

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E1-M30/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	PULE TJAOANA	CGA	2945	25:19.4
2	LUCKY MTSHALI	CGA	2943	25:25.2
3	ANDRE KETCHEM	EPA	1801	25:31.7
4	JOSEPH MANYEDI	ANWN	1691	25:33.3
5	KAGISO MOTYALE	ANWN	1693	25:51.7
6	WILFRED LEEUW	SAPS	278	25:58.3
7	WALTER MADUBUNG	CGA	2946	26:07.4
8	ELIJAH MOGOBOYA	CGA	2942	26:13.0
9	SIVUYILE DLONGWANA	BORA	1770	26:14.5
10	RICARDO PLAATJIES	EPA	1805	26:46.1
11	LUCKY MADLALA	KZNA	1188	26:55.8
12	MUZIKAYISE KOZA	SAPS	283	27:09.4
13	THUTHO SAWANA	KZNA	1191	27:13.3
14	COLLEN MASEGE	ANWN	1690	27:25.7
15	KHANYISA NKINKQA	KZNA	1189	27:37.1
16	SARTIEL PULE	ANWN	1689	27:39.6
17	GINO NKOE	AGN	2238	27:43.6
18	ISAAC MOGAPI	SAPS	282	27:55.0
19	EMMANUEL MABASO	AMPU	1119	28:22.7
20	ROBERT GCABA	KZNA	1203	28:45.7
21	LWANDILE NGOBE	BORA	1772	29:56.1
22	TSHIDISO MOTLHOKO	ANWN	1692	30:08.7
23	LUCAS MANUEL	AGN	2237	31:21.8
24	CHRISTOPHER SHONGWE	AGN	2239	31:33.7
25	CHRISTIAAN CLOETE	AVT	360	32:31.9
26	LLEWELLYN BLAAUW	ASWD	3223	32:33.8
27	PULENG MAKEKE	AGN	2235	32:45.5
28	FRANS MALATJI	AGN	2236	42:25.6

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E1-M35/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	SIMPIWE ZULU	KZNA	1195	25:16.1
2	XWAZI SIHLALO	AGW	273	25:28.9
3	PAUL RAMOKOPU	AVT	361	25:34.2
4	RICHARD MAVUSO	AGN	2242	25:46.3
5	JAMES MGCINA	CGA	2949	26:25.9
6	MPHUTHUMI NGEDLE	SAPS	279	26:41.8
7	MTHETHO GOXO	CGA	2948	26:44.8
8	ACTION RAMASHABA	CGA	2947	26:47.0
9	SIMON SIBISI	AMPU	1124	26:54.2
10	ANELE MALIZA	EPA	1806	26:57.6
11	TSHOKOLO LETLOTLO	CGA	2952	26:59.7
12	VAKALISA KOPOLO	WPA	772	27:02.7
13	VICTOR DIAMOND	ANWN	1700	27:10.0
14	EDWARD SETSHEDI	AGN	2247	27:26.2
15	LYMSON MAIFO	CGA	2951	27:28.3
16	NKOSINATHI NGCONGO	KZNA	1194	27:35.2
17	SAMPIE MOKGATLA	AVT	362	27:38.5
18	THUBALETHU PHAKU	KZNA	1196	27:44.5
19	BHEKITHEMBA NGUBANE	KZNA	1192	28:12.1
20	WILHELM STEYN	AGN	2248	28:29.6
21	SAMUEL MAKAMU	AMPU	1123	28:32.7
22	LINCOLN KEETON	AGN	2240	29:39.4
23	TSEKISO VANSTREYIER	ACNW	2786	30:29.7
24	MBUYELISELI MEMA	BORA	1771	31:00.5
25	ANTONIO SECONDS	EPA-I	1817	31:18.9
26	KGOTSO MASIMONG	AFS	583	31:22.2
27	MANTELA NGOMANE	AGN	2244	31:30.8
28	FANIE BEKKER	AMPU	1121	31:44.3
29	WILLEM ODENDAAL	ANWN	1699	31:49.3
30	ENOCH MAKUNYANE	AGN	2241	32:23.1
31	WERNER RICHTER	AMPU	1125	32:35.0
32	LOUIS PLAATJIES	ASWD	3225	32:43.0
33	WHAYN WINDWAAI	ASWD	3226	32:53.1
34	GIDEON CHIKO KHUNOU	ANWN	1698	33:46.9
35	JOHANNES DU PLESSIS	ANWN	1697	35:30.0
36	JEAN VAN ZYL	AMPU	1122	42:08.4

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E1-M40/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	SHADRACK HOFF	AGN	2250	24:36.3
2	SIMON MPHULO	CGA	2958	25:43.1
3	THABO MASHINO	AVT	367	26:32.2
4	TIMOTHY MAKOFANE	CGA	2959	26:42.4
5	GRAHAM KATZEN	WPA	773	26:53.8
6	SHAUN ABRAHAMS	WPA	774	27:06.8
7	EPHRAIM XABA	KZNA	1200	27:23.6
8	SELLO MOILOA	CGA	2957	27:26.0
9	SAMSON MKHIZE	SANDF	849	27:27.7
10	FLIP JORAPETSTE	SANDF	852	27:40.3
11	ROGER DICKSON	WPA	776	27:41.4
12	SIPHO HLUMBANE	AMPU	1136	27:48.9
13	ZUZILE NTSHINIYABO	ASWD	3228	27:54.7
14	LOVERBOY KHOZA	AGN	2251	27:59.7
15	BONGANI LEPHEANA	ATRA	1744	28:25.9
16	NICHOLAS MJADU	KZNA	1198	28:35.8
17	PIET MOSEBEDI	AGN	2254	28:40.1
18	KENNETH BALOYI	CGA	2956	28:44.1
19	SABELO NGCWAMA	WPA	775	28:46.1
20	IAN DONALD	CGA	2955	28:52.6
21	THABISO MOHOTO	ATRA	1745	28:59.2
22	ENRICO FLUSK	SANDF	850	29:03.0
23	GRAHAM MEGAW	AGN	2253	29:04.9
24	MALIBONGWE MBELU	EPA	1809	29:09.1
25	MATUMPULE MAGAGE	AFS	587	29:28.0
26	EZEKIEL KGOPODIMETSE	AMPU	1128	29:29.9
27	XOLANI NONCANDA	KZNA	1197	29:51.1
28	ONKABETSE THOLE	SANDF	851	29:59.4
29	PETER MOTSHOENE	AGN	2243	30:07.0
30	AMOS MFUDUKO	KZNA	1201	30:16.0
31	PIETER BURGER	ACNW	2790	31:46.6
32	DOUGLAS LONG	AMPU	1127	32:00.1
33	RAMPEDI FRANS RAMAILA	LIMA	183	32:10.3
34	JOSEPH JOUBERT	AMPU	1131	32:28.7
35	JOHAN STEYN	AMPU	1129	32:41.3
36	DANIEL JABU NKOSI	AMPU	1126	32:50.6
37	MEKHOA RAMPI	ACNW	2789	33:20.9
38	DAWID MATROOS	ASWD	3227	33:33.4
39	ZOLANI MYATHAZA	BORA	1773	33:52.2
40	SCHALK VENTER	AMPU	1135	35:16.2
41	MOSES SKOSANA	AMPU	1132	35:30.5
42	SAMSON MABIYA	LIMA	184	36:18.6
43	THOMAS HENRY FRANCIS	ANWN	1708	36:53.3
44	JOHN SIBEKO	AMPU	1130	37:08.2
45	JACQUES LIEBENBERG	ACNW	2791	37:31.2
46	NEIL PARKES	AMPU	1133	39:04.1

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E1-M45/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MLULEKI NOBANDA	SAPS	277	24:56.9
2	PETER MASIA	CGA	2965	27:15.9
3	MOEKETSI MOAGI	CGA	2964	27:29.2
4	GEORGE MOOI	CGA	2961	27:35.0
5	NICO DEERLING	ACNW	2792	27:59.3
6	LAWRENCE CHIPANGAAN	CGA	2963	28:09.1
7	PETRUS OLYN	WPA	777	29:10.5
8	GERHARDUS VILJOEN	CGA	2962	29:16.2
9	THOLANG MOLOI	SANDF	3	29:18.7
10	SEAN HENRY	AMPU	1141	29:34.1
11	BRUCE STEWART	WPA-I	823	29:39.0
12	PAMPIRI MOKHOB	SANDF	854	29:44.0
13	MARIUS SCHLECHTER	ASWD	3230	30:02.5
14	MPOLOKENG SEGWE	ACNW	2793	30:19.3
15	PULE LEEPO	AFS	589	30:31.3
16	FANIE VAN VUUREN	AGN	2265	30:48.0
17	KOOS APHANE	SANDF	853	31:00.9
18	LUCAS VANTO	AVT	368	31:06.9
19	SHADREK KHALI	ACNW	2794	31:39.7
20	SELLO MOKONE	ANWN	1719	32:12.6
21	THEMBILE NYOKANA	ATRA	1746	32:19.2
22	ALFRED NISE	ASWD	3229	32:30.8
23	FLIPPIE KOTZE	AFS	590	32:47.6
24	GRAHAM BURNETT	AGN	2257	32:52.8
25	FREEMAN VUTU	EPA	1813	33:07.4
26	SIPHOSAKHE DUBE	SANDF	855	33:16.3
27	ANDRÉ ERASMUS	AGN	2259	33:27.7
28	C SWANEPOEL	AMPU	1138	34:37.6
29	DOCTOR MASEMULA	AMPU	1139	35:42.9
30	GERHARD OLIVIER	ANWN	1718	35:43.5
31	WILLIE DU PREEZ	AGN	2258	35:57.9
32	WILLEM VAN DER MERWE	AGN	2264	36:00.0
33	CARL HUBSCH	ANWN	1717	37:31.7
34	ANDR? OLIVIER	AGN	2263	38:16.2
35	JOSEPH KLUYTS	AMPU	1140	38:56.2
36	MANUS RAS	AGW	274	43:19.7

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September 13, 2014

Overall Finish List

E1-M50/8

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	REFORM NDLOVU	CGA	2981	28:58.1
2	TONY SILVA	CGA	2982	29:08.3
3	ARTHUR WOOLDRIDGE	CGA	2978	29:11.5
4	CHRIS MITCHELL	WPA	778	29:59.7
5	ADAM MOTLAGALE	ACNW	2795	30:00.0
6	RODWELL SIMMS	BORA	1774	30:26.5
7	WILLIE MAJOMBOZI	KZNA	1206	30:33.8
8	WAYNE SCOTT	KZNA	1208	30:39.9
9	SANNEYA SHONGOANE	SANDF	857	30:57.4
10	AVRIL BARKHUYSEN	CGA	2979	31:03.8
11	ALFRED SPIERS	EPA	1810	31:17.6
12	SYDNEY LONDON	AFS	593	31:42.5
13	PELE SINDANA	SANDF	856	31:50.8
14	ALLAN HARMS	KZNA	1209	31:55.2
15	KEN CULVERWELL	KZNA	1205	32:06.2
16	CONRAD VAN DEN BERG	AMPU	1142	32:48.5
17	SIPHO MBOKAZI	KZNA	1207	32:58.9
18	EDWARD SIBANDA	SANDF	859	33:17.5
19	PAULUS MOFOKENG	AVT	369	33:29.0
20	ROB HUDSON	AGN	2269	33:30.1
21	ZWELAKHE KUTTA	EPA	3285	34:05.8
22	JEFFREY MONGWEGI	SANDF	858	35:27.2
23	GERT BRITS	AGN	2268	35:29.4
24	HENNIE BARNARD	AGN	2266	36:44.4
25	JAPIE VENTER	AGN	2272	37:46.6
26	HENNIE JOOSTE	AGN	2270	38:01.8
27	BEN MOKOTEDI	ACNW	2796	41:17.0

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Overall Finish List

E1-M55/8

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	JULIAN PAUL	WPA	779	29:37.1
2	JOHANNES PIETERSE	CGA	2986	30:39.0
3	MPENDULA MPUKANE	WPA	780	30:46.8
4	AUBREY ROBERTS	KZNA	1211	31:12.7
5	THOMAS MOSES	BOLA	1383	31:23.7
6	ANDRE BREDENKAMP	CGA	2984	32:01.6
7	ANDREW DALY	KZNA	1212	32:22.3
8	WILSON MOLOTO	CGA	2989	32:53.6
9	MOALOSI TJELA	AVT	370	33:00.2
10	NORMAN BOWKER	KZNA	1213	33:32.4
11	ANDRE JANSEN	CGA	2934	33:37.5
12	SIDWELL OKTOBER	ASWD	3233	33:43.6
13	ARRIGO FERRI	CGA	2985	33:51.1
14	JOHAN MAKANYA	AMPU	1145	34:16.9
15	FREDDY MHLONG	KZNA	1210	34:22.8
16	COLIN MCGEER	AGN	2279	35:09.4
17	DIRK JOUBERT	ASWD	3232	35:18.5
18	LEN LORENZEN	AGN	2277	36:24.2
19	ERNST VAN DER BERG	AFS	594	37:33.6
20	WERNER WEIDEMANN	ANWN	1725	38:10.4
21	DIRK BRINK	AGN	2274	39:30.8
22	FANIE NELSON	AMPU	1144	40:47.3
23	BERTIE MATTHYSEN	AGN	2278	41:16.5
24	CYRIL SHEEN	ASWD	3231	42:00.0
25	FANIE CLOETE	AGN	2275	45:00.0
26	BUKS MEYER	AGN	2280	46:00.1

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E2-W30/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MPHO MABUZA	CGA	3016	14:07.0
2	ANDREA STEYN	AGN	2380	14:10.8
3	MANDIE BRANDT	BOLA	1391	14:13.1
4	LEILANI SCHEFFER	ANWN	1686	14:29.6
5	DANIELLE ADLAM	KZNA	1215	14:33.5
6	CARY-ANN SMITH	KZNA	1216	14:42.7
7	NOMCEBO MTHETHWA	KZNA	1217	15:05.0
8	POPPY MLAMBO	CGA	3017	15:08.5
9	CHANTAL KRIEL	AGN	2377	15:56.4
10	PRECIOUS TSHABALALA	AMPU	1171	16:14.0
11	SONJA BOYD	KZNA	1218	16:39.0
12	HERME VISSER	ANWN	1687	16:49.2
13	HLOBIE MADIDA	KZNA	1219	16:55.4
14	ZANDILE RUBUSHE	BORA	1769	16:55.6
15	GOODNESS LUBISI	AMPU	1170	19:08.0
16	LIEZEL FAUL	ACNW	2617	19:09.6
17	KARIEN KENNEDY	AGN	2431	19:14.1
18	ADRI VAN ROOYEN	AGN	2381	19:48.9
19	SALOME MAJADIBODU	AGN	2378	23:00.8
20	ERIKA BOSCH	ANWN	1685	25:35.8

SA CROSS COUNTRY CHAMPIONSHIPS 2014

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September 13, 2014

Overall Finish List**E2-W35/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	BULELWA SIMAE	WPA	791	13:51.2
2	CHRISTIANE ADRIAANSE	WPA	792	14:19.3
3	MARIA VILAKAZI	CGA	3023	14:34.2
4	MARISA KRUGER	AGW	219	14:37.9
5	MAPHUTHI PHAKA	CGA	3022	15:14.5
6	LIESL D PLOOY	BOLA	1394	15:25.6
7	NATALIE VAN ROOYEN	AVT	346	15:29.6
8	ELIZABETH DHLIWAYO	ANWN	1696	15:35.3
9	DUDU ZULU	SAPS	287	15:39.4
10	NADINE BREYTENBACH	AGN	2383	15:42.3
11	LEIGH PRIVETT	CGA	3021	15:47.6
12	MICHELLE MEYER	CGA	3024	15:53.2
13	ALICIA HEYNS	AGN	2385	16:35.1
14	ELANE ANDERSON	ACNW	2618	16:43.7
15	PRECIOUS DUMA	KZNA	1220	16:47.7
16	MILLECENT PENNEKAN	AGN	2386	17:00.6
17	CARIN PIENAAR	ANWN	1694	17:10.0
18	SANTIE CROTS	AFS	757	17:11.5
19	CORNÉ PRINSLOO	AGN	2387	17:11.8
20	ANEL SWART	LIMA	186	17:19.9
21	ERIKA BESTER	AGN	2382	17:29.1
22	SINDISIWE JALI	KZNA	1223	17:36.5
23	BELINDA BREET	AMPU	1172	17:45.6
24	MOTHEO KGAPHOLA	SAPS	291	17:47.2
25	ANKIA BOTHA	LIMA	187	17:50.5
26	PHUMZILE MAKAMA	AMPU	1175	18:40.7
27	RENE VAN DER WALT	ANWN	1695	18:44.5
28	DINA PRINSLOO	AMPU	1173	19:07.8
29	LIZEL DE LANGE	AMPU	1174	19:32.5
30	ZELDA KATZKE	LIMA	190	20:14.3
31	HEIDI COETZER	AGW	218	21:08.0
32	NWABISA MAGQABI	BORA	1776	21:11.8
33	ERIKA MACCONNEL	LIMA	188	21:53.1
34	MARYKE ERASMUS	AGN	2384	24:03.9
35	VUYIKAZI YENGILE	BORA	1777	26:41.8

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

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Overall Finish List**E2-W40/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	RONEL THOMAS	AGN	2394	14:32.3
2	NOMASANTO SKOSANA	CGA	3029	15:30.0
3	JENE BANFIELD	EPA	1807	15:41.4
4	CHRISTINE DLAMINI	KZNA	1227	15:49.1
5	LANA THEUNISSEN	ASWD	3243	15:51.7
6	ASSALINA NYATHI	CGA	3027	15:55.6
7	THULI MBATHA	CGA	3030	16:02.5
8	CHARMAINE HARTMAN	ANWN	1702	16:06.5
9	KARON MURLEY	ANWN	1706	16:07.2
10	KARIN HILLHOUSE	AGN	2389	16:41.2
11	SIBONGILE ZIQUBU	KZNA	1228	16:47.2
12	ZELDA PRINSLOO	AFS	758	16:51.8
13	NATASJA AMBROSIO	KZNA	1229	16:59.7
14	CHANTAL SIMPSON	WPA	794	17:05.8
15	ALDA-LOUISE LOURENS	ANWN	1703	17:13.1
16	RETHA JANSE VAN	AMPU	1178	17:19.2
17	ELIZABETH KLOPPERS	ASWD	3242	17:27.8
18	ABIA SEKWALO	CGA	3025	17:34.1
19	DIPUO MOGATLE	SANDF	843	17:45.6
20	MARIETTE HITGE	ACNW	2619	17:47.6
21	ELSABE LUBBE	ANWN	1704	17:50.4
22	MARGARET MARGGRAFF	AGN-I	2442	17:56.7
23	LUNGILE NKOSI	KZNA	1230	18:07.4
24	SOMARIÉ HOLTZHAUSEN	AFS	761	18:14.3
25	MELISSA BIGGS	AMPU	1177	19:06.2
26	ANET VAN HEERDEN	ACNW	2621	19:20.4
27	AGNIETA PRETORIUS	AMPU	1176	19:31.2
28	JOHANNI DE JAGER	ACNW	2622	19:43.4
29	MATSHIDISO MORAKA	ANWN	1705	19:46.0
30	HESTER DE WET	ANWN	1701	20:00.0
31	CAREN MEIRING	AGN	2391	20:11.5
32	KARLIEN VAN DER MERWE	AFS	762	20:25.6
33	CHARMAIN RAS	AGW	220	20:40.0
34	SANET JACOBS	AMPU	1179	21:07.2
35	BYTJIE KOTZE	AFS	763	21:21.9
36	FLORENTINA MEINTJES	ACNW	2626	21:45.3
37	JEANINE RAUTENBACH	ANWN	1707	21:53.1
38	ANINA MULLER	ACNW	2624	22:47.2
39	LIESEL OBERHOLZER	AGN	2393	24:04.4
40	LEIGH COOPER	ACNW	2625	25:23.4

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Overall Finish List**E2-W45/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	LISE MUCHNA	KZNA	1231	15:09.3
2	WILNA EYBERS	WPA	793	15:11.9
3	SALOME VERMEULEN	AGN	2406	15:18.1
4	SANDRA VAN GRAAN	WPA	795	15:31.5
5	SHERYL DE LANGE	WPA	796	15:45.6
6	LIESEL WESSELS	BOLA	1395	15:49.7
7	KYLIE GRIFFIN	KZNA	1235	15:54.6
8	MCHELLE SIMS	KZNA	1233	16:23.6
9	GRIZELDA PETERSON	EPA	1808	16:24.4
10	MADELEINE PIETERSE	AFS	764	16:24.5
11	FIONA BALDWIN	KZNA	1232	16:40.7
12	MARIAAN MALAN	WPA	797	16:43.7
13	SARAH MAHLANGU	CGA	3036	16:50.6
14	MARTIE NAUDÉ	AMPU	1183	16:56.5
15	RENE STRYDOM	CGA	3035	17:01.9
16	FLORENCE MOLAWA	AVT	347	17:22.4
17	LETTIE SAAYMAN	AGN	2403	17:24.2
18	PAULINA MOKOENA	AVT	348	17:28.0
19	MARTHA (MAGDA)	ANWN	1713	17:33.2
20	JOHANNA SCHUTTE	LIMA	191	17:37.4
21	LETMARI DREECKMEIER	AGN	2396	18:03.5
22	MONICA REIS	CGA	3034	18:12.0
23	SAUGHRETTE ERASMUS	AFS	765	18:42.0
24	ANNELENE DE KOCK	ACNW	2627	18:53.2
25	LINDA AUCAMP	ANWN	1711	18:54.5
26	LAURA VENTER	CGA	3033	18:55.9
27	SORETHA GILLILAND	ANWN	1712	18:59.4
28	ELZARIE JORDAAN	AMPU	1182	19:21.8
29	CHRISTEL PELSER	AGW	221	19:39.6
30	ANNE LEWIS	AGW	222	19:43.7
31	JS VAN TONDER	AGN	2405	20:23.6
32	CHRISTELLE FERREIRA	AGN	2398	20:29.3
33	RONEL STEYN	AGN	2404	20:34.8
34	SUSANNE VORSTER	ASWD	3245	21:27.7
35	STIENIE KOMPAGNIE	AGN	2399	21:45.9
36	THOLAKELE SIGUBUDU	KZNA	1281	21:50.7
37	PAULINA HEILA HORN	ANWN	1714	21:52.1
38	ELSIE SCHARNECK	ANWN	1716	22:09.0
39	VIA LUYT	AGN	2400	22:11.4
40	STIENIE REDELINGHUYS	AGN	2402	22:25.6
41	AMELIA PIPER	AGN	2401	22:50.9
42	MARIETJIE JOUBERT	ASWD	3244	23:24.6

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E2-W50/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MARIËTTE STRAUSS	WPA	798	15:50.5
2	CONNIE VD WESTHUIZEN	AGN	2414	16:56.4
3	JANINE ENGELS	KZNA	1236	17:06.2
4	LINDA VAN DER GRYP	CGA	3045	17:08.9
5	JACKIE FREY	CGA	3044	17:16.7
6	DEBBIE BREDEKAMP	AGN	2408	17:34.8
7	JANETTE	EPA	1811	17:36.0
8	EMMARIE THEUNISSEN	AGN	2412	17:42.0
9	RITA LOOTS	CGA	3047	17:54.1
10	THEMBEKA KETSEKILE	CGA	3048	18:21.0
11	MARIA VAN DER	CGA	3046	19:01.8
12	THEA VAN DER MERWE	AGN	2413	19:10.1
13	LIZ BROWN	KZNA	1237	19:13.5
14	FRANKIE CRANDRY	KZNA	1239	19:17.7
15	ELIZABETH (ELIZ	ANWN	1720	19:18.3
16	RONEL FOURIE	AGN	2410	19:49.4
17	LEONORE LOUW	AGN	2411	19:52.6
18	JOLANDA BROODRYK	KZNA	1238	20:15.3
19	RONELE BOTHA	CGA	3101	20:19.2
20	AMANDA VILJOEN	ANWN	1721	26:59.3
21	LEANA OBERHOLZER	ANWN	1722	27:26.5

