SIBISI,THEMJIME, 195 | | TEMPAC | DNS |
| | | 0 | | ZITHA,LINDELANI, 128 | | MUAC | DNS |
| Item | | | 75 | 12:20:00 PM | Heat 3 of 4 Men Senior 400m | | |
| | | 1 | | SEETAL,KEATON, 30 | | DUT | 0:51.73 |
| | | 2 | | KOEKEMOER,PIETER, 77 | | FF | 0:53.59 |
| | | 3 | | MTHULI,THABO, 70 | | FF | 0:56.35 |
| Age | Place | | | Athlete,Birthdate | Team | | Perf |
| | | 4 | | DE SCALLY,NICHOLAS, 46 | | EPG | 1:00.10 |
| | | 0 | | BUSH,ETHAN, 71 | | FF | DNS |
| | | 0 | | NKOSI,NDUMISO, 150 | | NEWAC | DNS |
| | | 0 | | TSANYANE,TSIELO, 117 | | MGUAC | DNS |
| Item | | | 76 | 12:20:00 PM | Heat 4 of 4 Men Senior 400m | | |
| | | 1 | | NENE,ZAKITHI, 212 | | UKZNAC | 0:48.36 |
| | | 2 | | THWALA,LINDANI, 147 | | NEWAC | 0:49.41 |
| | | 3 | | ZOLLIE,MTSHATSHA, 229 | | VC | 0:50.36 |
| | | 4 | | MANTANGA,LOYISO, 28 | | DAC | 0:50.64 |
| | | 0 | | NGUBANE,NJABULO, 68 | | FF | DNS |
| | | 0 | | KHESWA,SPHIWE, 114 | | MGUAC | DNS |
| Item | | | 77 | 12:20:00 PM | Final Men MixAge Javelin | | |
| | 25 | 1 | | ATHOW,ATHOW, 26 | | DAC | 65.33 |
| | 25 | 2 | | NGUBANE,FANELE, 123 | | MDAC | 39.27 |
| | 30 | 1 | | KHUMANLO,THUTHUKANI, 126 | | MDAC | 39.69 |
| | 45 | 1 | | LABUSCHAGNE,JOHAN, 20 | | CKSAC | 39.07 |
| | 70 | 1 | | WATSON,ANDY, 233 | | WEST | 26.97 |
| | 76 | 1 | | SLABBER,KOOS, 22 | | DCS | 11.18 |

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| Item | 80 | 1 | | RZEPECKI,ANDRZEJ, 7 | | AN | 24.16 |
| | | | 78 | 12:20:00 PM | Final Men MixAge LongJump | | |
| | 25 | 1 | | BERU,JOASH, 224 | | UKN | 7.12 |
| | 25 | 1 | | CELE,AYANDA, 39 | | DUT | 5.27 |
| | 25 | 1 | | ZITHA,LINDELANI, 128 | | MUAC | 5.48 |
| | 25 | 2 | | MANZI,YONGA, 23 | | DAC | 5.84 |
| | 25 | 3 | | NGCOBO,GOOD-ENOUGH, 1 | | AAC | 5.82 |
| | 25 | 4 | | ELONGE,FRANCOIS, 131 | | NRC | 5.45 |
| | 25 | 5 | | BUTHELEZI,XOLANI, 154 | | NEWAC | 5.34 |
| | 25 | 0 | | SIBISI,SANDILE, 149 | | NEWAC | DNS |
| | 25 | 0 | | NDLOVU,ANDILE, 200 | | KLO | NM |
| | 30 | 1 | | KHUMANLO,THUTHUKANI, 126 | | MDAC | 5.33 |
| | 30 | 0 | | MZOTHO,MDUMI, 179 | | ROCKAC | DNS |
| | 31 | 1 | | THUSI,XOLANI, 159 | | NEWAC | 5.04 |
| | 31 | 0 | | MSIBI,WANDILE, 160 | | NEWAC | DNS |
| | 44 | 1 | | LOUWRENS,PIET, 84 | | FYAC | 5.35 |
| | 45 | 1 | | NAIDOO,MOSES, 190 | | TEMP | 5.54 |
| | 50 | 1 | | ZONDI,PRINCE, | | FF | 4.88 |
| | 60 | 1 | | OELOFSE,WALTER, 86 | | FYAC | 4.02 |
| | 65 | 1 | | XAVIER,ROBERT, 8 | | BAC | 5.27 |
| | 80 | 0 | | MIEKOUTSCH,HANS, 99 | | KPAC | DNS |
| Item | | | 79 | 12:20:00 PM | Final Men MixAge HighJump | | |
| | 25 | 1 | | VALLY,USAAMAH, 15 | | CKSAC | 1.9 |
| | 80 | 2 | | MIEKOUTSCH,HANS, 99 | | KPAC | 1.15 |
| Item | | | 80 | 12:35:00 PM | Final Women MixAge 2000m SteepleChase | | |
| Item | | | 81 | 12:45:00 PM | Final Men MixAge 2000m SteepleChase | | |
| Item | | | 82 | 12:55:00 PM | Final 1 of 3 Men MixAge 100m | -2.8 | |
| | 26 | 2 | | XAMA,PRIDE, 75 | | FF | 13.3 |
| | 35 | 1 | | DLAMINI,SANDILE, 78 | | FF | 12.03 |
| | 50 | 3 | | MBEKWANA,ZANDISILE, 85 | | FYAC | 13.4 |
| | 60 | 4 | | OELOFSE,WALTER, 86 | | FYAC | 14.85 |

