

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
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Results of all Finals and Heats

Ordered by Program Sequence

Performance Scores: ASA_2016 table, Electronic Time, Height above sea=80

Item 1 16:00 Heat 1 of 7 Men 25 200m (SENIOR)

1	JOBODWANA,ANASA, 243	SUNSH	22.75	0
2	MARLOTH,HEINRICH, 65	FF	22.91	0
3	GAMA,AARON, 151	NEWCAS	25.40	0
4	ZUNGU,SYANDA, 132	MSINGA	28.42	0
0	NTOMBELA,ANDILE, 287	UMZIN	DNR	0
0	SIKHOSANA,THABANI, 266	UMLAZI	DNR	0
0	KHUMALO,MZIKAYISE, 111	HOLLY	DNR	0
0	NKONYANE,SIBUSISO, 230	SPEED	DNR	0

Item 2 16:00 Heat 2 of 7 Men 25 200m (SENIOR)

1	RALL,JUAN, 240	SUNSH	24.54	0
2	NGESI,NTOKOZO, 69	FF	24.79	0
3	KHUMALO,THOKOZANI, 264	UMLAZI	25.51	0
4	KHUMALO,THUTHUKANI, 129	MSINGA	28.49	0
0	NHLABATHI,SIBUSISO, 163	NEWCAS	DNR	0
0	MAPHUMULO,MTHOKOZISI, 1	AMANZI	DNR	0
0	XABA,SIYANDA, 271	UMZIN	DNR	0
0	NGUBANE,LINDOKUHLE, 225	SPEED	DNR	0

Item 3 16:00 Heat 3 of 7 Men 25 200m (SENIOR)

1	NDLELA,ANDISWA, 159	NEWCAS	23.82	0
2	HLATSWAYO,MELDO, 170	NEWCAS	24.71	0
3	STEVENS,RATES, 85	FF	24.92	0
4	ZWENI,MZIWAMANDLA, 96	FY	26.97	0
0	BUTHELEZI,XOLANI, 173	NEWCAS	DNR	0
0	THANGO,MBONISENI, 281	UMZIN	DNR	0
0	GAMEDE,NJABULO, 213	SPEED	DNR	0
0	PHEWA,SPHESIHLE, 131	MSINGA	DNR	0

Item 4 16:00 Heat 4 of 7 Men 25 200m (SENIOR)

1	NKOSI,NDUMISO, 59	EMADA	24.10	0
0	MABASO,NKOSINGIPHILE, 154	NEWCAS	DNR	0
0	LESUTHU,ITUMULENG, 253	UKZN	DNR	0
0	MOOSA,MIKHAIL, 49	EPG	DNR	0
0	MKHIZE,SIMON, 119	ILEMBE	DNR	0
0	KUBHEKA,COLLEN, 422	VLAM	DNR	0
0	MAJOZI,SANELE, 97	FSAC	DNR	0
0	BOODHOO,SUHKIL, 38	DUT	DNR	0

Item 5 16:00 Heat 5 of 7 Men 25 200m (SENIOR)

1	NENE,ZAKITHI, 254	UKZN	23.61	0
2	MYENI,BRIAN, 51	EPG	23.67	0
3	MLAMBO,ZIPHOZINKE, 60	EMADA	24.09	0
4	NDABEZITHA,ANDILE, 250	UKZN	24.37	0
0	MAGUBANE,NTOKOZO, 155	NEWCAS	DNR	0
0	HLANGULELA,BUSISWA, 232	SPEED	DNR	0
0	XIMBA,SIYABONGA, 139	MUD	DNR	0
0	NTULI,THANDA, 430	EZAKHE	DNR	0

Item 6 16:00 Heat 6 of 7 Men 25 200m (SENIOR)

1	MBATHA,ZAZI, 221	SPEED	23.30	0
2	MANTANGA,LOYISO, 40	EPG	24.48	0
3	SANGSENI,SIFISO, 157	NEWCAS	24.91	0
4	BEYA,JACQUES, 68	FF	25.26	0
5	AUGUST,TYREE, 31	CKS	26.26	0
0	THINA,SIZWE, 256	UKZN	DNR	0

Item 7 16:00 Heat 7 of 7 Men 25 200m (SENIOR)

1	MBATHA,WANDILE, 43	EPG	22.75	0
2	MBATHA,LWAZI, 222	SPEED	23.26	0
3	SEETAL,KEATON, 36	DUT	23.59	0
4	NGCOBO,GENA, 70	FF	23.95	0
5	NKOSI,SABELA, 167	NEWCAS	26.42	0
0	DUFFY,REECE, 32	CKS	DNR	0
0	KHUMALO,ZAMANI, 242	SUNSH	DNR	0

Item 8 16:20 Heat 1 of 2 Women 25 200m (SENIOR)

1	MARNCE,SHANICE, 247	UKZN	26.28	0
2	MTHEMBU,SAMUKELISIWE, 236	SPEED	27.31	0
3	NKABINDE,NOKWAZI, 168	NEWCAS	27.92	0
4	MBAMBO,NOKUHANYA, 66	FF	28.52	0
5	ZULU,NOMCEBO, 88	FF	30.23	0
0	MADI,SIPHESIHLE, 153	NEWCAS	DNR	0
0	MAKHANYA,NOMPUMELELO, 269	UMZIN	DNR	0

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		MCHUNU,SANELISIWE, 223	SPEED	DNR		0		
Item 9 16:20 Heat 2 of 2 Women 25 200m (SENIOR)								
1		JOBODJWANA,TAYLOR, 244	SUNSH	25.71		0		
2		KUBHEKA,PHINDILE, 239	SPEED	27.95		0		
3		GEORGE,DANE'LE, 252	UKZN	28.98		0		
4		MZOBE,NOLUTHANDO, 90	FF	29.66		0		
0		GAVU,SIBUSIWE, 64	FF	DNR		0		
0		MAGUBANE,MBALENHLE, 156	NEWCAS	DNR		0		
0		DLAMINI,NOKUBONGA, 193	ROCK	DNR		0		
0		NDLOVU,THULILE, 224	SPEED	DNR		0		
Item 10 16:30 Final Women 25 TripleJump (SENIOR) No Entries								
Item 11 16:30 Final Women Mixed TripleJump (MASTERS 30+) No Entries								
Item 12 16:30 Final Men 25 TripleJump (SENIOR) No Entries								
Item 13 16:30 Final Men Mixed TripleJump (MASTERS 30+)								
65	1	MULLER,RAYMOND, 33	CKS	07.78	7	0	G	
Item 14 16:35 Final Women Mixed 300m Hurdles (MASTERS 50 - 69) No Entries								
Item 15 16:40 Final Men Mixed 300m Hurdles (MASTERS 50+)								
60	1	VARTY,DENNIS, 42	EPG	54.37	7	0	G	
65	1	MULLER,RAYMOND, 33	CKS	69.97	7	0	G	
Item 16 16:42 Final Women 25 400m Hurdles (SENIOR & MASTERS 30)								
1		SKHOSANE,THOBILE, 169	NEWCAS	1:16.55	7	0	G	
2		MAGUBANE,MBALENHLE, 156	NEWCAS	1:16.90	5	0	S	
Item 17 16:45 Final Women Mixed 400m Hurdles (MASTERS 30 - 59)								
30	1	MDUBEKI,NOXOLO, 201	SADS	1:27.18	7	0	G	
Item 18 16:48 Final Men Mixed 400m Hurdles (MASTERS 30+) No Entries								
Item 19 16:56 Final Men 25 400m Hurdles (SENIOR)								
1		KOEKEMOOR,PIETER, 79	FF	0:57.59	7	0	G	
2		VAN DEVENTER,WILHELM, 26	CKS	0:59.63	5	0	S	
3		CAVELL- CLARKE,MICHAEL, 125	MAC	0:59.87	3	0	B	
4		NGUBENI,FANYANA, 160	NEWCAS	1:01.41	2	0		
5		ZULU,SIYANDA, 174	NEWCAS	1:01.54	1	0		
6		VOSLOO,RIAAN, 2	AMANZI	1:02.12	0	0		
7		BUSH,ETHAN, 87	FF	1:02.90	0	0		
0		KHUMALO,SIPHMANDLA, 56	EMADA	DNR	0	0		
0		PHUNGULA,NGCEBO, 279	UMZIN	DNR	0	0		
0		INGRAM,RICHARD , 95	FY	DNR	0	0		
0		KEKANA,THABISO, 98	FSAC	DNR	0	0		
Item 20 16:58 Final Women 25 800m (SENIOR)								
1		LOFSTRAND,GENA, 81	FF	2:10.75	7	0	G	
2		MKHIZE,HAPPINES, 257	UKZN	2:17.26	5	0	S	
3		BIYELA,KHOLEKA, 188	ROCK	2:32.74	3	0	B	
4		MADONDA,THEMBEKA, 216	SPEED	2:37.21	2	0		
5		DUBE,THANDEKA, 238	SPEED	2:49.03	1	0		
6		DUBE,THABILE, 204	SADS	2:58.34	0	0		
0		NTSHANGASE,NOKUTHUKU, 210	SAVAGE	DNR	0	0		
0		HLATSWAYO,SILINDILE, 194	ROCK	DNR	0	0		
0		BIYELA,NELISWA, 189	ROCK	DNR	0	0		
0		MTSHALI,NOKUKHANYA, 146	MUD	DNR	0	0		
Item 21 17:00 Final Women 25 HighJump (SENIOR)								
1		UYS,BRITTANY, 260	UKZN	1.70	7	0	G	
2		VARYA,MARCOLEEN, 41	EPG	1.60	5	0	S	
Item 22 17:00 Final Women Mixed HighJump (MASTERS 30+) No Entries								
Item 23 17:00 Final Women 25 Javelin (SENIOR)								
1		MAPHANGA,NTOMBIFUTHI, 298	SIMUNY	26.06	7	0	G	
2		CELE,PHILILE, 251	UKZN	18.32	5	0	S	
0		ALWANDA,NDLELA, 282	UMZIN	DNR	0	0		
0		NGOBESE,THOBILE, 276	UMZIN	DNR	0	0		
Item 24 17:00 Final Women Mixed Javelin (MASTERS 30+)								
45	1	CILLIERS,ANGELA, 94	FY	19.12	7	0	G	
55	1	RAWLINS,VALERY-ANN, 34	DAC	09.55	7	0	G	
Item 25 17:00 Final Men 25 Shotput (SENIOR)								