Race Date

September 13, 2014

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Overall Finish List

E2-W60/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	JUDITH GROVE	KZNA	1244	17:27.0
2	NANCY WILL	WPA	801	17:39.7
3	JANE DICKENSON	KZNA	1245	17:49.2
4	SANDY FISMER	KZNA	1246	18:43.1
5	PAM RASMUSSEN	KZNA	1247	19:54.9
6	NONHLANHLA	CGA	3058	23:22.4
7	ITUMELENG BOSHOE	CGA	3057	23:34.8
8	ANNA MOSOLE	CGA	3056	24:15.5

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E2-W65/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	JAN PHELAN	KZNA	1248	20:29.3
2	AILEEN SPARG	WPA	802	20:40.3
3	ELAINE GREENBALTT	CGA	3059	20:50.0
4	MARIA VISSER	CGA	3060	22:50.5
5	ESMÉ KLOPPERS	AGN	2425	23:15.7
6	RACHEL LEDWABA	CGA	3061	25:14.2
7	SHIRLEY LOTTERING	ASWD	3248	26:53.6
8	RITA LAKER	AGN	2426	27:09.0

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E2-W70/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	WILLEMEN SMUTS	AFS	766	21:34.5
2	GILL TREGENNA	KZNA	1250	22:32.0
3	CATHARINA (KYTI) BURGER	ANWN	1727	38:50.1

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E2-W75/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	LESAYA SEABI	CGA	3062	26:53.7
2	ANNETTE VAN ROOYEN	AGN	2428	34:31.7

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E3-M60/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	CLIVE OWEN	WPA	781	23:42.0
2	AWIE VELDSMAN	WPA	782	23:46.5
3	PETRUS MOHALAJENG	AVT	355	23:50.1
4	LAWRIE RAUBENHEIMER	KZNA	1253	24:18.3
5	ERIC QUIBELL	KZNA	1254	24:27.1
6	WILLIE MAISELA	CGA	2993	25:16.3
7	STEPHEN MOAGI	CGA	2992	25:33.0
8	DEVILLIERS OBERHOLZER	KZNA	1252	27:27.5
9	BASIL KINGHORN	AFS	595	27:31.7
10	BONGANI NDLOVU	KZNA	1255	28:39.7
11	THEO VORSTER	AVT	356	29:00.0
12	ROBIN ARCHER	KZNA	1251	29:29.1
13	EDDIE MONG	ACNW	2799	30:25.2
14	TOMMY BREEDT	AGN	2284	31:08.8
15	MINKIE ADOONS	AGN	2283	34:28.9

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E3-M65/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	DON CHARLES	AGN	2288	25:26.5
2	LES SMITH	KZNA	1259	27:44.1
3	IAN BOCOCK	WPA-I	824	27:45.0
4	GABRIEL JOUBERT	AMPU	1147	28:10.1
5	VINCENT LENTSOENYA	CGA	2998	28:17.1
6	JOHAN VAN ZYL	WPA	783	29:23.4
7	PIETER ROSSOUW	AGN	2292	29:35.3
8	RAYMOND MEYER	KZNA	1257	29:38.5
9	ALLAN KLUGE	AGN	2291	30:00.0
10	RON SAYER	KZNA	1258	30:09.8
11	ANTON HARROP-ALLIN	AGN	2290	30:18.5
12	NICODEMUS NGWENYA	CGA	2997	30:52.1
13	MALCOLM ELSWORH	CGA	2996	31:10.8
14	PIETER BADENHORST	KZNA	1256	32:34.6
15	LAMPIES LAMPRECHT	ASWD	3234	33:22.3

Race Date

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SA CROSS COUNTRY CHAMPIONSHIPS 2014

Overall Finish List

E3-M70/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	PETER DONALD	WPA-I	825	30:02.1
2	NOEL SAVILLE	KZNA	1260	30:54.4
3	MIKE KLEINSMIT	AGN	2294	31:02.4
4	HANS LEIJENAAR	ACNW	2798	31:10.1
5	ANDRIES VAN DER MERWE	AGN	2296	32:09.4
6	ASSIE VAN ASWEGEN	AGN	2295	33:30.0

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SA CROSS COUNTRY CHAMPIONSHIPS 2014

Overall Finish List

E3-M75/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	DION HEIGERS	AGN	2301	42:09.9
2	MARTIN COETZEE	AGN	2298	47:02.4
3	NEVILLE MUIR	AGN	2297	56:10.9

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E4-G8/1**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	DANEIL TIETIES	ASWD	3207	3:54.1
2	CARLÉ STOCKENSTRÖM	AFS	597	3:56.4
3	TSWAI KGOSANA	LIMA	21	3:58.1
4	NIAZELL GRABE	AGN	2150	3:59.8
5	LIKA OLIVIER	AMPU	1073	4:02.1
6	AME KEYSER	ACNW	2451	4:11.6
7	TSHWANELO MOTUBA	AVT	294	4:11.8
8	LERATO MOFOKENG	AVT	295	4:14.8
9	ZANELE THWALA	CGA	2915	4:15.2
10	TLHOLOHELO SEMONYA	AGN	2161	4:16.5
11	DANITA OPPERMAN	AGN	2158	4:16.9
12	TAMLYN SWARTS	ASWD	3210	4:17.2
13	MADÉLIE VORSTER	AGN	2162	4:17.3
14	NELIA HURTER	AGN	2151	4:18.1
15	PULENG MALEBO	AFS	598	4:18.2
16	ELIZABETH SMIT	LIMA	17	4:18.5
17	NICOLA DYASON	AGN	2148	4:18.7
18	TANYA PIETERSE	AMPU	1079	4:19.2
19	DIPOLELO MOSESI	AFS	599	4:19.5
20	MIA JOOSTE	ANWN	1408	4:20.0
21	AMONE LE ROUX	ACNW	2453	4:21.1
22	MEGAN MÜLLER	AGN	2157	4:22.3
23	ANGÉLIQUE NUWEGELD	ASWD	3206	4:22.5
24	LUCHANAY TELLES	ASWD	3208	4:22.8
25	TIANE STEYN	AVT	296	4:23.1
26	ANDELINÉ GROBLER	AMPU	1069	4:24.8
27	LUMISHIA THOMAS	ASWD	3209	4:26.1
28	ALTJE CONRADIE	AGN	2146	4:27.2
29	AMIA ROUX	AGN	2159	4:28.3
30	TUMELO MONYEKI	AGN	2155	4:28.6
31	BONAKELE JIKAZI	AGN	2152	4:29.4
32	ELDANE DU TOIT	ACNW	2454	4:30.9
33	SIMONE HENNING	ANWN	1407	4:31.0
34	NOMPUMELELO	AGN	2154	4:32.6
35	MOKGADI MATSEBANE	AGN	2153	4:33.0
36	HESRIE VAN WYK	ACNW	2457	4:33.4
37	DE-GRACIA LETSOALO	LIMA	16	4:34.3
38	MPUMI NTULI	AMPU	1076	4:36.1
39	HELEN COCKERAN	CGA	2911	4:36.3
40	DIMPHO SELAU	AGN	2160	4:37.1
41	SELINA MAGUVO	CGA	2913	4:37.2
42	KUTLOANO MOLOI	AFS	603	4:38.2
43	MAYA VAN GREUNEN	AGN-I	2447	4:39.4
44	BEANDRI CLAASSENS	AMPU	1070	4:39.4
45	BIANCA VAN DER MERWE	ACNW	2456	4:40.7
46	CHIARA VERMEULEN	ACNW	2452	4:41.7
47	MANQOBA MBELE	AMPU	1074	4:42.9

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E4-G8/1**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	JUAN DE KLERK	AFS	2285	4:43.4
49	ONELDA BEZUIDENHOUT	AGN	2145	4:43.5
50	SINENHLANHLA	AMPU	1078	4:44.3
51	CARMEN DICKS	ANWN	1406	4:44.7
52	MIGNON GOOSEN	AGN	2149	4:45.6
53	MARINEL VISSER	AFS	604	4:46.2
54	ALRI VERSTER	ACNW	2455	4:47.3
55	CAITLIN COETZEE	AFS	602	4:47.7
56	LOHANDI SCHUTTE	LIMA	19	4:47.8
57	ELANDRÉ VENTER	AFS	600	4:48.3
58	JANESKE VAN DER WALT	ANWN	1413	4:49.4
59	LIANE ENGELBRECHT	ACNW	2458	4:50.2
60	DESCHÉ BERNADO	AFS	601	4:51.2
61	MIA DE BEER	ANWN	1404	4:51.8
62	KRISTI KOEKEMOER	ANWN	1409	4:53.7
63	JUANE STUART	AMPU	1071	4:54.2
64	RIVONY VAN RENSBURG	ANWN	1417	4:55.3
65	RUME VERMAAK	ACNW	2459	4:57.4
66	ELZURE NEL	ANWN	1412	4:58.6
67	LERIKA BOTHA	AMPU	1072	4:58.9
68	ELZINE KOTZÉ	LIMA	18	4:59.5
69	MIA LE ROUX	ANWN	1410	5:01.7
70	JANNEKA DE WET	ANWN	1405	5:02.4
71	AJANI DREECKMEIER	AGN	2147	5:03.0
72	DANIELLE NAUDE	ANWN	1415	5:04.9
73	HEIDRI DE JAGER	ANWN	1416	5:06.9
74	DEONE AUGUSTYN	ACNW	2461	5:07.2
75	META MADUTLELA	LIMA	20	5:07.3
76	JANDA VAN WYK	ACNW	2466	5:08.0
77	NE-NIEN WILLEMSE	ANWN	1414	5:09.9
78	SHAYE-LEE STIGLING	ACNW	2460	5:10.7
79	ZELDA-ANN ERASMUS	ACNW	2462	5:10.9
80	LESEGO MAHOLE	ACNW	2463	5:12.6
81	AMBER RAS	LIMA	14	5:32.8
82	LESEDI MAHOLE	ACNW	2464	5:35.7
83	MONIQUE CALITZ	AMPU	1075	5:48.3

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Overall Finish List**E5-B8/1**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	EULINE SWARTS	ASWD	3150	3:39.0
2	JD VAN DER WESTHUIZEN	ACNW	2628	3:39.5
3	ANDRE VISSER	ACNW	2629	3:41.3
4	RUAN BRITZ	ACNW	2630	3:43.4
5	REINARDT GROBLER	AGN	1971	3:45.0
6	TIAAN SWANEPOEL	AGN	1978	3:45.4
7	BYRON CHANDLER	KZNA	1262	3:45.9
8	LUANDRÉ BRONKHORST	AGN	1967	3:48.7
9	HANLU BRONKHORST	AGN	1966	3:53.4
10	SEBASTIAAN GREENAN	AGN	1970	3:55.1
11	LIYEMA MAQHUBELA	AGN	1973	3:55.8
12	OMUHLE MABUZA	CGA	2851	3:58.2
13	CHRISTOFF RETIEF	ACNW	2632	3:58.2
14	MATTHEW VAN DER	AGN	1980	3:58.9
15	JORDAN WEBB	AMPU	975	3:59.6
16	SIMPHIWE MBONGO	AVT	293	4:01.3
17	GEORGE WALDICK	CGA	2849	4:02.5
18	MOTHUSIE MODISE	AGN	1975	4:03.8
19	KYLE FARNDELL	KZNA	1261	4:04.1
20	NTANDO GEORGE	ASWD	3153	4:05.1
21	JERMAINE MURRAY	ASWD	3151	4:05.8
22	LUCAS MARAIS	ANWN	1432	4:06.0
23	NATHAN SANDERS	AGN	1976	4:06.4
24	XANDER HERBST	AMPU	980	4:06.6
25	MARNO DU PLESSIS	AMPU	977	4:07.0
26	XAVIER VAN DER LEEK	AGN	1979	4:08.6
27	STEFAN BEZUIDENHOUT	ACNW	2634	4:09.3
28	TSHEPO BOROKELO	CGA	3071	4:09.8
29	ISAAC MASHABA	AGN	1974	4:09.9
30	HENDRE SCHOEMAN	AMPU	971	4:10.3
31	THABANG MOTAUNG	AFS	380	4:10.8
32	AWIE BRITS	AGN	1965	4:10.9
33	THOMMI SWANEPOEL	AGN	1977	4:11.9
34	ELNITO ESBACH	ASWD	3149	4:12.0
35	DONOVAN COOK	AGN	1969	4:13.0
36	JOHAN DU PLESSIS	AFS	372	4:13.9
37	PRINCE FAYO	CGA	2852	4:14.3
38	JOSHUA CLAASSEN	AGN	1968	4:15.0
39	HENDRE NAUDE	ANWN	1434	4:15.1
40	RUBEN CROUS	AFS	373	4:15.3
41	DIAN KOEN	AGN	1972	4:16.6
42	GJ STEENBERG	ACNW	2631	4:17.8
43	JUAN BREYTENBACH	AGN	1964	4:18.4
44	JURIE WESSELS	AFS	376	4:19.4
45	HANCO DE BEER	AFS	377	4:20.3
46	JONATHAN SCHEEPERS	ANWN	1433	4:20.8
47	JOMAR PRINSLOO	AFS	375	4:22.7

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E5-B8/1**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	KOTSHEPILE MALEHO	CGA	2850	4:24.7
49	ETHAN SWART	LIMA	4	4:25.1
50	JUAN RADEMEYER	LIMA	7	4:25.8
51	KIAN LONG	AMPU	976	4:27.4
52	JHANCO DE BEER	ACNW	2633	4:28.4
53	NTSOKOLO MAZINYO	AFS	381	4:29.8
54	RUAN TALJAARD	ACNW	2636	4:30.4
55	SIYABONGA RAMABLE	ACNW	2635	4:31.7
56	BERNO DE KLERK	AFS	378	4:32.5
57	THANDOLAKHE SINGAMA	AFS	374	4:32.6
58	GERT COETZEE	AFS	384	4:33.7
59	TUMELO KOLE	CGA	2853	4:34.5
60	TRISTAN BRETT	LIMA	13	4:35.6
61	YONELA HALAM	AFS	379	4:36.7
62	LODEWIKUS CLAASSEN	ANWN	1419	4:36.9
63	GERDU DE LANGE	LIMA	5	4:39.2
64	HANRE VENTER	ACNW	2641	4:39.6
65	JASON BEETS	AGN	1963	4:40.6
66	RENWICH VAN NIEKERK	ASWD	3154	4:40.7
67	NICOLAAS CLAASSEN	ANWN	1418	4:41.4
68	BEN MYBURGH	AMPU	970	4:42.4
69	MLUNGISI GUMEDE	AVT	292	4:43.1
70	RYLEN KISRTEEN	AFS	386	4:44.7
71	HENNIE BARNARD	AFS	382	4:46.5
72	MARKUS MOLL	LIMA	9	4:47.2
73	PIETER (JANUS) HILLS	ANWN	1423	4:47.9
74	PZ DE JAGER	LIMA	10	4:50.1
75	HUGO VAN DER MERWE	ACNW	2639	4:50.4
76	JOHN-LOUIS DU TOIT	ACNW	2642	4:50.6
77	JANCO VAN ZYL	AMPU	973	4:50.7
78	JOSHUA HUFKIE	EPA-I	1816	4:51.3
79	PC SCHUTTE	ACNW	2637	4:53.9
80	FLORIS DAUTH	AGW-I	275	4:55.4
81	MARNO VENTER	ACNW	2643	4:56.4
82	ANDRIES BURGERS	LIMA	1	4:57.0
83	JACQUES SWARTS	AMPU	972	4:57.4
84	WIAN LOURENS	ANWN	1425	4:57.5
85	JM BOSHOFF	ACNW	2644	5:00.4
86	QUINTIN SMITH	AMPU	978	5:01.7
87	CLEVY LETSOALO	LIMA	2	5:01.8
88	LETHABO MOJAH	AFS	383	5:02.2
89	LEHAN GROBLER	ANWN	1421	5:03.3
90	GERHARDUS (ZIEG	ANWN	1422	5:04.7
91	ARMAND JANSE VAN	ANWN	1424	5:05.7
92	ETTEINE BEZUIDENHOUT	ACNW	2640	5:06.0
93	JONATHAN ABRAHAMS	ASWD	3152	5:07.4
94	JOSHUA ROBERTSON	ANWN	1427	5:08.5

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Overall Finish List**E5-B8/1**

<u>Overall</u>	<u>Name</u>	<u>Providence</u>	<u>Bib No</u>	<u>Time</u>
95	CONNOR VAN DALEN	ANWN	1429	5:09.0
96	O'NEILL VISSER	ANWN	1431	5:10.2
97	VIGGO TRUMPELMANN	ANWN	1428	5:11.0
98	SAMUEL MONAISA	SAPS	285	5:12.6
99	SAKKIE BRITS	AMPU	979	5:12.9
100	HEINRICH DAUTH	AGW-I	276	5:13.3
101	DRIAAN VAN STADEN	ANWN	1430	5:14.7
102	JORDAN GOOSEN	ANWN	1420	5:16.1
103	SUPRISE LETSOALO	LIMA	11	5:17.2
104	JAYDEN POCZIK	AMPU	974	5:17.4
105	ZANDER SCHOEMAN	AMPU	981	5:18.9
106	ZUAN SCHOEMAN	AMPU	982	5:20.1
107	TSHIMOLOGO RAMFATE	ANWN	1426	5:20.6
108	ANDRE PIENAAR	ANWN	1435	6:00.0

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Overall Finish List**E6-G9/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MURSHA JOOSTE	ASWD	3214	7:27.3
2	NOMTHANDASO PHOLANE	LIMA	35	7:33.0
3	CHLOE LOTTERING	BOLA-I	1402	7:41.3
4	VERONICA VAN	ANWN	1444	7:48.4
5	PABALLO RADEBE	AVT	300	7:55.6
6	ZANELE MOLALA	CGA	2921	7:56.1
7	CASLINE SNYERS	ASWD	3212	7:57.4
8	MARLENE VD LINDE	AGN	2180	7:58.8
9	NTOMBIFUTHI MKWANAZI	AMPU	1087	7:59.8
10	BAYANDA MAKAPELA	AFS	607	8:02.8
11	LEANNE JACOBS	ASWD	3213	8:04.0
12	KEITUMETSE PITSI	AGN	2176	8:08.1
13	CLARINAH NTSALI	CGA	2916	8:08.7
14	SAMANTHA JOHANNES	AGN	2167	8:08.8
15	NATASHA MATTHEE	AGN	2171	8:11.2
16	BOITUMELO DEBES	AFS	605	8:12.0
17	LI-MARI DEKKER	AGN	2164	8:12.2
18	LARA SCHOLTZ	AGN	2177	8:12.3
19	JULISKA ERASMUS	ACNW	2467	8:13.6
20	ANÉ BOTHA	AMPU	1080	8:13.8
21	ANKE HEYNS	AFS	608	8:14.3
22	ROBYN HENDRICKS	AGN	2166	8:14.4
23	KARLA VICTOR	AFS	610	8:15.5
24	MECEILA BRITS	AMPU	1085	8:16.0
25	CARMEN SNELL	ASWD	3211	8:18.5
26	EMMANUELLA AMBROSIO	EPA	290	8:19.3
27	MARTHA RAMANAMANE	AFS	606	8:20.0
28	KATLEGO NTOANYANE	AGN	2175	8:20.0
29	KARABO SEHLOHO	AVT	299	8:20.4
30	LIANE PARKES	AMPU	1084	8:21.9
31	THERESE SEYFFERT	AMPU	1088	8:22.9
32	THABISIWE MOTSOENENG	AGN	2172	8:22.9
33	REBECCA BODENSTEIN	AFS	612	8:23.8
34	JULIA NKOANE	CGA	2917	8:23.9
35	KANANELO MOLAHLOE	AFS	617	8:25.0
36	ELANDRI JANSE VAN	LIMA	33	8:25.4
37	PALESA KOPONG	AGW	193	8:25.7
38	BOTLE MAJOE	AFS	618	8:26.6
39	ELRI GREYLING	AFS	609	8:26.9
40	ANIKA DU TOIT	LIMA	32	8:28.1
41	ELSCHE FUHRI	ANWN	1439	8:29.4
42	DIDINTLE TSHITANNYE	AGN	2178	8:30.8
43	SANELISIWE LEBESE	AGN	2169	8:31.0
44	OFENTSE MATSAPE	AGN	2170	8:32.4
45	AMÉ VAN BREDA	AGN	2179	8:33.4
46	WILMARIE NOLTE	AGN	2174	8:35.1
47	AMOGELANG NKUNA	AGN	2173	8:35.5

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Overall Finish List**E6-G9/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	LENORE BOUWER	AGN	2163	8:36.2
49	NOSIPHO NGUBENI	AMPU	1086	8:36.5
50	EMILY KGAJE	ACNW	2468	8:37.5
51	ANINA GROENEWALD	AFS	619	8:37.8
52	CARLA RUFFINI	AGW	192	8:38.3
53	DANIELLE NIENABER	ACNW	2470	8:41.4
54	SUHANE VISAGIE	ACNW	2469	8:42.9
55	TSHEGOFATSO LATHA	ACNW	2471	8:43.1
56	BUHLE MAJOOR	AFS	611	8:43.5
57	KARA DU PREEZ	AGN	2165	8:46.0
58	ZANDRI TERBLANCHE	ANWN	1445	8:47.6
59	MICHAELA THOMSON	ACNW	2472	8:47.6
60	ANKE PIENAAR	ANWN	1441	8:49.0
61	CLARUSHE PEEL	AFS	614	8:50.3
62	LIZE ACKERMAN	AFS	615	8:52.2
63	CARLA MYBURGH	AMPU	1081	8:52.3
64	ANTOINETTE ROBERTSON	ANWN	1442	8:54.7
65	CAYLEN BURGER	ACNW	2473	8:59.8
66	KARABELO OESI	AFS	613	9:02.6
67	ILANE HERBS	ACNW	2475	9:03.3
68	MICHELLE BOOYSEN	AFS	616	9:07.8
69	SENAMILE ZULU	CGA	2919	9:09.4
70	SUZAN DU TOIT	ANWN	1436	9:11.1
71	CAITLIN ELOFF	ANWN	1437	9:11.4
72	KEORAPETSE KOPONG	ANWN	1446	9:12.3
73	ANIKA ROSSOUW	ACNW	2478	9:18.3
74	ANNETTA (ANJA)	ANWN	1440	9:19.2
75	ROME VAN DRUTEN	ANWN	3288	9:21.7
76	ISABEL DE JAGER	ACNW	2477	9:24.0
77	DANELLE KOORTS	ACNW	2479	9:24.2
78	LIAN GROENEN	ACNW	2476	9:27.4
79	MALINCKE BOTHA	ACNW	2474	9:31.3
80	CARLISE BOTHA	AFS	620	9:31.9
81	CAITLIN KRUGER	ACNW	2480	9:32.2
82	TAHEERA AUGOUSTI	AFS	621	9:33.8
83	ELANDRI GELDENHUYS	LIMA	34	9:38.1
84	LIEZEL-MARIE COETZEE	ACNW	2482	9:40.0
85	CARLIE ESTERHUIZEN	ACNW	2481	9:52.9
86	FRANE FRANCIS	ANWN	1438	9:53.6
87	IMCKE WESSELS	ACNW	2483	10:00.7
88	BEHRNE ROBBERTSE	ANWN	1443	10:07.6