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| Item | 65 | 5 | | MAGNUSSEN,MAX, 29 | | DAC | 15.4 |
| | | | 83 | 12:55:00 PM | Final 2 of 3 Men MixAge 100m | -2.1 | |
| | 27 | 1 | | MALAWU,LWANDILE, 216 | | UKZNAC | 16.87 |
| | 44 | 1 | | LOUWRENS,PIET, 84 | | FYAC | 13.01 |
| | 60 | 1 | | WHITTINGTON,GARTH, 231 | | WEST | 15.17 |
| | 65 | 1 | | MOTALA,YACOOB, 186 | | SAC | 16.87 |
| Item | | | 84 | 12:55:00 PM | FinalResults Men MixAge 100m | | |
| | | | | | | -2.8 | |
| Age | Place | | | Athlete,Birthdate | Team | | Perf |
| | 26 | 1 | | XAMA,PRIDE, 75 | | FF | 13.3 |
| | 27 | 1 | | MALAWU,LWANDILE, 216 | | UKZNAC | 16.87 |
| | 31 | 1 | | THUSI,XOLANI, 159 | | NEWAC | 12.69 |
| | 35 | 1 | | DLAMINI,SANDILE, 78 | | FF | 12.03 |
| | 44 | 1 | | LOUWRENS,PIET, 84 | | FYAC | 13.01 |
| | 50 | 1 | | MBEKWANA,ZANDISILE, 85 | | FYAC | 13.4 |
| | 50 | 2 | | ZONDI,PRINCE, 237 | | FF | 13.7 |
| | 60 | 1 | | OELOFSE,WALTER, 86 | | FYAC | 14.85 |
| | 60 | 2 | | WHITTINGTON,GARTH, 231 | | WEST | 15.17 |
| | 65 | 1 | | XAVIER,ROBERT, 8 | | BAC | 15.08 |
| | 65 | 2 | | MAGNUSSEN,MAX, 29 | | DAC | 15.4 |
| | 65 | 3 | | MOTALA,YACOOB, 186 | | SAC | 16.87 |
| | 70 | 1 | | SMITH,ANTHONY, 51 | | EPG | 17.33 |
| Item | | | 84 | 12:55:00 PM | Final 3 of 3 Men MixAge 100m | -2.3 | |
| | 31 | 1 | | THUSI,XOLANI, 159 | | NEWAC | 12.69 |
| | 50 | 2 | | ZONDI,PRINCE, 237 | | FF | 13.7 |
| | 65 | 3 | | XAVIER,ROBERT, 8 | | BAC | 15.08 |
| | 70 | 4 | | SMITH,ANTHONY, 51 | | EPG | 17.33 |
| Item | | | 85 | 1:00:00 PM | Final Women MixAge 100m | -3.3 | |
| | 31 | 1 | | MTSHALI,MONICA, 42 | | DUT | 18.46 |
| | 46 | 1 | | SABELA,NOMBUSI, 44 | | DUT | 22.02 |
| | 51 | 1 | | BENNETT,MARGOT, 192 | | TEMP | 18.11 |

