

KZNA Track & Field

2015 Competition Rules & Information

Sub-Youth, Youth, Junior, Senior & Masters

1. Age Groups

1.1 The respective age groups for the 2015 season are as follow:

Sub-Youth (13*,14 & 15)	Born 2000/2001/2002
<i>* Age group 13 will be included in the KZNA championships, but athletes cannot be selected for ASA sub-youth champs</i>	

Youth (16 & 17)	Born 1998/99
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Junior (18 & 19)	Born 1996/97
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Senior / Master	Born 1995 and before
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1.2 An athlete's (except masters) age group is determined by his/her age as on the 31st of December. So whether your birth date is 1 January 2000 or 31 December 2000 you compete as a 15 year old in the sub-youth age category (13/14/15 years).

1.3 A masters athlete's age group is determined by his/her age as on the day of the competition. Masters are split in 5 year age group categories (i.e. 40 – 44, 45 – 49 etc). It can potentially mean that you participate in one age group (40 -44) in one league and in another (45 – 49) if you turned 45 in between events.

1.4 In accordance with ASA and IAAF Rules and Regulations age restrictions (per above) only apply to National and International Championship events. At League events athletes are allowed to compete against older age groups.

1.5 No other Primary-Youth age groups will be allowed to compete at Championship level (ie: born 2003 and later). The IAAF / ASA Age Disparity Rule applies.

1.6 The Competition Management have the right to request proof of age during any event conducted under the rules of ASA and KZNA

2. Entries & Entry Fees

2.1 There is no fee payable to enter a competition, except for KZNA championship events.

2.2 There will be a Gate Entrance fee of **R10.00** for all persons entering the stadium grounds, athletes, coaches, spectators and general supporters – except for accredited coaches and officials who must produce the relevant ID card obtained from the KZNA office.

- 2.3 Athletes may compete in as many events as they wish to at leagues, but for Championships ONLY 3 Individual Events may be entered in. (relay's when offered are team events, not individual events)
- 2.4 *For League Competitions :-* Entries for ALL Events will ONLY be accepted as Pre-entries up until the FRIDAY afternoon at 14h00, before the Saturday competition, on the prescribed entry form that will be available on the KZNA website www.kznathletics.co.za
- 2.5 *For Championships :-* Entries will ONLY be accepted as Pre-entries up until the specified closing date of that championship. [Sub-Youth (13/14/15 years), Youth (16/17 years) & Junior (18/19 years) – Monday, 2nd March 2015 by 16h00] [Senior & Masters – Monday, 9th March 2015 by 16h00]
- 2.6 Entries will ONLY be accepted if emailed to the KZNA office on the prescribed entry form.

KZNA Office : entries@kznathletics.co.za

Note: If you do not have access to a computer please submit your manual / faxed entries to the KZNA Office or contact the KZN office to enter.

3. License Requirements

- 3.1 2014 Licenses will be accepted for competition till end of January 2015 ONLY. This means that 2014 licenses can only be used at league 1 & 2. From league 3 an athlete must compete with a 2015 license or a temporary license.
- 3.2 Athletes must be licensed members of a Club or School in good standing with Kwa-Zulu Natal Athletics. Athletes changing clubs must obtain written consent from the departing club before being allowed to represent the accepting club. In accordance with the new ASA Online Registration System, YOU MUST contact your current Club Administrator with a request to change your status on the system to "Transfer". Once this is done you can contact your new club for membership.
- 3.3 ALL athletes MUST be Licensed with a PERMANENT License number and compete for their Club/School in their Club/School Colours. You can obtain a Permanent License number as follows:
- 3.3.1 If you don't have access to the internet complete a manual ASA Licence Application Form and ask your Club Administrator to register you on the ASA System
- 3.3.2 Junior athletes, NOT MEMBERS of a club, can complete a manual ASA license application form and take it to the KZNA office, where your application will be processed and a number issued.
- 3.4 If you have access to the internet login to one of the following websites:
www.athletics.org.za / Info Centre / Online Registration, OR
<http://asa.saclubs.co.za>

NOTE: Please consult KZNA Office (telephone: 031-312-9374 – e-mail: admin@kznathletics.co.za) if you are uncertain about the new ASA registration system.

- 3.5 Temporary license numbers are only valid FOR THE DAY OF COMPETITION and will be the exception and not the norm. Athletes purchasing temporary numbers will not be registered on the National data base. Temporary licenses cannot be shared amongst athletes.
- 3.6 Athletes must wear both permanent license numbers, one on the front Chest and one on the centre back when competing (High Jump & Pole vault Athletes may compete with only a front or back number respectfully, but must have their 2nd number in their possession). Failure to carry out this simple request will mean that the athlete will not be allowed to participate. For temporary licenses, the number must be worn on the front chest.