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		NGUBANE,FANELE, 127	MSINGA	DNR	0	0		
0		HLANGULELA,BUSISWA, 232	SPEED	DNR	0	0		
Item 26 17:00 Final Men Mixed Shotput (MASTERS 30 +)								
35	1	MOOLMAN,BERTU, 83	FF	10.28	7	0	G	
40	1	MOOLMAN,WESSEL, 82	FF	09.71	7	0	G	
65	1	WATSON,ANDY, 293	WESTV	08.39	7	0	G	
65	2	MULLER,RAYMOND, 33	CKS	08.26	5	0	S	
80	1	RZEPECKI,ANDRZEJ, 13	AN	10.89	7	0	G	
Item 27 17:05 Heat 1 of 3 Men 25 800m (SENIOR)								
0		NGUBANE,NJABULO, 71	FF	DNR		0		
0		MSIBI,WANDILE, 171	NEWCAS	DNR		0		
0		SIBIYA,NKOSINATHI, 184	PHAN	DNR		0		
0		DLUDLA,SPHESIHLE, 283	UMZIN	DNR		0		
0		KUNENE,SIPHESIHLE, 197	ROCK	DNR		0		
0		KHUZWAYO,MUKELANI, 226	SPEED	DNR		0		
0		LINDOKUHLE,KUNENE, 100	FSAC	DNR		0		
0		NTULI,WANDILE, 102	FSAC	DNR		0		
0		SIMELANE,DERRICK, 37	DUT	DNR		0		
0		HLONGWA,LINDANI, 142	MUD	DNR		0		
0		KUNENE,LETHUKUTHULA, 148	MUD	DNR		0		
0		NTULI,THANDA, 430	EZAKHE	DNR		0		
0		NDABA,NJABULO, 429	EZAKHE	DNR		0		
0		NKALA,MXOLISI, 58	EMADA	NT		0		
Item 28 17:05 Heat 2 of 3 Men 25 800m (SENIOR)								
0		KHUMALO,WONDER, 57	EMADA	DNR		0		
0		HLONGWA,LINDANI, 284	UMZIN	DNR		0		
0		NTOKOZO,MSOMI, 286	UMZIN	DNR		0		
0		PHUNGULA,NGCEBO, 279	UMZIN	DNR		0		
0		PHIRRIE,SANDILE, 190	ROCK	DNR		0		
0		GOBA,SIPHAMANDLA, 195	ROCK	DNR		0		
0		MAHASE,BONANG, 215	SPEED	DNR		0		
0		MTOLO,MDUMISENI, 235	SPEED	DNR		0		
0		NKABINDE,SENZO, 101	FSAC	DNR		0		
0		DUMAKUDE,ZIPHO, 147	MUD	DNR		0		
0		MAZIBUKO,SIFISO, 432	EZAKHE	DNR		0		
0		NGWENYA,SABELA, 161	NEWCAS	NT		0		
0		BUTHELEZI,NJABULO, 288	UMZIN	NT		0		
Item 29 17:05 Heat 3 of 3 Men 25 800m (SENIOR)								
0		ZAKEO,TERRENCE, 220	SPEED	DNF		0		
0		ZULU,NHLAKINPHO, 89	FF	NT		0		
0		MADIBA,THEMBA, 39	ECAC	NT		0		
0		KHUMALO,SIYABONGA, 300	OGWINI	NT		0		
0		MKHWANAZI,THABO, 114	HOLLY	NT		0		
0		SOSIBO,SPHELELE, 233	SPEED	NT		0		
0		TSANYANE,TSIELO, 234	SPEED	NT		0		
0		MAZIBUKO,MTHOKOZISI, 218	SPEED	NT		0		
Item 30 17:30 Final Women Mixed 5km Walk (MASTERS 30 +)								
30	1	LE ROUX,NATALIE, 20	BOX	25:50.32	7	0	G	
50	1	FUCHS,SHARON, 182	PDAC	33:06.19	7	0	G	
50	2	LE FEBOUR,JEANINE, 180	PDAC	33:29.40	5	0	S	
50	3	JOHANNES,ANITA, 246	SSC	40:12.76	3	0	B	
55	1	VOVLELIS,LINDY, 181	PDAC	37:13.28	7	0	G	
60	1	SMITH,SUE, 295	WESTV	32:08.18	7	0	G	
60	2	BENNET,ANTOINETTE, 103	HIGH	35:06.24	5	0	S	
60	3	LABUSCHAGNE,MARIE, 123	MALUT	38:10.97	3	0	B	
60	4	ANITA,ANDHEE, 434	PDAC	39:33.49	2	0		
65	0	WILLIAMS,LESLIE, 46	EPG	DNR	0	0		
65	0	PELLEW,SHEILA, 436	HOW	DNR	0	0		
Item 31 18:15 Semi Final 1 of 3 Men 25 200m (SENIOR)								
1		JOBODWANA,ANASA, 243	SUNSH	21.74		0		
2		NENE,ZAKITHI, 254	UKZN	21.80		0		
3		MANTANGA,LOYISO, 40	EPG	23.02		0		
4		RALL,JUAN, 240	SUNSH	23.32		0		
5		MLAMBO,ZIPHOZINKE, 60	EMADA	23.95		0		
6		BEYA,JACQUES, 68	FF	24.54		0		
7		KHUMALO,THOKOZANI, 264	UMLAZI	24.85		0		
0		GAMA,AARON, 151	NEWCAS	DNR		0		
Item 32 18:15 Semi Final 2 of 3 Men 25 200m (SENIOR)								
1		NDLELA,ANDISWA, 159	NEWCAS	22.00		0		
2		MBATHA,WANDILE, 43	EPG	22.40		0		
3		MARLOTH,HEINRICH, 65	FF	22.47		0		
4		MYENI,BRIAN, 51	EPG	23.12		0		
5		NGCOBO,GENA, 70	FF	23.12		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
6		HLATSWAYO,MELDO, 170	NEWCAS	23.86		0		
7		STEVENS,RATES, 85	FF	24.21		0		
Item 33	18:15 Semi Final 3 of 3 Men 25 200m (SENIOR)							
1		NGESI,NTOKOZO, 69	FF	22.56		0		
2		MBATHA,ZAZI, 221	SPEED	22.62		0		
3		MBATHA,LWAZI, 222	SPEED	22.87		0		
4		NKOSI,NDUMISO, 59	EMADA	23.27		0		
5		SEETAL,KEATON, 36	DUT	23.52		0		
6		NDABEZITHA,ANDILE, 250	UKZN	24.32		0		
7		SANGSENI,SIFISO, 157	NEWCAS	24.59		0		
Item 34	18:30 Final Men Mixed 5km Walk (MASTERS 30 +)							
25	0	LEMBETHE,MSINGATHI, 99	FSAC	DNR	0	0		
25	0	NKABINDE,SENZO, 101	FSAC	DNR	0	0		
25	0	MAZIBUKO,SIFISO, 432	EZAKHE	DNR	0	0		
55	1	JOHANNES,EUGENE, 245	SSC	33:37.30	7	0		G
65	1	WILLIAMS,LESLIE, 47	EPG	32:28.10	7	0		G
65	2	SMOOK,HENDRY, 124	MALUT	34:29.82	5	0		S
65	3	PELLEW,BILL, 435	HOW	35:08.39	3	0		B
70	1	DIESERICKS,LEN, 23	CMC	34:36.05	7	0		G
80	1	GOATLEY,RAYMOND, 104	HIGH	36:51.89	7	0		G
Item 35	19:00 Final Men 25 Javelin (SENIOR)							
1		OKELLO,OTHOW, 48	EPG	57.45	7	0		G
2		MTHABELA,LUNGISANI, 172	NEWCAS	45.22	5	0		S
3		MADIDE,GOODENOUGH, 35	DUT	34.42	3	0		B
4		NGUBANE,FANELE, 127	MSINGA	34.06	2	0		
5		KHUMALO,THUTHUKANI, 129	MSINGA	28.67	1	0		
0		DLUDLA,SPHESIHLE, 283	UMZIN	DNR	0	0		
Item 36	19:00 Final Men Mixed Javelin (MASTERS 30 +)							
35	1	MOOLMAN,BERTU, 83	FF	28.33	7	0		G
40	1	MOOLMAN,WESSEL, 82	FF	38.97	7	0		G
60	1	OELFSE,WALTER, 93	FY	33.85	7	0		G
65	1	WATSON,ANDY, 293	WESTV	24.70	7	0		G
80	0	RZEPECKI,ANDRZEJ, 13	AN	DNR	0	0		
Item 37	19:00 Final Women 25 Shotput (SENIOR)							
1		ZULU,ZINHLE, 299	SIMUNY	08.30	7	0		G
2		CELE,PHILILE, 251	UKZN	07.38	5	0		S
0		ALWANDA,NDLELA, 282	UMZIN	DNR	0	0		
0		NGOBESE,THOBILE, 276	UMZIN	DNR	0	0		
Item 38	19:00 Final Women Mixed Shotput (MASTERS 30 +)							
45	1	CILLIERS,ANGELA, 94	FY	09.56	7	0		G
55	1	RAWLINS,VALERY-ANN, 34	DAC	05.30	7	0		G
65	1	JACOBS,MARLENE, 92	FY	07.12	7	0		G
70	0	RZEPECKI,JANA, 14	AN	DNR	0	0		
Item 39	19:15 Final Men Mixed 10000m (SENIOR & MASTERS)							
25	1	ZWANE,BONGINKOSI, 22	BOX	30:23.92	7	0		G
25	2	DLAMINI,ANELE, 186	PHAN	31:10.79	5	0		S
25	3	GUMEDE,MBHASOBHI, 116	HOLLY	31:32.46	3	0		B
25	4	SHANGE,SANELE, 207	SAVAGE	32:12.84	2	0		
25	5	JALI,MHOLI, 15	BLUFF	32:17.24	1	0		
25	6	KHUMALO,NHLANHLA, 431	EZAKHE	34:28.83	0	0		
25	0	MHLAKWANA,NKOSINATHI, 187	PHUMA	DNR	0	0		
25	0	SITHOLE,LINDOKUHL, 185	PHAN	DNR	0	0		
25	0	NDLOVU,LINDANE, 52	EMADA	DNR	0	0		
25	0	SELEPE,TSEPANG, 54	EMADA	DNR	0	0		
25	0	MBOLEKWA,THOBILE, 107	HOLLY	DNR	0	0		
25	0	MKHWANAZI,BONGELANI, 192	ROCK	DNR	0	0		
25	0	MDELISWA,LUZUKO, 5	ARTHUR	DNR	0	0		
25	0	NDUMISO,SOHKELA, 6	ARTHUR	DNR	0	0		
25	0	MOSIA,PHALLANG, 9	ARTHUR	DNR	0	0		
25	0	MTHEMBU,BONGUMUSA, 10	ARTHUR	DNR	0	0		
25	0	DUMA,NKOSINATHI, 11	ARTHUR	DNR	0	0		
35	0	DUMAKUDE,MANDLA, 12	ARTHUR	DNR	0	0		
40	1	MOSIA,THUSO, 8	ARTHUR	32:50.42	7	0		G
40	2	MATHEBULA,SPHAMANDLA, 121	KWAMAS	39:40.23	5	0		S
45	1	MTETO,WELCOME, 30	CKS	43:08.67	7	0		G
Item 40	19:15 Final Women Mixed 10000m (SENIOR & MASTERS)							
25	1	MKHIZE,BATHOBILE, 426	SPEED	37:20.71	7	0		G
25	2	DLADLA,PUSELETSO, 115	HOLLY	37:53.53	5	0		S
25	3	MJOLI,MNWABISO, 113	HOLLY	38:47.02	3	0		B
25	4	XABA,NOMUSA, 135	MUD	40:15.30	2	0		
25	5	MKHIZE,MINENHLE, 141	MUD	42:29.10	1	0		
25	0	XABA,NOMUSA, 270	UMZIN	DNR	0	0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
25	0	THOBILE,MKHIZE, 427	SPEED	DNR	0	0		
25	0	GAGA,NOMONDE, 4	ARTHUR	DNR	0	0		
25	0	ZUNGU,THEMBISILE, 149	MUD	DNR	0	0		
30	1	GABELA,LINDOKUHLE, 133	MUD	38:35.48	7	0	G	
35	0	DLAMINI,SEBENZILE, 7	ARTHUR	DNR	0	0		
60	1	CLOETE,JOEY, 120	IRENE	49:30.15	7	0	G	