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| | 55 | 1 | | ZONDI,CYNTHIA, 225 | | VAC | 21.94 |
| | 62 | 1 | | BUSH,LYDIA, 83 | | FF | 15.37 |
| | 66 | 1 | | JACOBS,MARLENE, 87 | | FYAC | 18.73 |
| Item | | | 86 | 1:10:00 PM | Final Women MixAge 800m | | |
| | 48 | 1 | | COCBAIN,URSULA, 47 | | EPG | 2:35.32 |
| | 55 | 1 | | ALEXANDER,LIZZY, 81 | | FF | 2:57.25 |
| | 75 | 1 | | TOMLINSON,MAGDALENA, 189 | | STAC | 3:35.48 |
| Item | | | 87 | 1:15:00 PM | Final Men MixAge 800m | | |
| | 27 | 1 | | MABHIDA,THULANI, 119 | | MGUAC | 2:12.14 |
| | 50 | 1 | | SMITH,MARK, 52 | | EAPMB | 3:02.64 |
| | 70 | 1 | | STRYDOM,TROMPIE WILLEM, 169 | | PINAC | 3:45.57 |
| Item | | | 88 | 1:20:00 PM | Final Men Senior 800m | | |
| | | 1 | | NDLOVU,SYABONGA, 246 | | KZNA A | 1:53.30 |
| | | 2 | | MFULELWA,THABO, 162 | | PHAC | 1:53.49 |
| | | 3 | | NGUBANE,NJABULO, 68 | | FF | 1:55.67 |
| | | 4 | | ZUNGU,MUSAWENKOSI, 98 | | INQAC | 1:57.91 |
| | | 5 | | MKHIZE,SIYANDA, 92 | | HOLAC | 1:59.33 |
| | | 6 | | TSANYANE,TSIELO, 117 | | MGUAC | 1:59.36 |
| | | 7 | | MADLALA,PHAKAMANI, 111 | | MGUAC | 2:02.82 |
| Item | | | 89 | 1:20:00 PM | Final Women MixAge Javelin | | |
| | 25 | 1 | | VERHEEM,LI-ANDRI, 12 | | CKSAC | 36.2 |
| | 25 | 2 | | GOOSEN,VALERIE, 13 | | CKSAC | 32.44 |
| | 25 | 3 | | DLAMINI,KHOLEKA, 108 | | MGUAC | 32.23 |
| | 25 | 4 | | CELE,PHILLIE, 207 | | UKZNAC | 15.76 |
| | 25 | 5 | | PHUNGULA,NONHLANHLA, 107 | | MGUAC | 15.66 |
| | 56 | 1 | | RAWLINS,VALERY-ANN, 27 | | DAC | 8.5 |
| Item | | | 90 | 1:25:00 PM | Final Women U18 (Youth) 4X100m Relay | | |
| | | 1 | | RELAY TEAM,, | | UTHUK | 0:54.64 |
| | | 2 | | RELAY TEAM,, | | KING C | 0:54.86 |
| | | 3 | | RELAY TEAM,, | | UMG | 0:56.56 |
| | | 4 | | RELAY TEAM,, | | ZULU | 0:56.96 |
| | | 5 | | RELAY TEAM,, | | UGUD | 0:57.24 |
| | | 6 | | RELAY TEAM,, | | UMZ | 0:58.32 |

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| | 7 | | | RELAY TEAM,, | | HARRY | 0:58.40 |
| | 8 | | | RELAY TEAM,, | | ILEM | 1:00.26 |
| Item | | 91 | 1:30:00 PM | | Final Men U18 (Youth) 4X100m Relay | | |
| | 1 | | | RELAY TEAM,, | | KING C | 0:45.08 |

| Age | Place | | Athlete,Birthdate | Team | Perf |
|------|-------|----|---------------------------|--------|--|
| | 2 | | RELAY TEAM,, | ZULU | 0:45.34 |
| | 3 | | RELAY TEAM,, | UMZ | 0:47.20 |
| | 4 | | RELAY TEAM,, | UMG | 0:47.21 |
| | 5 | | RELAY TEAM,, | UTHUK | 0:48.05 |
| | 6 | | RELAY TEAM,, | UMKHA | 0:48.17 |
| | 7 | | RELAY TEAM,, | UGUD | 0:48.87 |
| | 8 | | RELAY TEAM,, | ILEM | 0:49.04 |
| Item | | 92 | 1:40:00 PM | | Final Women U18 (Youth) Varsity Mixed Medley Relay |
| | 1 | | RELAY TEAM,, | UTHUK | 07:25.80 |
| | 2 | | RELAY TEAM,, | UMG | 07:33.35 |
| | 3 | | RELAY TEAM,, | UMZ | 07:34.62 |
| | 4 | | RELAY TEAM,, | UMKHA | 07:46.47 |
| | 5 | | RELAY TEAM,, | HARRY | 09:12.71 |
| Item | | 93 | 1:50:00 PM | | Final Men U18 (Youth) Varsity Mixed Medley Relay |
| | 1 | | RELAY TEAM,, | KING C | 05:49.70 |
| | 2 | | RELAY TEAM,, | UMZ | 05:49.99 |
| | 3 | | RELAY TEAM,, | UMG | 05:56.79 |
| | 4 | | RELAY TEAM,, | ZULU | 06:16.87 |
| Item | | 94 | 2:00:00 PM | | Final Women Senior 100m |
| | 1 | | WILLIAMSON,CASSIDY, 57 | FF | 11.97 |
| | 2 | | MTHEMBU,SAMUKELISIWE, 109 | MGUAC | 12.58 |
| | 3 | | KHOZA,NONDUMISO, 239 | KZNA A | 12.9 |
| | 4 | | SITHOLE,AMANDA, 209 | UKZNAC | 13.32 |
| | 5 | | MUZAMA,DEBORA, 14 | CKSAC | 13.75 |