4. Callroom Procedure

- 4.1 At all Meets, ALL pre-entered TRACK athletes must report to the CALL-ROOM area, NOT LESS than 45 minutes before their scheduled event, to "CONFIRM your PRESENCE to COMPETE". Only the names of checked-in athletes will be passed on to Operations for Drawing into the competition.

FAILURE TO CHECK-IN will mean that the athlete will NOT be drawn into the Track event.

- 4.2 For FIELD EVENTS, athletes must report directly to their respective competition area not less than 20 minutes before the scheduled start of their event
- 4.3 At ALL Meets, after the Call-Room check-in, athletes can continue their warm-up, but must then report to the starting area not less than 10minutes before the scheduled start of the event. Once lanes and names are called at the start, the event will commence. Athletes reporting after the 10minute call-up period can be excluded from competing.
- 4.4 At Championships there will be a Call-room with specific reporting times.
- 4.5 The presentation of yourself in your Club kit, with your Permanent License numbers on the kit, will be required to compete in any event. Athletes inappropriately dressed for competition may not be allowed to compete.
- 4.6 All events will be recorded on the Versus Computer program and all draws will be carried out in random order, where no seeding is available. At leagues, final seeded draws will take place once the athletes have checked in at the Call Room.

5. Event Rules

- 5.1 Athletes may also NOT compete in any part or form of KZNA Kit at Leagues or Provincial Championships, if you wear such kit in competition you have the possibility of being disqualified. KZNA kit may ONLY be worn when representing the Provincial Federation at a nationally organised event.
- 5.2 ALL Middle Distance Athletes competing in the 800m and longer WILL be required to wear Hip Numbers, which will be supplied by the Starter according to the Draw sheets produced by the Call-Room procedure. Athletes failing to wear Hip numbers during these events will be declared as DNF (Did Not Finish).

- 5.3 Should athletes False Start in a track event they will immediately be disqualified per the IAAF False Start Rule 162.6
- 5.4 All Track events will be electronically timed according to the IAAF Rule 165.13. Some events may only have hand-timing and will be indicated as such on the competition program.
- 5.5 Athletes are allowed to use their own starting blocks at LEAGUES ONLY. However, should the starter or track referee determine that your blocks will damage the track surface (i.e. wrong spikes, blocks structure can damage track etc) you will be requested to remove the blocks from the starting area.
- 5.6 All Field events will be Mixed Finals irrespective of age, following normal elimination procedures.
- 5.7 At Championships there may be possible qualifying rounds before finals, in age categories for field events.
- 5.8 At Leagues all Heats will be recorded according to the "Time Placing" rule. At Championships there could be Heats, possible Semi-finals and Finals.
- 5.9 In an attempt to provide KZN athletes with appropriate levels of competition where and when required, and in accordance with IAAF Rule No 147, Mixed Track Events between male and female participants must be specifically permitted by the relevant area governing body.

Accordingly the KZN Track & Field Commission recommends that for the sake of good order, when required, permission should be requested and obtained from the Technical Manager, copy to Operations. In the absence of a timely response the meeting manager on the day should be approached for permission and if granted Operations to be advised accordingly.

Please note that results under Mixed Track Events will be reported under that event and marked as UNOFFICIAL. Also note that this UNOFFICIAL time is not eligible for ASA/IAAF qualification standards.

Any records broken by an athlete participating in a higher age group or mixed track event (other than 5000m or longer) will also not be recognized.

An athlete's performance in a higher age group or mixed event (other than 5000m or longer) will also not be recognized for selection purposes of the KZNA team for nationals.

- 5.10 Mixed Gender events for 5,000m or longer are permitted by IAAF.

6. Results

- 6.1 Results will be recorded on the VERSUS system and made available on the notice board shortly after completion and capturing.
- 6.2 Results will be published on the KZNA website www.kznathletics.co.za

- 6.3 Where events are mixed ages, or genders, or combined, results will be recorded as per age groups and genders by the results schedule on the computer program.
- 6.4 If there are incorrect results recorded, please bring it under the competition manager's attention on COMPETITION DAY. The sooner we can fix incorrect results, the better. Otherwise, please contact the KZNA office during the following week with your query.