Item 41	20:40 Final Women Mixed 200m (MASTERS 30 +)			Wind=-1.2				
30	1	LETSOALO,LETHOKUHLE, 297	ZAB	28.66	7	0	G	
30	2	GAVU,SIBUSIWE, 64	FF	28.82	5	0	S	
30	3	TSUTSU,UNATHI, 203	SADS	31.98	3	0	B	
35	0	SCHMIDT,ADELLE, 44	EPG	DNR	0	0		
40	1	BUSH,LYDIA, 86	FF	31.41	7	0	G	
40	2	MYEZA,MAPULE, 205	SADS	32.71	5	0	S	
40	3	NTSHOBANE,YOLISWA, 11398	SADS	38.37	3	0	B	
45	1	DUFFY ,JANET, 50	EPG	32.98	7	0	G	
55	1	CARLISLE,JEANETTE, 63	FF	30.53	7	0	G	
65	1	JACOBS,MARLENE, 92	FY	39.70	7	0	G	

Item 42	20:42 Final Men Mixed 200m (MASTERS 30 +)			Wind=-3.0				
30	1	THUSI,XOLANI, 164	NEWCAS	25.70	7	0	G	
30	0	NKANDI,SPHELELE, 229	SPEED	DNR	0	0		
35	1	KOEKEMOER ,PIETER (1), 80	FF	24.08	7	0	G	
35	2	MBHAMALI,BONGINKOSI, 3	AMAPON	25.08	5	0	S	
35	3	SIMON,MILNE, 177	NO CLU	26.73	3	0	B	
35	4	MANQELE,ZAMANI, 217	SPEED	26.94	2	0		
35	5	NGOBESE,SICELO, 109	HOLLY	28.09	1	0		
40	1	HOLROYD,WAYNE , 78	FF	23.69	7	0	G	
40	0	NTULI,MELODY, 237	SPEED	DNR	0	0		
45	0	SIKHAKHANE,MFANAFUTHI, 138	MUD	DNR	0	0		
50	1	FOURIE,DAVID, 77	FF	27.38	7	0	G	
50	2	MBEKWANA,ZB, 200	SADS	27.70	5	0	S	
60	1	OELFSE,WALTER, 93	FY	28.87	7	0	G	
60	2	VARTY,DENNIS, 42	EPG	29.18	5	0	S	
60	3	DOWNWARD,TREVOR, 76	FF	29.73	3	0	B	
60	0	XAVIER,ROBERT, 17	BORDER	DNR	0	0		
65	0	MOTALA,TACCOOB, 211	SHAK	DNR	0	0		
85	1	STRYDOM,RON, 91	HHAC	45.64	7	0	G	

Item 43	20:44 Final Women 25 200m (SENIOR)			Wind=-1.6				
1		JOBODJWANA,TAYLOR, 244	SUNSH	24.97	7	0	G	
2		MARNCE,SHANICE, 247	UKZN	25.60	5	0	S	
3		MTHEMBU,SAMUKELISIWE, 236	SPEED	25.84	3	0	B	
4		KUBHEKA,PHINDILE, 239	SPEED	26.70	2	0		
5		NKABINDE,NOKWAZI, 168	NEWCAS	27.78	1	0		
6		GEORGE,DANE'LE, 252	UKZN	28.27	0	0		
7		MBAMBO,NOKUHANYA, 66	FF	28.41	0	0		
8		MZOBE,NOLUTHANDO, 90	FF	29.17	0	0		

Item 44	20:46 Final Men 25 200m (SENIOR)			Wind=-3.0				
1		NENE,ZAKITHI, 254	UKZN	21.89	7	0	G	
2		NDLELA,ANDISWA, 159	NEWCAS	21.95	5	0	S	
3		MBATHA,WANDILE, 43	EPG	22.76	3	0	B	
4		NGESI,NTOKOZO, 69	FF	22.85	2	0		
5		MBATHA,ZAZI, 221	SPEED	22.92	1	0		
6		MBATHA,LWAZI, 222	SPEED	23.11	0	0		
0		MARLOTH,HEINRICH, 65	FF	DNR	0	0		
0		JOBODJWANA,ANASA, 243	SUNSH	DNR	0	0		

Item 45	20:48 Final Women Mixed 800m (MASTERS 30 +)							
30	1	MDUBEKI,NOXOLO, 201	SADS	2:56.03	7	0	G	
30	0	NTOMBI,NTSHABA, 179	NO CLU	DNR	0	0		
35	1	SKHOSANA,NKELETSENG, 231	SPEED	3:04.29	7	0	G	
45	1	SIGUBUDU,NANA, 74	FF	3:09.57	7	0	G	
60	1	ALEXANDER,ELIZABETH, 75	FF	2:59.76	7	0	G	

Item 46	20:54 Final Men Mixed 800m (MASTERS 30 +)							
30	1	QASHA,VINCENT, 199	SADS	2:54.98	7	0	G	
35	0	MBHAMALI,BONGINKOSI, 3	AMAPON	DNR	0	0		
35	0	XIMBA,LUCKY, 140	MUD	DNR	0	0		
40	1	ZULU,SIMPHIWE, 117	HOLLY	2:02.51	7	0	G	
40	0	RAMATEMA,LESIA, 219	SPEED	DNR	0	0		
50	1	HUGO,JON MARK, 296	YPAC	2:19.81	7	0	G	
50	2	SMITH,MARK, 62	ESKOM	3:00.91	5	0	S	