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|------|----|-----|----------------------|------------------------------|--------|----------|
| | 6 | | ZULU,NOMCEBO, 61 | | FF | 14.1 |
| | 7 | | MZOBE,NOLUTHANDO, 62 | | FF | 14.57 |
| Item | | 95 | 2:05:00 PM | Heat 1 of 3 Men Senior 100m | | |
| Item | | 96 | 2:05:00 PM | Heat 2 of 3 Men Senior 100m | | |
| Item | | 97 | 2:05:00 PM | Heat 3 of 3 Men Senior 100m | | |
| Item | | 98 | 2:10:00 PM | Final Women MixAge 5000m | | |
| Item | | 99 | 2:40:00 PM | Final Men MixAge 5000m | | |
| | 25 | 1 | | MKHWANAZI,BONGELANI, 174 | ROCKAC | 16:23.32 |
| | 25 | 1 | | SIBIYA,NKOSINATHI, 245 | KZNA A | 14:19.10 |
| | 25 | 1 | | ZWANE,BONGINKOSI, 10 | BOXAC | 14:37.72 |
| | 25 | 2 | | MBANJWA,SIPHO, 9 | BOXAC | 14:19.52 |
| | 25 | 3 | | SOKHELA,NDUMISO, 116 | MGUAC | 15:32.70 |
| | 25 | 4 | | MOSIEA,PHALANG, 115 | MGUAC | 15:33.87 |
| | 25 | 5 | | STHOLE,LINDOKUHLE, 165 | PHAC | 15:45.81 |
| | 25 | 6 | | NGUBANE,SANELE, 124 | MDAC | 16:14.48 |
| | 25 | 7 | | MASIKANE,NDUMISO, 219 | UDAC | 16:24.32 |
| | 25 | 8 | | YEKELO,SIPHESIHLE, 220 | UDAC | 17:10.44 |
| | 25 | 9 | | MFUNDISO,MHLONGO, 35 | DUT | 18:12.87 |
| | 25 | 10 | | KHUMALO,SPHELE, 125 | MDAC | 18:51.23 |
| | 26 | 1 | | SCHOEMAN,HENRI, 76 | FF | 15:12.62 |
| | 29 | 1 | | THOMAS,SENZENI, 120 | MGUAC | 16:32.73 |
| | 40 | 1 | | MUZAMA,LYSIAS, 19 | CKSAC | 20:07.76 |
| | 41 | 1 | | ZULU,SIMPHIWE, 95 | HOLAC | 15:18.05 |
| | 65 | 1 | | SMITH,LES, 232 | WEST | 23:16.61 |
| Item | | 100 | 3:05:00 PM | Final 1 of 2 Men MixAge 400m | | |
| | 30 | 1 | | PHIRRIE,SANDILE, 178 | ROCKAC | 0:53.93 |
| | 52 | 1 | | SCHROEDER,MICHAEL, 80 | FF | 0:56.71 |
| | 60 | 1 | | OELOFSE,WALTER, 86 | FYAC | 1:11.15 |
| Item | | 101 | 3:05:00 PM | FinalResults Men MixAge 400m | | |

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| 30 | 1 | PHIRRIE,SANDILE, 178 | ROCKAC | 0:53.93 |
| 44 | 1 | NAUDE,OMRI, 79 | FF | 0:57.31 |

