

ACKNOWLEDGEMENT OF ENTRIES

Confirmation of online entry can be checked at www.sparwomensrace.co.za. Should a correct cellphone number be supplied entrants may receive their race number via sms. The organisers will not be held responsible for delivery or receipt of this confirmation.

REGISTRATION **NEW VENUE**

Entrants must collect their race Bibs, T-shirts and Promo Bags from Hall 6 at the Durban Exhibition Centre. Parking is available at the Nkosi Albert Luthuli ICC underground parking and at The Workshop.

Thursday 8 June 2017 10:00 to 17:00

Friday 9 June 2017 10:00 to 17:00

Saturday 10 June 2017 10:00 to **15:00**

FINISHERS

All finishers will receive a FREE breakfast pack. Please note that **NO MEDALS WILL BE AWARDED**.

MALE SUPPORTERS

This is a women's event. Males who enter are NOT eligible for any prizes.

Males will receive no seeding preference and will not be permitted to finish within the top 20 positions.

OFFICIAL CHARITY

R2 of each entry will go to CANSA Mkhuhla Care Home. Located in Durban, CANSA Mkhuhla Care Home is a home-away-from-home to cancer patients receiving cancer treatment far away from their own homes.

KIDS ZONE

There will be NO Kids Zone at the finish. It is your responsibility to look after your children.

PRIZING GIVING

The prize giving is scheduled to begin at 10:00.

Age Category tags **MUST** be worn clearly on the front and back of your vest in order to qualify for age category prizes. These are available from your athletics club or from KwaZulu-Natal Athletics on 031 312 9374.

NOTE: Entrants who provide incorrect or incomplete information on their entry forms, whether electronically or written, will not qualify for any gender or age category prizes.

RACE CONTACT INFO

Tel: 031 312 9374

Email: durban@sparwomensrace.co.za

POSITION	CATEGORY	PRIZE VALUE
1st	OPEN	R 10 000
2nd	OPEN	R 7 500
3rd	OPEN	R 5 000
4th	OPEN	R 3 000
5th	OPEN	R 2 500
6th	OPEN	R 2 250
7th	OPEN	R 2 000
8th	OPEN	R 1 500
9th	OPEN	R 1 250
10th	OPEN	R 1 000
1st	Junior (Age 14 - 19)	R 1 000*
2nd	Junior (Age 14 - 19)	R 750*
3rd	Junior (Age 14 - 19)	R 500*
1st	35 - 39	R 1 000*
2nd	35 - 39	R 750*
3rd	35 - 39	R 500*
1st	40 - 49	R 1 000*
2nd	40 - 49	R 750*
3rd	40 - 49	R 500*
1st	50 - 59	R 1 000*
2nd	50 - 59	R 750*
3rd	50 - 59	R 500*
1st	60 - 69	R 1 000*
2nd	60 - 69	R 750*
3rd	60 - 69	R 500*
1st	70+	R 1 000*
2nd	70+	R 750*
3rd	70+	R 500*

* These prizes will be awarded as SPAR Vouchers.



SPAR
WOMEN'S
— 10/5km CHALLENGE —
GRAND PRIX SERIES

DURBAN

Sunday
11 June 2017
GROWTHPOINT
KINGS PARK
10km & 5km



SPAR



www.sparwomensrace.co.za



**PLEASE PRINT CLEARLY
USING BLOCK LETTERS**

FOR OFFICIAL USE ONLY

Event 10 km Non Licensed R110

 10 km Licensed R100

 5 km Fun Run / Walk R100

Name

Last Name

ID Number

Date of Birth Age

Gender Female Male Fun Participant

Cell No.

Email

2017 Licence Number

Club

Province Postal Code

I am a SPAR REWARDS member Y N I would like SPAR to communicate with me Y N

Release and Waiver

I am in good health, physically fit and have trained sufficiently to participate in the event. I agree to comply with the rules, conditions of entry and regulations for this event which includes payment of the entry fee which can not be refunded. I hereby release and discharge, the organisers of the SPAR Women's 10km Challenge and 5km Fun Run Walk, all sponsors, volunteer groups, medical personnel, and any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities. This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organisers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge. I acknowledge that purchasing a temporary licence does not include the ASA athlete medical insurance policy applicable to licensed athletes.