Item 47	21:00 Final Men 25 800m (SENIOR)							
1		MADIBA,THEMBA, 39	ECAC	1:51.20	7	0	G	
2		MKHWANAZI,THABO, 114	HOLLY	1:54.81	5	0	S	
3		SOSIBO,SPHELELE, 233	SPEED	1:55.45	3	0	B	
4		ZULU,NHLAKINPHO, 89	FF	1:59.56	2	0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
5		MAZIBUKO,MTHOKOZISI, 218	SPEED	2:00.96	1	0		
6		TSANYANE,TSIELO, 234	SPEED	2:02.28	0	0		
7		KHUMALO,SIYABONGA, 300	OGWINI	2:02.62	0	0		
8		NKALA,MXOLISI, 58	EMADA	2:11.40	0	0		
9		NGWENYA,SABELA, 161	NEWCAS	2:11.49	0	0		
10		BUTHELEZI,NJABULO, 288	UMZIN	2:12.47	0	0		
Item 48 05:00 Final Women 25 20km Walk (SENIOR)								
1		LE ROUX,NATALIE, 20	BOX	1:48:28.50	7	0	G	
2		SCHULTZ,ZELDA, 19	BOX	1:53:42.71	5	0	S	
3		JILI,THABILE, 208	SAVAGE	2:56:47.39	3	0	B	
0		SABELO,NOMBUSO, 176	NO CLU	Disq	0	0		
0		MNTUNGWA,SINDIWE, 144	MUD	DNF	0	0		
Item 49 05:00 Final Men 25 20km Walk (SENIOR)								
1		ARON,MAHLANGU, 10081	HOLLY	1:35:33.46	7	0	G	
2		MDUNGE,VUKANI, 206	SAVAGE	1:45:06.20	5	0	S	
3		KHANYILE,NHLNHLA, 198	SANDF	1:48:47.83	3	0	B	
4		LEMBETHE,MSINGATHI, 99	FSAC	2:13:57.08	2	0		
5		AFRICA,OXLEY, 21	BOX	2:17:58.69	1	0		
0		HLONGWANE,SPHAMANDLA, 425	VLAM	Disq	0	0		
0		NTOMBELA,LINDOKUHLE, 262	UMLAT	DNR	0	0		
0		HLONGWA,WISEMAN, 438	UMLAZI	DNR	0	0		
0		NKOSI,SIBUSISO, 424	VLAM	DNF	0	0		
Item 50 06:00 Final Women Mixed 10km Walk (MASTERS 30 +)								
50	1	FUCHS,SHARON, 182	PDAC	1:07:24.40	7	0	G	
50	2	LE FEBOUR,JEANINE, 180	PDAC	1:08:33.52	5	0	S	
50	3	JOHANNES,ANITA, 246	SSC	1:28:28.36	3	0	B	
60	1	BENNET,ANTOINETTE, 103	HIGH	1:12:50.79	7	0	G	
60	0	SMITH,SUE, 295	WESTV	DNR	0	0		
60	0	LABUSCHAGNE,MARIE, 123	MALUT	DNF	0	0		
65	0	WILLIAMS,LESLIE, 46	EPG	DNR	0	0		
Item 51 06:00 Final Men Mixed 10km Walk (MASTERS 30 +)								
25	0	MNTUNGWA,SINDISIWE, 143	MUD	DNR	0	0		
55	1	JOHANNES,EUGENE, 245	SSC	1:10:13.74	7	0	G	
65	1	WILLIAMS,LESLIE, 47	EPG	1:11:00.38	7	0	G	
65	0	SMOOK,HENDRY, 124	MALUT	DNF	0	0		
70	1	DIESERICKS,LEN, 23	CMC	1:10:24.54	7	0	G	
80	1	GOATLEY,RAYMOND, 104	HIGH	1:18:00.24	7	0	G	
Item 52 08:30 Final Men 25 LongJump (SENIOR)								
1		KEKANA,THABISO, 98	FSAC	6.52	7	0	G	-1.0
2		KUNENE,BONGA, 259	UKZN	6.43	5	0	S	-1.9
3		NTOMBELA,ANDILE, 287	UMZIN	5.87	3	0	B	-1.3
4		KUBHEKA,COLLEN, 422	VLAM	5.38	2	0		-1.3
5		VAN DEVENTER,WILHELM, 26	CKS	4.82	1	0		-1.4
6		NKOSI,SABELA, 167	NEWCAS	4.67	0	0		-1.7
0		MABASO,NKOSINGIPHILE, 154	NEWCAS	DNR	0	0		
0		MAGUBANE,NTOKOZO, 155	NEWCAS	DNR	0	0		
0		ZWANE,SANELE, 175	NEWCAS	DNR	0	0		
0		SANGSENI,SIFISO, 157	NEWCAS	DNR	0	0		
0		MTHETHWA,SIBONELO, 423	VLAM	DNR	0	0		
0		CELE,SIYANDA, 53	EMADA	DNR	0	0		
0		XULU,SIBONELO, 290	UMZIN	DNR	0	0		
0		PHEWA,SPHESIHLE, 131	MSINGA	DNR	0	0		
0		XIMBA,SIYABONGA, 139	MUD	DNR	0	0		
Item 53 08:30 Final Women 25 Discus (SENIOR)								
0		NGOBESE,THOBILE, 276	UMZIN	DNR	0	0		
0		SITHOLE,LIHLE, 191	ROCK	DNR	0	0		
Item 54 08:30 Final Men Mixed Weight (MASTERS 30 +)								
80	1	RZEPECKI,ANDRZEJ, 13	AN	18.11	7	0	G	
Item 55 08:45 Heat 1 of 3 Men 25 1500m (SENIOR)								
1		MKHWANAZI,THABO, 114	HOLLY	04:38.90		0		
2		SOSIBO,SPHELELE, 233	SPEED	04:39.03		0		
3		LINDOKUHLE,KUNENE, 100	FSAC	04:42.79		0		
0		ZULU,NHLAKINPHO, 89	FF	DNR		0		
0		SHANGE,SANELE, 207	SAVAGE	DNR		0		
0		GAMA,SABELA, 152	NEWCAS	DNR		0		
0		NKALA,MXOLISI, 58	EMADA	DNR		0		
0		MZIZI,LANGALETU, 291	UMZIN	DNR		0		
0		MDLETSHE,MZAMISENI, 272	UMZIN	DNR		0		
0		NGUBANE,SANELE, 274	UMZIN	DNR		0		
0		KUNENE,SIPHESIHLE, 197	ROCK	DNR		0		
0		MTOLO,MDUMISENI, 235	SPEED	DNR		0		
0		THOMAS,SENZENI, 227	SPEED	DNR		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		MOSIA,PHALLANG, 9	ARTHUR	DNR		0		
0		NGUBANE,SANELE, 128	MSINGA	DNR		0		
0		MADIDE,GOODENOUGH, 35	DUT	DNR		0		
0		MDLETSHE,MZAMISENI, 136	MUD	DNR		0		
0		MDAKANE,LWAZI, 433	EZAKHE	DNR		0		

Item 56 08:45 Heat 2 of 3 Men 25 1500m (SENIOR)

1		SIBIYA,NKOSINATHI, 184	PHAN	04:15.58		0		
2		NGCOBO,AYANDA, 137	MUD	04:15.69		0		
3		TSANYANE,TSIELO, 234	SPEED	04:15.78		0		
4		NDABA,NJABULO, 429	EZAKHE	04:16.08		0		
5		NTULI,NKOSIKHONA, 196	ROCK	04:19.45		0		
6		MAHARAJ (T47),CAMRON, 24	CKS	04:24.62		0		
7		KUNENE,LETHUKUTHULA, 289	UMZIN	04:27.70		0		
8		NGWENYA,SABELA, 161	NEWCAS	04:33.57		0		
9		SIMELANE,DERRICK, 37	DUT	04:41.98		0		
0		NGUBANE,NJABULO, 71	FF	DNR		0		
0		MHLAKAZA,LUVYO, 150	NEDBAN	DNR		0		
0		KHUMALO,WONDER, 57	EMADA	DNR		0		
0		NGCOBO,AYANDA, 273	UMZIN	DNR		0		
0		MBANJWA,SIPHO, 18	BOX	DNR		0		
0		ZAKEO,TERRENCE, 220	SPEED	DNR		0		
0		NDUMISO,SOHKELA, 6	ARTHUR	DNR		0		
0		KHUMALO,THUTHUKANI, 129	MSINGA	DNR		0		
0		BUTHELEZI,NJABULO, 288	UMZIN	NT		0		

Item 57 09:00 Heat 1 of 4 Men 25 400m (SENIOR)

1		NGUBENI,NKULULEKO, 55	EMADA	0:51.00		0		
2		MADUNA,NKOSANA, 439	MUD	0:51.16		0		
3		NGUBANE,LINDOKUHLE, 225	SPEED	0:54.50		0		
4		BUTHELEZI,XOLANI, 173	NEWCAS	0:55.22		0		
5		NTULI,WANDILE, 102	FSAC	0:56.34		0		
6		NHLABATHI,SIBUSISO, 163	NEWCAS	0:56.48		0		
0		MANTANGA,LOYISO, 40	EPG	DNR		0		
0		KHOZA,SIBONELO, 277	UMZIN	DNR		0		
0		KUNENE,LETHUKUTHULA, 148	MUD	DNR		0		

Item 58 09:00 Heat 2 of 4 Men 25 400m (SENIOR)