| Age | Place | Athlete,Birthdate | Team | Perf |
|------|-------|------------------------|--------------------------------|---------|
| 50 | 1 | MBEKWANA,ZANDISILE, 85 | FYAC | 1:03.06 |
| 52 | 1 | SCHROEDER,MICHAEL, 80 | FF | 0:56.71 |
| 55 | 1 | FOURIE,DAVID, 82 | FF | 0:58.33 |
| 60 | 1 | OELOFSE,WALTER, 86 | FYAC | 1:11.15 |
| Item | | 101 3:05:00 PM | Final 2 of 2 Men MixAge 400m | |
| 44 | 1 | NAUDE,OMRI, 79 | FF | 0:57.31 |
| 50 | 1 | MBEKWANA,ZANDISILE, 85 | FYAC | 1:03.06 |
| 55 | 1 | FOURIE,DAVID, 82 | FF | 0:58.33 |
| Item | | 102 3:10:00 PM | Final Women MixAge 400m | |
| 26 | 1 | VON BARGEN,BIANCA, 74 | FF | 0:59.91 |
| 48 | 1 | COCBAIN,URSULA, 47 | EPG | 1:10.25 |
| 55 | 1 | ALEXANDER,LIZZY, 81 | FF | 1:17.22 |
| Item | | 103 3:10:00 PM | Final 1 of 2 Women Senior 400m | |
| | 1 | KHOZA,NONDUMISO, 239 | KZNA A | 0:57.71 |
| | 2 | MCHUNU,SANELISIWE, 106 | MGUAC | 1:03.02 |
| | 3 | NKABINDE,NOKWAZI, 157 | NEWAC | 1:06.40 |
| | 4 | MADONDA,THEMBEKA, 105 | MGUAC | 1:07.60 |
| | 5 | MAVUNDLA,LUNGILE, 53 | FF | 1:08.47 |
| Item | | 104 3:10:00 PM | FinalResults Women Senior 400m | |
| | 1 | NAUDE,AMY, 54 | FF | 0:56.22 |
| | 2 | LOFSTRAND,GENA, 73 | FF | 0:56.56 |
| | 3 | KHOZA,NONDUMISO, 239 | KZNA A | 0:57.71 |
| | 4 | MBHELE,SPHESIHLE, 241 | KZNA A | 0:58.41 |
| | 5 | DE WIT,LUZAAN, 56 | FF | 0:58.76 |
| | 6 | SIBISI,TAHENJIWE, 238 | KZNA A | 1:00.63 |
| | 7 | GWALA,PHUMZILE, 182 | SAV | 1:02.35 |

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|------|-----|------------|------------------------|--------------------------------|--------|---------|
| | 8 | | MCHUNU,SANELISIWE, 106 | | MGUAC | 1:03.02 |
| | 9 | | NKABINDE,NOKWAZI, 157 | | NEWAC | 1:06.40 |
| | 10 | | MADONDA,THEMBEKA, 105 | | MGUAC | 1:07.60 |
| | 11 | | MAVUNDLA,LUNGILE, 53 | | FF | 1:08.47 |
| Item | 104 | 3:10:00 PM | | Final 2 of 2 Women Senior 400m | | |
| | 1 | | NAUDE,AMY, 54 | | FF | 0:56.22 |
| | 2 | | LOFSTRAND,GENA, 73 | | FF | 0:56.56 |
| | 3 | | MBHELE,SPHESIHLE, 241 | | KZNA A | 0:58.41 |
| | 4 | | DE WIT,LUZAAN, 56 | | FF | 0:58.76 |
| | 5 | | SIBISI,TAHENJIWE, 238 | | KZNA A | 1:00.63 |
| | 6 | | GWALA,PHUMZILE, 182 | | SAV | 1:02.35 |
| Item | 105 | 3:20:00 PM | | Final Men Senior 400m | | |
| | 1 | | NENE,ZAKITHI, 212 | | UKZNAC | 0:46.59 |
| | 2 | | THWALA,LINDANI, 147 | | NEWAC | 0:48.56 |
| | 3 | | WANDILE,NGCOBO, 34 | | DUT | 0:49.67 |
| | 4 | | ZOLLIE,MTSHATSHA, 229 | | VC | 0:50.42 |
| | 5 | | NAIDU,NICHOLAS, 24 | | DAC | 0:51.09 |
| | 5 | | SEETAL,KEATON, 30 | | DUT | 0:51.09 |
| Item | 106 | 3:30:00 PM | | Final Men Senior 100m | | -1.6 |
| | 1 | | MZOBE,MFUNDO, 218 | | UKZNAC | 10.8 |
| | 2 | | NDELA,ANDISWA, 142 | | NEWAC | 10.9 |
| | 3 | | M,MPENDULO, 176 | | ROCKAC | 11.06 |
| | 4 | | NGESI,NTOKOZO, 66 | | FF | 11.1 |
| | 5 | | NGCOBO,THUBELIHLE, 67 | | FF | 11.13 |
| | 6 | | MARLOTH,HEINRICH, 63 | | FF | 11.21 |
| | 7 | | WANDILE,MBATHA, 226 | | VC | 11.25 |
| | 8 | | WEBSTER,CHARLES, 227 | | VC | 11.28 |

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2.8
3.4
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4.3