Signature: _____ Date: _____
Signature of Guardian (if under 18 yrs)

EVENT RULES

This event is run under the rules of the IAAF, ASA and KZNA.

ENTRANT RESPONSIBILITY

It is the responsibility of the entrant (or their legal guardian) to ensure that all the correct participant information is supplied. Entrants who provide incorrect or incomplete information on their entry forms, whether electronically or written, will not qualify for any gender or age category prizes.

ENTRY LIMIT

Entries are limited to the first 17 500 entries received, irrespective of event distance.

DATE & TIME OF EVENT CUT-OFF TIMES

10 km	08:00 Sunday,	11 June 2017	2hrs 30min
5km	09:30 Sunday,	11 June 2017	1hrs 30min

START, COURSE & FINISH VENUES

The course is an "out-and-back" starting in Masabalala Yengwa Avenue outside Growthpoint Kings Park Stadium outer fields. The finish is on the Growthpoint Kings Park Stadium outer fields.

ENTRY FEES

10kmNon-Licensed EntrantR110
	(includes R10 temp licence fee)	
10kmLicensed EntrantR100
5kmAll EntrantsR100

ENTRY OPTIONS

Enter online at www.sparwomensrace.co.za using the following payment options:

CREDIT CARDS - Visa and MasterCard credit cards only.
Online payments via credit card must be received on or before Sunday, 4 June 2017.

EFT - An option is also available for EFT payments.
Online payments via EFT close on Monday 29 May 2017.

NO faxed or emailed entries will be accepted.
Under NO CIRCUMSTANCES will entry fees be REFUNDED.
NO SUBSTITUTIONS.

SPAR stores will NOT accept entry forms

BULK ENTRIES

If you are entering 10 or more people, please email bulk@sparwomensrace.co.za. You will be sent information on how to manage your bulk entries. Time Freight will deliver your race packs and goodie bags directly to your team co-ordinator. Please note that entries will not be processed until payment has been received. Bulk entries may only be submitted electronically.

Bulk entries close on Friday, 19 May 2017.

ENTER AT REGISTRATION

Manual entries will be accepted at the Registration Venue on the 3 days prior to the event (Subject to the 17500 limit not having been reached). Payment options at Registration include cash, credit card and debit card. NO CHEQUES.

AGE RESTRICTION

10 km - competitors are required to be 14 years or older on the day of competition

5km - competitors are required to be 9 years or older on the day of competition

RACE BIBS & LICENCE NUMBERS

All participants must wear a SPAR Race Bib on the FRONT of their vest/shirt. For licensed athletes the SPAR Race Bib must only be placed over the numeric portion of the ASA licence number. See ASA Rules.

ALL 10km participants are required to wear either a Provincial Licence Number or a Temporary Licence Number on their BACK. (NOT on the shorts – ASA/KZNA Rule).

All numbers are to be clearly visible.

NOTE: 5km participants do NOT require a Temp Licence.

FOREIGN ATHLETES

All foreign athletes must comply with IAAF Rule 4.2 & 142.

GENERAL

NO personal seconding on route NO vehicles
NO bicycles NO trolleys
NO carts NO pets on the route
Mothers pushing prams will be directed to the back of the start batches – no exceptions.

SEEDING

There will be a seeded start. Female licensed athletes in club kit will be given seeding preference on both the 10km and 5km events. No males will be permitted into the seeded batch.

TIMING

Your race bib has an electronic timing chip attached. Please ensure that your FULL SPAR Race Bib is visible and not tucked into a crop top, shirt or pull-over.

NO race bib, NO time, NO exceptions.

T-SHIRTS & PROMO BAGS

Only 17500 T-shirts and Promo Bags will be produced. T-shirts are ONE-SIZE-FITS-MOST. All entrants will receive a T-shirt and Promo Bag.

RIGHTS RESERVED

Any irregularities in your entry form will result in your entry being returned to you. In the event that a returned entry is resubmitted after the 17500 cut off number has been reached that entry will not be accepted. An administration charge of R100 may be levied on incomplete entry forms received. Right of entry is reserved.