1		NENE,ZAKITHI, 254	UKZN	0:47.25		0		
2		NKOSI,NDUMISO, 59	EMADA	0:49.62		0		
3		MSIBI,WANDILE, 171	NEWCAS	0:52.36		0		
0		XABA,SIYANDA, 271	UMZIN	DNR		0		
0		KUNENE,LETHUKUTHULA, 289	UMZIN	DNR		0		
0		SOSIBO,SYANDA, 267	UMLAZI	DNR		0		
0		GOBA,SIPHAMANDLA, 195	ROCK	DNR		0		
0		NTULI,THANDA, 430	EZAKHE	DNS		0		

Item 59 09:00 Heat 3 of 4 Men 25 400m (SENIOR)

1		PHIRRIE,SANDILE, 190	ROCK	0:50.07		0		
2		THWALA,LINDANI, 165	NEWCAS	0:50.57		0		
3		MBATHA,LWAZI, 222	SPEED	0:51.40		0		
4		MAZIBUKO,SIFISO, 432	EZAKHE	0:52.45		0		
5		NTENZA,MFANELO, 440	UKZN	0:52.78		0		
6		MYENI,BRIAN, 51	EPG	0:53.33		0		
7		ZUNGU,SYANDA, 132	MSINGA	0:55.38		0		
8		HLATSWAYO,MELDO, 170	NEWCAS	1:04.47		0		

Item 60 09:00 Heat 4 of 4 Men 25 400m (SENIOR)

1		CAVELL- CLARKE,MICHAEL, 125	MAC	0:52.77		0		
2		MAJOZI,SANELE, 97	FSAC	0:53.39		0		
3		ZULU,SIYANDA, 174	NEWCAS	0:53.92		0		
4		MOOSA,MIKHAIL, 49	EPG	0:56.49		0		
0		NGUBANE,NJABULO, 71	FF	DNR		0		
0		MKHIZE,SKHUMBUZO, 166	NEWCAS	DNR		0		
0		MKHIZE,SIMON, 119	ILEMBE	DNR		0		
0		CELE,SIYANDA, 53	EMADA	DNS		0		

Item 61 09:30 Final Men Mixed LongJump (MASTERS 30 +)

30	0	THUSI,XOLANI, 164	NEWCAS	DNR	0	0		
35	0	MOOLMAN,BERTU, 83	FF	DNR	0	0		
35	0	JOSEPH,ADRIAN, 202	SADS	DNR	0	0		
40	1	MOOLMAN,WESSEL, 82	FF	4.47	7	0	G	-1.0
60	1	OELEFSE,WALTER, 93	FY	4.07	7	0	G	-2.8
65	1	MULLER,RAYMOND, 33	CKS	3.78	7	0	G	-1.3
85	1	STRYDOM,RON, 91	HHAC	2.56	7	0	G	-1.6

Item 62 09:30 Final Women Mixed 5000m (SENIOR & MASTERS)

25	1	THOBILE,MKHIZE, 427	SPEED	17:51.88	7	0	G	
25	2	MJOLI,MNWABISO, 113	HOLLY	17:57.31	5	0	S	
25	3	MTSHALI,MBALI, 145	MUD	18:20.79	3	0	B	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
25	4	NTSHANGASE,NOKUTHUKU, 210	SAVAGE	19:28.68	2	0		
25	5	XABA,NOMUSA, 135	MUD	20:06.75	1	0		
25	6	MKHIZE,MINENHLE, 141	MUD	21:07.12	0	0		
25	7	DUBE,THABILE, 204	SADS	23:10.44	0	0		
25	8	ZUNGU,THEMBISILE, 149	MUD	25:04.12	0	0		
25	0	XABA,NOMUSA, 270	UMZIN	DNR	0	0		
25	0	GCINA,NONTLANTLA, 263	UMLAZI	DNR	0	0		
25	0	MKHIZE,BATHOBILE, 426	SPEED	DNR	0	0		
25	0	GAGA,NOMONDE, 4	ARTHUR	DNR	0	0		
25	0	MTSHALI,NOKUKHANYA, 146	MUD	DNR	0	0		
25	0	DLADLA,PUSELETSO, 115	HOLLY	DNF	0	0		
30	1	GABELA,LINDOKUHLE, 133	MUD	19:11.11	7	0	G	
35	1	MHLONGO,MAKHOSI, 428	32GI	17:29.64	7	0	G	
35	0	DLAMINI,SEBENZILE, 7	ARTHUR	DNR	0	0		
60	0	CLOETE,JOEY, 120	IRENE	DNR	0	0		

Item 63 10:00 Heat 1 of 6 Men 25 100m (SENIOR)

1	NGESI,NTOKOZO, 69	FF	11.49	0
2	SEETAL,KEATON, 36	DUT	11.66	0
3	KUBHEKA,COLLEN, 422	VLAM	11.83	0
4	MAPHUMULO,MTHOKOZISI, 1	AMANZI	13.31	0
0	ZWANE,SANELE, 175	NEWCAS	DNR	0
0	NDEBELE,ANDISWA, 249	UKZN	DNR	0
0	NGQUSEKA,NTOBELA, 110	HOLLY	DNR	0
0	XIMBA,SIYABONGA, 139	MUD	DNR	0

Item 64 10:00 Heat 2 of 6 Men 25 100m (SENIOR)

1	MBATHA,ZAZI, 221	SPEED	11.82	0
2	MOOSA,MIKHAIL, 49	EPG	13.24	0
0	MABASO,NKOSINGIPHILE, 154	NEWCAS	DNR	0
0	AUGUST,TYREE, 31	CKS	DNR	0
0	MZOBE,MFUNDO, 261	UKZN	DNR	0
0	THANGO,MBONISENI, 281	UMZIN	DNR	0
0	ZWENI,MZIWAMANDLA, 96	FY	DNR	0

Item 65 10:00 Heat 3 of 6 Men 25 100m (SENIOR)

1	GAMEDE,NJABULO, 213	SPEED	11.40	0
2	NDABEZITHA,ANDILE, 250	UKZN	11.67	0
3	MANTANGA,LOYISO, 40	EPG	11.73	0
4	SIKHOSANA,THABANI, 266	UMLAZI	12.02	0
5	NTOMBELA,ANDILE, 287	UMZIN	12.05	0
6	GAMA,AARON, 151	NEWCAS	12.12	0
7	DUFFY,REECE, 32	CKS	12.62	0

Item 66 10:00 Heat 4 of 6 Men 25 100m (SENIOR)

1	KHUMALO,ZAMANI, 242	SUNSH	11.23	0
2	MBATHA,WANDILE, 43	EPG	11.40	0
3	THINA,SIZWE, 256	UKZN	11.52	0
4	BEYA,JACQUES, 68	FF	12.00	0
5	SANGSENI,SIFISO, 157	NEWCAS	12.34	0
6	NKONYANE,SIBUSISO, 230	SPEED	12.35	0
0	MAHARAJ (T47),CAMRON, 24	CKS	DNR	0

Item 67 10:00 Heat 5 of 6 Men 25 100m (SENIOR)

1	NDLELA,ANDISWA, 159	NEWCAS	10.47	0
2	RALL,JUAN, 240	SUNSH	10.70	0
3	MAGUBANE,NTOKOZO, 155	NEWCAS	11.11	0
4	MLAMBO,ZIPHOSINKE, 60	EMADA	11.34	0
5	HLANGULELA,BUSISWA, 232	SPEED	11.63	0
6	KEKANA,THABISO, 98	FSAC	11.91	0
7	STEVENS,RATES, 85	FF	12.19	0
0	LESUTHU,ITUMULENG, 253	UKZN	DNR	0

Item 68 10:00 Heat 6 of 6 Men 25 100m (SENIOR)

1	KHUMALO,MZIKAYISE, 111	HOLLY	11.82	0
2	NGCOBO,GENA, 70	FF	13.54	0
0	MKHIZE,SIMON, 119	ILEMBE	DNR	0
0	CELE,SIYANDA, 53	EMADA	DNR	0
0	PHEWA,SPHESIHLE, 131	MSINGA	DNR	0
0	ZUNGU,SYANDA, 132	MSINGA	DNR	0
0	BOODHOO,SUHKIL, 38	DUT	DNR	0
0	JOBODWANA,ANASA, 243	SUNSH	DNR	0

Item 69 10:00 Final Women Mixed Weight (MASTERS 30 +)

45	1	CILLIERS,ANGELA, 94	FY	09.20	7	0	G
55	1	RAWLINS,VALERY-ANN, 34	DAC	04.44	7	0	G

Item 70 10:20 Heat 1 of 2 Women 25 100m (SENIOR)