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Overall Finish List**E7-B9/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	CORNE DE FOUW	CGA	2855	7:09.5
2	IVAN DU PLESSIS	AGN	1983	7:12.0
3	NEO SEATE	AFS	387	7:13.2
4	LUHAN VERMEULEN	AGN	1998	7:16.3
5	ASHTON DIEDERICKS	ACNW	2663	7:19.1
6	ZAKHELE MATHEBULA	AMPU	999	7:19.5
7	ROUX HEYNS	AGN	1985	7:20.0
8	ABUNATHI NTULI	ASWD	3155	7:22.1
9	LINDOKUHLE RALARALA	CGA	2857	7:22.9
10	JEFFREY WILLEMSE	ASWD	3159	7:23.6
11	JEAN-JACQUES	AFS	404	7:24.3
12	THANDO MANYIKE	AGN	1989	7:26.6
13	ADRIAAN VD MERWE	AGN	1996	7:27.0
14	ALWYN MARAIS	AGN	1990	7:27.2
15	KIAN MOUTON	AMPU	988	7:27.9
16	SEBUSISO DAIL	AFS	401	7:28.4
17	MATTHEW BURNETT	AGN	1982	7:29.0
18	SFISO MAKOLOMAKWE	AGN	1988	7:30.7
19	KGOALE MPHAHEHLELE	AGN	1993	7:32.5
20	LEGASEANE MOTHAPO	AGN	1992	7:33.6
21	RUHARDT CLOETE	ANWN	1447	7:33.8
22	KATLEHO MPHETENG	AFS	389	7:35.1
23	WILLIAM DE WEE	ASWD	3161	7:36.0
24	ANTONIO OLIVIER	ASWD	3156	7:37.0
25	WILHELM DE JAGER	AFS	392	7:37.1
26	JACK STEWART	LIMA	24	7:38.0
27	AUCRISHEN MCINTOSH	ASWD	3157	7:39.0
28	OFENTSE MARAMETSI	AFS	399	7:40.0
29	TRISTAN GOWDY	KZNA	1263	7:40.9
30	MARCO PRINCE	CGA	2859	7:41.0
31	ROAN VD SCHYFF	AGN	1997	7:42.4
32	WILLIE DEALE	AFS	405	7:42.5
33	HANS BRITS	AGN	1981	7:42.7
34	JANCO STOLTZ	AGN	1995	7:44.2
35	BLESSING MATHABATHA	AGN	1991	7:44.5
36	LETHABO MAKHUBEDU	AGN	1987	7:44.7
37	BENNET MADALAMBANA	AFS	391	7:44.7
38	BARNARDUS KRITZINGER	ANWN	1455	7:45.1
39	ALEXANDER GREENAN	AGN	1984	7:47.4
40	SONNY MOGOALADI	AFS	393	7:47.7
41	WIHAN GELDENHUYS	AMPU	998	7:48.6
42	BANELE MTHOMBENI	AMPU	983	7:48.8
43	PHILENDRO VOIGT	ASWD	3160	7:50.0
44	LERATO MANGOJANE	AFS	388	7:50.7
45	ADRIAAN FRANCOI	AFS	396	7:51.7
46	AWIE VILJOEN	AFS	400	7:52.6
47	DIWAN VAN EMMENS	CGA	3074	7:54.0

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Overall Finish List**E7-B9/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	TEFO MOKITIMI	AFS	403	7:55.6
49	MARCO ROOS	AGN	1994	7:56.1
50	LUKE LABUSCHAGNE	AGN	1986	7:56.2
51	JEAN DU TOIT	AMPU	987	7:56.4
52	KGOTHATSO BATSWADI	CGA	2856	7:56.5
53	SCHALK PIENAAR	ANWN	1459	7:56.9
54	LUC DU TOIT	KZNA	1266	7:58.2
55	ASANDILE BUSAKLE	AFS	394	7:58.4
56	DRIES STEMMET	AFS	402	7:59.4
57	HJ NEL	ASWD	3158	7:59.4
58	MTHOKOZISI SIBIYA	AMPU	991	8:01.0
59	JOHN RAKOENA	LIMA	25	8:01.8
60	THAPELO MABENA	AFS	397	8:01.9
61	WEHANN VAN SITTERT	AMPU	996	8:02.2
62	LEHLOHONOLO THAMAHA	AFS	390	8:03.3
63	HENCO PIETERSE	ANWN	1461	8:03.4
64	DRIKUS DU TOIT	LIMA	23	8:04.0
65	GERHARDUS VD MERWE	AGW	226	8:06.3
66	PHILIP DU PLESSIS	ACNW	2647	8:09.6
67	SURPRISE SEOLWANA	LIMA	30	8:11.3
68	KGOPOTSO MAJADIBODU	LIMA	27	8:11.7
69	JADEN MATTHEE	AMPU	986	8:13.2
70	REALEBOGA KOPONG	ANWN	1454	8:14.6
71	LOUTJIE ROOTMAN	ACNW	2646	8:15.8
72	MPHO MASHEGO	AMPU	990	8:16.0
73	WETHU NCONGWANE	AMPU	997	8:16.2
74	ANTONIE PIETERSE	ANWN	1460	8:16.3
75	HANDRE KRITZINGER	AFS	398	8:17.3
76	GIANCARLO VD MERWE	AGW	223	8:17.3
77	OREFILE DIRE	ANWN	1449	8:19.3
78	SIYABONGA GAMA	AMPU	994	8:20.3
79	DOUGLAS BAARD	AMPU	985	8:20.9
80	WIAN CALITZ	ACNW	2648	8:21.3
81	HENNOH VISSER	ACNW	2649	8:22.4
82	BLAISE CORMACK	KZNA	1264	8:22.4
83	SHAUN STROEBEL	ACNW	2645	8:24.3
84	THUMELO MOTSUMI	LIMA	31	8:24.3
85	PHELO MKUMLA	AMPU	992	8:24.3
86	JACOBUS (JANCO) DU	ANWN	1451	8:26.6
87	IAN COETZER	ANWN	1448	8:26.6
88	MATTHYS FOURIE	AGW	224	8:27.2
89	NEO MOSIA	AVT	297	8:29.0
90	SANDILE NKOSI	AMPU	993	8:29.9
91	BLAYTON HUBSCH	ANWN	1452	8:31.1
92	LJ VENTER	AMPU	989	8:32.3
93	ANTWON GOLDEN	ACNW	2657	8:35.1
94	LEHLOHONOLO	AGW	225	8:37.0

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Overall Finish List**E7-B9/2**

Overall	Name	Provence	Bib No	Time
95	JUAN MEINTJES	LIMA	26	8:38.2
96	ALBERT DU PLESSIS	LIMA	22	8:38.3
97	JANU PIENAAR	ACNW	2651	8:39.1
98	ALBARNOUS OMOLE	ANWN	1465	8:42.4
99	MICHAEL CAPES	KZNA	1265	8:43.0
100	PHASWA KGOTSO MORE	ANWN	1457	8:43.9
101	JC JACOBS	ANWN	1453	8:44.0
102	REGHARD CLOETE	ANWN	1463	8:46.7
103	RUAN FERNS	LIMA	29	8:49.3
104	DEHAN ROUX	ACNW	2654	8:49.6
105	JAN - HENDRIK DU TOIT	AVT	298	8:52.6
106	ONKARABETSE PHEO	ANWN	1458	8:53.5
107	JUSTIN NIELSON	ACNW	2650	8:53.6
108	CHAD MENGEL	AMPU	984	8:54.6
109	MARNO SLABERT	ANWN	1464	8:55.5
110	ONKGOPOTSE MASIKE	ACNW	2652	8:59.3
111	DENNIS DLAMINI	ANWN	1450	9:01.3
112	CARLO SWART	ANWN	1462	9:04.2
113	LUKHANYO VEMILE	BORA-I	1778	9:04.9
114	TSHEPO SEEMA	ANWN	1466	9:09.5
115	JOHANNES ROSSOUW	ACNW	2658	9:10.3
116	PATRICK BOOYSEN	ACNW	2655	9:13.5
117	MARTHINUS VAN VREDEN	LIMA	28	9:17.2
118	MASILUVE TSELE	CGA	3072	9:21.6
119	MAYIHLOME BAKAN	ANWN	1456	9:32.9
120	WIAN ENSLIN	ACNW	2656	9:45.0

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Overall Finish List**E8-G10/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MMARONA MATEA	CGA	2864	7:01.7
2	HENRIETTA VD ROS	ASWD	3165	7:07.8
3	JANDRI SNYDERS	ASWD	3166	7:13.9
4	EBIGAIL KAPTEIN	ASWD	3164	7:14.7
5	CAROLINE STUURMAN	CGA	2861	7:19.5
6	FELICITY SIBANDA	AMPU	1004	7:24.3
7	JOHANDRI-ANN BOTHA	ASWD	3167	7:25.0
8	SHARONA SWARTS	AMPU	1010	7:27.3
9	CHRIS-MARI ALEXANDER	AFS	622	7:28.8
10	NOSIPHO TSHABALALA	KZNA	1270	7:31.2
11	MARZÉ VAN BREDA	AGN	2013	7:32.4
12	EMMA BISEMAN	CGA	3070	7:32.7
13	MARJOLIJN VISSER	AFS	627	7:38.3
14	NICOLE LOTTERING	ASWD	3168	7:40.9
15	MERCOLEY REID	KZNA	1269	7:42.4
16	CARISSA ERASMUS	AFS	624	7:43.1
17	JOLANDI DE BEER	CGA	2863	7:43.7
18	DANZELLE MARX	AVT	306	7:44.7
19	IDA-MARI HATLEY	AFS	623	7:46.4
20	NQOBISILE SHINGANE	LIMA	57	7:46.5
21	BOITUMELO KOROLOSO	AFS	625	7:49.0
22	IZANNE PRINSLOO	AGN	2009	7:49.9
23	CHANTE ERASMUS	ASWD	3163	7:51.8
24	RUE-ELLYNN JANTJIES	AGW	196	7:52.5
25	VERONIQUE ROSSOUW	AGN	2011	7:53.0
26	MARICELLE KRUGER	AGW	195	7:54.5
27	REGOMODITSWE (R	ANWN	1471	7:55.7
28	KARABO LESENYEHO	AFS	630	7:55.8
29	DIKELEDI MARAKALALA	LIMA	51	7:56.6
30	THATO MAKHAMBA	AFS	636	7:56.6
31	ALEX KLOPPER	AFS	634	7:57.1
32	TAYLOR ADLAM	KZNA	1267	7:57.2
33	DIMPHO NOGWANYA	AFS	635	7:59.0
34	REFILOE MPENO	AFS	631	7:59.7
35	OMPHILE THWALA	CGA	2865	8:00.0
36	ZANELLE WINTER	ACNW	2485	8:00.6
37	TIDIMALO LETSHWENYO	AFS	628	8:01.1
38	TAYLA BOSMAN	CGA	2866	8:01.6
39	JONÉ BESTER	AGN	1999	8:03.5
40	CODI MAARTENS	KZNA	1268	8:05.1
41	PONTSHO THEBE	LIMA	58	8:05.4
42	KATLEGO MAREBANE	LIMA	54	8:05.9
43	TAMLYN WESSELS	AGN	2016	8:07.0
44	CHARMAINE MTSHWENI	AMPU	1001	8:09.1
45	ISONE BOOYEN	ACNW	2484	8:09.2
46	ELISNA ELOFF	AFS	629	8:09.5
47	SHELLY RASELABI	AGN	2010	8:11.0

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Overall Finish List**E8-G10/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	EMMARENTIA VILJOEN	AMPU	1003	8:11.0
49	RIANDRE BOTHA	ANWN	1467	8:12.6
50	CHERISE VD WALT	AGN	2015	8:13.4
51	TSHEPISO THAGE	AGN	2012	8:13.7
52	REFILWE MAINE	AVT	307	8:14.4
53	BRUMILDA TIERBERG	ASWD	3162	8:15.9
54	ISABELLA COCKERAN	CGA	3087	8:16.1
55	KAYLEN SCHOLTZ	ANWN	1474	8:16.2
56	ROCHELLE PIENAAR	AGN	2008	8:19.3
57	JACOLIEN DU PREEZ	AMPU	1005	8:20.4
58	ELMÉ MIENIE	AGN	2007	8:21.9
59	MIA DU PLESSIS	AGN	2002	8:23.5
60	RETHABILE RAMABANTA	AVT	308	8:25.0
61	LESEGO MOFOKENG	AFS	632	8:25.1
62	LINDIWE KUMAKO	AFS	637	8:25.8
63	CHANÉ VAN VUUREN	AMPU	1000	8:29.5
64	HES-MARIE VAN	ANWN	1475	8:31.6
65	MARIESE BRITS	AGN	2000	8:32.2
66	CHRISTELLE CALITZ	AMPU	1002	8:34.3
67	MPHO SEATE	AFS	626	8:36.6
68	JANINA ACKERMAN	ACNW	2490	8:37.6
69	PULANE MOHALE	AFS	633	8:38.9
70	ARELIZE MOLL	LIMA	50	8:40.4
71	JANE BOOYEN	ACNW	2486	8:44.0
72	MUNRO RAS	LIMA	56	8:44.2
73	NICOLE MURLEY	ANWN	1472	8:45.2
74	DEANÉ COETZEE	AFS	638	8:46.1
75	ZOE FARMER	AMPU	1013	8:46.1
76	KARLA KLOPPERS	LIMA	53	8:46.4
77	TEBOGO MOLAPI	ANWN	1470	8:50.9
78	NIESA VAN STADEN	ACNW	2487	8:54.6
79	NALENE VAN SITTERT	AMPU	1009	8:56.0
80	NADIA LOMBARD	AMPU	1008	8:59.8
81	PRIVILEGE DHEMBA	AGN	2001	9:02.2
82	KEILA MATTHEE	AMPU	1007	9:08.2
83	JENNA MARSHALL	AMPU	1006	9:11.5
84	TEHILLAH KASSELMAN	ACNW	2491	9:13.6
85	CORNEL WEST	ACNW	2489	9:15.3
86	ANE JANSE VAN	ANWN	1469	9:19.1
87	CARMEN CAMPBELL	ANWN	1468	9:19.1
88	ANIKA SMIT	ACNW	2488	9:19.6
89	MONE TRUTER	ACNW	2494	9:20.8
90	ELIZABETH MOCHEKO	LIMA	52	9:22.1
91	NADIA MARAIS	ANWN	1477	9:25.4
92	JOHANE MOOLMAN	ACNW	2492	9:34.8
93	NONNIE KUNENE	ACNW	2495	10:04.9

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<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MPHO MOLAETSA	AVT	302	6:46.6
2	VUYO RAYI	CGA	2812	6:47.9
3	NKOSINATHI MTSHWENI	CGA	2809	6:48.2
4	SHAYLON LOMBAARD	ASWD	3106	6:54.3
5	NHLANHLA SESHIBE	CGA	2808	7:02.9
6	LIYEMA NDLAZI	BORA-I	1779	7:05.5
7	GARETH KRUGER	ASWD	3104	7:06.1
8	STEPHAN HAVINGA	AGN	1826	7:06.5
9	NATHAN OLIVIER	ASWD	3105	7:07.5
10	ERNST GOUWS	AGN	1825	7:07.7
11	KOKETSO LEGOALE	CGA	2807	7:08.9
12	NICO VAN ZYL	BOLA-I	1403	7:10.5
13	SIMPHIWE MAHLANGU	AGN	1831	7:14.0
14	CONNOR TITUS	AGN	1836	7:14.8
15	BERNO VAN ASWEGEN	AGN	1837	7:15.9
16	ELRICH PEDRO	ASWD	3103	7:17.2
17	EDISON KAMENA	AGN	1828	7:17.8
18	KATLEHO MOFOKENG	AFS	406	7:17.9
19	HANNES LOUW	AGN-I	2443	7:20.1
20	ENRICO ISAACS	AGW	232	7:20.6
21	JAN MOKOENA	AMPU	863	7:21.3
22	DILLAN VAN NIEKERK	AGN	1838	7:23.9
23	KARABO BASENI	AGN	1821	7:25.1
24	GUSTAF SMIT	ANWN	1484	7:26.8
25	OWEN LONG	AMPU	872	7:27.3
26	KATISO MOTJOPI	AFS	410	7:27.9
27	HJ VAN DER NEST	LIMA	41	7:28.3
28	DEWALD JONKERS	ASWD	3102	7:29.0
29	THATO PHALATJI	AGN	1835	7:29.5
30	DRIKUS GREEFF	AMPU	861	7:29.6
31	ERIC JOOSTE	AGN	1827	7:29.7
32	TIAAN BARKHUIZEN	AMPU	876	7:30.2
33	NKOSINATHI MZIMANDE	AMPU	871	7:30.7
34	MARKO-MIKA VAN DEN	AFS	423	7:31.1
35	CARL KNOBLAUCH	KZNA	1272	7:31.4
36	TEMOSHO MAMOLEKA	LIMA	49	7:32.0
37	TSHEPANG LEMAO	AFS	411	7:32.0
38	RUBEN HERSELMAN	AMPU	875	7:32.1
39	TUMELO SEREME	AVT	303	7:32.6
40	SIYABONGA MVELASE	CGA	2811	7:32.9
41	BLAKE BOTES	ACNW	2661	7:33.1
42	BONGANI NKOSI	ACNW	2659	7:33.5
43	THATO PHOFI	AFS	416	7:34.9
44	MONGEZI MASEELA	AFS	409	7:36.0
45	GERHARD VD	AFS	407	7:36.2
46	JOHAN VAN NIEKERK	AFS	414	7:36.9
47	ARVAHN BURGER	ACNW	2660	7:37.0

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Overall Finish List**E9-B10/2**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	LERATO MOKOENA	AFS	408	7:37.1
49	WIAM CILLIERS	AFS	418	7:37.6
50	LUKE FARNDELL	KZNA	1271	7:37.6
51	LOUIS STEYN	AFS	415	7:38.7
52	IVAN (HENDRIK J	AVT	304	7:39.3
53	LIHLE KHANYASE	KZNA	1274	7:39.8
54	VUYANE NCONTSA	ASWD	3107	7:39.9
55	JADRIENNE BLAKENBERG	AGN	1822	7:40.3
56	BONGANI PAMBANISO	AFS	417	7:40.4
57	LEHAN KIRCHNER	AGN	1829	7:41.8
58	BONGANI LESABE	AGN	1830	7:42.2
59	THEMBELIHLE MANI	AFS	412	7:44.5
60	RAISIBE NKOKO	AGN	1834	7:45.5
61	IAN SMITH	AGN	1824	7:46.3
62	LUAN STEYN	AMPU	868	7:47.3
63	FRANS MOKOKA	AGN	1833	7:48.2
64	THABANG MAHLATSI	AFS	413	7:50.3
65	KAMOHELO LESHOMO	ACNW	2667	7:53.0
66	KATLEHO MOFOKENG	AGN	1832	7:53.6
67	ZEALON KLAASTE	AGW	230	7:53.8
68	KGOTSO MAKAM	ACNW	2666	7:56.8
69	DEWALD NEL	LIMA	38	7:57.0
70	KGOPOTSO FUDUMELE	AFS	421	7:57.0
71	JUNIOR MOTSAMAI	AFS	419	7:57.6
72	LAFRAS DE JONGE	AMPU	867	7:57.8
73	DEVON COAD	LIMA	37	7:57.9
74	NIHANN (NICHOLA BOTHA	AVT	305	7:58.4
75	ERIC BOOYENS	AGN	1823	7:59.0
76	JURGENS SPAUMER	LIMA	42	7:59.1
77	FREDDY STEENKAMP	AGW	231	7:59.6
78	DUAN MEYER	AMPU	862	7:59.8
79	CLIVINALDO STENEKAMP	AGW	235	8:00.4
80	MASHOTO NYALNA	LIMA	47	8:01.5
81	ANRICH JANSE V VUUREN	LIMA	36	8:02.0
82	LUNGA NKAMBULE	AMPU	869	8:02.9
83	JOHVAN DE LANGE	AMPU	864	8:05.1
84	ROBERT ORROCK	AFS	420	8:05.4
85	JUWAN RETIEF	ACNW	2664	8:05.9
86	ANDILE SIMELANE	AMPU	860	8:06.2
87	JUNIOR SIKHULILE	AMPU	866	8:07.2
88	EMILE VAN VUUREN	ANWN	1486	8:07.6
89	HANDRE VAN DER MERWE	LIMA	39	8:08.0
90	HENRICO JOUBERT	ANWN	1480	8:09.5
91	SAMY NAPU	LIMA	48	8:10.2
92	EDRICH KEYSER	ACNW	2665	8:12.8
93	LEBOGANG MANKGA	LIMA	44	8:13.4
94	WIANDRE DE BEER	ACNW	2668	8:13.5

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September 13, 2014

Overall Finish List**E9-B10/2**

Overall	Name	Provence	Bib No	Time
95	TYRON NKAMANA	AGW	234	8:14.1
96	MICHIEL COETZEE	AGW	227	8:14.5
97	MOSA SENOKO	AFS	422	8:14.7
98	LIAM ANDERSON	ACNW	2662	8:15.5
99	MARAIS BOTHA	LIMA	46	8:15.8
100	LEBEKO LEBEPE	LIMA	43	8:16.0
101	MARCO JANEKE	ANWN	1479	8:17.4
102	MELVINE MOSHUANE	AGW	233	8:19.6
103	WESSEL SWART	ANWN	1485	8:20.1
104	HANNES VAN DER MERWE	LIMA	40	8:21.5
105	LOURENS RHYNIE VILJOEN	ANWN	1487	8:22.1
106	ATHENKOSI PIETERSE	AGW	229	8:22.4
107	MATHYS CLAASSENS	ANWN	1488	8:26.6
108	RUBIN LE ROUX	ANWN	1481	8:31.1
109	LWAZI MTSWENI	AMPU	870	8:33.2
110	JOUBERT DEDNAM	AMPU	865	8:34.5
111	MARCO SCHONFELDT	ANWN	1483	8:37.4
112	ROSS LABUSCHAGNE	AMPU	874	8:38.2
113	JUNIOR SELEPE	ACNW	2670	8:38.3
114	GEORGE NEL	AGW	228	8:38.3
115	NICOLAAS DU PLESSIS	ANWN	1478	8:40.6
116	PEET JANSE VAN	ANWN	1489	8:40.8
117	JOHANNES (JUAN) LUBBE	ANWN	1482	8:46.4
118	KAMOGELO MOKGOPA	ANWN	1490	9:03.7
119	VIAN BOTES	ACNW	2672	9:07.0