7. KZNA Team Selection Criteria

- 7.1 Selection for KZNA team representation will be subjected to the 2015 qualification standards and the relevant ASA competition guidelines which may affect final team selection. Final selection for any KZN team will be at the discretion and approval of the appointed convener and selection committee.
- 7.2 Athletes wishing to qualify for selection to any of the ASA Championships will need to attain the required qualifying standard as prescribed by KZNA (using ASA minimum standards as guide), between the 1st January 2015 and the provincial championships. No performances prior to the 1st January 2015 will be considered. Also note that performances will ONLY be recognised if Electronically timed for track events with wind readings supplied for Sprints, Hurdles and Long & Triple Jump. (Hand Times and non-wind controlled performances will not be accepted).
- 7.3 2015 Qualification standards will be available on the KZNA website (www.kznathletics.co.za) in January 2015
- 7.4 It is strongly recommended that athletes enter 2 or more league competitions, during the season, for improved seeding and selection purposes.
- 7.5 The KZNA Championship is a compulsory event if an athlete is to be considered for National Selection.
- 7.6 Out of province performances will be accepted on condition that a copy of the results is submitted to the KZNA office (for attention: selection committee).
- 7.7 Although there minimum qualifying standards, these are only guidelines to be used in the final KZNA team selection. The fact that an athlete has recorded a qualifying performance is no guarantee that he/she will be selected in the final KZNA team.
- 7.8 Only KZNA approved and ASA sanctioned events in other provinces will be considered for KZNA team selection.
- 7.9 School events (i.e. district trials, school competitions etc) and other non-KZNA/ASA sanctioned events will NOT be considered for selection purposes.

8. Protest and General Discipline

- 8.1 Parents, coaches and non-participating athletes are NOT ALLOWED within the competition area. Failure to adhere may lead to disqualification of your athlete. Any assistance to an athlete within the competition area is seen as coaching, which is not allowed during competition. Athletes may confer with his/her coach as long as they are not within the competition area (the track fence).
- 8.2 Please adhere to officials' instructions on duty. If there are any dispute the ATHLETE must raise it with the official on duty. If not resolved, the athlete can call upon the field/track referee to confer. Should the dispute not be dealt with in a satisfactory manner, the athlete can call for the meeting manager.
- 8.3 Any protests, queries, concerns etc happening on competition day must be taken up with the appointed meeting manager who will act or refer the matter to the relevant responsible person. Please do not hesitate to make your voice heard as we would like to promote an open communication channel and fair competition to the benefit of all.
- 8.4 Any inappropriate behaviour by an athlete, coach or individual associated with a participating athlete will result in IMMEDIATE disqualification of the athlete. This could be (but not limited to) swearing at officials/other athletes, not adhering to instructions from the technical official(s) on duty etc.

9. Protocol

- 9.1 KZN Athletics management and officials reserve the right to override any of the above Rules and Regulations following due consideration of any extenuating circumstances. This will be governed by the head of technical and/or the appointed meeting manager which will be guided in accordance to the 2014/2015 IAAF Rules & Regulations.
- 9.2 If any matter cannot be resolved by the published competition rules, or if any uncertainty may arise, the IAAF rule(s) will be applied.
- 9.3 If any athlete, coach or interested party has any objection or need further clarification on the specified rules, please contact the KZNA office (031 312 9374 or via email kzn@athletics.org.za)
- 9.4 If there are any objections or concerns on any of the stipulated rules, please send an email to the KZNA office (kzn@athletics.org.za) who will forward it to the relevant commission or committee within the KZNA structures.
- 9.5 We appeal to everyone to please follow protocol communication irrespective of the seriousness of the matter.
 - 9.5.1 At any athletics meeting please liaise with the meeting manager with regards to officials' decisions, competition rules, incidents etc. Please do not vent your disagreement towards any official on duty. Depending on the seriousness of the matter, the meeting manager will be responsible for taking the matter further and will communicate the follow-up actions taken

- 9.5.2 For any matter outside the competition environment, please send us an email via the KZNA office who will direct the communication to the affected commission or committee.
- 9.5.3 If NO satisfactory response is given within a reasonable time, you may approach the KZNA president or KZNA executive for resolve.
- 9.5.4 ONLY if all avenues have been explored and NO satisfactory response has been given, may you approach Athletics South Africa or any other external parties whereby KZNA has an interest. We unfortunately have too many incidents where our members do not consult within KZNA structures first.

9.6 Failure to adhere to the above protocol could lead to possible disciplinary action.

10. The above rules have been sanctioned by Athletics South Africa (ASA)

Please do remember that rules are necessary for good order and fair competition for all athletes. We wish all our athletes all the best for the new season and may 2015 be a very exciting year for athletics in KZNA.