1	JOBODJWANA,TAYLOR, 244	SUNSH	12.44	0
2	KUBHEKA,PHINDILE, 239	SPEED	13.18	0

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
3		NDLOVU,THULILE, 224	SPEED	13.43		0			
4		MBAMBO,NOKUHANYA, 66	FF	13.90		0			
5		MADI,SIPHESIHLE, 153	NEWCAS	15.56		0			
0		MCHUNU,SANELISIWE, 223	SPEED	DNR		0			
Item 71	10:20 Heat 2 of 2 Women 25 100m (SENIOR)								
1		MARNCE,SHANICE, 247	UKZN	12.55		0			
2		MTHEMBU,SAMUKELISIWE, 236	SPEED	12.92		0			
3		SITHOLE,AMANDA, 73	FF	13.44		0			
4		REDINGER,RAYNE, 255	UKZN	13.73		0			
5		GOOSEN,MARILIZE, 29	CKS	14.08		0			
6		ZULU,NOMCEBO, 88	FF	14.86		0			
0		NJILO,NOLWAZI, 228	SPEED	DNR		0			
Item 72	10:30 Final Men 25 HighJump (SENIOR)								
1		MTHETHWA,SIBONELO, 423	VLAM	1.75	7	0	G		
2		REHMAN,LIAM, 45	EPG	1.75	5	0	S		
3		VALLY,USSAAMAH, 25	CKS	1.75	3	0	B		
0		NMCUBE,MBUSO, 285	UMZIN	DNR	0	0			
Item 73	10:30 Final Women 25 LongJump (SENIOR)								
1		MAGUBANE,MBALENHLE, 156	NEWCAS	4.22	7	0	G	-5.5	
2		GOOSEN,MARILIZE, 29	CKS	4.07	5	0	S	-2.2	
3		ZULU,NOMCEBO, 88	FF	3.93	3	0	B	-1.9	
4		MBAMBO,NOKUHANYA, 66	FF	3.85	2	0		-2.2	
0		NKABINDE,NOKWAZI, 168	NEWCAS	DNR	0	0			
Item 74	10:30 Final Men Mixed 2000m SteepleChase (MASTERS 60 +)						No Entries		
Item 75	10:30 Final Women Mixed 2000m SteepleChase (MASTERS 30)						No Entries		
Item 76	10:40 Final Women Mixed 80m Hurdles (MASTERS 40 +)								
45	1	SIGUBUDU,NANA, 74	FF	18.64	7	0	G		
Item 77	10:45 Final Women 25 100m Hurdles (SENIOR & MASTERS 30)								
1		SKHOSANE,THOBILE, 169	NEWCAS	21.47	7	0	G		
Item 78	10:50 Final Men Mixed 100m Hurdles (MASTERS 50 +)								
65	1	MULLER,RAYMOND, 33	CKS	22.80	7	0	G		
Item 79	10:55 Final Women Mixed 200m Hurdles (MASTERS 70 +)						No Entries		
Item 80	10:55 Final Men Mixed 110m Hurdles (SNR & MAST 30 - 49)								
25	1	VAN DEVENTER,WILHELM, 26	CKS	18.55	7	0	G		
25	2	MKHIZE,SKHUMBUSO, 166	NEWCAS	19.88	5	0	S		
25	3	NGUBENI,FANYANA, 160	NEWCAS	20.12	3	0	B		
25	0	KHUMALO,SIPHMANDLA, 56	EMADA	DNR	0	0			
25	0	SHANGE,NHLAKANIPHO, 280	UMZIN	DNR	0	0			
Item 81	11:00 Final Men Mixed 200m Hurdles (MASTERS 80 +)						No Entries		
Item 82	11:05 Final Men Mixed 5000m (SENIOR & MASTERS)								
25	1	MBANJWA,SIPHO, 18	BOX	14:31.29	7	0	G		
25	2	ZWANE,BONGINKOSI, 22	BOX	14:35.60	5	0	S		
25	3	NGCOBO,AYANDA, 137	MUD	14:59.60	3	0	B		
25	4	DLAMINI,ANELE, 186	PHAN	15:03.55	2	0			
25	5	NDUMISO,SOHKELA, 6	ARTHUR	15:26.47	1	0			
25	6	MOSIA,PHALLANG, 9	ARTHUR	15:26.92	0	0			
25	7	JALI,MHOLI, 15	BLUFF	15:28.02	0	0			
25	8	PHUNGULA,APHELELE, 16	BLUFF	15:44.80	0	0			
25	9	DUMA,NKOSINATHI, 11	ARTHUR	15:45.29	0	0			
25	10	MBOLEKWA,THOBILE, 107	HOLLY	15:45.91	0	0			
25	11	SELEPE,TSEPANG, 54	EMADA	15:46.34	0	0			
25	12	NXUMALO,SMILE, 118	HOLLY	15:46.81	0	0			
25	13	NDABA,NJABULO, 429	EZAKHE	15:54.61	0	0			
25	14	MAJOZI,NHLAKANIPHO, 134	MUD	15:55.85	0	0			
25	15	MDLETSHI,MZAMISENI, 136	MUD	15:56.80	0	0			
25	16	SITHOLE,NKOSIYAZI, 122	KWAMAS	16:31.70	0	0			
25	17	MAANDE,BRUCE, 248	UKZN	16:32.02	0	0			
25	18	YEKELO,SIPHESIHLE, 108	HOLLY	17:04.14	0	0			
25	0	MHLAKAZA,LUVYO, 150	NEDBAN	DNR	0	0			
25	0	GAMA,SABELA, 152	NEWCAS	DNR	0	0			
25	0	KHUMALO,BANELE, 162	NEWCAS	DNR	0	0			
25	0	MBHELE,THATO, 158	NEWCAS	DNR	0	0			
25	0	MHLAKWANA,NKOSINATHI, 187	PHUMA	DNR	0	0			
25	0	SITHOLE,LINDOKUHLE, 185	PHAN	DNR	0	0			
25	0	NYEMBE,MONDLI, 61	EMADA	DNR	0	0			
25	0	MZIZI,LANGALETHU, 291	UMZIN	DNR	0	0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
25	0	MDLETSHE,MZAMISENI, 272	UMZIN	DNR	0	0		
25	0	NGCOBO,AYANDA, 273	UMZIN	DNR	0	0		
25	0	NGUBANE,SANELE, 274	UMZIN	DNR	0	0		
25	0	NGUBANE,FANELE, 275	UMZIN	DNR	0	0		
25	0	MAJOZI,NHLAKANIPHO, 268	UMZIN	DNR	0	0		
25	0	KHUMALO,SPHELELE, 278	UMZIN	DNR	0	0		
25	0	KUNENE,LETHUKUTHULA, 289	UMZIN	DNR	0	0		
25	0	GUMEDE,MBHASOBHI, 116	HOLLY	DNR	0	0		
25	0	MDELISWA,LUZUKO, 5	ARTHUR	DNR	0	0		
25	0	MTHEMBU,BONGUMUSA, 10	ARTHUR	DNR	0	0		
25	0	KHUMALO,SPHELELE, 130	MSINGA	DNR	0	0		
25	0	MABASO,MVUSELELO, 126	MSINGA	DNR	0	0		
25	0	NGUBANE,SANELE, 128	MSINGA	DNR	0	0		
25	0	MNTUNGWA,SINDISIWE, 143	MUD	DNR	0	0		
25	0	KUNENE,LETHUKUTHULA, 148	MUD	DNR	0	0		
25	0	KHUMALO,NHLANHLA, 431	EZAKHE	DNR	0	0		
25	0	MDAKANE,LWAZI, 433	EZAKHE	DNR	0	0		
35	1	NGOBESE,SICELO, 109	HOLLY	17:06.14	7	0	G	
35	0	DUMAKUDE,MANDLA, 12	ARTHUR	DNR	0	0		
40	1	ZULU,SIMPHIWE, 117	HOLLY	15:13.34	7	0	G	
40	2	MOSIA,THUSO, 8	ARTHUR	16:14.93	5	0	S	
40	0	MATHEBULA,SPHAMANDLA, 121	KWAMAS	DNR	0	0		
65	1	SMITH,LES, 294	WESTV	23:53.76	7	0	G	
70	1	SPENCE,ANDREW, 212	SCS	21:12.59	7	0	G	
75	1	BURGERS ,ALF, 105	HV	31:38.22	7	0	G	

Item 83 11:30 Semi Final 1 of 3 Men 25 100m (SENIOR)

1	NDLELA,ANDISWA, 159	NEWCAS	10.96	0	
2	THINA,SIZWE, 256	UKZN	11.28	0	
3	NGESI,NTOKOZO, 69	FF	11.41	0	
4	MBATHA,WANDILE, 43	EPG	11.57	0	
5	NTOMBELA,ANDILE, 287	UMZIN	11.84	0	
6	MOOSA,MIKHAIL, 49	EPG	11.92	0	
0	NGCOBO,GENA, 70	FF	DNR	0	
0	KEKANA,THABISO, 98	FSAC	DNR	0	

Item 84 11:30 Semi Final 2 of 3 Men 25 100m (SENIOR)

1	KHUMALO,ZAMANI, 242	SUNSH	11.05	0	
2	SEETAL,KEATON, 36	DUT	11.48	0	
3	MBATHA,ZAZI, 221	SPEED	11.51	0	
4	MAGUBANE,NTOKOZO, 155	NEWCAS	11.60	0	
5	MLAMBO,ZIPHOZINKE, 60	EMADA	11.64	0	
6	KUBHEKA,COLLEN , 422	VLAM	11.91	0	
7	BEYA,JACQUES, 68	FF	12.36	0	

Item 85 11:30 Semi Final 3 of 3 Men 25 100m (SENIOR)

1	RALL,JUAN, 240	SUNSH	11.23	0	
2	GAMEDE,NJABULO, 213	SPEED	11.32	0	
3	NDABEZITHA,ANDILE, 250	UKZN	11.44	0	
4	KHUMALO,MZIKAYISE, 111	HOLLY	11.58	0	
5	MANTANGA,LOYISO, 40	EPG	11.65	0	
6	HLANGULELA,BUSISWA, 232	SPEED	11.84	0	
7	SIKHOSANA,THABANI, 266	UMLAZI	11.96	0	

Item 86 11:30 Semi Final 1 of 2 Men 25 400m (SENIOR)

1	NGUBENI,NKULULEKO, 55	EMADA	0:48.10	0	
2	THWALA,LINDANI, 165	NEWCAS	0:50.05	0	
3	MADUNA,NKOSANA, 439	MUD	0:50.93	0	
4	MYENI,BRIAN, 51	EPG	0:52.43	0	
5	ZULU,SIYANDA, 174	NEWCAS	0:52.85	0	
6	MAJOZI,SANELE, 97	FSAC	0:53.12	0	
0	NENE,ZAKITHI, 254	UKZN	DNR	0	
0	MAZIBUKO,SIFISO, 432	EZAKHE	DNR	0	