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E10-SM/12**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	STEPHEN MOKOKA	AGN	2311	35:55.8
2	ELROY GALANT	ACNW	2783	36:27.6
3	GLADWIN MZAZI	AGN	2314	36:35.9
4	PRECIOUS MASHELE	AGN	2307	36:47.4
5	WILLIAM KAPTEIN	BOLA	1377	36:51.7
6	BENEDICT MOENG	AGN	2308	36:52.8
7	SIBUSISO NZIMA	CGA	2939	37:15.9
8	KGOSI TSOSANE	AGN	2317	37:24.6
9	DEAN BRUMMER	ACNW	2778	37:24.9
10	VUYISILE TSHOBA	AGN	2234	37:35.4
11	ABRAM KHUMALO	CGA	2935	37:52.4
12	DEROCIOUS MAKHOBALO	CGA	2936	37:59.3
13	TUMELO MAHLANGU	CGA	2940	37:59.9
14	SILINDILE GUBESE	KZNA	1278	38:08.0
15	SIYABONGA NKONDE	KZNA	1279	38:11.6
16	EMMANUEL MKHABELA	AFS	574	38:14.8
17	BONGINKOSI ZWANE	KZNA	1275	38:20.8
18	MARIANIO EESOU	EPA	1799	38:21.2
19	LEBOGANG EDWIN	CGA	2938	38:22.9
20	MOTSAMAI MOTONE	AGN	2312	38:38.7
21	NKOSINATHI MADYO	WPA	767	38:41.5
22	AYANDA MNCUBE	KZNA	1280	38:44.2
23	LUCAS JANI	AGN	2303	38:47.9
24	TSETSO MOEKETSE	ACNW	2779	38:52.8
25	KHOTHATSO MOKONE	AFS	573	38:53.6
26	GEORGE MOFKENG	AGN	2309	38:57.1
27	HEIN CAMPHOR	WPA	770	39:06.5
28	UNATHI NTETA	WPA	768	39:22.8
29	RODNEY PRINS	EPA	1800	39:23.0
30	COLLEN MULAUDZI	AVT	357	39:24.8
31	TSHEPO MOTSEHELA	AFS	576	39:33.0
32	ANDILE NGQWANGI	ATRA	1742	39:39.4
33	PUSELETSO MOFOKENG	AVT	358	39:43.9
34	SIBUSISO MADIKIZELA	CGA	3277	39:47.0
35	OBED KOPONG	ANWN	1682	39:47.6
36	STHEMBELE FANEKHO	KZNA	3290	39:50.3
37	XOLISA BATALA	WPA	769	39:54.4
38	ANDILE MAQELE	ATRA	1741	39:58.3
39	MATSELISO TSHOLO	AFS	579	40:02.8
40	MOHAPI LEBUSHO	SANDF	844	40:40.0
41	JEFFREY GWEBU	CGA	2937	40:49.2
42	PULE BOTSANE	AGW	272	40:55.2
43	WISEMAN FADANE	KZNA	1277	40:57.4
44	MATHEWS LEETO	ANWN	1678	41:09.0
45	SAMUEL MATSEPE	AFS	572	41:10.9
46	JOSEPH PAMA	AVT	359	41:28.1
47	BERNARDO FREDERICKS	ASWD	3235	41:37.0

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September 13, 2014

Overall Finish List**E10-SM/12**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	TEBELLO PONI	BORA	1766	41:39.1
49	GOODWILL LEBURU	ANWN	1677	41:50.5
50	ANDRIES MALETE	AGN	2305	42:03.6
51	DERICK MTSWENI	AGN	2313	42:12.2
52	SELLO LEKALAKALA	AGN	2304	42:21.1
53	JOSEPH MANELO	AFS	580	42:26.1
54	LUCKY SITHOLE	AMPU	1152	42:27.2
55	OFENTSE	ANWN	1679	42:29.9
56	WALTER MPONDI	SAPS	284	42:59.5
57	HOSHANE VUMA	AGN	2318	43:03.0
58	NTITI KONANA	ACNW	2781	43:25.0
59	FREEDOM MAKHUBELA	AMPU	1150	43:32.5
60	SEMPE SHONGOANE	SANDF	845	43:36.9
61	SIMON MAHLO	LIMA	182	43:59.4
62	DARRYL MAPHOTHOMA	AGN	2306	44:16.2
63	PRETTYBOY MASANGO	SANDF	846	44:32.0
64	GAAREKWE	ANWN	1680	44:36.7
65	EPHRAIM MALATJI	LIMA	181	44:36.8
66	VICTOR GUGUSHE	ASWD	3238	45:02.8
67	VUSANI MAPHAPHULI	SANDF	848	45:46.4
68	TSHOLOFELO KGWAKGWE	ANWN	1684	45:48.1
69	TSHEPO MASIGO	SANDF	847	46:01.9
70	ELTON BOTHA	ASWD	3236	46:11.3
71	ABRAM MOFOKENG	SAPS	280	47:04.4
72	JEUGENE MAART	ASWD	3237	48:19.5
73	JULLIAS VAN NECK	ANWN	1683	49:16.4
74	SHANE SMIT	AGN	2316	58:02.0
75	JOHANNES TLHAPSI	ACNW	2782	1:12:38.4
76	FOLAVIO SEHOHLE	AMPU	1149	1:33:42.4

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Race Date

September 13, 2014

Overall Finish List**E11-SW/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MAMPHELLO SIBANDA	CGA	3094	13:45.1
2	THITSHAAMBA	AGN	2346	14:06.2
3	PALESA MADOA	AGN	2342	14:19.4
4	ANELDA PYPERS	CGA	3007	14:27.4
5	ANET COETZEE	CGA	3008	14:43.7
6	ASHLEIGH SCHNETLER	CGA	3009	14:52.1
7	RIZANI VAN ASWEGEN	AFS	750	15:03.2
8	ANEL TERBLANCHE	WPA	790	15:18.1
9	MARIETJIE FLORES	AFS	749	15:26.1
10	PALESE LEHASA	ACNW	2610	15:27.9
11	THEMBI BALOYI	AGN	2337	15:45.9
12	RIA LABUSCHAGNE	BOLA	1393	15:53.6
13	BOIKHUTSO KELEBONE	SANDF	841	15:58.2
14	SARITA DOWNING	CGA	3011	15:59.0
15	LEE-SHAY WILLEMSE	WPA	789	16:06.0
16	ANNELIEN MOTLHALA	AGN	2343	16:09.2
17	DOLORIS BONDIS	AFS	751	16:13.7
18	BONGIWE PHETHA	CGA	3010	16:25.8
19	KAMOGELO MABENA	AGN	2341	16:27.8
20	CHARINE KRUGER	CGA	3099	16:31.8
21	MISHELENE LAGERWALL	AGN	2340	16:40.7
22	VICTORIA MOSHAPO	AGN	2429	16:45.1
23	MKATEKO MAGANYI	SANDF	842	16:55.7
24	MARTHA MABASO	AFS	752	17:07.3
25	LAUREN VENTER	CGA	3043	17:20.6
26	NANGAMSO NKONYENI	ATRA	1738	17:40.0
27	ARISTA VAN ZYL	ACNW	2611	17:59.1
28	YVETTE JV NIEWENHUIZEN	AGN	2339	18:32.5
29	CHANTELLE SLAMBERT	ACNW	2613	18:35.2
30	BOITSHOKO PHELOANE	ANWN	1667	18:38.8
31	BUSISIWE NHLEKO	AMPU	1161	19:00.0
32	MARGOT JV	AGN	2338	19:38.0
33	GLORIA SEABI	ANWN	1671	21:31.7
34	NOSISA MAQASHALALA	ATRA	1743	23:04.9
35	MONIQUE DU TOIT	AMPU	1162	23:23.0
36	JACOBA (JACKIE) SMITH	ANWN	1669	24:04.6
37	ILZE THERON	ANWN	1668	24:27.8
38	FIKILE SEDIBE	AMPU	1169	27:14.7
39	MAUREEN SCHEEPERS	ANWN	1670	30:20.1

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September 13, 2014

Overall Finish List**E11-W23/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MURENDWA DOVHANA	AGN	2360	13:58.0
2	GIRA CARSTENS	ACNW	2601	14:07.3
3	CHERISE SIMS	AFS	741	14:24.9
4	ALICIA LABUSCHAGNE	AGN	2364	14:32.2
5	THATO MAKHAFOLA	CGA	3042	14:36.9
6	GOODNESS LICHABA	CGA	3037	14:42.5
7	MICHELLE REDELINGHUYS	AGN	2369	14:43.0
8	HAPPINESS MKHIZE	AGN	2367	14:43.2
9	MICHELLE STRYDOM	CGA	3038	14:47.6
10	OLIVIA LABUSCHAGNE	AGN	2365	15:08.6
11	LEANDRI JANSE VAN	AGN	2362	15:14.8
12	CHRISTELLE KOTZE	AGN	2363	15:16.2
13	SINDY LABUSCHAGNE	AGN	2366	15:17.2
14	CAMILA BRONKHORST	AGN	2359	15:22.9
15	SUSANNNA JUNKER	CGA	3041	15:30.0
16	BIANCA STRYDOM	AGN	2375	15:30.7
17	MINETTE VD WESTHUIZEN	AGN	2373	15:31.7
18	NOKUTHULA MOKOANA	AGN	2368	15:31.9
19	KARIN-MARI DOTZE	ACNW	2602	15:40.9
20	MONDI THIPE	AMPU	1167	15:49.5
21	ANNIKA STRYDOM	AGN	2376	15:49.8
22	HELEEN MALAN	BOLA	1392	15:53.8
23	NOKUTHULA NTSHANGASE	KZNA	1283	15:58.4
24	SIPHOKAZI NOJOKO	EPA	1794	16:03.6
25	NICOLE REDELINGHUYS	AGN	2370	16:08.9
26	ROSE TSHABALALA	CGA	3040	16:20.4
27	CLAUDINE MARAIS	ACNW	2604	16:27.6
28	PALESA SEDIANE	AVT	350	16:29.5
29	JOLENE RABIE	ACNW	2603	16:31.9
30	THANDEKA SIBANYONI	AMPU	1168	16:34.8
31	KEHILWE MOTHIBE	AGW	217	16:36.5
32	EZANNE KLEYNHANS	AFS	743	16:53.8
33	BIANCA JANSE VAN	AGN	2361	17:09.2
34	KHONZENI GWEGWA	ATRA	1737	17:12.4
35	MIKYLA SNYMAN	ACNW	2606	17:16.2
36	ALICIA SCHMIDT	AGN	2371	17:22.6
37	AKHONA SOGINGQI	BORA	1764	17:33.7
38	NONDUMELELO MBATHA	KZNA	3293	17:36.2
39	PORTIA RAMOLANLOANE	AFS	747	17:50.3
40	SINDISIWE SETUO	ACNW	2609	17:52.5
41	JOLANDE MULLER	ACNW	2607	17:53.1
42	DZUNISANI BALOYI	ACNW	2605	18:09.8
43	MAMELLO MOLAOA	AFS	748	18:14.9
44	BERTINA PRETORIUS	ACNW	2608	18:19.8
45	BUDA MILISA	ATRA	3297	19:23.0
46	MFANEKISO MWABISA	ATRA	3298	21:39.0
47	JANKE WHEELER	ANWN	1653	23:11.5

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SA CROSS COUNTRY CHAMPIONSHIPS 2014

Overall Finish List

E11-W23/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	SCHANIKA GUBA	ANWN	1654	24:35.7
49	MELANIE VILJOEN	ANWN	1652	25:31.9

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September 13, 2014

Overall Finish List**E12-G16/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	NOCOLE VAN DER	CGA	2903	14:28.6
2	MEGAN CAPPER	AGN	2112	14:33.0
3	CARLA VENTER	AGN	2125	14:35.0
4	ZELMA BOTHA	AGN	2111	14:41.7
5	ASSNIQUE ROBINSON	WPA-I	837	14:41.8
6	TSHEGOFATSO	AGN	2122	14:48.8
7	PULENG MATLOSA	AFS	716	14:53.0
8	CAELIN VD WESTHUIZEN	AGN	2124	14:56.7
9	BRIDGETTE NKABINDE	CGA	2899	14:57.3
10	SHARLAN BOER	BOLA	1387	14:57.9
11	HAYLEY PREEN	WPA	817	15:00.1
12	SIMONÉ LINKS	WPA-I	835	15:02.3
13	MAKHAUTSE MONELO	AFS	714	15:03.8
14	KARLA GREEFF	AGN	2115	15:04.4
15	MULALO MULAUDZI	AGN	2120	15:07.4
16	ANDISWE NJUNGUZA	KZNA	1287	15:11.4
17	WELMARI VOLSCHENK	AFS	713	15:12.1
18	JAMEY-SUE VERMAAS	AFS	722	15:16.4
19	FUNDISWA SOSIBO	KZNA	1289	15:17.9
20	RACHEL MODISE	AGN	2119	15:19.5
21	CARLYN SOENIES	BOLA	1385	15:19.9
22	ROCHELLE MENEZIES	ANWN	1613	15:32.7
23	CARLA DURANDT	CGA	2900	15:32.7
24	NOMCEBO MTSHALI	KZNA	1286	15:37.1
25	HELETJE BOTHA	AGN	2110	15:37.4
26	ASHLEY SIMONIS	WPA-I	836	15:43.0
27	JOLANDI DE BEER	AGN	2113	15:49.3
28	CLAIRIECE SLINGERS	BOLA	1386	15:53.0
29	MONIQUE GEEL	AGN	2114	15:54.7
30	JUSTINE BLAETTLER	AGN	2109	15:57.4
31	AMANDA KHULELA	AFS	718	16:00.2
32	CANA PEEK	KZNA	1285	16:03.3
33	NTHABISENG RAMPA	AFS	715	16:06.5
34	HLENGIWE ZUMA	KZNA	1288	16:10.5
35	ELVINA DIEDERICKS	ASWD	3199	16:11.6
36	PHOMELELO MAKOFANE	LIMA	147	16:14.7
37	NADINE GOUWS	ACNW	2575	16:16.6
38	DALLEEN BRAND	AMPU	1055	16:19.2
39	ANDISWA MFINCI	ATRA	1729	16:23.6
40	SIBONGILE MJELE	AGN	2118	16:24.4
41	MICHELENE KAHL	AGN	2116	16:25.5
42	CHRISTA STRYDOM	AFS	725	16:30.8
43	LELETHU DAMBISA	BORA	1748	16:33.5
44	REENE-MARI LUUS	AMPU	1057	16:33.7
45	ELZAAN ROSIN	AGN	2121	16:34.5
46	JANEL VISSER	AGN	2126	16:35.5
47	NANDI KHENITHI	ATRA	1728	16:36.3

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Overall Finish List**E12-G16/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	DEJEANNI UYS	AGN	2123	16:37.7
49	PALESA MOSALA	AFS	717	16:37.7
50	MARGARET ZEVUTE	AFS	721	16:42.2
51	MARJONE HUMAN	AFS	723	16:43.3
52	PETUNIA RAMAILE	AFS	720	16:44.1
53	CLARISHA PIETERSE	ASWD	3197	16:58.1
54	TSIDI MANTEWA	ACNW	2576	16:59.6
55	CHARLENE MOLELEKOA	AFS	719	17:02.1
56	ANTHEA LEES	AMPU	1054	17:27.0
57	LEATITIA VOLSCHENK	AMPU	1056	17:34.8
58	KABELO KHUTSOANE	AVT	343	17:35.2
59	NOMAKHOSI NTIZIYO	EPA	1787	17:46.2
60	ESRANÈ SNYMAN	AFS	724	17:48.9
61	DOMONIQUE KERSPUY	ASWD	3198	17:56.6
62	SEIPATI MOTLOUNG	AVT	344	18:10.0
63	BASETSANA RAKUBA	ANWN	1617	18:13.9
64	MICAEALA MURLEY	ANWN	1614	18:35.9
65	KENYADITSWE MARCH	ACNW	2577	18:36.0
66	WILLODEAN SAMUELS	ASWD	3202	18:43.1
67	SANELISIWE MEDOLO	AMPU	1058	18:46.2
68	MACDEAN ROMAN	ASWD	3201	19:15.8
69	KARIEN VAN DER MERWE	ACNW	2579	19:22.6
70	EUNICE GOOSEN	ACNW	2580	19:24.5
71	KLARISA VAN HEERDEN	ANWN	1615	19:44.3
72	HUNADI MASHILO	LIMA	144	19:45.5
73	MEGAN OLIVIER	AVT	345	19:46.0
74	LINDI LESO	LIMA	146	20:12.8
75	CHANE CATO	ACNW	2582	20:15.6
76	TSHIAMO MOLALA	LIMA	148	20:18.0
77	LYDIA PHALOLE	ANWN	1616	20:31.6
78	MICKY NKOSI	ACNW	2584	20:48.2
79	LERATO NDABA	ACNW	2578	21:00.0
80	KYLA DIAMOND	LIMA	145	21:37.6
81	ELIZZA FREY	LIMA	143	21:59.0
82	ANE JANSEN VAN	ACNW	2583	22:17.3
83	BIANCA VAN DEN BERG	LIMA	142	23:09.8
84	ANELDDA PHILLIPS	ACNW	2585	24:00.0

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Overall Finish List**E12-G17/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	HANLI ESTEBETH	CGA	2905	13:46.1
2	MARRIDA LEEN	ASWD	3205	13:59.3
3	ROBYN KALTENBRUIN	CGA	2908	14:34.9
4	DIMPHO DIALE	AGN	2130	14:44.9
5	LETHABO SEEMA	AGN	2138	14:46.7
6	MEGAN ODENDAAL	AGN	2136	14:47.0
7	JESSICA AYLWARD	CGA	3098	14:49.4
8	CALEY ELLERO	KZNA	1290	14:53.9
9	LIZE BOTHA	AGN	2127	14:58.9
10	THENJIWE GUMEDE	KZNA	1292	14:59.7
11	SALVATION BABEDI	CGA	2909	15:06.5
12	ELINDI DE CONING	AGN	2129	15:07.0
13	LAUREN JONATHAN	WPA	822	15:15.0
14	CACISILE SOSIBO	KZNA	1294	15:15.8
15	VERNOSCHKA ABRAHAMS	BOLA	1388	15:15.9
16	LINMARIE VAN WYK	AGN	2144	15:21.2
17	BUSISIWE GWALA	WPA	818	15:25.4
18	MALETHABO SEEMA	AGN	2139	15:25.9
19	DEONÉ VAN DER MERWE	AGN	2142	15:30.5
20	DANIELLE JORDAAN	AGN	2134	15:31.6
21	TANA TOERIEN	AGN	2140	15:32.3
22	JANA VAN DER MERWE	CGA	2906	15:35.5
23	BRONWYN BROWN	AGW	216	15:38.7
24	NONDUMISO KHOZA	KZNA	1293	15:39.7
25	RETHABILE JABAONE	AFS	728	15:42.1
26	AMY MOFOKENG	AFS	726	15:47.5
27	INGE BREWIS	AMPU	1063	15:52.9
28	MANYEOE MOKOENA	AFS	727	15:56.1
29	MACNITA SAMUELS	ASWD	3204	15:59.2
30	ANKE NOTHNAGEL	AGN	2135	15:59.3
31	NADINE VAN COLLER	AMPU	1066	16:00.4
32	IGNIZA WHITE	AGW	215	16:00.9
33	YVONNE PITSANE	AGN	2137	16:12.1
34	ANNEMARIE HORDIJK	AGN	2133	16:13.0
35	MARTINIQUE STOLTZ	AMPU	1064	16:16.9
36	CARLU MEYER	AMPU	1062	16:18.2
37	STORM BARKAS	ACNW	2587	16:19.2
38	SIBONGILE HLANJWA	AGN	2131	16:20.7
39	ABIGAIL BALOYI	LIMA	158	16:22.9
40	THANDEKA MNGOMEZULU	AMPU	1068	16:28.0
41	BRENDA LABUSCHAGNE	AMPU	1061	16:29.1
42	BIANKE POTGIETER	AMPU	1060	16:29.4
43	NICOLE JOUBERT	AMPU	1067	16:44.5
44	JOHANÉ SCHUTTE	LIMA	160	16:46.2
45	ESTELIZE VAN ROOYEN	AGN	2143	16:48.7
46	LILANI TRIBLEHORN	AGN	2141	16:50.1
47	BERNELEE THOKWANE	AMPU	1059	16:52.5

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September 13, 2014

Overall Finish List**E12-G17/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	MAKGOMO MAGORO	LIMA	161	16:56.9
49	JEANETT DLOMO	ACNW	2590	16:57.4
50	MARTHA NKOSI	ACNW	2586	16:59.2
51	JODY YORK	AFS	730	17:03.6
52	KRYSTAL DE BERG	AGN	2128	17:07.5
53	LIEZEL POTGIETER	ACNW	2589	17:08.0
54	VIVIAN BOIPELO KOPONG	ANWN	1631	17:11.8
55	NICOLE CAMARA	ANWN	1629	17:16.5
56	ROSHNIE RHODES	WPA-I	838	17:19.2
57	COURTNEY COOPER	ACNW	2588	17:25.6
58	MIA NEL	AGW	213	17:26.3
59	MART-MARI VAN DER	LIMA	162	17:30.8
60	MARLIA VERSTER	ANWN	1634	17:33.9
61	JEMIMA MEYER	AFS	733	17:34.1
62	MONIQUE LEWIS	AMPU	1065	17:36.0
63	DANIELA LOUW	AFS	729	17:37.9
64	NOKUKHANYA	KZNA	1291	17:39.3
65	ZUSIPHE NKALA	EPA	1789	17:43.7
66	MATHOTA NXENQE	AFS	734	17:44.5
67	THEMBISA NOBOMVU	ATRA	1732	17:55.7
68	CHARLIZE ZARA	AGW	214	17:57.9
69	ANDENE SCHOLTZ	AFS	731	18:01.8
70	LA-ROCHELLE DIPPENAAR	ACNW	2592	18:05.4
71	LINDIWE KHESWA	AFS	732	18:05.9
72	MONIKA PETERS	ACNW	2591	18:14.5
73	REBAONE MOTSILILI	AFS	736	18:15.8
74	JANA BOLESZLAWSKY	ASWD	3203	18:29.4
75	HANNAH VINCENT	BORA	1751	18:47.7
76	LODINE COMBRINK	AFS	735	18:57.7
77	WIANDA GILLILAND	ANWN	1630	19:00.0
78	JOANÉ STRAUSS	LIMA	159	19:05.4
79	ZITHINI DLONGWANA	BORA	1754	19:13.9
80	HANRI NORTJE	ANWN	1632	19:18.6
81	BIANCA VENTER	ANWN	1633	19:36.9
82	KATHLEEN PLEKKER	ACNW	2593	19:56.5
83	DENIKA PETZER	BORA	1752	21:13.4

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September 13, 2014

Overall Finish List**E13-M23/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	RANTSO MOKOPANE	ACNW	2763	11:22.6
2	SAMUEL MATHABATHA	CGA	3069	11:29.6
3	ANDRICO WILLIAMS	AFS	548	11:39.1
4	THABANG MAFA	CGA	2971	11:40.7
5	HENRY MAKANE	CGA	2968	11:41.0
6	MOSES DIRANE	AGN	2221	11:46.2
7	SIMON MOKONYAMA	AGN	2227	11:49.0
8	BAFANA DUBE	AGN	2222	11:50.0
9	JONATHAN BREDEKAMP	AGN	2220	11:51.6
10	JABOLANE NCAMANE	AFS	551	11:53.5
11	SIPHO MBANJWA	KZNA	1298	11:54.0
12	SELLO MASIA	AFS	550	11:55.0
13	THEODORE NOTHLING	ACNW	2764	11:56.7
14	NKOSIKHONA	KZNA	1297	11:58.2
15	HENCO UYS	ACNW	2769	11:59.6
16	THABANG MOJANAGA	AFS	549	12:00.4
17	THOBILE NONTULO	AVT	363	12:02.7
18	EMIELE PAULSEN	WPA	771	12:03.1
19	DUNCAN MOLAUDZI	CGA	2972	12:06.1
20	MONWABISISI CELE	KZNA	1295	12:07.9
21	JOHARDT VAN HEERDEN	ACNW	3287	12:08.9
22	JACOB TSEKO	AGN	2233	12:09.8
23	JUSTIN FRITZ	BOLA	1379	12:13.5
24	MUSA SWAKAXA	AGN	2232	12:14.4
25	EDWIN SESIPI	CGA	2973	12:15.7
26	PRINCE NDLOVU	AMPU	1113	12:17.1
27	MPHO MOTAUNG	AGN	2228	12:17.4
28	KOKETSO KHOZA	AGN	2223	12:19.7
29	OTHUSITSE JASSON	AFS	555	12:20.7
30	LUYANDA QOLO	BOLA	1382	12:21.4
31	BLESSED NCUBE	CGA	2966	12:21.8
32	MAKUWA TSHIBIDZO	CGA	2975	12:22.1
33	SOLOMON BOTLHOLO	CGA	2970	12:23.3
34	THATO KEKANA	LIMA	178	12:24.0
35	MONNAPUE RAMABUSA	AFS	552	12:24.5
36	HENNO HAVENGA	ACNW	2771	12:25.1
37	NKOSINATHI SINDANE	AMPU	1112	12:26.9
38	OFENTSE MATHIPE	AFS	561	12:27.4
39	PHILANI MALANTSANA	AVT	364	12:27.9
40	JOHANNES MOTSOENENG	ACNW	2765	12:31.2
41	SIKHALO MTHIMKULU	AGN	2229	12:32.1
42	SANDY LONDT	AFS	557	12:32.5
43	KOOS BALOYI	AGN	2219	12:32.7
44	PALACIOUS MOKWEVHO	CGA	2969	12:33.1
45	DURAN FARO	WPA-I	839	12:36.6
46	MANUEL RAMPALENG	AFS	560	12:37.3
47	TSHEPO PHOKOJE	ANWN	1657	12:37.9

