

KZN ATHLETICS : YOUTH MEN RECORDS

Event	Record	Record Holder	Date
100m	10.59	Quinton Dormehl	2006
200m	21.06	Quinton Dormehl	2006
400m	48.18	Sonwabiso Skhosana	2011
800m	1:53.07	Xolani Mabhida	2007
1 000m			
1 500m	3:53.9	Khanye Tebogo	2009
3 000m	8:31.55	Senzo Nkozi	2007
2 000m Steeple Chase	5:57.47	Philani Ngcobo	2011
110m H	14.19	Philani Nkosi	2006
400mH	52.14	Philani Nkosi	2006
4 x 100m	42.84	KZNA Team	2004
1 000m Medley	1:58.25	KZNA Team	2005
High Jump	2.05m	Dawid Greeff	2006
Long Jump	6.97m	Andile Mtshali / Lindokuhle Mateyi	2009/2012
Triple Jump	14.77m	Mnqobi Mkize	2007
Pole Vault	3.20m	Seun Maduna	2014
Discus (1.5kg)	48.54m	Anool Pienaar	2009
Shot Put (5kg)	18.93m	Zane Weir	2012
Hammer (5kg)	49.12m	Robert Schreun	2009
Javelin (700g)	64.74m	LeRoux Lombard	2011
5 km Walk			
10km Walk	49:11.01	Manqoba Kubheka	2009
Octathlon	5343	Duncan McGladdery	2011

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Event	Record	Record Holder	Date
100m	11.83	Justine Palframan	2009
200m	23.58	Justine Palframan	2010
400m	52.88 ***	Justine Palframan	2010
800m	2:08.88	Gena Lofstrand	2012
1 000m	2:58.81	Gena Lofstrand	2012
1 500m	4:30.50	Natanya Luther	2008
3 000m	10:08.19	Mbali Mokoena	2010
2 000m Steeple Chase	7:23.10	Caley Ellero	2014
100m H	14.49	Bea-Marie Schutte	2011
400mH	69.86	Kerryn van Zyl	1997
4 x 100m	47.38	KZNA Team	2009
1 000m Medley	2:27.23	KZNA Team	2004
High Jump	1.83m	Charmaine Gale	1980
Long Jump	5.63m	Nadine Thurtell	2004
Triple Jump	11.46m	Lunette van der Merwe	2005
Pole Vault	2.90m	Zanli Benade'	2006
Discus (1kg)	50.15m	Simone' Meyer	2009
Shot Put (3kg)	13.69m	Bianca Conradie	2012
Hammer Throw (3kg)	42.66m	Bianca Conradie	2012
Javelin (500g)	45.06m	Kate Gordon	2004
5km Walk	26:52.94	Siziwe Mangele	2003
Heptathlon	4101	Nicolene van der Merwe	2013

*** Current SA Record