Item 87 11:30 Semi Final 2 of 2 Men 25 400m (SENIOR)

1	MBATHA,LWAZI, 222	SPEED	0:49.13	0	
2	NKOSI,NDUMISO, 59	EMADA	0:49.67	0	
3	CAVELL- CLARKE,MICHAEL, 125	MAC	0:49.94	0	
4	MSIBI,WANDILE, 171	NEWCAS	0:51.60	0	
5	NGUBANE,LINDOKUHLE, 225	SPEED	0:54.43	0	
6	PHIRRIE,SANDILE, 190	ROCK	0:54.69	0	
7	BUTHELEZI,XOLANI, 173	NEWCAS	0:56.10	0	
0	NTENZA,MFANELO, 440	UKZN	DNR	0	

Item 88 11:30 Final Women 25 Hammer (SENIOR)

1	CELE,PHILILE, 251	UKZN	25.32	7	0	G
0	SITHOLE,LIHLE, 191	ROCK	DNR	0	0	

Item 89 11:50 Final Men Mixed HighJump (MASTERS 30 +)

No Entries

Item 90 11:50 Final Women Mixed LongJump (MASTERS 30 +)

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
30	1	TSUTSU,UNATHI, 203	SADS	3.66	7	0	G	-2.8
40	1	NTSHOBANE,YOLISWA, 11398	SADS	3.55	7	0	G	+2.3
Item 91 12:00 Final Women 25 Polevault (SENIOR) No Entries								
Item 92 12:00 Final Men 25 Polevault (SENIOR)								
1		THOMPSON,WARWICK, 27	CKS	2.50	7	0	G	
Item 93 12:50 Final Women Mixed Hammer (MASTERS 30 +)								
45	1	CILLIERS,ANGELA, 94	FY	26.55	7	0	G	
55	1	RAWLINS,VALERY-ANN, 34	DAC	14.03	7	0	G	
Item 94 12:50 Final Men 25 Hammer (SENIOR) No Entries								
Item 95 12:50 Final Men Mixed Hammer (MASTERS 30 +)								
80	1	RZEPECKI,ANDRZEJ, 13	AN	41.66	7	0	G	
Item 96 13:00 Final Women 25 3000m SteepleChase (SNR & MAST 30)								
0		ELLERO,CAYLEE, 28	CKS	DNR	0	0		
Item 97 13:00 Final Women Mixed Discus (MASTERS 30 +)								
45	1	CILLIERS,ANGELA, 94	FY	29.80	7	0	G	
55	1	RAWLINS,VALERY-ANN, 34	DAC	12.60	7	0	G	
65	0	JACOBS,MARLENE, 92	FY	DNR	0	0		
70	1	RZEPECKI,JANA, 14	AN	16.26	7	0	G	
Item 98 13:00 Final Men 25 Discus (SENIOR)								
1		MTHABELA,LUNGISANI, 172	NEWCAS	38.59	7	0	G	
Item 99 13:00 Final Men Mixed Discus (MASTERS 30 +)								
65	1	WATSON,ANDY, 293	WESTV	25.33	7	0	G	
80	1	RZEPECKI,ANDRZEJ, 13	AN	26.67	7	0	G	
Item 100 13:20 Final Men 25 3000m SteepleChase (SNR & MAST 30 -)								
1		MASONDO,SIPHESIHLE, 437	UTRECK	09:20.92	7	0	G	
2		GUMEDE,MBHASOBHI, 116	HOLLY	09:42.26	5	0	S	
3		NKOMOMVELO, 209	SAVAGE	09:48.65	3	0	B	
4		NTULI,NKOSIKHONA, 196	ROCK	09:53.70	2	0		
5		NGIBA,SIAYBONGA, 183	PHAN	10:13.42	1	0		
6		PHUNGULA,APHELELE, 16	BLUFF	10:20.44	0	0		
7		MADIBA,SANELE, 214	SPEED	10:26.85	0	0		
8		KHUZWAYO,MUKELANI, 226	SPEED	10:26.90	0	0		
9		KHUMALO,SPHELELE, 130	MSINGA	10:36.26	0	0		
10		KHUMALO,NHLANHLA, 431	EZAKHE	10:36.26	0	0		
0		SHANGE,SANELE, 207	SAVAGE	DNR	0	0		
0		KHUMALO,BANELE, 162	NEWCAS	DNR	0	0		
0		MOLELENYOANE,LUCKY, 258	UKZN	DNR	0	0		
0		YEKELO,SIPHESIHLE, 108	HOLLY	DNR	0	0		
0		THOMAS,SENZENI, 227	SPEED	DNR	0	0		
0		NGUBANE,SANELE, 128	MSINGA	DNR	0	0		
Item 101 13:40 Final Women Mixed 100m (MASTERS 30 +) Wind=-3.1								
30	1	GAVU,SIBUSIWE, 64	FF	13.94	7	0	G	
30	2	LETSOALO,LETHOKUHLE, 297	ZAB	14.23	5	0	S	
30	0	WALTERS,EMALIE, 292	VAALT	DNR	0	0		
35	0	SCHMIDT,ADELLE, 44	EPG	DNR	0	0		
40	1	BUSH,LYDIA, 86	FF	15.21	7	0	G	
40	2	MYEZA,MAPULE, 205	SADS	15.38	5	0	S	
45	1	DUFFY ,JANET, 50	EPG	16.10	7	0	G	
55	1	CARLISLE,JEANETTE, 63	FF	15.14	7	0	G	
65	1	JACOBS,MARLENE, 92	FY	18.49	7	0	G	
Item 102 13:45 Final Women 25 100m (SENIOR) Wind=-1.3								
1		MARNCE,SHANICE, 247	UKZN	12.42	7	0	G	
2		MTHEMBU,SAMUKELISIWE, 236	SPEED	12.48	5	0	S	
3		KUBHEKA,PHINDILE, 239	SPEED	13.01	3	0	B	
4		SITHOLE,AMANDA, 73	FF	13.22	2	0		
5		NDLOVU,THULILE, 224	SPEED	13.26	1	0		
6		REDINGER,RAYNE, 255	UKZN	13.72	0	0		
0		MBAMBO,NOKUHANYA, 66	FF	DNR	0	0		
0		JOBODJWANA,TAYLOR, 244	SUNSH	DNR	0	0		
Item 103 13:50 Final Men Mixed 100m (MASTERS 30 +) Wind=-3.7								
30	1	THUSI,XOLANI, 164	NEWCAS	12.69	7	0	G	
30	0	NKANDI,SPHELELE, 229	SPEED	DNR	0	0		
35	1	KOEKEMOER ,PIETER (1), 80	FF	12.22	7	0	G	
35	2	SIMON,MILNE, 177	NO CLU	12.84	5	0	S	
35	0	MANQELE,ZAMANI, 217	SPEED	DNR	0	0		
40	1	HOLROYD,WAYNE , 78	FF	11.98	7	0	G	
40	0	NTULI,MELODY, 237	SPEED	DNR	0	0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
50	1	MBEKWANA,ZB, 200	SADS	13.79	7	0	G	
50	0	FOURIE,DAVID, 77	FF	DNR	0	0		
60	1	OELFSE,WALTER, 93	FY	14.36	7	0	G	
60	2	XAVIER,ROBERT, 17	BORDER	14.50	5	0	S	
60	3	DOWNWARD,TREVOR, 76	FF	14.57	3	0	B	
60	4	VARTY,DENNIS, 42	EPG	14.90	2	0		
65	1	MOTALA,TACOOB, 211	SHAK	16.66	7	0	G	
65	2	SMITH,LES, 294	WESTV	17.68	5	0	S	
65	0	MULLER,RAYMOND, 33	CKS	DNR	0	0		
80	1	BRUCE-BRAND,AVON, 84	FF	19.92	7	0	G	
85	1	STRYDOM,RON, 91	HHAC	14.50	7	0	G	

Item 104 13:55 Final Men 25 100m (SENIOR)

Wind=-4.0

1	NDLELA,ANDISWA, 159	NEWCAS	11.14	7	0	G
2	KHUMALO,ZAMANI, 242	SUNSH	11.21	5	0	S
3	RALL,JUAN, 240	SUNSH	11.47	3	0	B
4	NGESI,NTOKOZO, 69	FF	11.48	2	0	
5	GAMEDE,NJABULO, 213	SPEED	11.54	1	0	
6	THINA,SIZWE, 256	UKZN	11.61	0	0	
7	NDABEZITHA,ANDILE, 250	UKZN	11.67	0	0	
8	SEETAL,KEATON, 36	DUT	11.71	0	0	

Item 105 14:00 Final Women Mixed 1500m (MASTERS 30 +)

25	0	ZUNGU,THEMBISILE, 149	MUD	DNR	0	0	
30	0	GABELA,LINDOKUHLE, 133	MUD	DNR	0	0	
45	1	SIGUBUDU,NANA, 74	FF	06:50.01	7	0	G

Item 106 14:10 Final Women 25 1500m (SENIOR)