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September 13, 2014

Overall Finish List**E13-M23/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	WAYNE LABUSCHAGNE	AGN	2224	12:38.6
49	GODFREY MOFOKENG	CGA	2967	12:38.7
50	MOHAU MALISE	AFS	563	12:40.6
51	KHAYA BUTELE	BORA	1765	12:41.9
52	KAGISO BOYISA	ACNW	2770	12:49.4
53	SIVE NGUBE	BOLA	1380	12:52.5
54	KABELO BALOYI	AGN	2218	12:53.9
55	MASANDE GANYAZA	ATRA	1739	12:55.6
56	XOLANI LONI	AFS	554	12:56.7
57	JOHN KUPA	LIMA	176	12:57.9
58	JACK MASOGO	AGN	2226	12:59.1
59	THULANI MANANA	AMPU	1115	13:00.1
60	TEBOGO SEGALAGALA	AGN	2231	13:01.8
61	MAJA MOLAHLONI	AFS	556	13:05.4
62	SANELE MADIBA	KZNA	1299	13:06.5
63	SAMUEL MOLIBEDI	AFS	553	13:06.5
64	ROWELL NIEUWENHOUDT	AGN	2230	13:06.9
65	MAKOLOI RAMOKHOASE	AFS	559	13:08.0
66	ALBERT MDINGI	ACNW	2767	13:11.2
67	THABO OLIFANT	AFS	558	13:15.7
68	ISAAC SEHAU	AFS	562	13:16.2
69	ADRIAAN ALDRIDGE	AGN	2217	13:17.0
70	THABISO MAMPANE	AGN	2225	13:22.0
71	NKOSIKHONA ZULU	KZNA	1296	13:24.1
72	ANDRIES HLARAKA	LIMA	173	13:27.0
73	GODFREY DLAMINI	AMPU	1116	13:27.7
74	THEMBA MAWELELA	AMPU	1114	13:30.0
75	DOCTOR SIGUDU	AMPU	1111	13:33.9
76	FRANS MOENG	ANWN	1664	13:53.1
77	RUBEN GOUWS	ACNW	2768	14:00.8
78	TSEKISO MANTEWA	ACNW	2772	14:03.4
79	OMPHEMETSE MOLEFE	ANWN	1659	14:05.7
80	RUAN SOEKOE	ANWN	1655	14:06.0
81	MANHLANE MODIBA	LIMA	177	14:23.4
82	JJ VAN DER MERWE	LIMA	175	14:29.0
83	KEAMOGETSWE MFOLOE	ANWN	1656	14:29.8
84	OBAKENG MORWENG	ANWN	1662	14:57.8
85	GODFREY DIPHEKO	ANWN	1663	15:30.0
86	KUTLWANO MOLOANA	ANWN	1661	16:09.2

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September 13, 2014

Overall Finish List**E13-SM/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	STEVEN MHLONGO	CGA	2976	11:22.8
2	PAULOS RADEBE	CGA	3003	11:35.6
3	MARKO BUCARIZZA	CGA	3002	11:42.0
4	JONAS SOKE	AFS	564	11:51.7
5	PRINCE JALI	CGA	3004	11:53.8
6	SPRINKAAN SMONS	AFS	568	12:02.1
7	ANELE DLAMINI	KZNA	1301	12:03.4
8	JOHANN BERRANGE	AGN	2320	12:05.8
9	MOSES MAHLANGU	AMPU	1117	12:08.4
10	LUCAS BOTHOBUTLE	ACNW	2773	12:08.6
11	ANELE SONQIBIDO	AGN	2336	12:10.1
12	THATO MOLATEDI	CGA	2977	12:10.1
13	VICTOR PHEEHA	AGN	2332	12:10.6
14	JERRY MOTSAU	ACNW	2775	12:10.8
15	CLINTON SWANEPOEL	CGA	3000	12:11.8
16	REPELANG KGAJE	AGN	2321	12:18.1
17	KOTOPETSA MHLANGA	CGA	3001	12:18.4
18	ZOLANI NGQAQA	EPA	1802	12:25.6
19	APRIL MEKO	AFS	566	12:27.2
20	TLOU SELOBA	AGN	2334	12:29.0
21	MALEFETSANE MOTLAUNG	AFS	565	12:29.2
22	LEON ADAMS	ASWD	3240	12:31.3
23	WILLEM NDZHUKULA	AGN	2330	12:34.8
24	ANDY MUKONA	AGN	2328	12:35.6
25	LEONARD MAKHANYE	AMPU	1158	12:37.7
26	LUTHANDA HEJANA	BORA	1767	12:37.8
27	MARTIN NKOE	AGN	2331	12:39.2
28	THUSO PHASWANA	CGA	3005	12:39.8
29	ANGELO BOOYSEN	BOLA	1381	12:40.2
30	MOTSAMAI MOTONE	AGN	2327	12:40.2
31	TEBOGO KHANYE	KZNA	1300	12:42.8
32	GABRIEL PILA	AGN	2333	12:42.8
33	TEBOGO SITHOLE	AGN	2335	12:43.4
34	POGISO FARTEIN	ANWN	1658	12:44.2
35	ZOLANI MABONGO	EPA	1803	12:47.8
36	WILLEM RADEBE	AFS	570	12:58.1
37	SIBUSISO THU	EPA	1804	12:59.6
38	TSEKO SERUTLA	AFS	569	13:00.0
39	JACOB MORUA	ANWN	1660	13:00.7
40	SAMUEL MORAMEDI	AGW	270	13:02.8
41	MACALENI MAHLANGU	AMPU	1159	13:11.4
42	ORAPELENG SEKHOSANA	ANWN	1673	13:11.6
43	VUSI MTSWENI	AMPU	1118	13:14.5
44	ANDRIES MALETE	AGN	2325	13:16.6
45	KEVIN DE AAR	AMPU	1157	13:19.7
46	CHARLES MALATJI	AGN	2324	13:20.0
47	BHEKISISA DLADLA	AMPU	1155	13:24.5

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September 13, 2014

Overall Finish List

E13-SM/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	KAMOHELO MOAHLODI	AFS	571	13:25.1
49	TSHEPO MOALAH	AGW	271	13:28.2
50	ARTHUR THOBELA	AMPU	1153	13:28.7
51	SAM MASHA	ANWN	1675	13:30.1
52	JIMMY LOURENS	ACNW	2777	13:32.4
53	FRANCE NAMANE	AGN	2329	13:37.4
54	MASIXOLE MPEMVUSHE	BORA	1768	13:39.0
55	FOLAVIO SEHOHLE	AMPU	1149	13:42.4
56	PULE NAGE	ANWN	1665	13:55.7
57	PAUL VAN DEN BERG	LIMA	179	14:04.0
58	XOLANI MDLULI	AMPU	1160	14:15.1
59	VINCENT VAUGHAN	ANWN	1666	14:29.6
60	SAMUEL VARRIE	LIMA	180	15:00.0
61	ZUKO MAMBULA	ATRA	1747	3:32:07.5

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September 13, 2014

Overall Finish List**E14-G11/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	EMMARENCA MASINA	AMPU	1016	10:49.6
2	BERNEDETTE WILSON	CGA	2868	11:05.5
3	WENDY SHONGWE	CGA	2872	11:06.0
4	NANDIPHA THWALA	CGA	2870	11:07.5
5	TSHOLOFELO DIKOKO	AFS	639	11:30.6
6	NOLUTHANDO DLAMINI	KZNA	1306	11:32.3
7	CHANELLE KRUGER	AGN	2026	11:32.6
8	ELZAAN VAN DER	CGA	2869	11:36.8
9	NTHEKELENG TAU	AVT	314	11:37.7
10	MODIEHI MACHELI	AFS	641	11:37.8
11	JADRE-ANN HUMAN	ASWD	3171	11:38.4
12	NADIA POTGIETER	AGN	2031	11:42.0
13	NADIA FOURIE	AGN	2022	11:44.0
14	JUANIKE CRONJE	AGN	2020	11:45.9
15	MOTSHEWA KHESWA	AFS	643	11:46.9
16	LERATO SEBOHODI	AFS	640	11:51.0
17	CHRIZEL BEYERS	AGN	2017	11:51.7
18	AMOGELANG MALATSI	ANWN	1492	11:54.2
19	NONKULULEKE SHANGE	KZNA	1302	11:55.2
20	TERIZIA VAN DER PLAATZ	ACNW	2499	11:55.5
21	THATO SURPRISE	LIMA	77	11:55.5
22	IZELLE KRUGER	AGN	2027	11:56.3
23	MARIANKE CRONJE	AGN	2021	11:56.5
24	DANIELLE VERSTER	ACNW	2497	11:58.1
25	ABIGAIL NELSON	ASWD	3169	12:03.4
26	DIMPHO LESEBA	AFS	642	12:06.6
27	VERONIQUE VISAGIE	BOLA-I	1396	12:07.0
28	CARLA NIEBUHR	AMPU	1014	12:08.4
29	CHRISNA VENTER	ANWN	1500	12:09.2
30	PORTIA LEFERA	AFS	645	12:12.6
31	CYLA BOTHA	AGN	2018	12:14.5
32	MONIQUE JANTJIES	ASWD	3173	12:16.8
33	KAMOGETSWE SEILANE	ACNW	2498	12:17.2
34	ANJE VISSER	AGN	2035	12:17.9
35	ALEXIS LIGTHELM	AVT	315	12:18.6
36	PULENG NKONE	AFS	649	12:22.8
37	NICOLE VISSER	ANWN	1501	12:23.2
38	JENNA FYVIE	KZNA	1304	12:23.4
39	LEE-CHALLE KRIEL	AGN	2025	12:25.0
40	SASHKIA BOTHA	AGN	2019	12:25.5
41	TSHEPANG PHAKANE	AGN	2030	12:27.2
42	MICHAID BOTHA	BOLA-I	1397	12:30.6
43	LEBO LETTSHELEHA	AFS	646	12:30.8
44	NADIA KLUYTS	AMPU	1019	12:31.3
45	LETITIA WILSON	ASWD	3172	12:32.6
46	PALESA MOKITIMI	AFS	644	12:38.2
47	JANELLE SWANEPOEL	AGN	2034	12:38.3

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September 13, 2014

Overall Finish List**E14-G11/3**

Overall	Name	Provence	Bib No	Time
48	SUNEL SMIT	ACNW	2496	12:38.3
49	LORIE NE LEBOGO	AGN	2028	12:38.9
50	PALESA LEPOTA	AFS	647	12:39.2
51	ROWENA MURRAY	ASWD	3174	12:40.4
52	KARINA PRETORIUS	AGN-I	2440	12:41.0
53	MONIQUE KOTZE	AGN	2024	12:42.1
54	ZELMI STEMMETT	AFS	651	12:47.0
55	KEDIEMETSE DOUWLAND	AGW	199	12:48.0
56	ZANDRI LOUW	AGN	2029	12:52.0
57	POLOKEGO MOLAPO	LIMA	76	12:54.6
58	DEONELL GROBLER	AMPU	1015	12:54.8
59	BOIKHUTSO KOPONG	ANWN	1491	12:57.6
60	LEBOGANG MOILAMASHI	ACNW	2500	12:57.9
61	.REALEBOGA SELEKE	ANWN	1496	12:58.8
62	CHANTE MOSTERT	ANWN	1494	12:59.6
63	NTHATI NKOKO	ANWN	1495	13:02.0
64	NATASHA TLHOKOTSI	ANWN	1498	13:03.7
65	KAYLEE CROUS	AFS	653	13:05.1
66	ROUX - CHE ROUX	AVT	317	13:06.4
67	CARLA PRINSLOO	AGN	2033	13:07.0
68	CHANTE MELOUW	ASWD	3170	13:08.9
69	ANUSHKA ANNANDALE	ACNW	2501	13:10.3
70	MERÅLISE FUMBANI	AGW	197	13:11.5
71	EMMA NEL	ACNW	2502	13:12.0
72	EUREKA SELEPE	LIMA	70	13:17.2
73	ZANELE SKEKETE	AVT	316	13:20.6
74	BOITUMELO MOTEKA	AFS	654	13:21.0
75	MARINET VAN DER WALT	ANWN	1499	13:21.5
76	CLARISSA PRETORIUS	AGN	2032	13:22.5
77	PHOKOANE MOHOME	AFS	652	13:24.0
78	OWETHU PLAATJIE	AFS	655	13:28.5
79	LERATO MATHIBE	AFS	648	13:30.1
80	SUNE VAN DER MERWE	AMPU	1020	13:31.1
81	RACHELLÉ	AFS	656	13:31.8
82	JEAN-MARI VAN ZYL	AMPU	1017	13:32.1
83	NONTSHIKELELO NGCOBO	KZNA	1303	13:33.0
84	TLOTLO MALATSI	ANWN	1493	13:33.4
85	KGADI MADUTLELA	LIMA	74	13:46.7
86	ITUMELENG TJIE	LIMA	71	13:52.0
87	VIZAHN BURGER	ACNW	2503	13:54.1
88	JESSICA SNYMAN	ANWN	1497	13:55.5
89	BELLA LETSOALO	LIMA	69	13:57.5
90	OARABILE MOTLAGALE	ACNW	2505	14:00.1
91	MERIZE RADEMEYER	LIMA	75	14:00.8
92	JONE DU TOIT	LIMA	72	14:01.9
93	CHATERIENA FOUCHÉ	AFS	650	14:03.8
94	NTOMBI MOHLABAI	ACNW	2507	14:32.5

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Overall Finish List

E14-G11/3

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	MPHO SEHLABKA	ACNW	2506	14:41.5
96	DANELLE ROOD	ACNW	2504	14:41.6
97	MICHELLE HAMMANN	ACNW	2510	14:52.0
98	BONOLO KUNENE	ACNW	2509	15:21.6
99	KARMA TRUTER	ACNW	2508	15:41.4
100	TAYLA BERNING	CGA	3092	2:16:53.9
101	ROUXLE MOOLMAN	ACNW	2511	2:16:54.0

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Overall Finish List**E15-B11/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	DECLAND WRIGHT	CGA	2813	10:15.5
2	THAPELO RAMOKHOASE	AFS	424	10:27.1
3	SINOKUHLE MKHEFU	CGA	2817	10:28.0
4	KEMOSI TSHEITSHEI	AGN	1846	10:44.6
5	HLASWA KONDILE	AFS	427	10:44.8
6	TSHEPISO LEMAO	AFS	426	10:47.7
7	DYLAN SMIT	ASWD	3111	10:49.9
8	MATTHEW GIBSON	KZNA	1308	10:50.5
9	LUTHER BLAAUW	ASWD	3114	10:51.0
10	BERBETO JANSEN	ASWD	3109	10:55.6
11	LERATO MPHORE	AVT	312	10:55.8
12	MUSA MBATHA	CGA	2814	10:58.9
13	THABANG MOKONE	AVT	311	10:58.9
14	IAN DE FOUW	CGA	3091	10:59.5
15	EUGENE BOTHA	AVT	309	11:03.2
16	NICO KLEYNHANS	CGA	3076	11:03.4
17	CEBO MBA	KZNA	1310	11:07.2
18	THAPELO TJIE	LIMA	67	11:07.6
19	STIAN VAN GREUNEN	AGN	1854	11:07.7
20	NKOSINATHI NCAPHAYI	AFS	428	11:09.7
21	CHRISTIAAN OBERHOLZER	AGN	1849	11:10.0
22	INUS DU PREEZ	AGN	1841	11:13.7
23	NJABULO KHAMBULE	KZNA	1309	11:14.1
24	TSHEPISO MATLAOPANE	ACNW	2675	11:15.3
25	CHANDEN ADAMS	WPA	3276	11:16.2
26	ZANDRE STRYDOM	ACNW	2676	11:17.3
27	TSHOLO MOKOENA	AFS	430	11:18.6
28	TSHIELISO MOLOKE	AFS	434	11:19.1
29	OBAKENG MOTSOMI	ANWN	1510	11:21.8
30	LETLOTLO MOHUBEDU	LIMA	64	11:22.0
31	MTHANDI ZONDI	KZNA	1311	11:23.5
32	TETELO MATHABATHE	LIMA	66	11:25.6
33	CARLO CHADINHA	ACNW	2677	11:26.0
34	KEKU MOSIKILI	AFS	432	11:27.9
35	LESEDI MASHIGO	AGN	1848	11:30.3
36	LEBO MABENA	AFS	437	11:30.8
37	CAREL CILLIERS	AFS	429	11:30.9
38	EDMUNDO LANGA	AFS	435	11:31.6
39	MPHO NDLOVU	AVT	310	11:32.4
40	WESSEL VAN ZYL	AMPU	887	11:34.0
41	NATHAN ESTERHUIZEN	ANWN	1506	11:34.7
42	JAIDEN VAN REENEN	ASWD	3112	11:37.8
43	TUMISHO SEBOKO	LIMA	68	11:39.2
44	LOURENS BESTER	ANWN	1505	11:40.0
45	NEO TSOTSOTSO	AFS	439	11:42.2
46	EVIN FREEMAN	NWCA	3254	11:43.8
47	DEJUAN ERASMUS	AGN	1844	11:44.4

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Overall Finish List**E15-B11/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	THATO SONDACH	AFS	431	11:44.9
49	SANELE ZWANE	AGN	1856	11:46.4
50	SOLOMON LETSEALO	AGN	1847	11:48.6
51	WILCO GELDENHUYS	AMPU	888	11:49.5
52	KEAGAN HUNTER	AGN	1845	11:49.8
53	SAMUEL GROBLER	AMPU	889	11:51.4
54	KAMOGELO RATSWANA	AGN	1851	11:52.5
55	JANDRE DE LANGE	LIMA	63	11:53.1
56	TSHEPO DEBES	AFS	433	11:54.3
57	ULRICH PUTTER	AGN	1850	11:55.0
58	BRADLEY DU PLESSIS	ASWD	3110	11:58.6
59	SEBASTIAN ELS	AGN	1843	11:59.4
60	SHELTON BASSIE	AGW	238	12:00.0
61	THANDO KHOZA	AMPU	886	12:07.5
62	HARDUS VAN JAARVELD	AGN	1855	12:08.3
63	ZANDER BRONKHORST	AGN	1839	12:09.2
64	MICHAEL DREECKMEIER	AGN	1840	12:10.0
65	BRADLEY JACOBS	ACNW	2681	12:11.6
66	PAUL MAKHUBELA	AMPU	883	12:12.7
67	MARIO ERASMUS	AMPU	882	12:13.7
68	ICON NKHULANG	ANWN	1511	12:15.8
69	JASON-LEE KAMMIES	ASWD	3113	12:17.1
70	TOBIAS DUIKER	AGW	242	12:18.4
71	COENRAAD JOUBERT	AMPU	879	12:19.9
72	RYAN HENNING	ANWN	1508	12:20.9
73	KANANELO MONYEKI	AFS	436	12:21.6
74	GERHARD MUNTINGH	ACNW	2678	12:22.0
75	DANDRE STEINHOBEL	ACNW	2679	12:23.7
76	GRIFFEN SMITH	AMPU	880	12:26.3
77	JANDRE PELSER	AMPU	881	12:29.4
78	ITUMELENG SELLO	AFS	441	12:31.2
79	JANCO ERASMUS	ACNW	2680	12:31.9
80	BONGINKOSI THIBEDI	AMPU	878	12:34.1
81	CORNÉ ROBERTS	AFS	425	12:35.0
82	VHUKHUDO	ANWN	1515	12:36.1
83	TLOTLO TSHETHANE	ANWN	1514	12:36.7
84	REEVE STIEMENS	AMPU	884	12:39.2
85	THABO MOTLOUNG	AMPU	885	12:41.3
86	BYRON ANDREW	LIMA	60	12:44.4
87	GUNTHER KATZKE	LIMA	61	12:49.0
88	PUSELETSO (ALEX	ANWN	1509	12:50.0
89	HLULANI MATHEBULA	LIMA	62	12:51.1
90	ADRIAAN MAREE	LIMA	59	12:55.6
91	WILLY SEREKO	ACNW	2683	12:57.0
92	NCHANGA KOME	AFS	440	12:57.9
93	CHRISTIAAN ERASMUS	ACNW	2685	12:58.3
94	LUNDI MAHALA	AGW	236	12:59.9

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Overall Finish List

E15-B11/3

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	STEFAN GREYLING	AGW	240	13:00.4
96	CEE - JAY BOOYSEN	AGW	237	13:06.7
97	DYLAN COETZEE	AVT	313	13:07.8
98	DILLAN GOLDEN	ACNW	2688	13:09.3
99	KAMOGELO THULO	ACNW	2689	13:18.2
100	HERMANUS (DEAND ROUX	ANWN	1513	13:19.2
101	HEINRICH VAN STADEN	ANWN	1516	13:24.3
102	HEINDRICH STROEBEL	ACNW	2682	13:25.0
103	DUNCAN ROBERTSON	ANWN	1512	13:33.7
104	GERRIT DE KOCK	ACNW	2686	13:37.4
105	JURIE JANSEN VAN	ACNW	2684	13:42.8
106	JOSHUA LE ROUX	AGW	239	13:58.8

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Overall Finish List**E16-SW/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	LEBOGANG PHALULA	CGA	3015	27:39.9
2	LEBO DINA PHALULA	CGA	3066	27:56.1
3	LORRAINE NOVELA	CGA	3067	29:00.9
4	MAKHOSI MHLONGO	KZNA	1314	29:26.8
5	GLENROSE XABA	AMPU	1163	29:42.3
6	BULELWA SIMAE	WPA	785	29:43.0
7	KATAZA SHIPALANA	AGN	2354	30:05.1
8	KENEILWE SESING	CGA	3065	30:06.3
9	NTOMBESINTU MFUNZI	EPA	1795	31:03.2
10	MARIA MAKGOSHINI	CGA	3068	31:08.0
11	NANDIPHA DYWILI	AGN	2349	31:10.7
12	SLINDILE CHILI	KZNA	1282	31:30.6
13	NONTOKOZO DLAMINI	AMPU	1164	31:31.1
14	ANDRONICA MOKHOTLA	CGA	3063	31:31.7
15	LINDOKUHLE GABELA	KZNA	1313	31:43.3
16	NORIA SIBANDA	AMPU	1165	32:01.8
17	LUSANDA BOMVANA	ATRA	1740	32:07.9
18	PUSELETSO DLADA	KZNA	1315	32:11.2
19	KEFILWE MOLEFE	CGA	3064	32:36.7
20	PATIENCE KHUMALO	AGN	2351	32:44.4
21	BABALWA NGCOKO	EPA	1797	32:48.3
22	MASABATA MATOANE	AVT	371	32:52.5
23	MARYNA SWANEPOEL	AFS	756	32:55.3
24	VUYOKAZI GEBE	AGN	2350	33:51.3
25	BUSISIWE MATIWANE	WPA	787	33:58.1
26	HANLIE JORDAAN	WPA	786	34:11.2
27	MAKOMA BATJIE	CGA-I	3093	34:41.9
28	XOLISILE MADIDA	KZNA	1312	35:04.5
29	SHERYL DE LANGE	WPA	788	35:07.6
30	THABISA SIRAYI	EPA	1796	35:11.7
31	MAURICA LA GRANGE	ASWD	3241	36:00.6
32	ZINTLE SINQE	AGN	2355	36:05.9
33	IVY SOGIBA	SAPS	286	36:23.7
34	FREEDAH NCUBE	EPA	1798	36:28.2
35	MARIA TJAOANE	SAPS	289	38:45.3
36	MMAHLONA SEABELA	SAPS	288	38:50.0
37	CHANTE VENTER	ACNW	2615	39:12.4
38	NTOMBIZODWA	AMPU	1166	39:13.0
39	NTHABISENG TSHEHLA	AGN	2357	40:15.0
40	JENEKE VOSLOO	ACNW	2616	48:35.8

