



ALL EVENTS CARRY A MAXIMUM OF SIXTY (60) ENTRIES – FIRST COME, FIRST SERVED

100 Capital Classic

www.100cc.co.za

Friday 18 September 2015

The Oval, Alexandra Park, Pietermaritzburg

For all start times and dates please refer to the entry form below.

Non ASA Licenced athletes may take part but must purchase a Temporary Licence at an additional charge of R50.

Cut off: For cut off times

Registration: In the pavilion at the Oval from 16H00 Friday 19th September 2015

Race Briefing: In the pavilion at the Oval from 16H00 Friday 19th September 2015 for the 32km.

- **All** other events may register from two (2) hours prior to their respective start times, and will also have briefings one hour before the start of their respective event.

Attendance at the pre-race briefing will be compulsory for all entrants.

Prize Giving: In the Pavilion, after the cut off on Sunday 20th September and after the cut off on Friday 25th September 2015

• ***The 100 Capital Classic will be a pre – entry event only.***

- Entries will open, on line, on Monday 1st July 2015 and close at midnight on Saturday 11th September 2015, or when the limit of entries for that event has been reached. This applies to all events. Postal, faxed or hand delivered entries must be received at our offices or post box by no later than 12 noon on Friday 11th September 2015.
- This event will be run under the rules of the IAAF, ASA and KZNA. All foreign athletes are reminded that they must comply with IAAF rule number 4, paragraph 2 and rule 142. The minimum age of competitors is 20 years of age on race day.
- There is no prize money linked to any of these event distances.
- In all the timed events, all finishers will be recorded in the results. However, each event will have a minimum medal qualifying distance. For example, a competitor will need to complete a minimum of 60km in 12 hours to qualify for a medal. These distances and medals will be explained at the race briefings.

- All official finishers will receive a unique memento of their achievement. You will only be classified an official finisher when you complete the official distance for which you entered and started. You may not change distances during the course of the event.
- Seconding is permitted but, because of the nature of the route, seconds will only be permitted to stand in designated areas. There will be seconding and opportunity to “establish camp” within the grounds and along the route at designated places

Want to know more?

www.100cc.co.za

email: info@100cc.co.za

100 CAPITAL CLASSIC ENTRY FORM 2015

SURNAME: _____ AGE AND DOB: _____ / ____ / 19 ____

FIRST NAMES: _____

I.D. NUMBER/PASSPORT: _____ NATIONALITY _____

RACE ENTERED: Mark with an X next to the race/races entered. (Make sure you understand the dual entries, eg. 24 hour and 100 Miler)

X	Race #	Race	Start	Cut Off Time & Limit	Can be entered with:
	1	20 Miler – 32 km	18h00 Friday 18 th	Midnight 6 hrs	
	2	12 Hour Day	07h00 Saturday 19 th	19H00 12hrs	3
	3	80km	07h00 Saturday 19 th	19H00 12hrs	2
	4	6 Day	09h00 Saturday 19 th	09H00 Friday 25/9/2015	5, 6
	5	48 Hour	09h00 Saturday 19 th	09H00 Monday 21/9/2015	6, 7
	6	24 Hour	09h00 Saturday 19 th	09H00 Sunday 20/9/2015	7, 6a
	6a	100 Km	09h00 Saturday 19 th	19H00/10hrs	6, 7
	7	100 Miler	09h00 Saturday 19 th	09H00 Sunday 20/9/2015	6, 6a
	8	12 Hour Night	20h00 Saturday 19 th	08H00 Sunday 20/09/2015	9
	9	80km	20h00 Saturday 19 th	08H00 Sunday 20/09/2015	8
	10	6 Hour Night Sprint	18h00 Sunday 20 th	Midnight	
	11	6 Hour Night Sprint	18h00 Monday 21 st	Midnight	
	12	6 Hour Night Sprint	18h00 Tuesday 22 nd	Midnight	
	13	6 Hour Night Sprint	18h00 Wednesday 23 rd	Midnight	
	14	6 Hour Night Sprint	18h00 Thursday 24 th	Midnight	

ENTRY OPTIONS: Prices quoted in South African Rands

X	Race #	Race	Entry	As dual race	Meals
	1	20 Miler – 32 km	R100		
	2	12 Hour Day	R250	R100	
	3	80.5 km – 50 Miler	R250	R100	
	4	6 Day	R2500		R900
	5	48 Hour	R800	R200	R300
	6	24 Hour	R500	R200	
	6a	100 Km	R250	R100	
	7	100 Miler	R500	R200	
	8	12 Hour Night	R250	R100	
	9	80.5 km – 50 Miler	R250	R100	
	10-14	6 Hour Night Sprint	R120		

RACE/RACES ENTERING: _____

ENTRY FEE: _____

TEL (W): _____ (H): _____

CELL: _____

E-Mail: _____

CLUB: _____ PROVINCE: _____

LICENCE NO: _____ MEDICAL AID NAME : _____

Release and Waiver.

All events are run in terms of the rules of the IAAF, IAU, ASA and KZNA

In consideration of the acceptance of my entry, I myself, my executors, heirs, administrators and assigns, do hereby release myself and discharge any and all sponsors, any and all organizers, any and all volunteer groups, all medical personnel, any and all local authorities from any claims for injury, damage or property loss I may suffer caused by any negligence arising out of my participation in this event including Pre and Post race activities.

I am physically fit and sufficiently trained to participate in these events and assume all risk for such participation. I accept all rules, conditions, which include the terms of payment of the entry fee and comply with them.

I hereby declare the foregoing particulars to be true in every respect.

Signature of Entrant: _____ Date: _____

Bank Details:

Account Name	AG Hall cc
Bank	First National Bank
Account Number	50931589417
Branch	Boom Street
Branch Code	221325

- Please use your **surname** and **100cc** as reference on your payment.

Entry forms **must** be **emailed** to **both addresses** below.

stefanroodt2@gmail.com and john@aghall.co.za

All Pre-entries will close at 16H00 (4pm) on Friday 11th September 2015 or when capacity for each event is reached.

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