1	MKHIZE,HAPPINES, 257	UKZN	04:30.95	7	0	G
2	MKHIZE,BATHOBILE, 426	SPEED	04:56.80	5	0	S
3	NTSHANGASE,NOKUTHUKU, 210	SAVAGE	05:04.70	3	0	B
4	BIYELA,KHOLEKA, 188	ROCK	05:17.56	2	0	
5	MTSHALI,NOKUKHANYA, 146	MUD	05:24.21	1	0	
0	THOBILE,MKHIZE, 427	SPEED	DNR	0	0	
0	APHELELE,JILEKA, 441	UMLAZI	DNF	0	0	
0	NONHLANHLA,GCINA, 442	UMLAZI	DNF	0	0	
0	JILEKA,APHELELE, 265	UMLAZI	DNF	0	0	

Item 107 14:20 Final Men Mixed 1500m (MASTERS 30 +)

25	1	MNTUNGWA,SINDISIWE, 143	MUD	04:06.62	7	0	G
25	2	KUNENE,LETHUKUTHULA, 148	MUD	04:21.45	5	0	S
25	0	KHUMALO,SPHELELE, 130	MSINGA	DNR	0	0	
30	1	QASHA,VINCENT, 199	SADS	05:52.38	7	0	G
35	1	NGOBESE,SICELO, 109	HOLLY	04:35.52	7	0	G
35	0	XIMBA,LUCKY, 140	MUD	DNR	0	0	
40	1	ZULU,SIMPHIWE, 117	HOLLY	04:06.62	7	0	G
40	2	MOSIA,THUSO, 8	ARTHUR	04:42.76	5	0	S
40	0	RAMATEMA,LESIA, 219	SPEED	DNR	0	0	
50	0	SMITH,MARK, 62	ESKOM	DNR	0	0	

Item 108 14:55 Heat 3 of 3 Men 25 1500m (SENIOR)

1	MAHASE,BONANG, 215	SPEED	04:17.65	0		
2	LEMBETHE,MSINGATHI, 99	FSAC	04:17.99	0		
3	MAZIBUKO,MTHOKOZISI, 218	SPEED	04:17.99	0		
4	NKOMOMVELO, 209	SAVAGE	04:19.85	0		
5	MBHELE,THATO, 158	NEWCAS	04:46.41	0		
6	HLONGWA,LINDANI, 142	MUD	04:47.00	0		
7	MKHWANAZI,BONGELANI, 192	ROCK	04:53.43	0		
0	KHUMALO,SIYABONGA, 300	OGWINI	DNR	0		
0	MHLAKWANA,NKOSINATHI, 187	PHUMA	DNR	0		
0	MAPHUMULO,MTHOKOZISI, 1	AMANZI	DNR	0		
0	HLONGWA,LINDANI, 284	UMZIN	DNR	0		
0	NGUBANE,FANELE, 275	UMZIN	DNR	0		
0	KHOZA,SIBONELO, 277	UMZIN	DNR	0		
0	ZWANE,BONGINKOSI, 22	BOX	DNR	0		
0	MHLONGO,LINDA, 112	HOLLY	DNR	0		
0	MADIBA,SANELE, 214	SPEED	DNR	0		
0	MABASO,MVUSELELO, 126	MSINGA	DNR	0		
0	DUMAKUDE,ZIPHO, 147	MUD	DNR	0		

Item 109 14:55 Final Men 25 1500m (SENIOR)

1	SIBIYA,NKOSINATHI, 184	PHAN	03:45.24	7	0	G
2	MADIBA,THEMBA, 39	ECAC	03:57.05	5	0	S
3	SOSIBO,SPHELELE, 233	SPEED	03:58.63	3	0	B
4	MAZIBUKO,MTHOKOZISI, 218	SPEED	04:02.00	2	0	
5	TSANYANE,TSIELO, 234	SPEED	04:06.85	1	0	
6	NGCOBO,AYANDA, 137	MUD	04:07.68	0	0	
7	MTOLO,MDUMISENI, 235	SPEED	04:13.18	0	0	
8	MAHASE,BONANG, 215	SPEED	04:14.88	0	0	
9	NDABA,NJABULO, 429	EZAKHE	04:25.51	0	0	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
10		LEMBETHE,MSINGATHI, 99	FSAC	04:30.85	0	0		
11		LINDOKUHLLE,KUNENE, 100	FSAC	04:51.14	0	0		
0		NKOMOMVELO, 209	SAVAGE	DNR	0	0		
0		MKHWANAZI,THABO, 114	HOLLY	DNR	0	0		
0		NTULI,NKOSIKHONA, 196	ROCK	DNR	0	0		

Item 110 15:05 Final Women Mixed 400m (MASTERS 30 +)

30	1	LETSOALO,LETHOKUHLLE, 297	ZAB	1:07.92	7	0	G	
30	2	TSUTSU,UNATHI, 203	SADS	1:14.92	5	0	S	
30	0	MDUBEKI,NOXOLO, 201	SADS	DNR	0	0		
30	0	NTOMBI,NTSHABA, 179	NO CLU	DNR	0	0		
35	1	SKHOSANA,NKELETSENG, 231	SPEED	1:17.82	7	0	G	
40	1	MYEZA,MAPULE, 205	SADS	1:13.99	7	0	G	
40	0	NTSHOBANE,YOLISWA, 11398	SADS	DNR	0	0		
45	1	SIGUBUDU,NANA, 74	FF	1:29.09	7	0	G	
60	1	ALEXANDER,ELIZABETH, 75	FF	1:15.17	7	0	G	
65	1	JACOBS,MARLENE, 92	FY	1:39.22	7	0	G	

Item 111 15:10 Heat 1 of 2 Women 25 400m (SENIOR)

0		LOFSTRAND,GENA, 81	FF	NT		0		
0		NKABINDE,NOKWAZI, 168	NEWCAS	NT		0		
0		MKHIZE,HAPPINES, 257	UKZN	NT		0		
0		MAKHANYA,NOMPUMELELO, 269	UMZIN	NT		0		
0		BIYELA,NELISWA, 189	ROCK	NT		0		

Item 112 15:10 Heat 2 of 2 Women 25 400m (SENIOR)

0		KHUMALO,PHUMI, 72	FF	NT		0		
0		DUBE,THABILE, 204	SADS	NT		0		
0		GEORGE,DANE'LE, 252	UKZN	NT		0		
0		DLAMINI,NOKUBONGA, 193	ROCK	NT		0		
0		HLATSWAYO,SILINDILE, 194	ROCK	NT		0		

Item 113 15:10 Final Women 25 400m (SENIOR)

1		NKABINDE,NOKWAZI, 168	NEWCAS	1:00.92	7	0	G	
2		GEORGE,DANE'LE, 252	UKZN	1:02.62	5	0	S	
3		KHUMALO,PHUMI, 72	FF	1:02.82	3	0	B	
4		HLATSWAYO,SILINDILE, 194	ROCK	1:07.60	2	0		
5		DUBE,THABILE, 204	SADS	1:19.14	1	0		

Item 114 15:15 Final Men Mixed 400m (MASTERS 30 +)

35	1	KOEKEMOER ,PIETER (1), 80	FF	0:52.03	7	0	G	
35	2	MBHAMALI,BONGINKOSI, 3	AMAPON	1:14.44	5	0	S	
40	1	HOLROYD,WAYNE , 78	FF	0:52.22	7	0	G	
40	2	VOSLOO,RIAN, 2	AMANZI	0:56.84	5	0	S	
45	0	SIKHAKHANE,MFANAFUTHI, 138	MUD	DNR	0	0		
50	1	SCHRODER,MICHAEL, 67	FF	0:58.31	7	0	G	
50	2	HUGO,JON MARK, 296	YPAC	0:59.56	5	0	S	
50	3	MBEKWANA,ZB, 200	SADS	1:04.87	3	0	B	
50	0	FOURIE,DAVID, 77	FF	DNR	0	0		
60	1	OELFSE,WALTER, 93	FY	1:06.80	7	0	G	
60	2	VARTY,DENNIS, 42	EPG	1:07.99	5	0	S	
60	3	DOWNWARD,TREVOR, 76	FF	1:10.02	3	0	B	

Item 115 15:20 Final Men 25 400m (SENIOR)

1		NGUBENI,NKULULEKO, 55	EMADA	0:48.26	7	0	G	
2		MBATHA,LWAZI, 222	SPEED	0:49.02	5	0	S	
3		NKOSI,NDUMISO, 59	EMADA	0:49.96	3	0	B	
4		THWALA,LINDANI, 165	NEWCAS	0:49.99	2	0		
5		CAVELL- CLARKE,MICHAEL, 125	MAC	0:50.52	1	0		
6		MADUNA,NKOSANA, 439	MUD	0:52.77	0	0		
7		MSIBI,WANDILE, 171	NEWCAS	0:53.03	0	0		
0		MYENI,BRIAN, 51	EPG	DNR	0	0		

Item 116 15:25 Final Women 25 4X100m Relay

1		RELAY TEAM,,	UKZN	0:51.23	7	0	G	
2		RELAY TEAM,,	SPEED	0:53.02	5	0	S	
3		RELAY TEAM,,	FF	0:57.74	3	0	B	
4		RELAY TEAM,,	SADS	1:01.36	2	0		

Item 117 15:30 Final Men 25 4X100m Relay

1		RELAY TEAM,,	SUNSH	0:43.46	7	0	G	
2		RELAY TEAM,,	SPEED	0:44.39	5	0	S	
3		RELAY TEAM,A,	NEWCAS	0:44.41	3	0	B	
4		RELAY TEAM,,	EPG	0:45.77	2	0		
5		RELAY TEAM,,	FF	0:45.79	1	0		
6		RELAY TEAM,B,	NEWCAS	0:46.76	0	0		