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Overall Finish List**E17-B16/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	SONGEZO NJUBANE	CGA	2841	19:02.1
2	KABELO SEBOKO	CGA	2839	19:04.7
3	THAMSANQA KHONCO	CGA	2842	19:07.4
4	ROMANO SLINGER	AGN	1942	19:22.4
5	NOPE MOLEJANE	AFS	506	19:30.4
6	SIPHIWE MOHLOMI	CGA	2840	19:37.0
7	VUNI MADONSELA	AMPU	953	19:39.7
8	GEORGE KUSCHE	AGN	1929	19:42.5
9	RONALDO SLINGER	AGN	1941	19:47.4
10	ROWHALDO RATZ	WPA	806	19:52.8
11	JACOB KHOMOLA	LIMA	136	19:54.1
12	AUBREY SITHOLE	CGA	2838	19:57.2
13	THAPELO MAKOFANE	AGN	1932	20:00.5
14	LUNGA GADALA	AFS	507	20:01.0
15	THABILE MKHUPHENI	BORA	1749	20:02.3
16	SENQUE KOMO	AFS	509	20:04.1
17	ALFRED MIRA	CGA	2837	20:06.4
18	ADRIAN WILDSCHUTT	BOLA	1369	20:07.8
19	TOBIE LEWIES	BOLA	1370	20:08.5
20	NKULULEKO MGUBHELA	ATRA	1730	20:13.0
21	THULANE LEKHULENI	AMPU	952	20:13.2
22	JOSEPH TEBOHO MAKUME	AVT	351	20:18.0
23	MIGAEL STRYDOM	CGA	3085	20:22.4
24	LLEWELLYN COLEMAN	AGN	1927	20:24.3
25	KEABETSWE TONE	ANWN	1625	20:27.0
26	ALANTINO BELILLIE	WPA-I	831	20:33.9
27	EDZANI KONE	AGN	1928	20:34.2
28	APHELELE NKONYENI	ATRA	1731	20:36.2
29	WANDLA NKOSI	AMPU	954	20:36.9
30	STEVE SAMKELO	AGN	1939	20:37.6
31	MXOLISI NEBONDE	AGN	1936	20:41.1
32	SIYETHEMBA HADEBE	KZNA	1318	20:50.0
33	DULLAN SOLOMONS	ASWD	3142	20:51.0
34	MVELO KHOMO	KZNA	1316	20:58.1
35	DILLAN VAN ROOYEN	AVT	352	20:59.8
36	PROUD MNGOMEZULU	AGN	1935	21:03.5
37	WILHELM BERRANGE	ANWN	1618	21:07.8
38	LE ROUX GROENEWALD	AMPU	950	21:08.9
39	QUEENTINE TSHABANGU	AMPU	951	21:12.1
40	DAVID MAMPE	ACNW	2740	21:15.3
41	LOUIS BOTHA	AFS	517	21:20.5
42	LUTHANDO KWEYIYA	BORA	1750	21:28.8
43	BANELE VILAKAZI	AMPU	945	21:32.2
44	THABANI MBANJWA	KZNA	1319	21:33.1
45	ATLEGANG LEFIFI	AGN	1930	21:33.5
46	JEAN OOSTHUIZEN	AGN	1937	21:36.0
47	BONGANI NKOSI	AMPU	946	21:39.0

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Overall Finish List**E17-B16/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	TEBOHO SELOLO	AGN	1940	21:41.6
49	TREVOR MATLATJI	AGN	1933	21:43.2
50	GODWIN HEYNS	ASWD	3143	21:45.9
51	TIISETSO MPOJANE	AFS	513	21:47.0
52	PRINCE BOOY	AFS	511	21:47.5
53	MANDLA MAHLANGU	AGN	1931	21:52.9
54	THABISO PANDA	ASWD	3144	21:54.3
55	PEET LORETZ	LIMA	138	21:57.9
56	JACOB CLOETE	AGN	1926	22:00.2
57	HANCO MINNAAR	AGN	1934	22:00.8
58	FRANCO BOTES	ACNW	2741	22:04.8
59	EDMOND MTHETHWA	KZNA	1317	22:07.0
60	ADAM BOTHA	AMPU	943	22:11.2
61	OMPHEMETSE	ANWN	1621	22:13.3
62	RENIER OOSTHUIZEN	AGN	1938	22:16.6
63	THABO SEBOTSA	AFS	512	22:17.0
64	LUZUKO JUNIOR MULLER	ANWN	1623	22:18.3
65	FIKILE MASEELA	AFS	508	22:18.4
66	THABILE KEKANA	LIMA	140	22:20.9
67	LAWERENCE MARUMA	LIMA	137	22:30.7
68	BRADLEY WITBOOI	ASWD	3141	22:41.0
69	SIMAMKELE ROOI	EPA	1788	22:44.2
70	HENNIE ENGELBRECHT	AFS	515	22:46.9
71	HENDRIK ABRAAMS	AGW	254	22:49.2
72	MUNEER OMARJEE	ANWN	1624	22:52.3
73	STEVEN MAKHETHA	AFS	516	22:56.1
74	JOHANNES MORAKE	AGW	253	22:58.2
75	JUSTIN LE ROUX	AMPU	949	23:02.2
76	WYNAND COETZEE	AMPU	956	23:07.2
77	MARIO KOOPER	NWCA	3265	23:07.8
78	NKOSINATHI NKOSI	AGN-I	2433	23:08.8
79	DONOVAN SEDUMEDI	AGW	258	23:15.1
80	SIMSON OLYN	AGW	257	23:16.8
81	TSHEPO MOKAU	AFS	510	23:19.6
82	DANIEL WENTZEL	ACNW	2742	23:24.4
83	BRIAN BILJOEN	AMPU	947	23:24.5
84	SELLO NYAWENI	LIMA	139	23:32.6
85	WILHELM LOMBAARD	LIMA	141	23:39.0
86	NIEL MOROLONG	AGW	256	23:42.8
87	CHRISTIAAN VAN BILJON	AMPU	948	23:58.4
88	WESSEL REDELINGHUYS	AMPU	955	24:11.3
89	FRANCOIS MOSTERT	ANWN	1622	24:17.8
90	DILLE TSOTSI	ANWN	1628	24:31.4
91	WYNAND ODENDAAL	ANWN	1626	24:34.1
92	BRANDON GOLDEN	ACNW	2744	24:46.0
93	GREYLING HEYNS	AFS	518	25:15.0
94	OLEBOGENG MOKAE	AGW	255	25:18.4

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<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	DEAN PRINS	AGW	259	26:33.1
96	ETHAN JORDAAN	ANWN	1620	26:33.2
97	RUDOLF GOUWS	ACNW	2745	26:33.5
98	KOBUS KRIEL	AGN-I	2449	26:33.7
99	TSEPANG	ACNW	2743	27:26.7
100	ADRIAN VLOK	ACNW	2747	28:06.2

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Overall Finish List**E17-B17/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	ARMIN FILLIES	AFS	519	18:00.0
2	ANELE HADEBE	KZNA	1322	18:53.0
3	RUBEN DLEPU	ASWD	3148	18:58.0
4	SIPHO RAMOHOTSI	AFS	521	19:16.7
5	HENRICO DAVIDS	BOLA	1371	19:17.0
6	WILLIAM POTGIETER	CGA	2848	19:18.8
7	IKAGENG GAOREKWE	CGA	2845	19:18.9
8	JEREMY SEEKOEI	ASWD	3146	19:23.1
9	LUKHANYO NOBAKADA	WPA	808	19:24.5
10	NEO SEGOPOLO	AFS	520	19:25.1
11	DYLAN VD MERWE	CGA	2844	19:26.1
12	MONGEZI NGOBE	ATRA	1734	19:28.1
13	ISAAC LESIA	CGA	2846	19:31.5
14	LINDOKUHLE MKHWANAZI	KZNA	1320	19:35.0
15	APHELELE PHUNGULE	KZNA	1323	19:35.0
16	XOLANI MKHIZE	KZNA	1321	19:35.1
17	TOMRIN VLOK	AGN	1960	19:40.9
18	LIONEL JACOBS	ASWD	3147	19:50.0
19	DERRICK MOKALENG	CGA	2843	19:51.2
20	KWANELE MTHEMBU	AGN	1952	19:52.5
21	SIBUSISO KUBHEKA	AMPU	967	19:52.8
22	JASON KOOPMAN	BOLA	1372	19:54.2
23	ONTIRETSE MOTLAGALE	ACNW	2748	20:03.0
24	KABELO MELAMU	CGA	2847	20:09.5
25	VINCENTIOUS KAT MABOE	ANWN	1637	20:12.3
26	LUTHANDO NDONYELA	ATRA	1733	20:15.0
27	MARNU DU PLESSIS	AGN	1946	20:19.2
28	JAMIE-LEE VAN REENEN	ASWD	3145	20:20.7
29	AYANDA NDIZANA	ATRA	1735	20:22.4
30	WERNER ISAACS	AGW	264	20:22.9
31	MOEKETSI MAKHABESILA	AFS	532	20:23.3
32	DITABA MACHACHAMETSA	AFS	522	20:26.8
33	ASAVELA MKHWAMBI	BORA	1757	20:27.6
34	PATRIC MFENE	AVT	353	20:28.7
35	EDGAR MOLELEKOA	AFS	525	20:31.8
36	MCMARSHALL	WPA	807	20:32.0
37	MONDE POLISITI	BORA	1756	20:34.1
38	THATO PULE	CGA-I	3095	20:34.3
39	CAMERON GRANT	AVT	354	20:34.7
40	ODIRILE MODIBEDI	ANWN	1639	20:38.0
41	MAPIET MODIBA	AGN	1951	20:45.4
42	TSHEPO MORAKE	AMPU	969	20:54.2
43	PONTSO NGOBENI	LIMA	153	20:54.7
44	SERAME MOREMI	AFS	526	20:58.2
45	PAUL KHOZA	AFS	524	20:59.9
46	ONALENNA MAPONYANE	AGN	1950	21:05.5
47	TWISTEN SMITH	AGN	1956	21:06.0

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Overall Finish List**E17-B17/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	LUVUYO DERISON	AFS	529	21:06.8
49	HENRY JOUBERT	NWCA	3264	21:10.8
50	ELIJAH MASEKO	AMPU	960	21:11.8
51	MPUMELELO MDI	AFS	523	21:12.7
52	PETER TAU	LIMA	152	21:14.4
53	YANGA MALUSI	BORA	1755	21:15.8
54	JUAN CRONJE	AGN	1945	21:16.7
55	ABRIE EBERSOHN	AGN	1947	21:19.1
56	GRONIGHAN GROBLER	AMPU	962	21:30.3
57	MICHAEL LESO	LIMA	151	21:31.2
58	CLINTON KRIEL	AMPU	959	21:32.0
59	ROBERT BESTER	NWCA	3268	21:35.3
60	TSHEPO MONAHA	AGN	1962	21:37.1
61	MUSAWENKOSI NENE	AMPU	965	21:38.9
62	BANELE MASEKO	AMPU	958	21:41.8
63	ARN? VERSTER	AGN	1959	21:43.5
64	REABY BOER	AGN	1944	21:46.2
65	LOUIS FOURIE	AMPU	964	21:50.1
66	JEAN-CLAUDE	AGW	262	21:52.6
67	INNOCENT THELEDI	AMPU	963	21:55.5
68	THOKOZANI MATSOBANE	AMPU	968	21:57.8
69	TEBOGO MTHOMBENI	AGN	1953	21:58.5
70	JASON OLIVIER	AGN	1955	21:58.8
71	LOUW-GINO GREEN	NWCA	3267	22:01.5
72	BONGANI NKUTHA	AFS	527	22:04.4
73	KAEBARILENG MOLEFE	ANWN	1640	22:06.7
74	TUMISANG NGOAKO	AGN	1954	22:09.7
75	POTEGO MATHABOTLA	LIMA	154	22:11.3
76	LORENZO VD	AGW	260	22:11.5
77	PIETER KOK	AGN	1948	22:11.7
78	DANIE WEPENER	AGN	1961	22:13.4
79	GERDUS MARX	AMPU	961	22:15.1
80	STANLEY HLAKUDI	LIMA	156	22:20.7
81	ARLO VAN HEERDEN	AMPU	957	22:27.6
82	WYNAND VAN TONDER	AGN	1957	22:29.9
83	CHARL COETZER	AGN-I	2448	22:35.0
84	FANIE MYBURG	LIMA	149	22:39.0
85	DALANTINO AFRIKA	AGW	261	22:40.0
86	GERT JAKOBUS	ANWN	1641	22:50.0
87	MARCUS KEULDER	ANWN	1635	22:53.0
88	VINCENT KARABO MABOE	ANWN	1636	23:06.2
89	KATLEGO MAY	AGW	263	23:07.0
90	RUAN SWANEPOEL	AMPU	966	23:09.8
91	DYLAN KRUGER	ACNW	2750	23:19.5
92	THATO MODISE	ACNW	2749	23:23.1
93	MACDEAN ALEXANDER	ANWN	1638	23:43.6
94	MASITENYANE	AFS	530	23:45.5

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E17-B17/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	VICTOR EKMAN	LIMA	157	24:06.6
96	IGTWAN SCHUTTE	ANWN	1642	24:11.5
97	BOITUMELO MONAHENG	ACNW	2751	24:38.3
98	LETHABO MPHAAHLELE	LIMA	150	29:27.4
99	JANRE BOTHA	ACNW	2752	29:28.3

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E18-JW/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	CARINA VILJOEN	CGA	2904	22:23.9
2	JEANETTE BOKADI	CGA	2932	22:41.7
3	PAMELA MOYIKWA	WPA	819	22:44.8
4	THANDEKA MANZANA	AGN	2208	22:57.4
5	MARN? MENTZ	AGN	2209	22:58.4
6	THANDI SEHOHLE	CGA	2930	23:11.0
7	ZIKHONA SONAMZI	BORA	1759	23:16.3
8	SHERILENE GELDERBLOM	AMPU	1108	23:35.7
9	VUYISEKA NKUMENGE	BORA	1758	23:53.8
10	SONEL BEZUIDENHOUT	AGN	2200	24:03.8
11	THOBILE MKHIZE	KZNA	1326	24:04.0
12	FARIDA ZWANE	CGA	2929	24:11.7
13	NOMUSA XABA	KZNA	1327	24:23.8
14	BERNADENE MCLLOUD	ACNW	2598	24:27.9
15	LILIAN TSHOBANE	AFS	737	24:35.8
16	APHIWE SIBENYA	AGN	2212	24:37.9
17	STHEMBILE HADEBE	KZNA	3294	24:46.7
18	ONGEZIWE GEBASHE	KZNA	1325	24:52.4
19	LOLITA KIEVIETO	WPA	820	24:54.9
20	LLEANA DREYER	BOLA	1389	25:00.7
21	INITZA PRETORIUS	AGN	2211	25:04.9
22	JAMIE-LEE SCHLEMMER	EPA	1791	25:13.5
23	DANIELLE LUYT	AGN	2207	25:21.3
24	SUNELLE COETZEE	ACNW	2600	25:26.4
25	SIMON? VERWEY	AGN	2215	25:39.6
26	JEANNIE DE BEER	AGN	2202	25:54.8
27	DIPUO MPETE	ANWN	1643	25:59.7
28	MANESA SIMPHIWE	AGN	2213	26:07.1
29	DUANNE FOURIE	ACNW	2599	26:11.0
30	KEBILENG MAHLOPO	AFS	740	26:13.5
31	CHANTELEE JOUBERT	AGN	2203	26:19.9
32	MICHELLE BELILY	AGN	2199	26:34.7
33	FIHLIWE MAKUME	AFS	739	26:46.5
34	ICARIEN VAN DEVENTER	WPA	821	26:52.9
35	ANNICA HABIG	ACNW	2594	26:54.3
36	SIPHOKAZI LIWANI	EPA	1790	27:14.6
37	JEANNIE KRUGER	AGN	2205	27:22.9
38	JHELIZE VOS	ACNW	2595	27:59.7
39	THATO MOKHESENG	AMPU	1109	28:20.3
40	LERATO NTSHWANE	AMPU	1107	28:32.7
41	WILMA COETZER	AGN	2201	28:36.0
42	ESTELLE-VIONÉ LOUW	AGN	2206	28:44.4
43	ELSA KRIEL	AGN	2204	28:56.0
44	CHARLOTTE TEFFO	AGN	2214	29:42.7
45	THEMBEKA NGWENYA	AMPU	1110	31:14.1
46	SIHLE GQUZULA	BORA	1760	32:51.4
47	PHONTSO MOJAPELO	LIMA	171	36:40.5

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E18-JW/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	MARION MEINTJES	ACNW	2597	41:49.6

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E20-B12/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	BANELE ZWANE	CGA	2801	10:00.4
2	KARABO MASHILO	CGA	2804	10:05.6
3	MALVIN VISSER	ASWD	3118	10:06.0
4	AYANDA PHUNGULA	KZNA	1335	10:06.2
5	SHANE FREDERICKS	ASWD	3121	10:07.0
6	JUNIOR MOKHESENG	AMPU	892	10:27.2
7	LEVUYO MNENO	AVT	318	10:29.9
8	MZWAKHE MASHABA	CGA	2805	10:30.3
9	MARNUS PRINSLOO	AFS	443	10:31.1
10	LAZLO PAULSEN	ASWD	3117	10:33.0
11	CAMEROON CURTIS	CGA	2802	10:35.4
12	GERMAN LEWIS	BOLA-I	3296	10:35.7
13	RETHABILE MOKHOTHU	AFS	442	10:36.3
14	JOSHUA VOGET	CGA	2803	10:38.9
15	ELDIGO JONAS	ASWD	3116	10:41.9
16	CLAIVEN SCOTT	AGN	1870	10:42.2
17	HAYDEN WEBSTER	WPA	3295	10:42.3
18	RUBEN GEDULD	ASWD	3120	10:43.6
19	XAIDON WITBOOI	AGN	1873	10:44.7
20	SABBATH MFUNO	AGN	1864	10:49.4
21	RETHABILE THOABALA	AFS	444	10:51.5
22	WALDO PIETERSE	AGN	1868	10:52.8
23	REAGAN PIETERS	ASWD	3119	10:55.0
24	ORATILE SELEMELA	ANWN	1539	10:56.0
25	MOEKETSI LUPONDO	AFS	449	10:56.2
26	PAULUS STEYN	AVT	320	10:56.5
27	CLEMENT MOGAWANE	LIMA	78	10:59.2
28	MOSES PITSO	AFS	445	10:59.6
29	TEBOHO MOLOI	AVT	319	11:01.9
30	HENDRIK (HENNIE NEL	ANWN	1536	11:02.9
31	TIDI TSOTSETSI	AFS	448	11:03.5
32	THABO MPINGA	AFS	447	11:03.5
33	SABATA KGAKGANE	AFS	458	11:03.6
34	DOMINIC WARNICK	ASWD	3115	11:05.7
35	ISHMAEL ANDREW	ANWN	1532	11:06.1
36	ELLOHIM V NELL	AGW	245	11:06.6
37	THEMBA KHOZA	AGN	1861	11:08.8
38	JAN KLAASTE	NWCA	3252	11:10.1
39	THATO YEDWA	AGN	1874	11:10.4
40	ABEDNICO CHOBBA	AGN	1858	11:10.7
41	TSHIMEGA PHALATSE	AGN	1866	11:11.3
42	ALMERO MULLER	AGN	1865	11:12.6
43	LEKOKO NKADIMENG	AMPU	893	11:12.8
44	CARLOS DAVIDS	AFS	450	11:14.6
45	SANDILE ZUMA	KZNA	1334	11:16.4
46	KHETHELO HADEBE	KZNA	1332	11:17.2
47	KAGISO MASIGO	ACNW	2690	11:18.7

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E20-B12/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	COHEN MONGALE	AGW	243	11:19.3
49	LUZUKO BUCA	AFS	453	11:19.5
50	BAKOENA KHAMA	AFS	451	11:21.0
51	SIPHO MAKHASANE	AFS	446	11:23.0
52	KATLEHO RANKHALA	AFS	452	11:23.4
53	ITUMELENG SHAI	AFS	454	11:24.4
54	JOHANNES HENDRI NAUDE	ANWN	1535	11:25.0
55	AKHANANI LINOSE	BORA-I	1780	11:25.4
56	WILLEM SMIT	LIMA	89	11:26.6
57	ORATILE MARMAN	AFS	456	11:27.2
58	THULANE MTSWENI	AMPU	1521	11:30.1
59	PAUL MOSENA	LIMA	87	11:30.5
60	TSEPETSI MONTSO	ACNW	2692	11:32.7
61	GALALETSANG	ACNW	2693	11:32.8
62	ARMIN PRETORIUS	AGN	1869	11:33.0
63	NANTES BOOYSEN	ACNW	2691	11:35.9
64	HENDRIK BADENHORST	AGW	241	11:36.0
65	FUFI MOLOKOMME	LIMA	80	11:37.2
66	NICO STEYN	AGN	1860	11:38.0
67	KABELO KGATLA	LIMA	83	11:38.9
68	TIMOTHY PIETERSE	AGN	1867	11:39.1
69	BONGANI MZILI	AFS	457	11:40.5
70	LEBOHANG FINGER	AGN	1859	11:41.2
71	JOHANN LIMBACH	AGN	1862	11:45.8
72	KAMOGELO MOTLOBA	ANWN	1533	11:48.8
73	PAPA SEGOLA	AFS	455	11:50.4
74	THUTO MKHIZE	ACNW	2703	11:52.4
75	EMSLY MAKOFANE	LIMA	79	11:52.6
76	PIETER-FRANCOIS	AGN	1863	11:52.7
77	MAARTEN VAN ASWEGEN	AGN	1872	11:57.9
78	BYRON SKEFFERS	NWCA	3253	11:58.9
79	MADIMETJA MARAKALALA	LIMA	86	12:03.9
80	LAMBERT VOS	ACNW	2696	12:05.3
81	DE WET BRITZ	AMPU	891	12:05.7
82	KOWIE LOMBAARD	LIMA	84	12:12.1
83	KITSO MOGALE	ANWN	1531	12:13.0
84	JACQUES ARNOLD	AGN	1857	12:13.9
85	AMOGELANG RATSHIO	ANWN	1538	12:15.3
86	ULRICH BOTES	ACNW	2694	12:17.3
87	LIAM MEINTJES	LIMA	85	12:18.5
88	ERIK KOORTS	ACNW	2695	12:19.5
89	THABISHO TLHALOGANG	AGW	244	12:21.1
90	RUALD FURHI	ANWN	1530	12:23.1
91	COENRE BOSHOFF	ACNW	2697	12:26.4
92	CANDY LUKHELE	AMPU	890	12:28.0
93	WALDO STOLTZ	AMPU	900	12:28.5
94	PETRUS VAN AARDE	ACNW	2700	12:29.5

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List

E20-B12/3

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	MARCHAND NEL	ACNW	2698	12:31.7
96	PHENYO MAPONYA	LIMA	88	12:32.8
97	LIAM FRANCKEISS	AMPU	894	12:33.9
98	DAWIE MARAIS	AGN-I	2437	12:37.1
99	NICOLAAS JACOBUS	AMPU	896	12:41.6
100	CHARLES POTGIETER	ANWN	1537	12:42.8
101	JANCO COETZEE	LIMA	81	12:59.7
102	GP KENNEDY	ACNW	2699	13:06.0
103	JAPIE WENTZEL	LIMA	82	13:14.0
104	ROWAN WENTZEL	ACNW	2705	13:19.5
105	RUDOLF THIART	ACNW	2702	13:24.6
106	MTHOKOZISI MSIBI	AMPU	895	13:29.8
107	CP KASSELMAN	ACNW	2704	13:31.2
108	ANDRE VAN DER MERWE	ANWN	1540	14:19.0

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E21-JM/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	TUMISANG MONATLALA	CGA	2927	24:48.9
2	THABANG NKUNA	LIMA	169	24:56.3
3	MOKOFUNE MILTON	LIMA	168	24:59.4
4	ZUKO KUPISO	BORA	1761	25:03.7
5	NDUMISO SOKHELA	KZNA	1338	25:06.2
6	NJABULO TSHABALALA	CGA	2924	25:21.0
7	BRUCE-LYNN DAMONS	WPA	809	25:23.1
8	IAN SLINGER	AGN	2197	25:24.0
9	JANSEN DARRIES	ASWD	3221	25:24.5
10	THOBILE MOSITO	AGN	2188	25:28.4
11	STHEMBISO NDLOVU	KZNA	1339	25:29.2
12	XABA MAVUSO	AFS	533	25:33.0
13	ASHLEY SMITH	WPA	811	25:35.2
14	SIYABONGA MABENA	CGA	2925	25:39.3
15	KAMEGOLO MASEMOLA	LIMA	165	25:43.6
16	FRANCOIS MAQUASSA	ASWD	3220	25:46.0
17	JOHANNES JANSEN	BOLA	1373	25:52.7
18	KALEB BEUKES	WPA	810	25:59.4
19	THUSILE NOBANDA	ATRA	1736	26:00.2
20	NATHAN EDWARDS	AGW	267	26:00.8
21	ANTHONY TIMOTEUS	WPA	813	26:02.7
22	BRYSON VAN WYK	ASWD	3218	26:07.6
23	EDWIN MAJWAFI	CGA	2923	26:11.1
24	JUNIOR NDZEKENI	AMPU	1095	26:16.2
25	HEINRICH WAGNER	WPA	812	26:16.8
26	NADEEL WILDSCHUTT	BOLA	1376	26:18.8
27	CHESLIN AFFORD	BOLA	1375	26:21.3
28	TSHEHLA RALEKHETLA	AFS	538	26:25.4
29	CASPER DE VILLIERS	ACNW	2757	26:26.0
30	VELAPI QWALANE	AFS	537	26:32.0
31	XOLISA MADI	AFS	539	26:34.0
32	HENCO SCHOEMAN	AGN	2194	26:34.8
33	FUKAMA RAMAKOKOBO	AGN	2193	26:38.9
34	GRANWIN KATZEN	WPA-I	840	26:40.1
35	WELCOME LUBISI	AGN	2185	26:41.0
36	SUNDAY MKHATSHWA	AMPU	1103	26:44.5
37	LUCKY MOTINYANE	AVT	366	26:53.8
38	PIETER MONG	ACNW	2759	26:54.1
39	MONGEZI VESILE	AVT	365	26:59.3
40	TEBOGO NDANDWE	AMPU	1104	27:03.6
41	ABEL SEBETOANE	AFS	545	27:06.5
42	CREEL CHAVALALA	CGA	2922	27:07.0
43	MPHO LITABE	AFS	541	27:07.4
44	BRENDON EFFENAAR	EPA	1792	27:10.6
45	MBULWANA SINETHEMBA	ATRA	3299	27:11.0
46	ALBERT ZIKODE	AMPU	1090	27:14.6
47	CHARL KEMP	AGN	2183	27:19.6

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E21-JM/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	SIPHESIHLE MSIBI	AMPU	1102	27:20.2
49	LORENZO PIETERS	BOLA	1374	27:20.7
50	ARCHIE BOOME	ASWD	3215	27:21.0
51	TSHEPO LEETO	AGN	2184	27:23.7
52	SIFISO MTSWENI	AMPU	1100	27:25.3
53	MORN? OLIVIER	AGN	2191	27:27.3
54	SIYABONGA KOHLA	EPA	1793	27:27.4
55	MOEKETSI SKOSANA	AFS	534	27:27.5
56	REANETSE LEPHAILA	AFS	540	27:29.2
57	APHELELE FANEKHO	KZNA	1336	27:30.0
58	TSHEDISO MOTAUNG	AFS	543	27:31.7
59	MATTHEWS SHADUNG	AGN	2195	27:31.9
60	MTWAZI LUFEFE	BORA	1762	27:37.5
61	THATO TSOTETSI	CGA	2926	27:38.4
62	SALTIEL HAMESE	AGN	2181	27:39.5
63	TEFO JOHN MONTOEDI	AFS	542	27:41.5
64	DOCTOR MADALANE	AMPU	1092	27:45.0
65	KARABO MPEDI	ANWN	1649	27:53.8
66	BULELANI MADLALA	KZNA	1340	27:54.3
67	POLOKO MMAKGOLANE	ANWN	1647	27:55.5
68	ASHWILL CLOOCO	ASWD	3216	28:01.4
69	JOEL KEKANA	LIMA	164	28:02.2
70	THAPELLO MODULA	AFS	535	28:05.6
71	HENNING VAN ASWEGEN	AMPU	1093	28:07.7
72	LETLHOGONOLO MOREKI	AGW	265	28:11.3
73	TEFO MOSOMANE	ANWN	1650	28:13.3
74	KHAYELIHLE SIMELANE	AMPU	1097	28:20.2
75	DWAYNE HANEKOM	AGN	2182	28:21.8
76	LESLEY KOBE	LIMA	167	28:28.7
77	KAMOGELO MONCHO	ACNW	2758	28:30.7
78	TANDIWE MZIYANDA	BORA	1763	28:34.0
79	PRAGAN NAIR	AGN	2190	28:39.7
80	JOHNNY WILLIAMS	ACNW	2753	28:40.4
81	SIBUSISO MFIKI	AGN	2187	28:57.1
82	MOHLATSE MAKOASHE	CGA	3100	29:01.1
83	RICHMAN MSIMANGO	AFS	546	29:04.6
84	MPHO MOOKA	AGN	2326	29:12.4
85	ADRIAAN GERWIL	EPA	1812	29:13.1
86	JAMES MOTHWA	AGN	2189	29:15.2
87	DEVON PORTMAN	AGW	269	29:17.0
88	SIMANGA MABUZA	AMPU	1101	29:18.9
89	TIAAN IMMELMAN	AMPU	1105	29:21.2
90	SFISO MLOTIWA	AMPU	1099	29:27.8
91	TELEKO MOLATUDI	AFS	547	29:31.4
92	BRIAN MADOLO	ASWD	3217	29:42.2
93	GODFREY MOLEFE	ANWN	1648	29:43.0
94	LUCIANO VAN WYK	ASWD	3222	29:55.8

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E21-JM/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	TUMISANG SIBANYONI	AGN	2196	29:59.9
96	KENNY MOLALE	AMPU	1096	30:03.8
97	MOKGETHI MNGUNI	AMPU	1098	30:12.1
98	VIRGIL VAN DER BYL	NWCA	3270	30:20.7
99	EMILE KOCK	AGW	268	30:21.0
100	VUYO MALAKU	AFS	544	30:30.4
101	BONGA MASINA	AMPU	1091	30:31.8
102	ANTHONY V STADEN	AGW	266	30:38.7
103	MTHOKOZISI MAZIBUKO	KZNA	1337	30:44.8
104	THABO ELLEN	ACNW	2754	30:51.3
105	HANS ESAU	NWCA	3269	30:56.3
106	CLEMENT MABATJA	LIMA	163	31:04.7
107	DYLON MOUTON	NWCA	3272	31:11.2
108	THABANG MALEKE	AGN	3283	32:05.4
109	JANRO LINE	NWCA	3271	32:07.4
110	ASHLEY VAN WYK	ANWN	1676	33:40.0
111	SINETHEMBA XHANTIBE	ACNW	2760	34:39.5
112	HEINRICH PETERS	ACNW	2762	34:43.1
113	RUPERT JONKER	ACNW	2755	38:22.1
114	JACOBUS PRETORIUS	ACNW	2756	40:00.0

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date

September 13, 2014

Overall Finish List**E22-G13/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	NTOMBENHLE SEABI	CGA	2883	10:34.8
2	KELETSO SENOSI	CGA	2881	10:34.9
3	CASEY BOSMAN	CGA	2879	10:42.0
4	CHANTE WILSON	CGA	2880	10:46.8
5	CHRISTELLE COETZER	LIMA	109	10:56.6
6	ANKE GREYLING	AGN	2061	11:04.8
7	LIZETH VAN WYK	AGN	2072	11:05.0
8	LISMA JACOBS	ASWD	3186	11:06.0
9	CHANDRÉ ERASMUS	AFS	675	11:12.8
10	OLGA MAGWAGWA	CGA	2885	11:13.1
11	LEE ANN BLAKE	KZNA	1342	11:13.3
12	JOLENE BALIE	ASWD	3185	11:17.6
13	HLELA XAMENI	WPA	814	11:20.1
14	PHOMOLELO MAKOFANE	AGN	2066	11:22.6
15	JEANNE DE BEER	AGN	2055	11:22.7
16	NAFTILEEN GROBLER	AMPU	1033	11:25.6
17	LIENGE LAMPBRECT	ACNW	2530	11:25.9
18	AMBER SCHLEBUSCH	KZNA	1343	11:28.0
19	NADINE KEMP	AFS	677	11:29.1
20	MEGAN PRINSLOO	AFS	679	11:32.9
21	CHANTEL BESTER	CGA	3075	11:33.8
22	LINDI ROELOEFSE	CGA	3078	11:34.9
23	SINENHLANHLA MABASA	AMPU	1035	11:39.1
24	ZAINAL SPOGTER	ASWD	3188	11:40.0
25	KEDIBONE SETHUNISHA	AFS	674	11:43.4
26	NATASHA KRUGER	ASWD	3187	11:43.5
27	LERATO MATEE	AFS	676	11:44.1
28	VERUSCHKA NEL	AFS	682	11:44.5
29	NICOLE DU TOIT	AGN	2058	11:47.3
30	LORENZIA WHITE	AGW	206	11:49.6
31	CHEMILLINE TELLIS	ASWD	3183	11:55.2
32	LEONE GOOSEN	AGN	2060	11:56.0
33	DONE GROVE	CGA	3079	12:02.3
34	CORNELIA DE BEER	CGA	2884	12:06.2
35	TISHCA DE CONING	AGN	2056	12:09.1
36	LOGAN LELIEVELD	WPA-I	833	12:09.5
37	MEANRI ERASMUS	ACNW	2531	12:10.3
38	LEAH KRIEL	KZNA	1341	12:10.7
39	GRETE-LEE SWANEPOEL	AGN	2070	12:12.0
40	MICHELLE GEDULD	ANWN	1543	12:13.0
41	EUNICE JACOBS	ASWD	3184	12:16.2
42	ULRICA BLOM	AGN	2054	12:17.0
43	MONENE MOLAPO	LIMA	111	12:18.4
44	ALMARI MYBURGH	AGN	2067	12:20.0
45	KENEILWE SYLVIA JAS	ANWN	1544	12:22.0
46	ANN VAN AARDE	ACNW	2533	12:23.0
47	MASEGO MMOPE	ANWN	1547	12:23.9

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Overall Finish List**E22-G13/3**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	JANA VAN DER MERWE	AGN	2071	12:24.4
49	NCUMISA JAMES	EPA-I	1815	12:25.2
50	BOITUMELO MAHLATSI	AFS	684	12:26.7
51	LIKHONA MSHENGU	KZNA	1344	12:27.1
52	ITUMELENG MOFOKENG	AVT	327	12:28.0
53	SHANTE (SUSSARA	AVT	326	12:28.1
54	JANA DREECKMEIER	AGN	2057	12:28.9
55	ALEXIA CHADINHA	ACNW	2532	12:29.8
56	PORTIA MACHABA	AFS	683	12:30.0
57	MALEHLOHONOLO	AFS	680	12:30.1
58	TSHWARELO MOROESELE	AFS	686	12:32.8
59	ROBYN JOUBERT	AGN	2063	12:33.3
60	IZABEL STICKELS	AGN	2069	12:36.6
61	LERATO MOHLOMI	AFS	678	12:37.0
62	NKI NALEDI	AFS	685	12:39.7
63	SEBABATSO SESING	AFS	681	12:41.6
64	DANIELL ESTERHUISEN	AGN	2059	12:42.3
65	CARLYNNE FRANSE	ASWD	3182	12:47.6
66	TSELANE MPETE	AFS	687	12:47.8
67	DANÉLL DE VILLIERS	AFS	691	12:48.4
68	PATIENCE	AGN	2068	12:49.9
69	MARIONETTE HUGO	AGW	210	12:54.7
70	MIANCO KOTZE	AGN	2064	12:56.5
71	COURTNEY EFTHA	BOLA-I	1400	12:56.7
72	YANA LABUSCHAGNE	AGN	2065	12:57.9
73	MARNE RAS	AGW	205	12:58.0
74	MARTHEA V HEERDEN	AGW	207	12:59.0
75	NOMONDE NDUZE	AMPU	1034	13:08.5
76	LACHEMY AFRIKA	AGW	208	13:08.9
77	ANUSHKA WARDECK	AMPU	1030	13:12.0
78	KAILA LAMPBRECT	ACNW	2539	13:13.6
79	EVAH SEKALEDI	ACNW	2535	13:16.0
80	JOMAY HUMAN	AMPU	1032	13:24.3
81	DELINE ROOD	ACNW	2534	13:25.4
82	NICHOLISE ROUX	AVT	325	13:25.6
83	GAREEN DE LANGE	ACNW	2543	13:26.6
84	CARA COETZEE	LIMA	108	13:27.1
85	LIEZE JACOBSZ	ACNW	2541	13:29.1
86	BENITA SCHOONWINKEL	AFS	689	13:32.1
87	MARCELLE DE JAGER	LIMA	110	13:34.8
88	ZENELDI VAN HEERDEN	ANWN	1548	13:39.4
89	KEDIBONE MONNAMORO	ACNW	2540	13:44.5
90	JOMARI JORDAAN	AMPU	1031	13:45.0
91	PINAH TSEKELO	AFS	688	13:49.5
92	MASEGO TLALE	ACNW	2538	13:51.8
93	OARABILE MOLEFI	ANWN	1545	13:53.8
94	JANIE OPPERMAN	ACNW	2542	14:02.2

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SA CROSS COUNTRY CHAMPIONSHIPS 2014

Overall Finish List

E22-G13/3

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	LEONIZE MEIRING	ACNW	2544	14:03.7
96	KATE SEILANE	ACNW	2536	14:04.9
97	JESSICA SWART	ACNW	2545	14:05.2
98	BUHLE SIKO	ACNW	2546	17:26.3

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Race Date

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Overall Finish List**E23-B13/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	OLIVER STEWART	WPA	803	12:44.5
2	WALDO KAPTEIN	ASWD	3126	12:59.0
3	TEBOHO MATSOSO	AFS	459	12:59.3
4	NTUTHUKO NDIMANDE	CGA	2821	13:01.0
5	ELNICO PIETERS	ASWD	3122	13:02.7
6	ZAVIAN LE ROUX	ASWD	3249	13:08.8
7	SANDILE MATJENI	CGA	2824	13:11.5
8	WESLEY OLVIER	ASWD	3127	13:12.7
9	MOALOSI RAMOLOTSI	AVT	328	13:13.9
10	KIRWIN BAADJIES	ASWD	3124	13:13.9
11	KHOTSO MAKOFANE	CGA	2819	13:14.0
12	REALEBOGA	CGA	2823	13:22.3
13	NOLID MABELA	LIMA	105	13:23.0
14	S'MPHISISO HADEBE	KZNA	1347	13:34.2
15	PHEMELO KGWEDIYAPHA	CGA	2822	13:34.5
16	SMANGALISO MPINDA	KZNA	1348	13:34.7
17	JOHN LETAGENG	AVT	331	13:34.9
18	ITUMELENG MOKOENA	AFS	466	13:36.5
19	VUYO BOSMAN	AFS	461	13:36.7
20	ALEX MADLALA	AMPU	901	13:36.8
21	LEONARD ADAMS	ASWD	3125	13:45.1
22	THABO HOELEJANE	AFS	463	13:47.2
23	MARVIN MATHABA	LIMA	103	13:52.5
24	ZAMANI KHUZWAYO	KZNA	1349	13:52.5
25	PULE PALELI	AFS	474	13:55.2
26	LESLIE-JOHN VILJOEN	AGN	1890	13:55.8
27	TRAVIS KOEKEMOER	AGN	1881	13:56.0
28	TEBOHO MALOKA	AFS	465	13:58.5
29	SKHUMBUZO NDLOVU	AMPU	912	13:59.7
30	SETH MOLELEKOA	AFS	468	14:01.1
31	TSHEDISO MAZINYO	AFS	473	14:01.4
32	VOLDIVAIN MBOMA	AGN	1882	14:02.3
33	TEBOHO RATSHILI	AFS	462	14:02.7
34	MATTHEW FORRESTER	AGN	1879	14:04.6
35	FUMANEKULE SINGONZO	AFS	470	14:05.2
36	STEFAN OBERHOLZER	AGN	1886	14:05.3
37	ANDRU LAUW	AVT	332	14:06.5
38	IAN VAN DER MERWE	AGN	1889	14:07.7
39	NEO MOTLELENG	AFS	467	14:09.2
40	STAFSAANS MOTHOB	ACNW	2708	14:10.0
41	ANDREAS VAN HEERDEN	AMPU	902	14:10.9
42	SELLO MOTSHWENI	AGN	1884	14:11.7
43	THABISO MOHEI	ACNW	2707	14:12.3
44	HLONOLOFATSO MOTHOB	AFS	464	14:14.0
45	GOITSEMODIMO	AFS	471	14:16.9
46	KENNY RAMAGWELE	LIMA	102	14:20.3
47	ROMEO V WYK	AGW	247	14:21.5

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Overall Finish List**E23-B13/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	WILLY ISAAK	NWCA	3255	14:21.7
49	REWALDO ISAACS	AGW	248	14:22.9
50	WYNAND WESSLES	AGN	3280	14:23.5
51	RANDALL SIMON	NWCA	2299	14:24.3
52	KARABO SEREME	AVT	329	14:25.5
53	THEUNS LUUS	AMPU	913	14:26.5
54	MASIU MPHATSOANYANE	AFS	472	14:27.9
55	KHOSA KUMALO	AVT	330	14:28.9
56	EVANS MELLO	LIMA	98	14:29.4
57	BONGINKOSI HLATSWAYO	AMPU	903	14:30.6
58	CAILIN GERBER	AGN	1880	14:31.7
59	DYLAN STASSEN	AGN	1888	14:32.1
60	KEAGAN EVANS	AMPU	905	14:34.0
61	TSHEPO MOTSOERE	AGN	1885	14:35.4
62	MOAGI HLAKO	AGN-I	2450	14:36.0
63	LUCKY GUMEDE	KZNA	1345	14:40.9
64	MOSHE MONAMA	LIMA	104	14:42.3
65	HLOKOMELANG MAKHELE	ANWN	1555	14:43.5
66	STEPHAN DU PLESSIS	AGN	1877	14:43.6
67	JUSTIN WITBOOI	ASWD	3123	14:46.0
68	TIAAN JANEKE	ANWN	1552	14:46.2
69	KAGISHO MOSHODI	AFS	476	14:46.5
70	SAMKELO BANDA	AGN	1875	14:46.8
71	CHRISTOPHER KLAASTE	AGW	246	14:50.4
72	MARTIN SCHUTTE	AGN	3279	14:53.2
73	ML HATLEY	AFS	475	14:54.0
74	NATHAN VAN ROOYEN	AVT	333	14:55.0
75	ETTIENE BEYLEVELDT	AGN	1876	14:55.3
76	GRANT PHILLIP	ACNW	2717	14:55.7
77	ARMAND CRONJE	LIMA	97	14:55.8
78	TEWIS WILLEMSE	LIMA	107	14:56.0
79	STEHAN WOLMARANS	ANWN	1563	14:57.3
80	VUYOLWETHU KUNENE	ACNW	2716	14:57.6
81	FORTUNE LETSOALO	LIMA	99	14:58.8
82	BENOYDT MATRAS	ACNW	2710	15:00.0
83	NATHAN HUFKIE	ACNW	2706	15:01.9
84	GERALDO VAN NEEL	NWCA	3257	15:05.0
85	JOSEPH MALETE	LIMA	101	15:06.5
86	OUSTINE MAHLANGU	AMPU	172	15:07.8
87	JOSHUA MEGAW	AGN	1883	15:09.3
88	PETER HLONGWANE	AMPU	907	15:10.5
89	CHADWIN WILLIAMS	AGW	249	15:11.1
90	PEET FOUCHE	ACNW	2713	15:12.0
91	TUMELO KGWALE	ANWN	1554	15:13.6
92	LINDOKUHLE XIMBA	KZNA	1346	15:17.6
93	ATANG SWARTBOOI	ANWN	1562	15:24.0
94	LESEGO BADIGELO	ACNW	2709	15:25.9

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Overall Finish List**E23-B13/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	ENTLE MAKINTA	ANWN	1564	15:30.3
96	TSHENOLO PHOSA	ANWN	1557	15:32.1
97	SETHU MATHEBULA	AMPU	910	15:33.3
98	MARIO HANEKOM	ACNW	2712	15:34.0
99	THATO SEGONE	ANWN	1560	15:38.4
100	OBAKENG PHATSHWANE	ANWN	1556	15:42.1
101	RYNO OWEN	BORA-I	1781	15:44.2
102	PIETER DU PREEZ	AMPU	908	15:53.1
103	ANDREW SEFUDI	ANWN	1559	15:53.2
104	CHARLINGTON GHAMA	AMPU	904	15:56.5
105	JOSHUA SUNDERLAND	WPA-I	826	15:56.6
106	RAYMOND VOS	ACNW	2719	15:57.6
107	PETER NKHUMANE	LIMA	106	16:03.8
108	QUINTIN FOURIE	AMPU	909	16:06.0
109	ANDRE HARTMAN	ANWN	1553	16:10.0
110	ABRIE KRUGER	ACNW	2711	16:10.8
111	DANO KRUGER	AGN	1878	16:11.0
112	JACO NAUDE	LIMA	100	16:13.3
113	BOBBY VAN WYK	ACNW	2714	16:14.0
114	SJ VENTER	AMPU	911	16:23.7
115	GOSIAME SEROLE	ANWN	1561	16:25.0
116	LEANDER WIESE	ACNW	2715	16:26.0
117	FRANCOIS OTTO	ACNW	2718	17:04.0
118	DRICUS MYBURGH	ANWN	1565	17:09.3
119	THABANG LETSIKE	AGN	1887	18:04.6
120	MORNE JACOBS	CGA	3082	53:18.9

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Overall Finish List**E24-G14/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	TSHWANELO MARUPING	CGA	2889	13:33.4
2	YANDISWA SHANGE	CGA	2890	13:38.2
3	LETHABO MAKGOGA	CGA	2888	13:38.5
4	YANDISWA RASEKHANYA	CGA	2891	13:50.6
5	BETREACE THEMANE	CGA	2886	14:17.0
6	BRITNEY-ANN MEYER	ASWD	3189	14:31.0
7	LUNGELO GAMEDE	KZNA	1351	14:40.7
8	CORNEL STEYN	AGN	2087	14:42.9
9	ISABEL MAKHURA	AGN	2084	14:48.6
10	ALICIA COCHRANE	AGN	2074	14:57.5
11	JANA COETZER	AGN	2075	14:59.5
12	NTSWAKI MOLAHLOE	AFS	692	15:02.5
13	NADYA DU TOIT	AGN	2076	15:02.6
14	PIENKIE TOUTO	AFS	693	15:03.2
15	TALITHA BEKKER	AGN	2073	15:04.7
16	ZANÉ VAN DEVENTER	AGN	2088	15:07.4
17	RONELDA VALEM	BOLA-I	1401	15:09.8
18	MARUSHEL BITTERBOS	AGW	211	15:14.9
19	PHIWANGUBANI	KZNA	1352	15:16.6
20	SHANLEY KOEKEMOER	AGN	2080	15:17.0
21	ZHANDRE LOUBSER-KUHN	AGN	2083	15:17.6
22	JANI JV RENSBURG	AGN	2079	15:17.9
23	GERALDENE HORN	AGN	2077	15:19.2
24	NIKITA DU PLESSIS	WPA-I	834	15:27.5
25	PHIWE NTSHAMGASE	KZNA	3292	15:29.1
26	SISANDA DUMISA	KZNA	1353	15:29.7
27	SHAINA PIGGOTT	AGN	2085	15:31.2
28	BIANCA VILJOEN	AGN	2089	15:33.4
29	THULISILE SIBIYA	AMPU	1042	15:34.3
30	VUYISWA KHAUTA	AFS	695	15:37.1
31	LIZAAAN DE BLANCHÉ	AMPU	1039	15:38.6
32	CHANTELLE DE WET	ANWN	1569	15:47.0
33	DANE HOLTZHAUSEN	ACNW	2549	15:49.0
34	MICHELLE DYKMAN	AFS	698	15:49.0
35	BEAUTY OMPHEMET	ANWN	1570	15:49.2
36	MEGAN REDMOND	AGN	2086	15:50.6
37	EDITH VORSTER	AGN	2090	15:50.7
38	ZANÉ JOUBERT	AGN	2078	15:51.3
39	BOITUMELO THEBE	AVT	337	15:52.0
40	NOSIHLE PHUNGULA	KZNA	1350	15:52.4
41	CANDICE VAN BEULEN	ASWD	3190	15:55.2
42	M'ZHANE LOUBSER-KUHN	AGN	2082	15:58.0
43	THANDEKA BAVUMA	AFS	697	15:58.6
44	MICHELLE JACOBS	AMPU	1040	16:03.1
45	NEO MOGAPI	ACNW	2550	16:06.9
46	JOLINNE NERO	WPA	815	16:08.8
47	CATHIRINE WILLIAMS	ACNW	2548	16:11.0

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Overall Finish List**E24-G14/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	THEA KOTZE	AGN	2081	16:11.7
49	LORINDA SWANEPOEL	LIMA	124	16:34.0
50	JONÉ ROBERTS	AFS	699	16:35.6
51	CARLI BOTHA	AGN-I	2444	16:36.5
52	CHRISCELLE MIGGELS	ASWD	3191	16:37.8
53	SENOIKI MABE	AFS	696	16:37.8
54	ZINHLE NGOMANE	AMPU	1044	16:56.4
55	THEMBI COSSA	AMPU	1041	16:56.6
56	JUANÉ MOOLMAN	AMPU	1038	17:03.0
57	REFILWE MORAKE	ANWN	1571	17:07.9
58	ANSOPHIE OLIVIER	ANWN	1572	17:11.9
59	ZANE KORB	AMPU	1043	17:16.2
60	ESTE LOMBARD	AMPU	1037	17:19.9
61	CLAUDINE STEYN	AVT	338	17:22.0
62	JO-ANN ANNANDALE	ACNW	2552	17:29.6
63	RENEILWE KGANYAGO	LIMA	127	17:32.2
64	DIRIKA FOURIE	AMPU	1036	17:35.5
65	ILANIE VAN ZYL	ACNW	2551	17:39.2
66	GISELA BEKKER	LIMA	123	17:41.5
67	MONIQUE DE JAGER	AGW	212	17:52.5
68	MION SCHOEMAN	LIMA	125	17:53.2
69	IRMA GROENEWALT	ACNW	2554	18:25.2
70	LIESCHKE	ACNW	2557	18:32.1
71	KAYLA MEYER	ASWD	3192	18:33.0
72	CHARNE BERING	ACNW	2559	18:39.9
73	ANRI MCLEAN	LIMA	122	18:39.9
74	CARLI VAN STADEN	ACNW	2558	18:40.0
75	MARIONIQUE WENTZEL	ACNW	2555	18:49.4
76	MILANA MULLER	AFS	700	18:56.9
77	JANI GULDENPFENNIG	AMPU	1045	19:04.4
78	TSHOLO MASIBI	ACNW	2560	19:38.8
79	ALISON NIENABER	ACNW	2561	19:51.6

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Overall Finish List**E24-G15/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	SIMONAY WEITZ	CGA	2895	13:30.6
2	NONTLANTLA GCINA	KZNA	1357	13:51.0
3	LIZA KELLERMAN	CGA	2894	13:57.2
4	THOBILE VILAKAZI	CGA	2897	14:08.2
5	LESEGO MPSHE	CGA	2893	14:09.0
6	MARIE-TINKA OLIVIER	ANWN	1594	14:16.8
7	LETLHOGONOLO MAGORO	AGN	2097	14:21.1
8	CHERI-LEE SCHOEMAN	CGA	2892	14:30.3
9	BONOLO MPURU	AGN	2101	14:32.5
10	GIZELDE STRAUSS	LIMA	132	14:45.1
11	THOBILE AMON	AMPU	1052	14:46.4
12	THULISILE AMON	AMPU	1053	14:50.9
13	MICHAELA OOSTHUIZEN	AGN	2102	14:51.0
14	GITHE STANDER	ASWD	3195	14:57.3
15	MASIGITA MOTHA	AGN	2100	15:08.4
16	SINETHEMBA MTUNGWA	CGA	2896	15:09.3
17	NOBUHLE SHANGE	KZNA	1355	15:12.6
18	JOLANDI HORN	ANWN	1593	15:13.7
19	LERATO KEKANE	LIMA	133	15:24.4
20	LEBOHANG MOHAMI	AVT	341	15:25.8
21	ANITHA NONENE	WPA	816	15:28.5
22	MMAMOSUWE LEPHAILA	AFS	701	15:28.9
23	MIA ERASMUS	AMPU	1048	15:35.0
24	JANA WESSELS	BOLA	3300	15:35.8
25	ELZYNE WARNICK	ASWD	3194	15:38.9
26	JANE ROSSOUW	AGN	2106	15:39.6
27	DOMINIQUE BARNARD	ANWN	1588	15:46.1
28	CHRISSE TROMP	AGN	2107	15:46.8
29	NICOLE DUARTE	AGN	2092	15:48.7
30	CARIEN SANDER	AFS	703	15:49.6
31	NOKWANDA GUGE	KZNA	1354	15:50.2
32	MARISKA KLEYN	ACNW	2562	15:51.4
33	ZANRI KOTZE	AGN	2096	15:52.0
34	NTHABISENG MOLEKO	AFS	705	15:55.2
35	MARITHA VAN WYK	AGN	2108	15:56.0
36	DESSIRÉ VAN STADEN	AMPU	1046	16:05.2
37	ANE GERBER	AGN	2093	16:06.6
38	MARISCA ROBBERTSE	AGN	2105	16:06.7
39	NOKULUNGA MKWANAZI	KZNA	1358	16:07.0
40	BIANCA LE GRANGE	ASWD	3193	16:07.7
41	MINTIE - LOUISE BOTHA	AVT	342	16:10.0
42	ZELDA VAN DER MERWE	AFS	708	16:13.9
43	AMY GRAY	AGN	2095	16:14.8
44	ELOUISE PRETORIUS	AFS	707	16:18.6
45	ANE SCHOEMAN	ACNW	2565	16:22.8
46	LENE DE KOCK	ACNW	2564	16:28.4
47	MEGAN	AGN	2098	16:29.1

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Overall Finish List**E24-G15/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	NTHABELENG MOILAMASHI	ACNW	2563	16:32.3
49	CARLI SCHUTTE	AFS	702	16:32.7
50	MARLE KRUGER	ANWN	1590	16:33.7
51	LESEDI MOGALE	AGN	2099	16:34.9
52	MABUSI MSHENGU	KZNA	1356	16:38.0
53	ANÉ-SCHA ERASMUS	AFS	710	16:39.3
54	TSELOANE WILLIAMS	AFS	711	16:40.0
55	SOPHIA OLIVIER	ANWN	1596	16:41.7
56	MMANOKO NAPO	LIMA	135	16:42.7
57	TARIEN LE ROUX	ANWN	1597	16:43.2
58	SUANE STOLTZ	AMPU	1050	16:50.0
59	FATIMA GALATIA	AFS	706	16:52.6
60	NINA DREECKMEIER	AGN	2091	16:58.7
61	PALESA LAWRANCE	AFS	709	17:06.9
62	ELNE OWEN	BORA-I	1783	17:09.3
63	JO-ANÉ DU TOIT	AMPU	1047	17:12.0
64	LIZE-MARI NAUDE	ANWN	1592	17:13.0
65	JOLANDIE VENTER	ANWN	1595	17:15.6
66	JANOLENE BOESAK	ASWD	3196	17:23.5
67	ZANRI BESTER	ANWN	1589	17:25.7
68	ENA VAN AARDE	ACNW	2566	17:26.1
69	MARLI KOTZÉ	AFS	712	17:35.7
70	ANALIZE MARX	ANWN	1591	18:19.1
71	VERONICA MOLTLHANYU	ACNW	2570	18:20.0
72	ANGELIQUE VOS	ACNW	2568	18:23.6
73	RIKA WEST	ACNW	2572	18:28.5
74	SUNE VAN VUUREN	AMPU	1051	18:29.0
75	TECHAN GOLIGHTLY	ACNW	2569	18:39.9
76	MICHELLE WEYERS	ACNW	2567	18:46.9
77	ARINA LEMMER	ACNW	2573	18:52.9
78	ILANIKA SCHALEKAMP	ACNW	2571	19:14.8

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Overall Finish List**E25-B14/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	FRANS RAMMUTLA	CGA	2828	12:28.8
2	OMPHILE MOLOTSI	ANWN	1576	12:31.8
3	ALDRIN WILLEMSE	AMPU	916	12:36.2
4	CALEB BEUKES	CGA	2825	12:37.2
5	MOEKETSI RAMOKOPU	AVT	335	12:43.0
6	JONNY VORSTER	AGN	1906	12:45.6
7	LEBOHANG MAHLOANE	AFS	480	12:55.5
8	NGCONDE MATWEBU	AFS	482	12:58.0
9	SANELE MOKOENA	AFS	478	13:00.8
10	CHRISTOPHER SWART	AGN	1904	13:01.7
11	VUYO KAMLANE	AFS	479	13:02.9
12	KEEGAN DALLY	AGN	1892	13:04.3
13	THABANG PHUTIAGAE	AGN	1900	13:04.8
14	DYLAN CURTIS	CGA	2827	13:10.1
15	TUMI LEPHOTHO	CGA	2830	13:11.8
16	MORENA MOCHESANE	AFS	477	13:12.7
17	MFANUFIKILE MKHIZE	KZNA	1360	13:18.8
18	JUSTIN FORTUIN	WPA	3274	13:19.3
19	RONEN OOSTHUIZEN	ANWN	1578	13:21.6
20	PHELELANI MTHEMBU	KZNA	3291	13:24.2
21	TSHIAMO MARIBE	AGN	1897	13:24.2
22	NHLANHLA MAGULA	AMPU	923	13:26.2
23	LUAN MUNNIK	AGN	1899	13:26.5
24	RETSHIDISITSWE SHAI	AFS	481	13:27.6
25	CHAAN HEFFERMAN	AGN	1894	13:28.0
26	JEAN-MICHAEL	AGN	1896	13:30.6
27	TUMELO SKHOSANA	AGN	1903	13:30.9
28	XANDER VAN DER MERWE	AGN	1905	13:32.1
29	BONGANI MANTJIE	AFS	483	13:32.7
30	TIAAN VAN ASWEGEN	ACNW	2721	13:34.7
31	REUNEN ESTERHUYSE	AGN	1893	13:38.5
32	AMANTLE MODINGWANE	ANWN	1574	13:38.9
33	KEAGAN CRANE	CGA	2829	13:39.0
34	HEINRICH RYK	WPA	804	13:39.9
35	MPHO MOFOKENG	AFS	484	13:40.1
36	LESODISA NQOKO	AFS	485	13:41.5
37	FUSI THULO	AVT	336	13:44.5
38	TIRIQUE THERON	ASWD	3134	13:46.6
39	CHRISTOPHER ZWANE	AGN	1907	13:46.7
40	LEONARDO JONKERS	ASWD	3131	13:47.9
41	FAYZOO MOHAMED	AGN	1898	13:49.2
42	LEHLOGONOLO SEBOLA	AGN	1902	13:50.1
43	STEWART MOKOENA	LIMA	120	13:51.3
44	HENRO BENDER	AFS	488	13:56.9
45	DARRYL SOLOMONS	ASWD	3129	13:57.0
46	PHILLIP COETZEE	AGN	1891	14:06.9
47	WILLEAN J VAN	AMPU	927	14:09.0

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Overall Finish List**E25-B14/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	JOSIA NYAWENI	LIMA	114	14:09.3
49	PANA MATSIETSENG	AFS	487	14:11.1
50	THOMAS GIBSON	KZNA	1362	14:11.5
51	KARL-CHRISTIAAN	AGN	1901	14:13.2
52	KARABO MARIPA	LIMA	115	14:13.5
53	KHUNWANE ORORIS	ANWN	1577	14:17.0
54	RAINER SPRUYT	AMPU	924	14:22.2
55	LEVY KUBJANA	AGN	1895	14:22.5
56	THABO RAMPOPORO	AFS	486	14:24.7
57	ABRAHAM (BRAAM) VAN	AMPU	915	14:24.9
58	LUCKY MAKOPO	LIMA	117	14:26.2
59	RINUS DE BRUIN	AMPU	925	14:26.4
60	FRANCO FOURIE	AMPU	920	14:27.1
61	CHRISTIAAN BLIGNAUT	AMPU	919	14:27.3
62	KAGISO MOLEOFANE	ANWN	1575	14:28.5
63	WIHANCO VAN DER	ANWN	1584	14:34.1
64	JOHAN JANSEN VAN	ACNW	2725	14:36.3
65	JORGEN MOTUBATSI	ACNW	2723	14:36.9
66	LETSATSI MOFOLO	ACNW	2722	14:36.9
67	MONRAY MAPOE	ASWD	3132	14:42.5
68	CAREL (CALLIE) VAN DER	AMPU	917	14:44.0
69	ANDRE KENNEDY	ACNW	2724	14:45.8
70	CRAIG STREUDERST	ASWD	3128	14:52.9
71	KOKETSO DIKGALE	LIMA	116	14:54.6
72	REITUMETSE SEEMA	ANWN	1579	14:56.2
73	JOHAN ARNO LOCK	ACNW	2726	14:57.9
74	NATHAN BOESAK	ASWD	3133	15:01.1
75	THOMAS VAN DER MERWE	ANWN	1581	15:02.0
76	KYLE LINGERVELD	ASWD	3130	15:02.3
77	DANIE MARAIS	AGN-I	2436	15:02.7
78	MARIUS SMIT	LIMA	118	15:07.1
79	TEMBISO ZULU	AMPU	926	15:15.7
80	BOHLALE MADUTLELA	LIMA	112	15:16.4
81	SPHESIHLE MGAGA	KZNA	1361	15:16.9
82	LLEWELLEN MEINTJIES	AGW	250	15:19.5
83	MURANGI MULAUDZI	LIMA	119	15:19.5
84	MORNÉ FOUCHÉ	AMPU	922	15:21.6
85	FRANCOIS VILJOEN	ANWN	1583	15:23.7
86	JACO VENTER	AMPU	921	15:42.7
87	EDWARD BANNAU	LIMA	113	15:52.1
88	MPHO MOSETLE	ANWN	1587	16:03.3
89	JEANRE VAN ANTWERPEN	ACNW	2727	16:03.6
90	DAVIN VAN DER MERWE	ANWN	1580	16:18.0
91	PHELELANI MEMELA	KZNA	1359	16:18.5
92	MXOLISI MASEKO	AMPU	914	16:23.3
93	ERIC JACOBS	ANWN	1585	16:28.7
94	FRANCOIS VAN EEDEN	ACNW	2728	16:36.5

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<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	ANDRE BADENHORST	ACNW	2729	17:39.9

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Overall Finish List**E25-B15/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	DAIS MALEBANE	AGN	1918	12:08.0
2	THABO MASINA	CGA	2836	12:12.0
3	JOSEPH MOKOTELI	AFS	490	12:13.0
4	KATLEGO SEGONE	CGA	2832	12:21.9
5	LIZO SIBEKO	CGA	2833	12:24.4
6	KGOTSOFALO KWALANE	AFS	492	12:29.0
7	ONKABETSE SEBOLA	CGA	2834	12:33.4
8	NKOSIKHONA KHULU	KZNA	3289	12:39.2
9	SELLO PHELEU	CGA	2835	12:41.9
10	FRANCOIS HATTING	AMPU	932	12:46.2
11	JASON WINDVOGEL	AGN	1925	12:47.3
12	JUNIOR TSOEUTE	AFS	494	12:49.8
13	ROMARIO FREDERIKS	AGW	252	12:50.5
14	LETLHOGONOLO MORE	ANWN	1604	12:52.1
15	VEZOKUHLE MYENI	KZNA	1364	12:53.8
16	KAMOGELO KHUZWAYO	AGN	1912	12:54.1
17	BEN MAHLANGU	AMPU	929	12:55.9
18	JP VAN DER MERWE	ANWN	1606	12:57.6
19	MBUYISELI MTSHITSHI	AFS	493	12:58.5
20	RONALDO JANUARY	WPA	805	12:59.3
21	LEEPILE TAUNYANE	AGN	1923	13:02.5
22	BRETT VAN STADEN	AGN	1924	13:03.4
23	KHOTHATSO NDLOVU	AGN	1921	13:05.5
24	MATTHYS LOURENS	AGN	1916	13:06.3
25	RIEVAN LOMBARD	AGN	1915	13:07.1
26	LUZANE PIETERSEN	ASWD	3139	13:11.4
27	JAMIEL SOLOMONS	WPA-I	829	13:12.3
28	TIENUS DE WET	AFS	495	13:14.2
29	NYICO MARRENGUE	ANWN	1602	13:14.3
30	LAWRENCE MOKOBANA	ANWN	1603	13:14.3
31	PHELANI MADUWA	AGN	1917	13:15.4
32	GOMOLEMO KGOADI	AGN	1911	13:17.1
33	LETHABO LEFIFI	AGN	1914	13:21.7
34	JUVANDRE JOOSTE	ASWD	3137	13:24.5
35	LLEWELLYNN KOOPMAN	NWCA	3259	13:25.1
36	JACQUES KEULDER	AMPU	934	13:25.7
37	OMPHILE TLADI	AGN-I	2434	13:27.9
38	JUAN NIEBUHR	AMPU	935	13:28.2
39	PHAKISO MOTAUNG	AGN	1920	13:29.4
40	KARABELO MOSALA	AFS	501	13:32.7
41	LEBOHANG LEPHUTING	AVT	340	13:32.9
42	MOSHUDU NETSHIPALE	AGN	1922	13:33.2
43	DAVID MAJESO	AFS	497	13:36.7
44	KATLEHO MANKAYI	AVT	339	13:37.5
45	AVIWE KINANA	ASWD	3135	13:38.3
46	LEE-ROY CAMERON	WPA-I	828	13:38.4
47	DANIEL VILJOEN	CGA	3086	13:38.4

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Overall	Name	Provence	Bib No	Time
48	RONALDO SHARWOOD	WPA-I	830	13:42.8
49	LEVERN STUURMAN	ASWD	3138	13:45.0
50	MPHO MOKATEDI	AFS	496	13:45.3
51	KEAMOGETSWE MALEBYE	ANWN	1601	13:45.6
52	KATLEHO MOKOENA	AFS	505	13:47.0
53	STEPHEN KENNEALY	AGN	1910	13:48.4
54	ESTIAAN BIEWENGA	AGN	1908	13:49.7
55	THABO OLIFANT	AFS	502	13:50.2
56	JOHANNES JEJE	LIMA	129	13:50.3
57	DERRICK DE VILL BASSON	AMPU	931	13:52.7
58	JOHANNES MODAWNE	AGN	1919	13:53.2
59	HENNO KOEKEMOER	AGN	1913	13:53.3
60	JEFFREY SAAYMAN	ASWD	3136	13:56.0
61	VUYANE NOLA	AFS	503	13:59.0
62	ORATILE TSIKANE	ANWN	1605	14:00.9
63	NATHAN WEBB	AMPU	937	14:02.2
64	ERICH HAASBROEK	ANWN	1599	14:03.3
65	HENRIQUE DE LANGE	AMPU	933	14:08.0
66	DE ANDRE ERASMUS	ACNW	2731	14:09.4
67	THABANG JANTJIE	AFS	499	14:12.5
68	KELETSO MOFOKENG	ACNW	2733	14:14.2
69	SHAUN SMITH	AGW	251	14:17.0
70	MICHAEL NOORDMAN	ASWD	3140	14:17.5
71	NATINN SWARTZ	NWCA	3261	14:19.6
72	MPHO GODFREY	AMPU	936	14:20.0
73	GUSTAV COMBRINCK	ANWN	1598	14:21.4
74	TSHEPO MAHLASINYANE	ACNW	2732	14:22.0
75	AL-ZANDRO APRIL	NWCA	3262	14:28.0
76	TSHENOLO MATJILA	ANWN	1610	14:31.2
77	ASHER BIGGS	AMPU	928	14:34.8
78	LUKAS VAN DER MERWE	LIMA	131	14:41.3
79	KATISO MATHEJANE	AFS	504	14:43.2
80	SIAS JOUBERT	AMPU	938	14:52.3
81	VUYO NJENGELE	AFS	500	14:53.4
82	BONGINKOSI NDLOVU	AMPU	930	15:09.2
83	JESSE JONES	LIMA	128	15:19.7
84	VUSIMUZI MAHLABA	AMPU	941	15:20.0
85	STEPHAN NIEMAND	ACNW	2734	15:22.4
86	BOIKGANTSHI MOLEFE	ANWN	1611	15:23.3
87	THOMAS PRETORIUS	ACNW	2738	15:33.9
88	JONATHON COOPER	ACNW	2735	15:40.7
89	THABO LUKHELE	AMPU	939	15:47.4
90	ITUMELENG MOKANYANE	ACNW	2730	15:50.3
91	ADRIAAN HAVENGA	ANWN	1607	16:25.6
92	DITIRO MAJAJA	ANWN	1600	16:32.9
93	LEHAN VAN ZYL	AMPU	942	16:37.0
94	THOMAS HITGE	ACNW	2737	16:45.6

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<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	NICO PLEKKER	ACNW	2736	18:01.2
96	PHILIP JOUBERT	ACNW	2739	18:20.0